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Steroids: Not just East Germans

by David Woolman

It's not just the East Ger-

mans.
More and more American athletes, from high school kids to Olympians, are using and abusing anabolic steroids.

That is the conclusion of a U.S. Senate Judiciary Committee hearing held Monday in the University of Delaware's Clayton Hall.

The hearing, which included a tearful admission of steroid abuse by national track champion Diane Williams, portrayed the problem as much worse than popularly believed.

The hearing, chaired by U.S

Senator Joseph R. Biden of Delaware, featured testimony by several world class athletes and coach, some of which implicated members of the 1988 U.S. Olympic track team in steroid use.

There was also testimony

from doctors, professional athletes and athletic trainers confirming the widespread use and serious dangers of the per-

formance enhancing drugs.
"I was surprised," said Biden
after the hearing. "If what I heard today is accurate, it (the steroid problem) is a lot worse and a there is a lot less attention paid to it than I thought.

"I think I'm like the rest of the naive Americans who thought it doesn't happen in America. They think, 'Wait a minute, it's

Anabolic steroids - synthetic male hormones, including testosterone and human growth hormone — help to increase the amount of muscle tissue in the user, especially in females.

This leads to desireable increases in strength and body size to a degree often unat-tainable through normal the training regimen. As such, steroids are often used in sports such as track and field, football, weight lifting and bodybuilding

However, steroids are believed to have serious side effects, including hepititis and other liver problems, infertility, and cancer.

The most prevalent and serious problems are psychological, according to panel witness Dr. David Katz, a member of the faculties of both the Harvard and Duke medical schools who specializes in psychiatry. psychiatry. UNIVERS Katz said steriods, which have

been prescribed as treatments for various ailments including anemia and impotence, are most often obtained illicitly through a \$500 million black market that serves not only world class amateur and professional athletes but up to 7 percent of all male athletes in American high schools.

Testimony was also given by sprinter Evelyn Ashford, an Olympic Waeld medalist;

See STEROIDS/9a

Gone fishin

Love those muddy waters

by Cathy Thomas

"You got to be crazy to get up this early to stand in the cold."

Even devoted fishermen admit that opening day of trout season in Delaware will turn the most sane of men a little crazy.

"There's something about being out there on opening day," said Jim Osborn with the Delaware State Chapter of Trout Unlimited. "It's kind of a social thing."

Hundreds of people turned out at New Castle County streams Saturday for the first day of trout fishing in the

It's Friday and business is brisk at The Country Store, a tackle shop on Cleveland Avenue just a long stone's throw from a popular White Clay Creek fishing hole.

In between selling lures and fishing licenses, store owner Bob Brennan hands out advice for catching the elusive trout. "Because of the water now, it's going to be priority to have something that smells good," he says.

Heavy rains during the week have muddled the streams. "If it clears up, it'll be good," says Brennan. "We need the rain, though."

Dressed casually in a white t-shirt and jeans, Brennan restocks the store while he talks. "We like to see people's fishing improve," he says, "because they'll come back again and again."



Photo/Robert Craig

Looking out of place, a man dressed in a suit enters the crowded store. He studies the lures, selects some to pur-chase and takes them to the

A White Clay angler wonders what happened to all the fish.

counter. "In a hurry?" Brennan "No," says the man.

"Just like I thought." says Brennan. "Spending your lunch hour hanging out at the tackle shop, eh?"

A couple of boys ride up on their bikes. The boys, just shy of becoming teenagers, enter the store beaming. "Look the store beaming. "Look who's here," shouts Brennan, winking his eye. "Trouble, I tell you "Got your licenses for

tomorrow? The two boys nod their

See FISHING/8a

City Vote is Tuesday

by Cathy Thomas

Plans are falling into place for the first election in Newark in

Voters througout the city will select a new mayor, and those in the First District will select a represenative to city council.

Vying for the mayoral post are Ronald L. Gardner and Edwin D. Miller Jr., both of whom sit on city council. A University of Delaware student, Scott Feller, is also on the ballot.

Councilman Harold F. Godwin is hoping to retain his First District seat. He is challenged by University of Delaware math

test of a new registration system that combines the city's voter rolls with those of the county elections board.

