Review: 'Does Santa Exist?' author Er... Robert N. Franz's Quest to Handle Mon...

Robert Franz for Congress? You Should Know His Personal History

If I would plan to run for Congress at some time then you should know something about me:

As one who has studied science, I know that the 'T' in (P)(V) = n(R)(T) stands for temperature and not time. However since I cannot measure 'Temperature' in economics then 'Time' is used to multiply times 'Rate.' Something has got to remain constant. Different models can be used in different sciences and economics is different than chemistry. Each set of variables needs to be accurate to their discipline and as a 'conservative democrat' I should also be accurate. That is why I tell you this now.

A friend, Francis B., who hails from the democrat side of his family here in Wilmington, came over today because he said that he had some "concerns". The truth is that he brought me a surprise gift of a chair that I could use while using the computer instead of the old patio chair I had previously been using. Being very grateful, I accepted this 'Seat' and felt honored that he would let me have it.

Fran has been a good friend throughout the years -- perhaps not constant -- but nevertheless consistent while in our travels together. He has always stressed what one could learn from reading the labels of ingredients on food items while I have showed him the value of reading receipts from the items one purchases. Our concerns have helped each other not only by what we consume but by what we buy from the market as well. Fran and I share a spirit which manifests itself in how we care for our health along with exercise and by expressing what we feel about religion and or spirit in general. It was he that got me to do more cardiovascular work in the rebirth of my walking and swimming. Others helped along the way but with Fran I could talk about healthcare and spirit as well.

Fran was more active in activities in the Unitarian Church to which he belonged and I prayed and read to the congregation of my wife's Leslie and my Catholic Church where we are

parishioners. All of us try to be tolerant of other people's views -- at least to the point of not arguing about doctrine or what another would say that a church "demands" from a member.

In 1999 and 2000, I quit smoking and began to teach swimming lessons to 3 to 12 year old children. Stern and firm it was necessary to keep smiling. The water posed a problem with danger yet it provided a context for great fun too. Games and freedom were a wonderful way for children to learn. Come 9/11 in 2001 I was tempted to smoke again but I did not. I had already quit drinking some years before and knew that both would return hand in hand if I were to start again so I just kept doing the right thing.[Parenthetically it should be noted that I am quite comfortable with the loss of these habits and never want to return to them again. I've even stopped biting my nails] Swimming -- something I thought I'd never again do since being a boy -- as an adult changed my life.

Now to my other problem -- I did not stop eating. I felt that I was overweight and not obese. Who knows? -- but when I stopped the bad habits the eating took off. So at the urging of family I went to a program where I weighed myself in front of others every week. Exercise and the fact that I had stopped eating "every food group at every meal" helped me lose weight to a desired number by 2008. Now at 2015, at this writing, I know that a plan has to be made to keep me at a certain weight. Although I have not gained it all back, the past years have kept me busy in other ways and I have not been able to swim or walk. While working on other issues the past years I have not kept weight as a priority and spend more time writing and working on other things that are more demanding.

The reminders come in my mind, "Bob, look at your weight. Bob, change your priorities!" and I do keep up 1/2 hour a day stretching exercises -- but these cannot be considered cardiovascular. At this point in time it will be necessary to get into a routine. As of yet I have not balanced, church meetings, church itself, shopping, preparation of food, maintenance of home and auto, correspondence, financial activity, exercise, computer study, proper sleep and health upkeep plus all the other things modern man has to face to deal with life. Don't get me wrong, I AM doing these things I just look for more efficiency. Right now Leslie and I just do not have outside help.

These years from 2000 to 2011 were very healthy years for me. Physically I felt great. Mentally I was sharp and spiritually and emotionally I was growing. I work to recapture the feeling, however now there are advantages of being able to express myself clearer -- its just that I wish now that I felt better through exercise -- something which I have to incorporate later.

Specifically in 2007 I got involved with the campaign of our Delaware State Representative -- Bryon Short. I would campaign to neighbors telling them that "Bryon was a hard working

Robert N. Franz's Blog

Robert N. Franz's profile 4 followers







ensconced in the Democratic Party.

Whether or not partisan politics is too frothy at the mouth for all of us I truly wonder. I am sick of seeing rancor and divisiveness and hope to see all parties work together more often. On ALL levels I have seen dislike only for the way a person looked and not out of substance. But resigned to my fate I know that this shows an energy probably more so than a hatred, and a competitive spirit that basically is more healthy than not. Bryon is my man -- look what is next.

Just like in the case of a national candidate having a Presidential Action Committee so too did Bryon Short have a committee. Sometimes the members would have spirited talks and counsel with wisdom. Other times Bryon lead the committee with what he saw was going on in the state capital of Dover. Actually I learned that not all other representatives had committees of this sort. So it was good that there could be this feedback even amidst the jockeying around of the esteems of the members. I was impressed though that there was such a show of egalitarian counsel shown — and even that I was welcomed. Bryon had always welcomed me.

Many times at these meetings the Chair of the Democratic Party of Delaware -- John Daniello -- would attend. Just as when I did an ethnography in anthropology at my Alma mater Occidental College, I would watch the various personalities function with each other. In turn each had their say and Mr. Daniello would either comment or comment at the end of the meeting. It was effective. Not every ethnography had to be bad.

Remember that I had been doing a lot of swimming and walking and that I was eating well. I looked good as a candidate should have looked, but at that time I was not running for anything. Strong and in shape I was 5'10&1/2" and near 175 pounds. Swimming a couple of miles was no problem. Feeling good I went to Gina Chan M.D. who gave me a barrage of metabolic tests -- probably 30 to 50 of them. When she received the results she called me to her office, sat me down, and looked me squarely in the eye.

"You know Mr. Franz -- I have never remembered seeing every parameter within each range as I have here". She continued, "This is really remarkable -- It shows that you are in excellent shape. If I were you I'd keep this report and show it to any one who cared. It's something to be proud of and something to remember. And remember, if you can do this once at the right time in the future you may do it again." Pleased I left her office feeling wonderful.

So what to do and who to tell? Certainly I showed family and friends. Leslie smiled and told me she knew I could do it. Fran was so busy with some administrative work at the time that he did not have time to exercise. "I'm jealous -- that's all I can say right now," he said to me. Do I dare send this to who I wanted to? Yes.

Feeling so very good, I sent a copy to John Daniello with a note that said, "It's too bad that all the money has to buy all the means to win an election. The best decisions will be made by those who are in the best shape. Why can't something nice happen to MY small family? On all fronts I am equal to anyone here."

Proud though as I am, it should be said that I know that different talents go to different people. Also known is that I was showing my bravado just like -- but not in the same way -- as other young candidates.

In coming posts I will tell how we handle our finances. For now though all I can say is that I keep trying to better myself, keep an open mind, and cautiously let others know that I want to work well for the rest of my life. Bob Does Everything Backwards: Writing Out of an Illness



Very truly yours,

Robert N. Franz

Like • 0 comments • flag

f 9

Published on January 24, 2015 06:33 · 370 views

No comments have been added yet.

post a comment »

Beliefs; Robert N. Franz (part 2) The Shooting Problem: Solutions!
Please -- I Ask For Your Help -- Robert N. Franz

Please know that to have my name on the Delaware ballot to seek the seat of U.S. Representative to Congress for 2016 I need your help in getting signatures to the Office of the State Election Commissioner by July 15, 2016. I now ask for your help.

You may have gotten to know me as Robert Franz from Wilmington, Delaware on Facebook.com. You may also know me as the author of The Stigma of the Mentally Ill: Bob

Does Everything Backwards You may also know me from my blog linkage:

amazon.com/author/rf3rd. In all cases I want you to know that I want to represent
you -- Delawareans -- in Congress. Please -- I ask for your assistance in obtaining
signatures to be on the state's November ballot. This year I will run as
"Unaffiliated" from any other political party. Thank you!

(1) Please download this petition and have other Delaware registered voters sign the forms. The voters can be of any political party. They even may have signed forms for other candidates to be on the ballot. The purpose here is to have Robert N. Franz III on the ballot in November 2016. It is not mandatory to give Social Security or voter registration numbers.

Petition linkage (please copy):

Petition to Secure Ballot Status

(2) At the top of each page of the petition please print my name as such -- "Franz III, Robert N." -- the position I am seeking: "U.S. House Representative from Delaware" -- and my party which is "Unaffiliated".

The petition may be copied as many times as needed.

- (3) Each page of the petition can at the most take 10 signatures. In the left hand boxes please sign your name and then print your name legibly in the space (box) beneath. In the middle space (boxes) please print your voting address including Zip Code. Then please designate the county and date signed. ["N.C.C." stands for New Castle County] Again, one does 'Not' have to write their Social Security number or voter registration number -- that would be optional.
- (4) Once the signatures are on the page please have the collector sign the petition and date with their address in the presence of a Notary Public or authorized lawyer from the state of Delaware. You may find these Notaries at many banks or lawyers wherever lawyers congregate. They do not need to see each individual sign the form -- just the person collecting the signatures. Please remember that a Notary or Lawyer has to sign in their designated spot on each page as well.
- (5) Finally send or bring all notarized petitions -- whether they have 10 signatures or not -- to the following office by 4:30pm on Friday, July 15, 2016:

State of Delaware Office of the State Election Commissioner 905 South Governors Avenue Suite 170 Dover, Delaware 19904

It is imperative that all signed petitions be at the Office of the Delaware State Election Commissioner by July 15, 2016. All signatures count! Any taken to them later than that time will not be counted. Transport can be from any means possible -- on foot, by car or bus, 'Fed-Ex', 'UPS', U.S.Post, taxi, or even 'Star Trek transporter' -- if that were possible. The signatures must get there on time!

