

Mosaic's
annual Best
of Newark
page 17

Men's lacrosse
advances to second
round of NCAA
Tournament
page 27

*the*review

The University of Delaware's Independent Newspaper Since 1882



www.
UDreview
.com

Be sure to log on to our
Friday online edition.

WHEN THE PARTY STOPS



Students take responsibility for racially-charged attire

see page 3

inside

- 2 News
- 6 Who's who in Newark
- 14 Editorial
- 15 Opinion
- 17 Best of Newark
- 25 Classifieds
- 27 Best of UD Sports



THE REVIEW/Ricky Berl

The Rocket Summer played the Bob Carpenter Center before Hellogoodbye on Tuesday, May 8.

web exclusives

Check out these articles and more on UDreview.com

- **LOCAL DELI COMPILES COOK BOOK FOR CANCER RESEARCH**
- **WISCONSIN PROVIDES COLLEGE EDUCATION TO HIGH ACHIEVERS**
- **NEWARK K-9 SPECIALIST WINS OFFICER OF THE YEAR**
- **LOCAL ACTIVISTS PROMOTE GREEN LIVING ON WEB SITE**



THE REVIEW/Corwin Wickersham

A man dressed as a pirate preaches the ideals of the pseudo-religion Flying Spaghetti Monsterism on South College Avenue.



THE REVIEW/Corwin Wickersham

Young children cool off from the heat by the Magnolia Circle fountain next to the Morris Library.

The Review is published once weekly every Tuesday of the school year, except during Winter and Summer Sessions. Our main office is located at 250 Perkins Student Center, Newark, DE 19716. If you have questions about advertising or news content, see the listings below.

Display Advertising (302) 831-1398
Classified Advertising (302) 831-2771
Fax (302) 831-1396
Web site www.UDreview.com

The Review reserves the right to refuse any ads that are of an improper or inappropriate time, place and manner. The ideas and opinions of advertisements appearing in this publication are not necessarily those of The Review staff or the university.

Editor in Chief
Wesley Case
Executive Editor
Sarah Lipman
Editorial Editors
Maggie Schiller, Jeff Ruoss
Copy Desk Chiefs
Lauren DeZinno, Tucker Liszkiewicz
Photography Editor
Ricky Berl
Art Editor
Domenic DiBerardinis
Art Director
John Transue
Web site Editor
Christina Sollecito
Blogger
Dane Secor
Managing News Editors
Sarah Kenney, Joe Zimmermann

Administrative News Editor
Jessica Lapointe
City News Editor
Katie Rogers
National/State News Editor
Elan Ronen
News Features Editor
Brittany Talarico
Student Affairs News Editor
Elena Chin
Senior News Reporter
Kristin Vorce
Managing Mosaic Editors
Laura Dattaro, Andrea Ramsay
Features Editors
Caitlin Birch, Liz Seasholtz
Entertainment Editors
Victoria Balque-Burns, Adam Asher
delaware Undressed Columnist
Sarah Niles
Fashion Forward Columnist
Larissa Cruz

Managing Sports Editors
Kevin Mackiewicz, Mike LoRe
Sports Editors
Matthew Gallo, Greg Arent
Copy Editors
Brian Anderson, Catherine Brobston, Kelly Durkin, Sarah Esralew, Jennifer Hayes, Jennifer Heine, Elisa Lala
Advertising Director
Amy Prazniak
Business Manager
Lisa McGough

Party pictures raise questions of racism

Outfits worn to themed event featured racial slurs

BY ALYSSA R. JIMENEZ

Staff Reporter

When junior Lauren Boroski received a Facebook party invitation to a Cinco de Mayo "South of the Border" party, she said the invitation was similar to other theme party invitations she had received in the past.

"It said to wear your sombrero," Boroski said. "It was my impression to dress up."

But when pictures of Boroski and fellow Phi Sigma Pi fraternity members Jacqui Croteau and Joseph Randall in gardening outfits and shirts with a Latino racial slur on the back surfaced on the Campus Alliance de La Raza Web site, the backlash began.

Boroski's pictures from the party were initially posted on Facebook, and by May 7, it was announced on the university's Web site that an investigation of the "South of the Border"-themed party was underway.

Several of the partygoers were in the honors fraternity Phi Sigma Pi and two were Blue Hen Ambassadors.

Campus Alliance de La Raza, a Latino organization on campus, posted the controversial pictures on its Web site on May 7.

Graduate student Craig de Mariana Aleman, member of the La Raza Alumni Association, said he first saw the photographs last Monday and wanted to take action. He said the pictures were suggestive and portrayed Latinos as drunks and sexual objects.

"I was outraged," Aleman said. "It took me a few minutes to calm down. I'm Mexican-American and I was very offend-

ed."

University President David P. Roselle issued a statement on the university's Web site, urging the campus community to join him in "decrying insensitive and thoughtless student behavior that can cause hurt to others."