The new registration system allows a resident to register once for city, county, state and national elections. Separate registration for the city is not re-

quired.
"If they are registered for the national election and voted in the last national election, they are eligible to vote in the city election," said Sam Burns, chairman of the Newark Elections Board.

The new registration system has swelled the city's rolls to

See VOTE/7a

Growth key issue in mayoral race

Newark's mayoral candidates are promising to closely monitor development in and around the city.

Councilmen Ronald L. Gardner and Edwin D. Miller Jr. are campaigning for the mayoral post being vacated by long-time Mayor William M. Redd. Also seeking the post is University of Delaware student Scott Feller.

Miller is proposing that developers pay impact fees to cover the cost of new and expanded roads and sewers. A similar proposal is now before state legislators.

"I really don't care whether the state collects them or the city collects them," said Miller.

Miller is also calling for a guarantee that 20 percent of any development project in Newark be dedicated as open space.

Council recently approved zoning and annexation of the 82acre Mayer property on Elkton

Road, which will be developed as a shopping center and offices. The floodplain and three acres of land were given to the city as open space.

"I would have like to have seen more," said Miller. "That was one of the things that made it so tough to vote on that issue."

Miller accepted the zoning and annexation, but rejected the special use permit for a grocery

store in the shopping center.

He said he accepted the zoning and annexation because the developer will be required to improve area roadways. Those improvements are expected to improve intersections in western Newark.

Gardner rejected the Mayer development proposal, pushing for additional open space and a decreased amount of commercial activity on the site.

See MAYOR/9a

KEEP POSTED

Gift of sight

☐ Virginia Cahill, an 11-year-old Newarker who was the beneficiary of a corneal transplant, is offering the gift of sight to the elderly residents of Newark Manor Nursing Home. Cahill gives of her time to read to those who cannot see well enough to read for themselves. See page 1c.

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'Swan Esther'

□ Several movers and shakers of the London theater will visit Newark this month, as the University of Delaware's Bacchus Theatre mounts a revival of the rock musical "Swan Esther." The show has been rewritten by the University's Joyce Hill Stoner and William Brooke, and the local production may mean a revival on the stage of London's Young theater. page 1c.

Fred Herald, assistant city

Based on information in a

preliminary report, Delaware Department of Natural

Resources and Environmental

Control officials have ordered

nearby property owners to con-duct environmental studies.

Such studies should determine if

any underground oil tanks are

Herald said the heating oil

does not cause any health threat since it is not near the water table or any well fields.

Officials suspected last fall

that the chemical substance was

Herald said they expect to determine the source of the heating oil within 90 days.

either heating oil or pesticides.

NEWS

18% tax hike is proposed by county executive

by Cathy Thomas

An 18 percent increase in New Castle County property taxes has been asked by County Ex-ecutive Dennis E. Greenhouse, who presented his proposed 1990 fiscal budget to county council Thursday.
Greenhouse promised the tax

increase would be the only one of his four-year administration "barring catastrophic acts of God or a severe economic reces-

The tax increase proposal has been met with criticism by some who feel Greenhouse is going back on a campaign promise by proposing the tax increase.

"I think I have the same aversion to a tax increase of that magnitude as everyone has, said Michael S. Purzycki, D-Newark. "But I'm keeping an open mind to give the benefit of doubt to the county ex-

The tax increase, if approved. will raise property taxes an average of \$44 a year for those persons living in unincorporated areas of the county. Residents of the cities would see an smaller increase in taxes because they depend less on county services.

The fiscal 1990 operating budget of \$96 million represents a 4.1 percent increase over the current budget. It is part of a

Republicans lash

Greenhouse plan

four-year comprehensive financial plan which Greenhouse said accompanies the county's new comprehensive development

plan.
"My financial plan provides the way to fund the infrastruc-ture that will be necessary in the 1990s," said Greenhouse. development plan has identified the growth areas. The financial plan provides for the expansion of county infrastructure and services in these areas.'