I will not know the exact amount of signatures provided until the Office of the State Election Commissioner informs me. Most likely, it would be after they all had been submitted and collected.

In some ways this could be considered a massive task. Yet getting the signatures by Friday, July 15, 2016 is possible. By doing so it will get me on the ballot!

One per cent of the electorate is what I need. For this I am looking to obtain 7,100 signatures. That works out to about 200 people getting 35 signatures apiece -- or 100 persons getting 70 signatures apiece -- or as yet 70 persons obtaining 100 signatures apiece. Any other combination would do as well. Just a few signatures from you would be welcomed. With some effort it can be accomplished. I believe!!

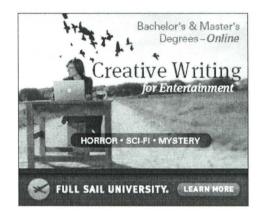
Even just a little would be well worth it. "For those who do not try will nothing happen for

Robert N. Franz's Blog

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I thank you so very much for any effort you take on our behalf. Personally, I feel that it could be a benefit for all of us. But you be the judge. I modestly ask for your help. I cannot do this alone. Thank you!

Sincerely written, and Respectfully submitted,

Robert N. Franz Candidate for Delaware's Representative Seat in the U.S. Congress

Like • 0 comments • flag

E W

Published on June 08, 2016 09:00 · 121 views

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When Congress couldn't get it done, **Bryan Townsend fought to pass gun safety laws here in Delaware.**

The News Journal

Delaware gun background check bill passes

A day after lawmakers in Washington failed to pass four gun control measures in the U.S. Senate, Delaware's General in the U.S. Senate to the governor's desk... Assembly sent to the governor's desk... a bill that would extend the wait time for the FBI to conduct background checks.

The News Journal

Leading by example on gun safety

by Senator Bryan Townsend

On several occasions since the utter tragedy at Sandy Hook in 2012 and again this year in the wake of the senseless shootings in Orlando, Delaware legislators did something that Congress could not: We took prudent, common-sense steps toward protecting Delawareans from gun violence.

Gedy ear in ing by the state of the state of

"Bryan Townsend is the candidate for Congress whom I trust most to stand up to the Republican extremists."

- PATRICIA BLEVINS

President Pro Tem. Delaware State Senate An unmatched record of results.

The firm resolve to take on Washington's gun lobby.

Bryan fought the gun lobby in the General Assembly... and made Delaware safer

State Senator Bryan Townsend is widely regarded as one of our state's most effective, strongwilled legislators. He was a driving force behind new laws expanding background checks, closing the gun-show loophole and closing the "Charleston loophole," so people can't get guns until they pass their background check. Period.

> Bryan will take on the NRA in Washington to pass the same kind of common-sense gun safety laws he fought for here in Delaware. That means:

- Expanding background checks and closing loopholes that make buying guns at gun shows or online too easy
 - Banning assault weapons and high-capacity magazines that are unfit for civilian use
 - Supporting law-enforcement efforts to thwart straw purchases and other illegal gun sales

IN THE SEPTEMBER 13[™] DEMOCRATIC PRIMARY, VOTE FOR

AUGUST 23, 2016

DELAWARE ...A proven progressive and exceedingly effective legislator...



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Robert N. Franz for US Congress Write - in 2016

amazon.com/author/rf3rd

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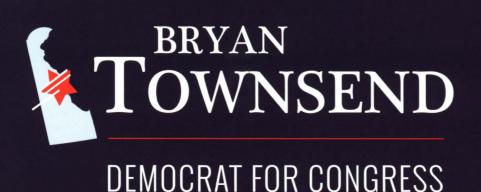


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"America is at its best when we have a strong and vibrant middle class.

We must aspire to build an economy of shared prosperity that allows all families a real chance to improve their quality of life - from financial security, to access to quality health care, to an affordable 21st century education."









IN THE SEPTEMBER 13TH DEMOCRATIC PRIMARY, VOTE FOR

Teachers and job leaders across Delaware are endorsing Bryan:

- Delaware State Education Association
- Delaware Building Trades
- Teamsters Local #326
- American Council of Engineering Companies of Delaware



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The News Journal

DECEMBER 3, 2014

Wilmington still 3rd worst in violence, FBI says

DelawareToday

Wilmington Crime: A City that Bleeds

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Despite an epidemic of gun violence in Wilmington and in cities across the nation, Congress chose not to act.

The News Journal

SEPTEMBER 1, 2015

Wilmington homicide rate triples

The News Journal

AUGUST 24, 2016

Woman shot is 100th Wilmington victim so far this year

So **Bryan Townsend** fought to pass stricter gun laws here in Delaware.







In Congress, Bryan Townsend will be an outspoken voice to improve federal gun safety laws...

He will fight to:

- Expand background checks
- Reinstate the federal ban against deadly military-style firearms
- Require responsible storage in the home
- Lift the federal ban on gun violence research

...and he will work to reform our criminal justice system.

Outdated "tough on crime" laws have contributed to widespread racial injustices and increased suspicion of law enforcement in our communities. As Delaware's Representative in Congress, Bryan will push for fairer laws, such as:

- Ending mandatory minimum sentences giving judges more flexibility
- Addressing drug addiction as a medical issue, not a crime
- Removing barriers for inmates transitioning back into the community
- Legalizing, taxing, and regulating marijuana at the federal level
- Repealing the death penalty to end the risk of executing an innocent person

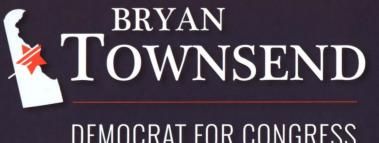
Common-sense solutions to make Wilmington, our state, and our nation safer.

After Congress failed to act, Senator Townsend worked to pass state laws to reduce gun violence.

Bryan sponsored the law to close the Charleston loophole. He also worked to help pass bills to close the gun show loophole and protect victims of domestic abuse from gun violence.

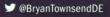


IN THE SEPTEMBER 13TH DEMOCRATIC PRIMARY, VOTE FOR



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Delawareans are lining up behind

BRYAN TOWNSEND

DEMOCRAT FOR CONGRESS

"Bryan Townsend is the candidate for Congress whom I trust most to stand up to the Republican extremists."

- PATRICIA M. BLEVINS

President Pro Tem Delaware State Senate

"Bryan Townsend is a public official whose actions consistently demonstrate a deep knowledge of and support for public education."

- FREDERIKA JENNER

President, Delaware State **Education Association**

"Bryan has been a progressive leader in the **State Senate fighting** for key causes like gun safety, a woman's right to choose, and criminal justice reform."

- KAREN PETERSON

State Senator



JULY 25, 2015

...the award for busiest legislator of 2015 goes to... Senator Bryan Townsend, D-Newark, Senator Townsend was more active than any other lawmaker during the course of session.

AUGUST 23, 2016

Bryan Townsend [is] a proven progressive & exceedingly effective legislator



Bryan Townsend.

The overwhelming choice to fight for us in Washington.

The choice of organizations representing teachers and working families:

- National Education Association
- Delaware State Education Association
- Delaware Building & Construction Trades Council
- Teamsters Local #326
- American Council of Engineering Companies of Delaware
- Council on Global and Muslims Affairs

The choice of leading Democratic organizations and progressives:

- New Castle County Democrats
- Progressive Democrats for Delaware
- Barbara Gittings Delaware Stonewall Democrats
- Delaware Liberal

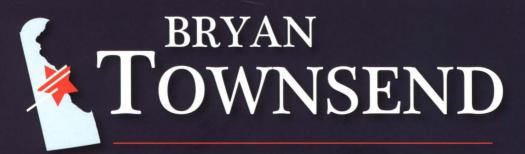
The choice of government and community leaders across the state:

- Senate President Pro Tempore Patricia Blevins
- Senate Majority Leader Dave McBride
- Senator Karen Peterson
- Senator Nicole Poore
- Senator Brian Bushweller
- Senator Dave Sokola
- Representative Paul Baumbach
- Representative Ed Osienski
- Representative Earl Jaques
- Representative David Bentz
- Newark Mayor Polly Sierer
- Former Chief Justice Myron Steele
- Yasser Payne, Ph.D, UD Assoc. Professor of **Black American Studies**

In Congress, Bryan will fight to:

- ✓ Pass a \$15 minimum wage, paid family and medical leave, and equal pay for equal work
- ✔ Pass universal Pre-K, lower student loan rates, and tuition-free community college
- ✓ Protect and expand Social Security and Medicare benefits
- ✓ Protect the civil rights of our LGBT community and a woman's right to choose
- ✓ Pass common-sense gun safety laws and get illegal weapons off of our streets
- ✓ Pass comprehensive immigration reform

IN THE SEPTEMBER 13TH DEMOCRATIC PRIMARY, VOTE FOR



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Bryan Townsend PAID FOR BY TOWNSEND FOR CONGRESS

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The choice of Delaware's teachers.

"I'm voting for Bryan Townsend for Congress because, like me, he strongly believes Delaware's schools should be more focused on enriching a child's learning experience, not about the next standardized test."