In response to the offending students' actions, a forum was held at George Read Hall on May 9. More than 200 students, staff and faculty members were in attendance.

Aleman said La Raza encouraged members of the offending parties to attend the meeting.

"The goal of the forum was to identify ways to prevent these situations from happening again," he said. "We told them, 'We will not let people attack you or try to nail you to a cross.' We wanted to foster an educational environment."

Boroski was the only involved student who attended the town hall meeting. She publicly apologized for her actions at the party. She said she was not aware the words on her shirt were derogatory.

"I can only promote equality and acceptance," Boroski said. "It is important to be sensitive to other cultures and [know] that you shouldn't write something if you don't know what it means."

"I do not endorse racist views. I acted with no malice."

Boroski said no one at the party informed her the words written on her shirt — a racial slur — were offensive.

Junior Oluwafemi "Femi" Adedoyin said students should learn from the reactions to racially charged parties at other universities.

"It seems like no one watches the news or anything," Adedoyin said. "Theme parties are going on at Clemson, UConn, which are really big schools, and you're still doing it here? Haven't you seen the repercussions of these kids and what they have to go through and you don't expect anything to happen to you?"

She said she thinks ignorance cannot be used as an excuse for adults at this stage in life.

"I understand that they are very apologetic for the actions they took, but for me, you wouldn't be too sorry if you didn't get caught," Adedoyin said. "I'm not saying I want to crucify you or something. But it is what it is."

Aleman said he respects Boroski for being the only person to come forward and attend the forum.

"She's trying to learn from this," he said. "She was caught in the act and the only one of the six to show up to Wednesday's forum. She was the only one who wanted to be front-and-center."

This past Friday, Roselle issued another statement online. He said the university will respect the students' First Amendment rights and not press charges through the university judicial system.

Senior Brian Brady, former president of Phi Sigma Pi, said he attended the party but left shortly after seeing the clothing of the individuals involved. The new executive board has decided to suspend the offending members from the fraternity for one year and will require them to undergo diversity training.



Courtesy of Campus Alliance de La Raza

Partygoers showed off their T-shirts for cameras.

"The group has taken action that we thought appropriate to reprimand these individuals for the decisions that they made," Brady said. "They were clearly out of line with conduct that we look for in our members and the ideals we look for in our members to uphold."

He said it is unfortunate the acts of these individuals are reflecting on the fraternity because the event was not sponsored by the organization, even though fraternity members threw the party with non-fraternity members. The Phi Sigma Pi executive board is taking a pro-active approach in resolving this issue to prevent similar circumstances from occurring in the future.

"This is not what we stand for," Brady said. "We don't tolerate discrimination or racism. We do as much as we should and can to promote equality and acceptance."

Aleman said he would have liked to see the students receive a harsher punishment, but he is glad the fraternity has put actions behind its words.

"The fraternity should use this as an opportunity to evaluate where they stand on these issues," he said. "It is apparent that they are not doing enough internally to foster cultural sensitivity and diversity. They have to work on it more."

Brady said the fraternity is still investigating the "South of the Border" party.

"By no means is the case closed," he said. "We are working actively to prevent this from happening again."

Aleman said the media has played a key role in spreading awareness about the issue.

"Behavior like this cannot be tolerated," he said. "It has resulted in a lot of press and our allies

in the media are helping to amplify this message. Our efforts have brought issues of social responsibility, cultural sensitivity and issues surrounding race to the nation's conscience."

Sophomore LaMar Gibson, a Blue Hen Ambassador, posted a Facebook note on May 7 regarding his reaction to the Cinco de Mayo party attendees. In the note, he asked two administrators to take action against the racist behavior.

"If these two BHAs are expelled from their fraternity, then they should also be expelled from the BHA program OR I will resign from the program," Gibson said.

He said the members' actions contradict the values of the BHA program and called on other BHA members to step down if the university did not take the proper response.

When he saw the pictures, Gibson said he recognized some of the individuals and felt uncomfortable about their actions.

"I believe it's hard to have a program where you have student representatives behaving like this," Gibson said. "These are the only faces prospective students have to connect to UD."

Gibson is meeting with BHA officials to determine where the organization stands on this issue. He said he is committed to his decision to quit if those members are not expelled from the association.

Junior Jordan Mebane said racial discrimination needs to be addressed on campus to increase awareness and diversity.

"It was wrong of those people to have that party," Mebane said. "But the fact is, people act racially and think racially all the time without even realizing it."

"Everyone commits that crime."



Courtesy of Campus Alliance de La Raza

Images from the "South of the Border" party were later altered to begin the healing process, according to the Campus Alliance de La Raza Web site.

Search for VP of Student Life continues

BY ALYSSA R. JIMENEZ

Staff Reporter

The search for a vice president for Student Life continued May 7, 9 and 11 as the three finalists chosen by the search committee were invited back to campus for interviews. A wide range of university administrators, faculty and students were present to evaluate the candidates. The university received more than 80 applications for the position.