Greenhouse said the major component of his plan is public safety. "Over the next four years I am proposing to add 44 officers to the New Castle County Police force - 11 additional officer each year," he said. "This represents a 20 percent increase in the police force over

Some of the additional officers vill be placed in the drug unit, Greenhouse said, to "attack the supply side of the problem - the pushers and the bank rollers -

as well as the users." In the budget plan, Greenhouse is calling for a police unit to assist victims of domestic crimes and a financial stipend for victims of violent crimes. Funding for both these projects would come from assets seized in drug raids.

The proposed budget also includes provisions for aggressive said. Four additional code in-



New Castle County Executive Dennis Greenhouse.

spectors are proposed for fiscal

Sewer rates will also increase under the budget plan. Greenhouse said the sewer increase, which will cost the average residential user an additional \$13 annually, will defray the annual operating costs of the sewer system.

"Clearly what we've got presented to us is not only a substantial increase in taxes, but also a substantial increase in services," said Purzycki.

He expects the budget debates will be arduous process as a balance is sought between taxes and services.

Women's magazines are full of ideas about accessorizing

Seeping oil

Environmental officials have determined that a chemical substance found in the ground at

a Newark construction site is

heating oil, but have yet to

The chemicals were

discovered in fall 1988 while

crews were digging to construct

the foundation for the University Commons apartment buildings

on Haines Street near Delaware

Construction on part of the

apartment complex was halted

while both state and city of-

ficials tried to identify the

substance. Now that officials

know it is heating oil, crews are

able to work on the entire pro-

ject.
"At this point, we don't view it

as any serious problem," said

determine its source.

Avenue.

is identified

University Commons construction site

manager.

leaking.

suits and dresses to create a variety of looks from a basic war-drobe. Changes in jewelry, scarfs, belts and shoes can turn an ordinary wardrobe into a versatile, fashionable one.

Eyes For Working Women

Consider your eyewear choices just as carefully. Eyewear can be one of your most valuable and versatile accessories to spark a wardrobe and create a new look.

Frame colors can complement other accessories or brighten basic business looks. Choose conservative styling for the boardroom or bank, and don a more decorative look for luncheons or evening dinners.

Lens choices, such as no-line bifocals will make you look more youthful. Anti-reflective coated lenses allow the beauty of your eyes to shine through. Special tints help to cut glare and can cosmetically enhance the face, too.

The possibilities are many, so be sure to pay as much attention to your "eye accessories as you do other wardrobe complements.

Let us help you choose the eyewear that best suits your vision and career needs. See your local office of Vision Associates, with six convenient locations to serve you.



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Wex-ray it "(

Basil Battaglia challenged Greenhouse to "come clean with the taxpayers of New Castle Battaglia said Greenhouse owes taxpayers an explanation, having campaigned on a "no tax increase platform."

Republicans reacted quickly

and angrily to a proposal by Democratic New Castle County

Executive Dennis Greenhouse to

raise county property taxes 18

In a statement issued Friday, Republican Chairman

"Dennis Greenhouse told us over and over again during the campaign that he would not raise taxes, he would not eliminate services, and he would not ask the legislature for help." the statement said. "In fact, Dennis Greenhouse promised to hire more police officers and building inspectors and pay for all of this and other expanded

services with the \$7 million in fat he said he had already identified in the county operating budget.

"This is why the public loses faith in elected officials. They tell us one thing when they're running for office then turn around the next day and do the exact opposite.'

Republicans challenged Greenhouse to:

 Hold a press conference "to show us specifically, budget line item by line item, where the so-called \$7 million in fat went. You said it's there; not it's time to show us."

· Prove adherence to a campaign promise to eliminate most of the executive assistant positions created by former county executive, Republican Rita Justice. "Prove to us what executive assistant positions you've eliminated and show us how you've reallocated these funds in the budget."

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POSTBOX

Take cars away from drunk drivers

To the Editor:

Drunk driving continues to be one of the biggest killers in our society today. In 1988 alone, over 83 people died on Delaware highways in alcohol-related accidents. In fact, over 50 percent of last year's highway fatalities in Delaware were alcohol-

Nationwide, the estimated costs of drunk driving in property damage and medical costs for 1988 were \$24 billion.