MEGAN SZABO
 2015 Delaware Teacher of the Year

"Bryan Townsend is a public official whose actions consistently demonstrate a deep knowledge of and support for public education. He understands the challenges facing educators, parents, and school districts and is dedicated to providing the resources necessary to make sure every child can succeed."

ENDORSED BY:

FREDERIKA JENNER
 President, Delaware State Education Association



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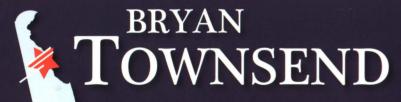
The right priorities for our children's future

- Focus on teaching, not test scores
- ✓ Reduce college loan interest rates
- ✓ Make community college free and expand Pell Grants.
- ✓ Provide 21st century classroom resources
- ✓ Make pre-k available to all our young children

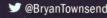
"Every child, regardless of zip code, deserves access to a world class education. We must make college more affordable and evaluate our teachers based on teaching skills, not on test scores."

SEN. BRYAN TOWNSEND

IN THE SEPTEMBER 13TH DEMOCRATIC PRIMARY, VOTE FOR



DEMOCRAT FOR CONGRESS





AUGUST 23, 2016

Bryan Townsend [is] a proven progressive and exceedingly

effective legislator...

He's fought for bold, progressive change in Delaware.

Now Bryan Townsend is ready to fight for us in Washington.



DEMOCRAT FOR CONGRESS



A tireless problem solver who's demanded the best for Delaware's families...



Delaware A State News

The State Capital Daily

JULY 25, 2015

...the award for busiest legislator of 2015 goes to... Sen. Bryan Townsend, D-Newark. Senator Townsend was more active than any other lawmaker during the course of session.

The Delaware State News has called Senator Bryan Townsend Delaware's "busiest legislator" — fighting to pass laws that are making a real difference to Delawareans across the state.

- A champion for common sense gun reform Bryan sponsored legislation to close the gun-show and Charleston loopholes, and to keep guns out of hands of people who commit domestic violence.
- He created and co-chaired Delaware's Clean Water Task Force, developing solutions to improve water quality and stop flooding.
- He's been an outspoken advocate for teachers and students and de-emphasizing high-stakes testing for evaluations.
- He sponsored a resolution to overturn Citizen's United and get big money out of politics.

ENDORSED BY:

DELAWARE STATE
EDUCATION ASSOCIATION

In Congress, Bryan will stand up to the Republican extremists who have tried to shut down our government. Bryan will fight for:

Affordable college by supporting lower student interest rates and two years of tuitionfree college or technical training

Universal pre-kindergarten to invest in our children's future and make sure they are prepared to learn

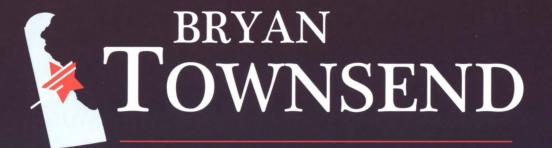
\$15 minimum wage, paid family leave, and equal pay for equal work because our families deserve fairness in the workplace

Higher Social Security and Medicare benefits and Bryan will oppose any efforts to privatize and gamble away our seniors' savings

A woman's right to choose and Bryan will continue his strong record supporting women's access to health care and opposing efforts to defund Planned Parenthood

...Bryan Townsend will stand up for all of us in Congress.





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Homegrown leadership. Delaware values.



Bryan and his wife Lilianna

The proud son of a Newark Police officer from Sussex and a public schoolteacher from Newark, Bryan Townsend worked his way through school — a product of the Christina School District, the University of Delaware, and Yale Law School. After law school he clerked for the Delaware Court of Chancery and became an attorney at a major Delaware law firm, representing Delaware businesses of all sizes as well as children in foster care, victims of domestic violence, and veterans with service-related disabilities.

Despite opposition by political insiders in Dover, Bryan ran an uphill campaign in 2012 against Delaware's highest-ranking State Senator — and Bryan won. Within months of taking office in the State Senate, Bryan had already become a leading voice on behalf of Delaware's children and educators and a strong supporter of working families.

IN THE SEPTEMBER 13TH DEMOCRATIC PRIMARY, VOTE FOR



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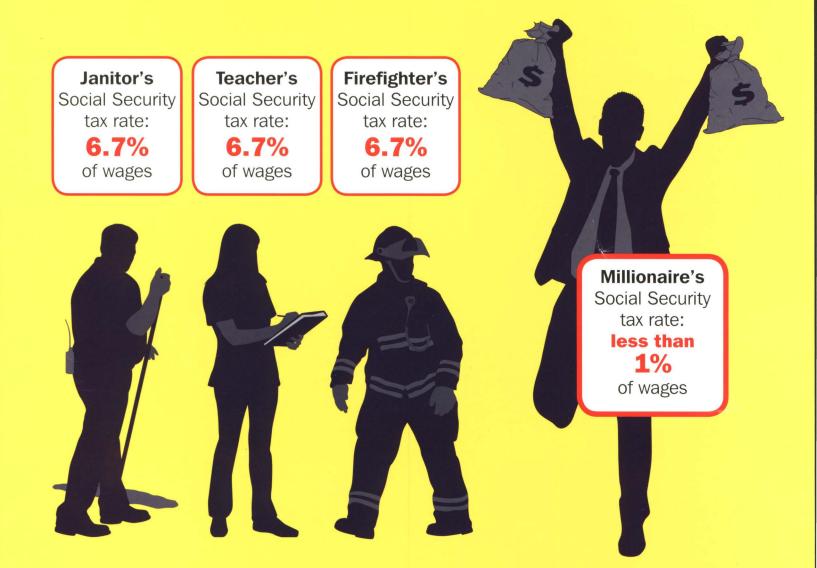




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"Delaware's hard-working families and seniors deserve expanded Social Security benefits when they retire. We can achieve that by requiring millionaires to pay the same Social Security tax rate as everyone else."

- SEN. BRYAN TOWNSEND





Delaware's seniors deserve a secure retirement

We need a fairer tax code.

DELAWARE

AUGUST 23, 2016

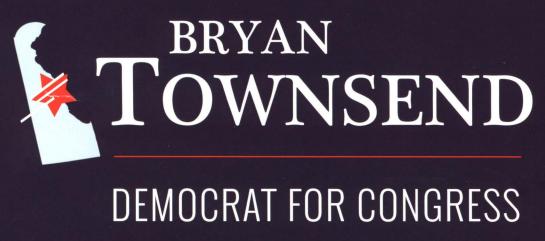
Bryan Townsend [is] a proven progressive and exceedingly effective legislator...

The lion's share of new economic wealth is flowing to the top wage earners, outside the reach of the payroll tax or categorized as investment income. By asking the wealthiest to pay more meaningfully into Social Security, we would extend Social Security's solvency for up to 75 years and strengthen this imperative support for our seniors.

In Congress, I will fight for tax fairness and increased cost-of-living-adjustments so our seniors can enjoy the retirement we've long promised them.

Bryten Townsend

IN THE SEPTEMBER 13TH DEMOCRATIC PRIMARY, VOTE FOR



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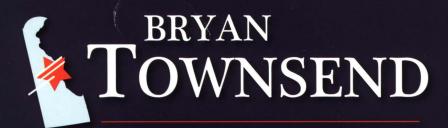


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"Bryan Townsend is the candidate for Congress whom I trust most to stand up to the Republican extremists.





DEMOCRAT FOR CONGRESS

STATE SENATOR PATRICIA M. BLEVINS

Dear fellow Delawarean:

I am voting for Bryan Townsend to be our next Representative in Congress and I am writing to ask you to do the same.

Bryan is one of my most effective colleagues in Dover. In fact, last year the Delaware State News named him Delaware's "busiest legislator" because of his ability to pass laws that make a difference for Delaware families throughout our state.

Ensuring our children are provided the nutrition they need to learn has always been a priority for me. I entrusted Bryan to serve as the Senate sponsor of the bill to expand the school breakfast program because I knew he could get it done and he did.

Bryan has also been a stalwart champion of issues critical to Delaware's women – having strongly supported legislation to guarantee equal pay for equal work for state employees, strengthen legal protections for victims of domestic abuse and sexual assault, and accommodate breastfeeding mothers who are called for jury duty.

In Washington, Bryan will work to block any efforts by Republican extremists to defund Planned Parenthood or stand in the way of a woman's right to make her own health care decisions.

In the September 13th Democratic Primary, vote Bryan Townsend for Congress.

Sincerely,

Patricia M. Blevins

Patraa M. Blus

President Pro Tem, Delaware State Senate





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Bryan with his mother, Judi Townsend, a teacher for more than 40 years at A.I. duPont High in Wilmington.

BRYAN IS ENDORSED BY THE DELAWARE STATE EDUCATION ASSOCIATION



DEMOCRAT FOR CONGRESS

"Every Delaware child, regardless of zip code, deserves access to a quality education."

- SEN. BRYAN TOWNSEND

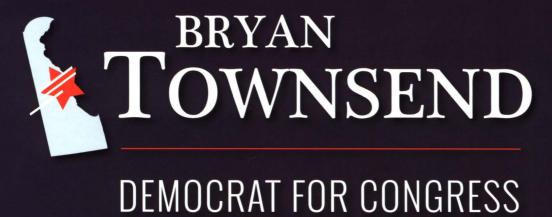


I am fortunate to have grown up with parents who put their kids' education first. Their encouragement guided me through college and ultimately law school. **That's why I want to give every Delaware child the same kind of head start I had.**

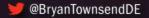
As a State Senator, I've demanded we allow our educators to focus on teaching rather than testing — because our children find confidence and joy in learning, not in high-stakes test scores. I also championed a bill to expand school breakfast programs so children get the nutrition they need in order to learn.

In Congress, I will fight for universal preschool and affordable college for middle-class and working families, ensuring students and graduates have access to lower interest rates and can save for their futures. And I will push for innovative programs like President Obama's proposal to make the first two years of community college or vocational schools free.

IN THE SEPTEMBER 13TH DEMOCRATIC PRIMARY, VOTE FOR



www.BryanTownsend.com





PO BOX 1729 WILMINGTON, DE 19801

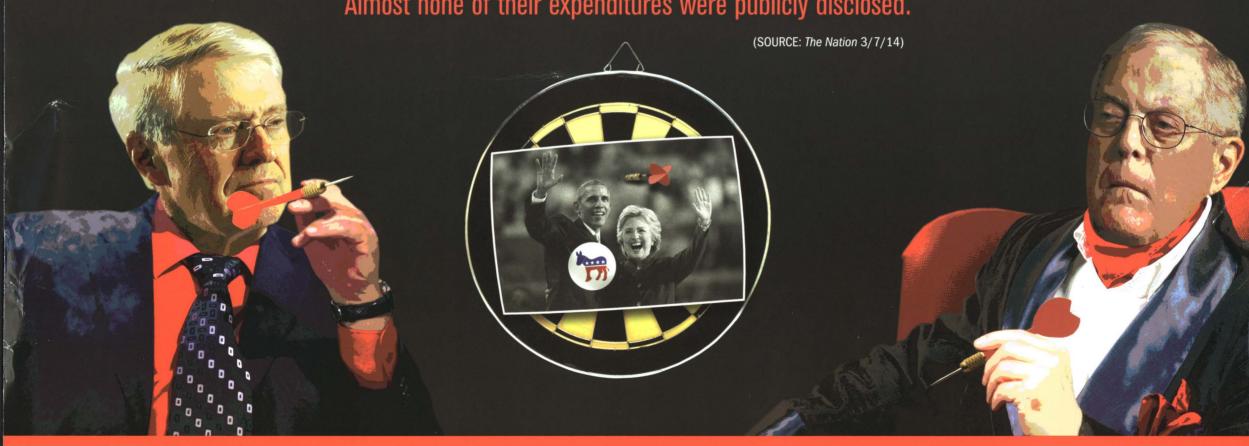
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The billionaire Koch brothers spent \$412 million against President Obama and Democrats in the 2012 elections.

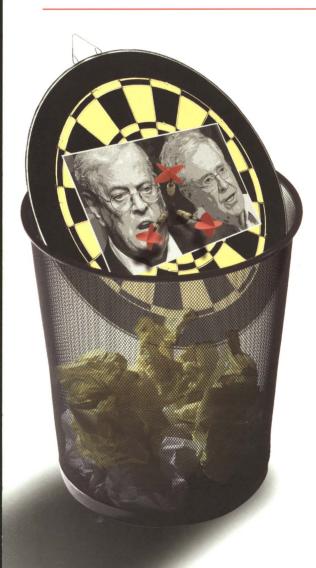
Almost none of their expenditures were publicly disclosed.



OUR CAMPAIGN FINANCE LAWS DON'T WORK.

"The only way to end 'politics as usual' is by ending the destructive influence of big money in politics."

- SEN. BRYAN TOWNSEND



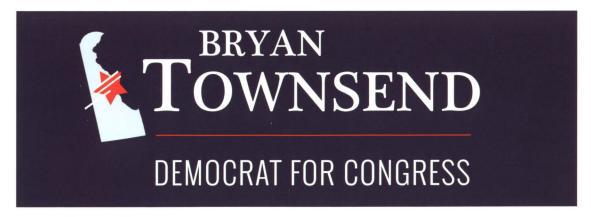
Progressive leadership to fix our broken campaign laws.

Senator Bryan Townsend recently sponsored a resolution — passed by the State Senate — demanding that the Supreme Court's *Citizens United* ruling be overturned. In Washington, he will aggressively fight to stop undue special interest influence in Congress and on the campaign trail.

How to stop big money donors from corrupting our elections:

- Pass a constitutional amendment to overturn *Citizens United* the Supreme Court ruling that has wreaked havoc on the campaign trail.
- Pass The DISCLOSE Act that prevents multinational corporations from contributing to campaigns and forces any corporation to disclose its contributions.
- **Demand even stronger lobbying disclosure requirements** to ensure the public fully understands the degree of special interest access to Congress.

In the September 13th Democratic Primary, vote for



www.BryanTownsend.com

@BryanTownsendDE

/BryanTownsendDE



September 5th, 2016

Dear Neighbor,

I write to humbly ask that you support my husband, Bryan Townsend, to be Delaware's next Congressperson.

I write in support of Bryan not because he is my husband. Rather, I write because Bryan has earned my vote as a woman, and I hope that through sharing my perspectives, I can help Bryan to earn your vote, too.

My family moved to the United States when I was five years old because my parents wanted to give my siblings and me opportunities that they could not even dream of in Vietnam. The move was a big adjustment for my parents. They had not yet learned English and had received only a middle school education. Once in the U.S., to support our family, my father delivered pizzas and my mother sewed clothes for a flea market. I will never forget how my father sat with me as I completed my math homework, wanting to show his support even though he was not able to help me with math. I will never forget the pride and joy on my mother's face when I was accepted to college.

I am now a Delaware attorney. Everyday, I think about how fortunate I am to be living the American Dream. But, I am also painfully aware that too few people get to walk the path I have walked – of success through hard work and determination. The next rung on the ladder to prosperity is out of reach for so many of our hardworking neighbors.

As a woman, minority, and immigrant who has overcome poverty to realize the American Dream, I know we need effective and compassionate leaders like Bryan in Washington D.C. to fight for opportunity for all Delawareans.

Bryan has an impressive legislative record of championing our causes and achieving results in his four years as a State Senator. He is not just talking about representing us; he has done it, and done it well.

He has spoken out loudly and clearly in favor of a woman's right to make her health care decisions and has stood up to efforts to defund Planned Parenthood. He has been a champion of women's equality in the workplace, including equal pay for equal work. Bryan believes women's issues should be everyone's issues, not only because when women do well everyone in our community does well, but more fundamentally because equality is the goal for which we should strive. His commitment to women's equality is perhaps most apparent in our personal relationship, where Bryan has unconditionally supported my own career decisions, one after the other.

Bryan has shown time and time again, on every issue from equality to education to immigration, that his heart, mind, and commitment to public service have no boundaries. Bryan is an advocate for all Delawareans and the level playing field we all deserve.

As a professional and a minority woman, I have encountered gender- and race-based challenges. I strive every day to prove that I am able to be excellent on my own merits, and I expect to be judged on my merits. I hope you will judge Bryan on his merits as you consider candidates in this congressional election.

I ask you to join me, along with well-respected Delaware women-leaders like Senate President Pro Tempore Patti Blevins, Senator Karen Peterson, Senator Nicole Poore, Representative Melanie George Smith, and Newark Mayor Polly Sierer in proudly voting for Bryan in the September 13th Democratic Primary. I ask you to join me in sending a clear message that Delaware deserves a Congressperson who is hard-working, a leader with a clear record of legislative results in support of women, and a native son of Delaware who has been living in Delaware and serving the people of Delaware tirelessly. It is this kind of representation that will bring more opportunities to Delaware and more equality throughout our country.

Gratefully,

Lilianna Townsend

Lilianna

Paid for by Townsend for Congress



He listened.
Then he got results in Dover.

Now Bryan Townsend is ready to fight for us in Washington.

VOTE IN THE SEPTEMBER 13TH DEMOCRATIC PRIMARY



DEMOCRAT

BRYAN TOWNSEND

FOR CONGRESS

Delaware's Own. For Delaware's Future.



"The middle class has been ignored for too long. As Delaware's one Representative in Congress, I will fight for opportunity for all Delawareans."



Homegrown leadership. The son of a Newark police officer from Sussex and a public schoolteacher from Newark.

The proud son of hard-working parents, Bryan Townsend worked his way through school—a product of the Christina School District, the University of Delaware, and Yale Law School. After law school, he returned to clerk for Chancellor William Chandler. He then became an attorney at a major Delaware law firm, representing Delaware businesses of all sizes as well as children in foster care, victims of domestic violence, and veterans with service-related disabilities.

Demanding more for Delaware's children, Bryan won an against-all-odds election for State Senate.

As the son of a schoolteacher, Bryan understood the challenges in our public schools. Frustrated by policies that didn't connect with classrooms, Bryan ran and won a 2012 grassroots campaign against a long-time leader of the State Senate. Bryan has already become a leading voice on behalf of Delaware children and educators, and a strong supporter of the middle-class and working families.

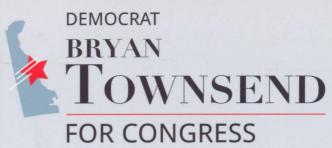
In Washington, Bryan Townsend will do what he's always done - saying no to politics as usual and getting real results.