We have tried suspending licenses. We have tried mandatory treatment programs. We have tried putting drunk drivers in jail. Yet the problem continues. I believe it's time for a

new approach.

If a driver loses a license but still have access to a car, he can and often will continue to drive and drive drunk. Statistics show that in 1988, 6,500 people were arrested for driving under the influence. Approximately one out of every six of these arrests were for second offenses, and half of those were also driving with a suspended or revoked license at the time.

The best way to prevent these chronic DUI offenders from continuing to drive drunk is to take away their cars.

That is why I recently introduced legislation (Senate Bill 101) which will provide for the seizure by the state of automobiles driven by secondoffense drunk or drugged drivers. The cars seized may be sold by the state or given to the Department of Public Safety for in law enforcement.

This legislation also required that when an individual has his license suspended for driving under the influence, his or h right to register a car in the state is also suspended.

The message this legislation sends should be clear: "Driving drunk or under the influence of drugs is a serious offense, and Delaware is serious about put-ting a stop to it. If you drink and

drive, you will lose your car."

Is this penalty harsh?
Perhaps. But no more harsh than the penalty suffered by the families and friends of drunk driving victimes. A life is a lot more valuable than a car. If we can save a life by taking away a car, we should not hesitate to do

State Sen. Richard A. Hauge R-Windybush

Land will be used for the common good

To the Editor:

As the principal spokesman for my family, I wanted to express in writing with my fellow Newark friends and neighbors our feelings concering the rezoning of our property last Monday by Newark City Council. This property has been in our family for several decades and as a long-time Newark family, always have and always will insure that this land is used for the common good of the city we are proud to call home.

We would like to publicly

thank those members of city council who had both the foresight and a firm and fair appreciation for what this rezoning will do. A special thank you goes to Mayor Redd, who has stood for 16 years to keep Newark as a place where well-defined growth meshes smoothly with priceless open space and parkland. Fur-thermore, a debt of gratitude goes to the various civic groups who worked with us in developing a plan that strives to main-tain the high "quality of life" that we in Newark enjoy.

While there were those who disregarded to the end the positive realities of the rezoning, we are proud to have been part of this process, which proves that public input, hearings, studies and elected officials' voting is still the best way to

PIPE FURNITURE

determine which course a matter such as this should take.

John Mayer

The NewArk Post is interested in ☐ The NewArk Post is interested in airing your views on state, local and national issues. Letters to the editor must be received by 5 p.m. Monday for publication. Write: Letters to the Editor, NewArk Post, 153 E. Chestnut Hill Rd., Newark, DE 19713, or visit our office in the Robert Building.





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LAST-MINUTE CHANGES

In the waning days of last year, Congress made a number of technical changes in the tax law. A few will be meaningful to a large number of taxpayers. Here is a sampling:

*Mutual fund shareholders won't have to pay tax on "phan-tom income," the fund income used to pay expenses, until

"If a child's income is limited to interest and dividends and totals less than \$5,000, parents may elect to pay tax on it instead of filing a separate return for the oungster.

*Free-lance writers, artists, and others who produce creative work, may now deduct business expenses fully in the year incur-

*Rules are tightened on single-premium life insurance policies: loans taken out after June 22, 1988 are taxable income, and withdrawals on new policies before 59½ will be be subject to a 10 percent penalty in addition to income tax.

Phone hookup and other charges limited on home office deductions.

Will the new changes affect your taxes? Talk to the experts at

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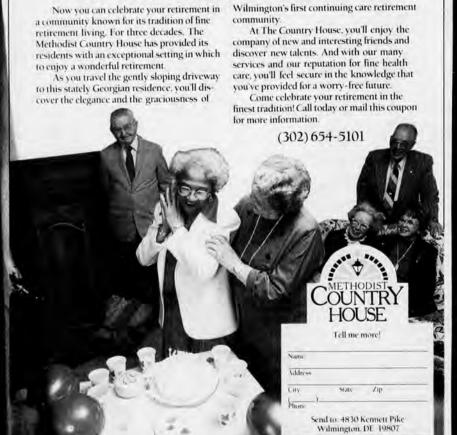
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