In Congress, Bryan will put the middle class first by fighting for higher wages and economic opportunities. He'll push for retirement security for our seniors, paid family leave for new parents and affordable college for our kids. Bryan will also work to build trust in the criminal justice system by making it more fair and more efficient. And he'll never play politics with women's health care.

VOTE IN THE SEPTEMBER 13TH DEMOCRATIC PRIMARY





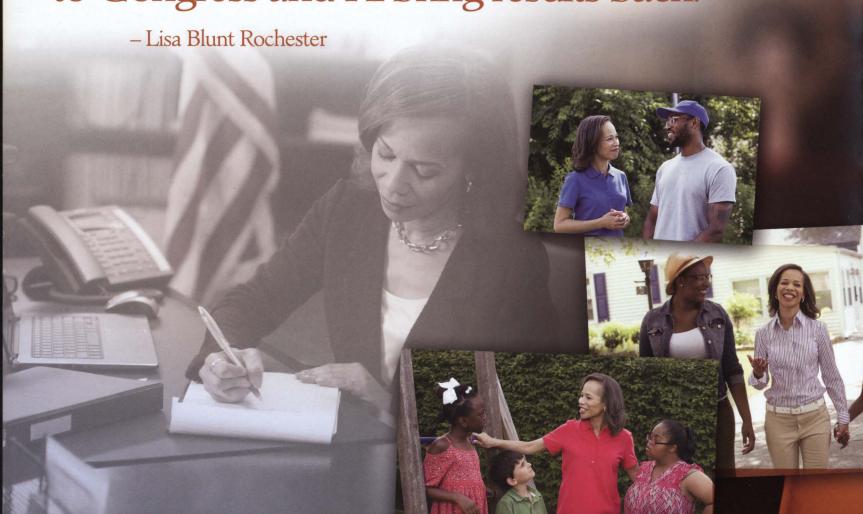


For more information, visit www.bryantownsend.com, email: Bryan@BryanTownsend.com, or call: 302-709-1516





With your help, I'll bring their voices with me to Congress and I'll bring results back."





PO Box 9767 Wilmington, DE 19809



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Sandy Hook, CT . San Bernardino, CA . Orlando, FL.

CA • Waterbury, CT • Kansas City, MO • Hermiston, OR • Los Angeles, CA • Tacoma, WA • Hamden, CT • Dorchester, MA • Citronelle, AL • Bridgeport, CT

• Denver (Arvada), CO • Chicago (West Garfield Park), IL • Vicksburg, MS • Jacksonville, FL • Cleveland, OH • Los Angeles, CA • Austin, TX • Albuquerque, NM • Chicago (Evanston), IL • Sacramento, CA • Philadelphia, PA • Dallas, TX • Jacksonville, FL • New York (Queens), NY • Milwaukee, WI • Joplin, MO • Los Angeles, CA • Minneapolis, MN • Norfolk, VA • Oakland,

It's time to tell the gun lobby enough is enough

*Data from MassShootingTracker.org, mass shootings between January 6, 2016 and August 22, 2016

We need leaders like **Lisa Blunt Rochester** to stand up to the gun lobby

"As a mother of two, I worry about gun violence more than I ever should. I'm running to stand up to the radicals who are putting NRA campaign contributions above the lives of our children."

—LISA BLUNT ROCHESTER

In Congress, Lisa will stand up to the gun lobby:

- ★ Lisa will fight to close loopholes that allow people with criminal records easy access to guns.
- ★ She will work to expand background checks and institute a waiting period for anyone who wants to buy a gun.
- * She will advocate for more resources to improve our mental health system.
- * And Lisa will push for programs that work to strengthen police and community relations.

Lisa Blunt Rochester

PROGRESSIVE DELAWARE'S NEXT CONGRESSWOMAN



Paid for by Lisa Blunt Rochester for Congress

"Everyone who wants to work should be able to find a job.

Every woman's health should be her own business.

And every family should know their streets are safe.

TOGETHER, WE CAN MAKE THIS HAPPEN."

-Lisa Blunt Rochester

Lisa Blunt Rochester will bring our voice to Congress by fighting to:

- Bring jobs and economic development to our state
- End the gun violence epidemic that has plagued our neighborhoods for far too long
- Raise the minimum wage
- Protect Planned Parenthood and women's health care from Republican cuts and attacks



Do Different

VOTE Tuesday, September 13th in the Democratic Primary





For her progressive values and fresh perspective,

Lisa Blunt Rochester has been endorsed by progressive leaders and organizations throughout Delaware.



LEGISLATORS & ELECTED OFFICIALS:

U.S. Senator Kirsten Gillibrand

Senator Margaret Rose Henry

Senator Harris McDowell

House Majority Leader Valerie Longhurst

Rep. Andria Bennett

Rep. Stephanie T. Bolden

Rep. Gerald Brady

U.S. Rep. Jim Clyburn

Rep. Debra Heffernan

Rep. James J. Johnson

Rep. John Kowalko

Rep. Kim Williams

Mayor Steve Burg

Mayor Jim Sills

Mayor James Baker

ORGANIZATIONS:

EMILY's List

Congressional Black Caucus PAC

American Postal Workers Union

Broader Representation Advocacy Team PAC

The Collective PAC

International Longshoreman's Association, Local 1694

International Association of Machinists and Aerospace Workers

National Women's Political Caucus

Nexters PAC

NUUHCE, AFSCME, AFL-CIO, District 1199

OTHERS:

Rev. Dr. Silvester Beaman, Bethel AME Church

Anne Canby, former Delaware Secretary of Transportation

Joe Conaway, former Bridgeville Mayor & Sussex

County Administrator

Bernice Edwards, First State Community Action Agency

Sally Gore

The Honorable Chandlee Johnson Kuhn

Ellen Kullman, retired CEO, the DuPont Company

Sam Lathem, President of the Delaware AFL-CIO (retired)

Bill Lucy, former President of the CBTU

Bishop Aretha Morton, Tabernacle Full Gospel

Baptist Cathedral

Dr. Donald Morton, founder of the Complexities of

Color movement

June Peterson, former First Lady of Delaware

Cynthia Primo Martin

Fred Sears, former CEO of the Delaware Community

Foundation

David Singleton, Vice President of the University of Delaware (retired)

Raye Jones Avery

Robyn Howton, National Board Certified English Teacher

Melissa Tracy, National Board Certified Social Studies Teacher

... and many more!

"Lisa will be a champion for all of us."

- Val Longhurst, House Majority Leader



VOTE Tuesday, September 13th

in the Democratic Primary

Paid for by Lisa Blunt Rochester for Congress

MAKE YOUR PLAN TO GET TO THE POLLS TODAY! ELECTION DAY IS THIS TUESDAY, SEPTEMBER 13TH.
POLLS ARE OPEN 7AM-8PM. YOU CAN FIND YOUR POLLING LOCATION BY GOING TO: HTTPS://IVOTE.DE.GOV/VOTERLOGIN.ASPX.



She just has this presence about her that keeps everybody together."

- Governor Jack Markell

On Tuesday, September 13th, vote for a fresh voice. VOTE Lisa Blunt Rochester for Congress

"Lisa Blunt Rochester is a progressive champion for Delaware women and families."

- Stephanie Schriock, president of EMILY's List

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Lisa Blunt Rochester

knows we need to stand up to the NRA to get commonsense gun safety.

In Congress, Lisa Blunt Rochester will:

- ★ Close loopholes that allow criminals easy access to guns.
- ★ Expand background checks.
- ★ Fix our mental health system.
- * Strengthen police-community relations.



LISA BLUNT ROCHESTER

SHE'LL STAND UP FOR PLANNED PARENTHOOD BECAUSE IT'S PERSONAL

★ Lisa Will Protect Planned Parenthood

Growing up in Wilmington, Lisa Blunt Rochester went to Planned Parenthood for healthcare services. That's why we can count on her to stand up to Republican efforts to defund Planned Parenthood and to protect women's access to affordable healthcare, including cancer screenings, contraception and their right to choose.

Vote Tuesday, September 13, for Lisa Blunt Rochester Progressive Delaware's Next Congresswoman





WE STAND WITH LISA BLUNT ROCHESTER



Vote Tuesday, September 13, for **Lisa Blunt Rochester** Progressive Delaware's Next Congresswoman

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Lisa Blunt Rochester will STAND UP to the NRA.

A mom of two, Lisa Blunt Rochester knows what it is like to worry about your child's safety. She believes that we need to put more resources behind fixing our mental health system and will stand up to the NRA to close loopholes that allow criminals to get their hands on guns.



Maybe that's why Delaware House Majority Leader Valerie Longhurst, said:

"Lisa won't simply be the first woman or person of color to represent the First State in Congress, she will be a fierce advocate for the things that matter most — good jobs, strong families, safe communities."



★ On Tuesday, September 13, Vote Lisa Blunt Rochester for Progressive Delaware's Next Congresswoman ★



Lisa Blunt Rochester: a mom of two is taking on the NRA.



Paid for by WOMEN VOTE!, www.womenvoteproject.org. Not authorized by any candidate or candidate's committee

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In Congress, Lisa Elunt Rochester will put women's health front and center-

- ★ Lisa will stand up for Planned Parenthood by taking on the Republicans who are trying to defund it.
- ★ She will fight for affordable cancer screenings and mammograms for low-income women.
- And Lisa will make sure that government won't stand between a doctor and patient.

Lisa Blunt Rochester for Congress. Progressive Delaware's Next Congresswoman.





We will better protect Planned Parenthood



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Lisa Blunt Rochester:

a fierce advocate

for Planned Parenthood.

As a young woman, Lisa Blunt Rochester trusted Planned Parenthood for quality healthcare. As our Congresswoman, she will fight to make sure that women's healthcare is protected from Republican attacks. From affordable healthcare to cancer screenings to contraception, we can count on Lisa Blunt Rochester to stand strong for us.

Lisa Blunt Rochester

Progressive Delaware's Next Congresswoman





AS OUR CONGRESSWOMAN, YOU CAN BE SURE SHE'LL FIGHT FOR PLANNED PARENTHOOD.



MILER CONGRESS

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⊠Micheal C. Miller, Sr. VOTE September 13, 2016 ★ Democratic Primary

Here is Mike's Vision:

FAMILY:

- ✓ I will support a bill to raise the minimum wage to a liveable wage of at least \$11.00 per hour.
- ✓ Iwillwork to see the social security death benefit increased from \$255.00 dollars to a minimum of \$2500.00.
- ✓ I will work to create legislation to help make college more affordable to everyone who wants to attend.

BUSINESS:

- ✓ I will support legislation to repeal and replace N.A.F.T.A. (The North American Free Trade Agreement.) We have to end corporate GREED now for the sake of our State and Country.
- ✓ Families and Small Businesses need a tax break. I will work to eliminate the highest tax bracket and reduce it from 39.6% to 30%. I will introduce legislation to improve the tax codes, lower the corporate tax rate to 25% and eliminate the alternative minimum tax.

Paid for by Friends for Mike Miller

COMMUNITY:

- ✓ I will work to create legislation to have our veterans see a primary care physician of their choosing with the V.A. and Government picking up the tab.
- ✓ I will support a BAN on assault rifles, machine guns and AK 47's. No homeowner or average citizen needs these type of weapons to protect themselves.

MIKE MILLER FOR CONGRESS



SEPTEMBER 13TH, 2016 **Democratic Primary**



"If we just look around - our friends, our neighbors, our families are struggling. We have to stop electing the same politicians in to office. If you do, we are going to keep getting the same results."

Mike Miller

"Just Give Me A Chance To Serve You!" Visit www.MikeMiller4Congress.com



Family Man • Business Man • Community Man

Dear Fellow Democrats,

This is a very important election. You have an amazing opportunity to elect someone who comes from you,

For far too long, we have continued to elect the same the people. politicians in our state. Over the past 15 years we have continued to kick this can down the road; with poor paying jobs, no minimum wage increase, unsafe schools and neighborhoods, no increases in social security benefits and our veterans are being mistreated.

For the last 23 years, I have worked hard as a family man, business man and community man. If you give me a chance to serve you, I promise I will fight and work just as hard for you in the United States Congress.

Let's start voting for a change, not names!

Sincerely, Mike Miller

Only Sean Barney brings the experience and bipartisan track record to get things done The only Democrat who served in the military, Sean will bring a strong voice against rushing into war The only gunshot survivor to run for Congress in Delaware, no one can stand up to the gun lobby like Sean can As a member of the Public Affairs Committee of Planned Parenthood Delaware, no one will fight harder than Sean Barney for women's health services and to protect a woman's right to choose The only Democrat with a plan to raise Social Security benefits by \$11,669, no one will fight harder for Delaware seniors

As the parent of a new first grader, getting things done for Delaware isn't a slogan for Sean Barney, it's the reason to get to work every day.

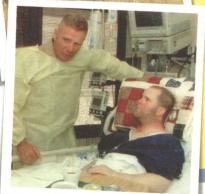
When Sean Barney and his wife Nikki send their daughter Sophie off to school each day, it's a reminder of everything they care about, and everything we as Delawareans care about:

- Is her school, and every school in Delaware, the best they can be?
- Is every neighborhood as safe as it should be?
- Does every family have a chance to be economically secure?

That's what motivates Democrat Sean Barney to run for Congress. And a life of service and getting things done sets him apart from other candidates.

When Sean was in the Marine Corps, no one asked if he was a Democrat or a Republican, they just worked together to get the job done. We need people like Sean to rise above the petty politics of Washington.





While on patrol in Fallujah, Sean survived a gunshot wound to the neck. Later as policy director to Governor Markell, he worked with Democrats and Republicans to help pass tough background checks on gun purchases in Delaware.

When Veteran and gunshot wound survivor Sean Barney stands up to the gun lobby on the floor of the U.S. House, he will have a strong voice that no other candidate has.

And as the ONLY candidate who will eliminate the cap on Social Security taxes paid by the wealthy and raise benefits by \$11,669, he will have a real plan to lift Delaware seniors out of poverty.

Sean Bar to pay for

- The News Jo









Barney

SEANBARNEYFORCONGRESS.COM

Sean, Nikki, and daughter Sophie.

ney: Tax the rich · Social Security

urnal, July 6, 2016

On Schools, Guns, and Social Security,

Sean Barney is the strong voice we need to get things done in Congress.

Vote September 13 in the Democratic Primary. Polls Open 7 am to 8 pm.

Paid for by Sean Barney for Congress

PO Box 2904 Wilmington, DE 19805





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SB DE AL 14





Friend,

We would like to invite you to join us Tuesday, August 9, at 5:30 p.m. for our Newark meet & greet with U.S. Congressional Candidate Sean Barney. Sean will meet with you, answer your questions, and talk about why he is the best candidate to represent Delaware in Congress.

The event, which is kindly hosted by Michael & Rebecca Kalmbach, will be held at 705 N. Country Club Dr. Newark, DE, 19711.

All are welcome, but please RSVP to james@seanbarneyforcongress.com to confirm attendance. We look forward to seeing you soon.

Paid for by Sean Barney for Congress





But it's not just Social Security.

Sean Barney has a real record on gun safety,

Veterans issues and standing up to big special interests.

THE OTHERS DON'T:

Sean Barney

Bryan Townsend Lisa Blunt-Rochester

Expanding **Social Security** by \$11,669

Only candidate with a plan to raise Social Security benefits by \$11,669 per year paid for by making millionaires pay their fair share. [The News Journal, 7/6/16]

Opposes Barney's plan, says we "have to be careful" about increasing benefits. [7/13/2016 DCA Candidate Forum]

Opposes Barney's plan, refuses to support lifting the payroll tax **cap.** [7/13/2016 DCA Candidate Forum]

Cracking down on guns As a top aide to Governor Markell, Sean worked with Democrats and Republicans to help pass some of toughest gun laws in the country, including universal background checks.

Townsend abstained on a bill that would have kept guns out of the hands of violent criminals, felons, fugitives, and domestic abusers

No record.

Standing up to Special Interests

As an aide to Senator Carper, Barney helped tighten campaign finance laws and will stand up to Washington special interests.

Philadelphia Magazine said the casino bailout Townsend voted for "may be the worst deal in the history of bad state government deals." [Philadelphia Magazine, 7/18/14]

No record.

Veterans and **VA** issues

Sean Barney enlisted in the Marines after 9/11 and survived a gunshot wound to the neck in Iraq. He will stand up for Veterans in Congress. No military service record.

THB 88, 6/27/131

No military service record.

Democrat Sean Barney Getting it Done for Delaware. Paid for by Sean Barney for Congress

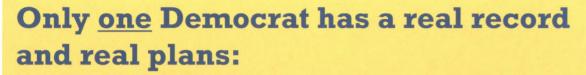
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SB DE AL 11



- expanding Social Security,
- cracking down on guns



Paid for by Sean Barney for Congress

PO Box 2904 Wilmington, DE 19805

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SB DE AL 10



Please Recycle

Only one candidate for Congress helped raise the minimum wage AND expand Medicare Part D to cover seniors' prescription drugs.



February 4, 2014

Governor Signs Legislation To Raise Minimum Wage



Sean Barney is the one Democrat

who gets things done.

- As policy director to Delaware Governor Jack Markell, Sean helped raise the minimum wage, pass marriage equality, and enact some of the toughest gun safety laws in the country, including background checks for all gun purchases
- As an aide to Senator Carper, Sean helped expand Medicare to create Part D and cover prescription drugs
- Sean Barney is the only candidate with a real plan to expand Social Security benefits for seniors by \$11,669, paid for by the wealthy few who don't currently pay their fair share
- A Marine who survived a gunshot wound to the neck, Sean Barney will take on the gun lobby and pass common sense gun safety legislation requiring universal background checks and banning assault weapons
- The grandson of a secretary who was a single mom, Sean will demand equal pay for equal work for women and their families



Paid for by Sean Barney for Congress

PO Box 2904 Wilmington, DE 19805

She shouldn't have to choose between

paying her bills and eating.

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SB DE AL 6

Sean Barney: Tax the rich to pay for Social Security

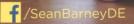
- The News Journal, July 6, 2016

The Barney Plan to Make Retirement Truly Secure:

- Create "Social Security B," which would provide every retiree with an additional flat benefit of \$11,669 per year and lift millions out of poverty
- Lift the cap that exempts wealthy Americans from paying Social Security tax on all income over \$118,500. This cap is regressive and unfair, allowing billionaires to pay the same Social Security payroll tax as a pharmacist in Wilmington
- Use this revenue to extend the life of Social Security to the year 2070 and raise benefits to keep pace with the cost of food, medicine and housing

Democrat Sean Barney Getting it Done for Delaware.

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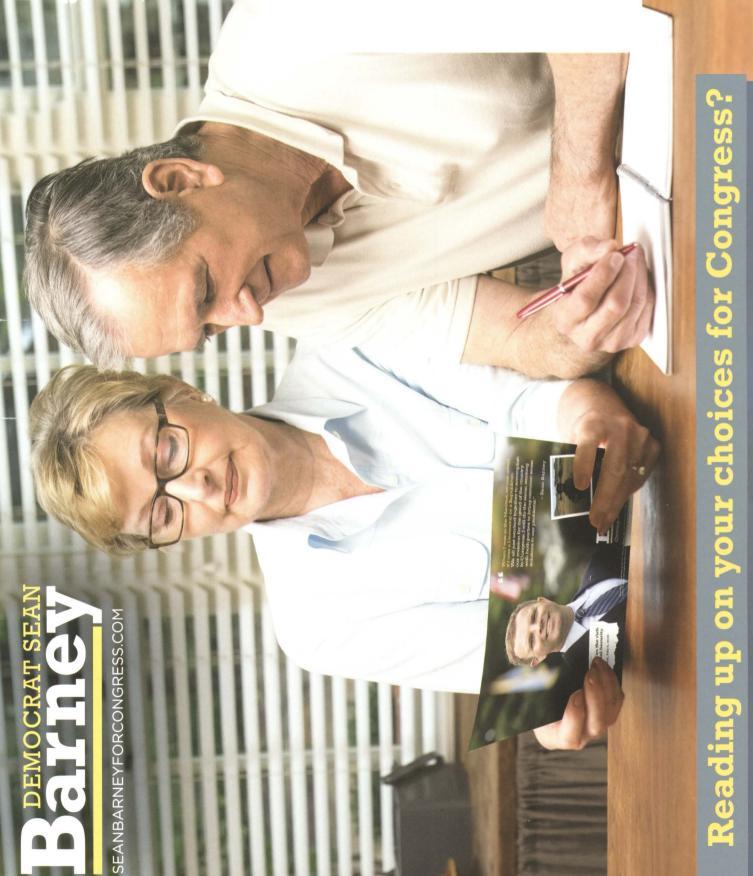
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SB DE AL 12



Sean Barney and the other Democrats stand for many of the same principles:

100% Pro-choice and support Planned Parenthood

100% Pro-marriage equality

All want to raise the federal minimum wage

All want to make college more affordable

All back a path to citizenship for undocumented people



ONLY Sean Barney supports raising Social Security benefits by \$11,669

The Others Don't.

At a July 13, 2016 candidates forum, Sean Barney explained how he would vote to eliminate the cap on Social Security payroll taxes, making millionaires pay taxes on all of their income, just like most other people do. Barney supports using that revenue to help increase Social Security benefits by \$11,669 per year, lift seniors out of poverty, and extend the life of Social Security through 2070.

Neither Bryan Townsend nor Lisa Blunt-Rochester would support the Barney plan to raise Social Security benefits.

Townsend went so far as to say "we have to be careful" about raising Social Security benefits. [DCA Candidates Forum, 7/13/16]

Only ONE candidate has a real plan to raise Social Security Benefits by \$11,669. Sean Barney.

Text 'Sean' to TODAY (86329)

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y @SeanBarneyDE

Democrat Sean Barney Getting It Done for Delaware.

Vote September 13 in the Democratic Primary. Polls Open 7 am to 8 pm.



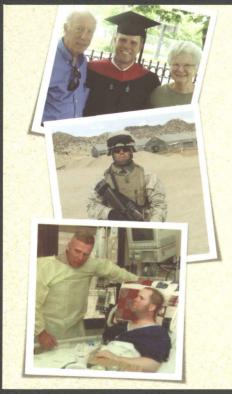


"When I was in the Marines, no one asked if I was a Democrat or a Republican. We all just worked together to accomplish our mission for the good of the country. In Congress, I will do the same, working with both parties to bring common sense solutions to our problems."

- Sean Barney

Barney

Getting it done for Delaware.



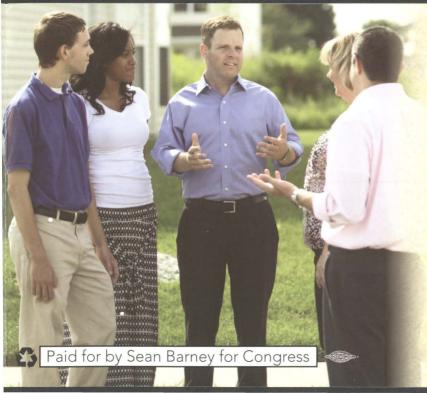
Overcoming combat wounds to help raise the minimum wage and pass tough gun laws

Sean Barney was working on Capitol Hill for Delaware Senator Tom Carper on 9/11 when terrorists crashed into the Pentagon a few miles away. Not wanting someone else to fight in his place in Afghanistan, Sean enlisted in the Marine Corps.

Sean was instead deployed to Iraq, where he knows firsthand the U.S. fought the wrong war in the wrong place. On May 12, 2006, Sean Barney was shot through the neck while on patrol in Fallujah.

After recovering from devastating wounds both visible and hard to see, Sean used a VA program similar to the GI Bill to graduate from Yale Law School — not bad for a kid who once had to repeat ninth grade.

Later, as policy director to Delaware Governor Jack Markell, Sean helped raise the minimum wage, pass marriage equality and enact some of the toughest gun safety laws in the country, including background checks for all gun purchases.



Sean Barney brings a real track record of getting things done to Congress:

- Having worked for Senator Carper when the bipartisan Medicare Part D prescription drug benefit passed, Sean will protect the Social Security and Medicare benefits Delaware seniors have earned
- Sean will champion improvements to VA hospitals to reduce wait times, preserve the 9/11 GI Bill and expand job training for his fellow veterans
- A gunshot wound survivor, Sean will bring a strong, fresh voice to the debate, taking on the gun lobby to pass common sense gun safety laws
- The parent of a kindergarten daughter, Sean will work to improve public education and make college more affordable

"I will be a voice in Congress to move beyond petty politics, stand up to big money interests, and make lives better for the people of Delaware."

—Sean Barney, Democrat for Congress Sean Barney is a progressive Democrat who believes we need to send service-oriented leaders to Washington who will put the people first, move beyond the petty politics of the present, and pull our country together.

A graduate of Swarthmore College, Columbia University, Yale Law School, and the Harvard Kennedy School of Government, Sean lives in Wilmington with his wife Nikki and their daughter Sophie.

Barney

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@SeanBarneyDE

Sean Barney served in the U.S. Marine Corps. Use of his military rank, job titles, and photographs in uniform does not imply endorsement by the Department of the Navy or the Department of Defense.

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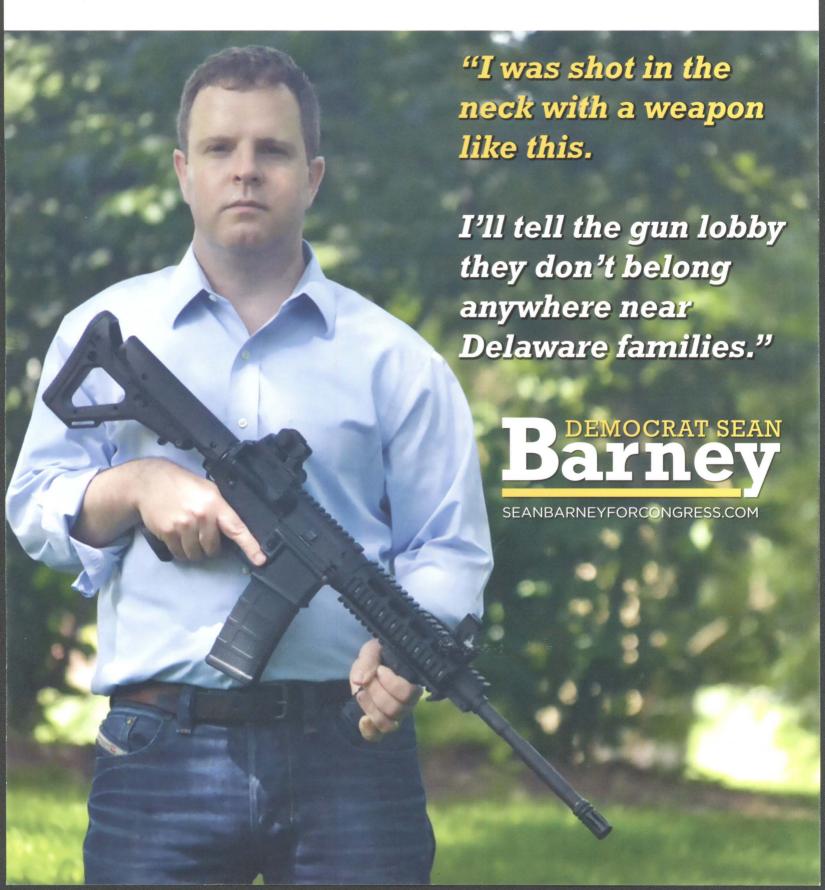
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SB DE AL 8







As policy director to Governor Markell, Sean Barney helped pass some of the toughest gun laws in the country.

As someone who survived being shot in the neck in Iraq, the issue of gun violence is personal to Sean Barney.

Sean volunteered to join the Marines, knowing full well the danger it might entail. No one volunteers to have their neighborhood turned into a war zone.

As policy director to Governor Markell, Sean helped pass universal background checks for gun sales in Delaware.

Sean handled assault weapons in service of his country and as your Congressperson has the credibility needed to finally pass common-sense gun safety laws, including:

- Passing a national universal background check law
- Closing the loopholes that allow criminals, terrorists, and the severely mentally ill to evade these checks
- Denying anyone on the terrorist No Fly list the ability to buy a gun

Making the trafficking of illegal guns into our communities



"I volunteered to join the Marines, but no one volunteers to have their neighborhood turned into a war zone.

I'll take on the gun lobby like I did working for Governor Markell and pass legislation that keeps these weapons away from our neighborhoods and families."

-Sean Barney



The only Veteran running for Congress, ilmington, DE 19805 Sean Barney will make sure his fellow Veterans get the care and help they have earned. Sean Barney DEMOCRAT SEAN Prsrt Std US Postage PAID SGI SEANBARNEYFORCONGRESS.COM

Sean Barney will work with both parties to fully fund the VA.

As a combat-wounded Veteran who still receives his healthcare from the VA, Sean Barney knows firsthand that Congress has failed to live up to its solemn obligation to care for those who served our country.

Congress currently has fewer Veterans than at any time in our nation's history.

That's why we need to send Sean Barney to Congress so Veterans have one of their own fighting for them:

- Improving the quality of care and the access at the VA. There is an unacceptable VA claims backlog and Veterans in many parts of our state and country are forced to drive hours to get care for even a short appointment. Sean will fight to properly fund the VA, cut bureaucracy, and ensure access to care in underserved areas
 - Expanding economic opportunities for our Veterans, including housing programs for homeless Veterans and civilian job training programs
- Taking on the stigma of PTSD and making sure Veterans get the mental health care they need

POLITICO

5/11/16

"I have the opportunity to run for Congress today because of a lot of things that were done for me, that were done right, and I want to tell that story," he explained. "I got what I needed, but too many veterans are not" — like his former platoon mate who committed suicide last year.

Democrat Sean Barney Getting it Done for Delaware's Veterans.

Sean Barney served in the U.S. Marine Corps. Use of his military rank, job titles, and photographs in uniform does not imply endorsement by the Department of the Navy or the Department of Defense.

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SB DE AL 7

"I volunteered to fight for my country, But no one volunteers to have their neighborhood turned into a war zone.



"I was shot in the neck with an assault rifle. I'll tell the gun lobby they don't belong anywhere near Delaware families."

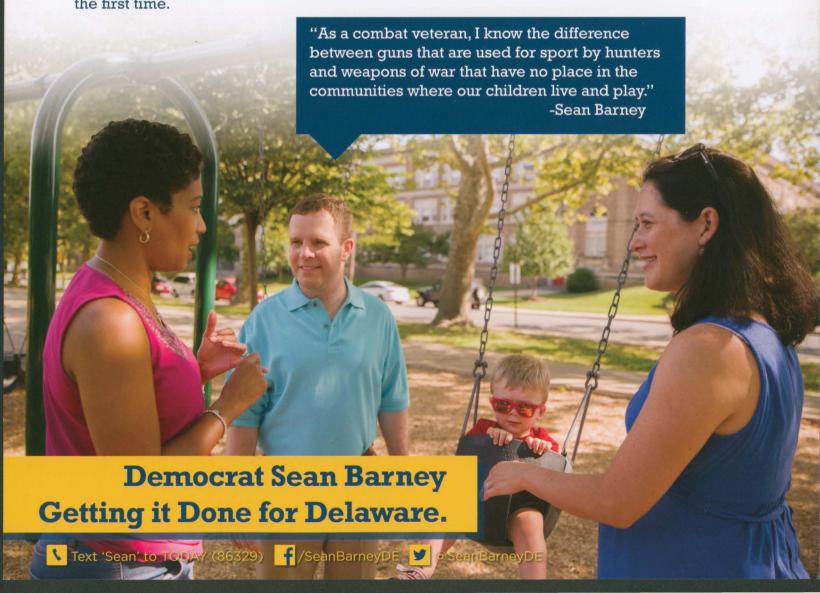
As someone who survived being shot in the neck in Iraq, the issue of gun violence is personal to Sean Barney.

Sean volunteered to join the Marines, knowing full well the danger it might entail. No one volunteers to have their neighborhood turned into a war zone.

As policy director to Governor Markell, Sean helped pass universal background checks for gun sales in Delaware.

As your member of Congress, Sean Barney will work to pass strong, commonsense national gun laws, including:

- Passing a national universal background check law
- Closing the loopholes that allow criminals, domestic violence abusers, terrorists, and the severely mentally ill to evade these checks
- Denying anyone on the terrorist No Fly list the ability to buy a gun
- Making the trafficking of illegal guns into our communities a federal crime for the first time.



Paid for by Sean Barney for Congress

PO Box 2904 Wilmington, DE 19805

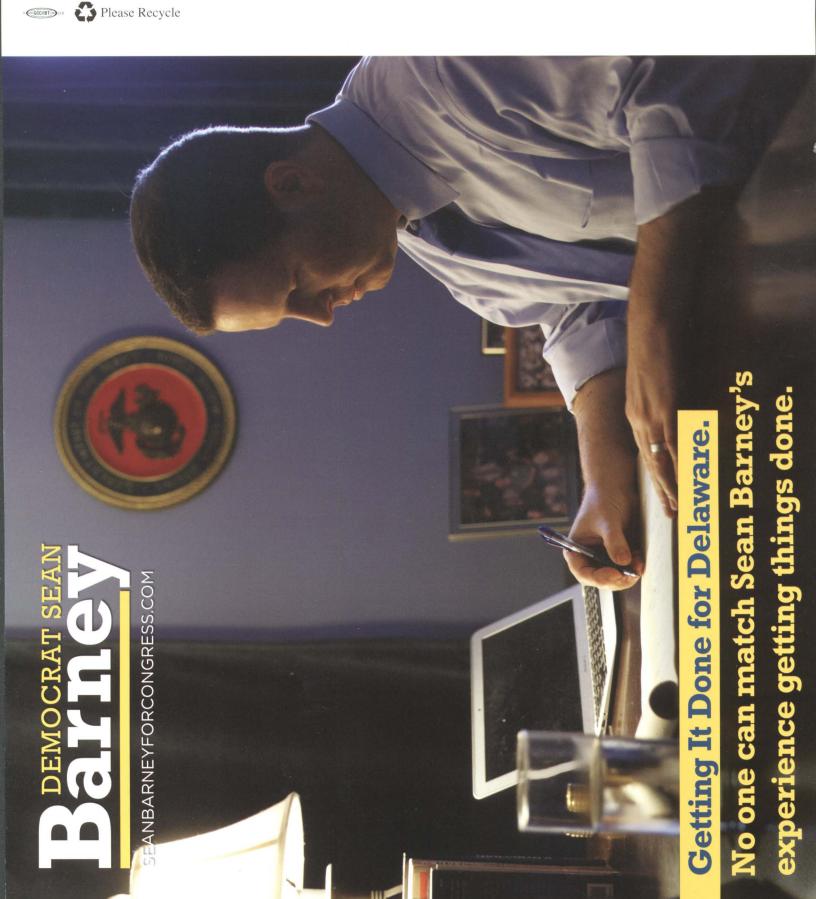
SB DE AL 3

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As policy director to Delaware Governor Jack Markell, Sean helped raise the minimum wage, pass marriage equality, and enact some of the toughest gun safety laws in the country, including background checks for all gun purchases

While working for Senator Carper, Sean helped expand Medicare to cover prescription drugs and he has a real plan to expand Social Security benefits by \$11,669 for seniors, paid for by the wealthy few who don't currently pay their fair share

The parent of a daughter in kindergarten, Sean will work to improve public education and make college more affordable

The grandson of a secretary who was a single mom, Sean will demand equal pay for equal work for women and their families

Following 9/11 Sean enlisted in the U.S. Marines and was sent to Iraq, where he survived a near fatal gunshot wound to the neck. Sean will bring a strong voice against rushing into war and the credibility needed to pass legislation

curbing gun violence

in Delaware.

Democrat Sean Barney Getting it Done for Delaware.

Text 'Sean' to TODAY (86329)

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Sean Barney served in the U.S. Marine Corps, Use of his military rank, job titles, and photographs in uniform does not imply endorsement by the Department of the Navy or the Department of Defense.



Sean Barney is the <u>ONLY</u> Democrat to call for raising Social Security benefits for Delaware seniors by \$11,669.

Townsend and Blunt–Rochester <u>OPPOSE</u> Barney's plan to increase Social Security benefits

Neither of Sean's major opponents have joined his call for raising benefits by \$11,669.





Right now, a billionaire can pay the same in Social Security payroll taxes as a pharmacist in Wilmington because Social Security is only paid for by taxing the first \$118,500 of a person's income.

This cap exempts wealthy Americans from paying Social Security tax on all income over \$118,500. This is regressive and unfair.

In Congress, I will fight for legislation to lift the cap, using the revenue to extend the life of Social Security to the year 2070 and lift millions of seniors out of poverty.

-Sean Barney

Democrat Sean Barney Getting it Done for Delaware.

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