The three candidates are Dr. Larry Lunsford, associate vice president for student affairs at Florida International University in Miami, Dr. James Conneely, vice president for student affairs at Eastern Kentucky University, and Dr. Michael Gilbert, assistant vice president of campus student services at Pennsylvania State University at University Park.

Lunsford has also worked in student affairs at Robert Morris College, the University of Pittsburgh and the University of Evansville.

Conneely has held positions at Emory University, Villanova University and the University of Northern Iowa. He worked in student affairs for 10 years at the University of Arkansas where he has also worked in housing and residence life.

Gilbert has worked at Northeastern University, North Carolina State University, the University of Wisconsin, Illinois State University and Michigan State University. He worked at the University of Massachusetts at Amherst from 1995 to 2005.

The vice president for student life reports to the provost and the vice president for academic affairs. He or she is also responsible for working with campus life, career services, counseling, health services, judicial affairs, multicultural programs, res-

idence life, services for athletes and promoting student wellness.

Pierre Hayward, vice president and university secretary, is one of the members on the committee evaluating the candidates. He stated in an e-mail message that advertisements for the position were placed in newspapers and magazines focusing on higher education such as *The Chronicle of Higher Education*, *Black Issues in Higher Education*, and *Hispanic Outlook in Higher Education*. Additionally, ads were placed in *The News Journal* and *Delaware State News*. The campus community was also asked to nominate any person they thought would be a good candidate.

Hayward said when choosing candidates from the applicants, the search committee looked for traits and qualifications like extensive experience leading student life departments at other institutions, the ability to establish collaborative partnerships between the various student life divisions and a demonstrated commitment to diversity issues.

"We are looking for someone who is comfortable, approachable and can develop a good rapport with students, faculty, staff and the Newark community," he said.

Conneely visited with students, staff and faculty May 9 in the Alumni Lounge in the Perkins Student Center.

He said if hired, he would enjoy interacting with the staff in the student affairs department more than they might expect. He said he wants to learn how the department is currently run, listen and come to an understanding about what works well and build relationships.

"I don't believe in change for change's sake," Conneely said. "It has to be deliberate. I want to relate change to what the vision is in student affairs. People need to

understand why change is happening."

Conneely acknowledges that before making any changes, he would need to identify the political and cultural climate on campus. He said his goals for the university include creating a unified approach to serving students through dialogue as a way of establishing their expectations and finding out the needs and concerns of the students.

"I want Delaware to be a model for other institutions in the way we put the best interest of the students first, as opposed to

what is more convenient," he said.

Sophomore Richard Goldschein, who attended all three question-and-answer sessions, said Gilbert thoroughly addressed the issue of keeping students engaged with the administration.

"The biggest issue is not just getting students to be involved," Goldschein said. "It's getting students to want to be involved."



THE REVIEW/Ricky Berl

Vice president of Student Life candidate James F. Conneely visited the university May 9.

Bus driver stabbing deemed domestic violence

BY KRISTIN VORCE

Senior News Reporter

Christina School District administrators, parents and police are treating the May 2 stabbing death of a busdriver as an isolated incident of domestic violence.

Christina School District spokeswoman Wendy Lapham said the incident was not school-related.

"Elizabeth Ware happened to be at her workplace, which happened to be a Christina district bus," Lapham said. "That's just the circumstances under which an incident of domestic violence occurred."

Ware, a 31-year-old Newark resident and mother of three, was found dead shortly after 7 a.m., in the driver's seat of the bus, on eastbound Rt. 273.

Delaware State Police arrested 25-year-old Jermease Ross the evening of May 2, said state police spokesman Cpl. Jeff Whitmarsh. After investigative pleas and witness interviews, police charged Ross with murder in the first degree.

Ross is Ware's ex-boyfriend and the couple had a violent domestic history. They had lived together on Madison Drive, but Ware recently moved out. Ross allegedly threatened and harassed Ware, Whitmarsh said.

"It's a really tragic thing that occurred," he said. "We have domestic violence cases all the time, but they rarely involve this level of violence."

Although the community has shown an outpouring of sympathy toward the driver and her family, Lapham said the impact on students was not significant and she has not heard concerns from parents about bus safety.

Bus drivers receive a minimum of three days training from the state and the district offers additional training, she said. The primary focus of instruction is assuring student safety.

"I'm not sure this is a situation we could have anticipated or prevented," Lapham said. "This type of incident is kind of outside the realm of what bus drivers are trained to do. It's not in any training manual."

The bus Ware was driving did not have a surveillance camera, she said. However, the police were able to identify the suspect quickly, so she believes a surveillance camera was not needed.

Whitmarsh said although the state police identified the suspect within one half-hour of launching an investigation, a bus camera would have been helpful in prosecution.

Newark resident Karen Gray,

whose children attend Downes Elementary School on Casho Mill Road, said she was impressed with the way school officials handled the situation. The school was locked down the day of the stabbing and police were present.

"It wasn't like a bunch of crazy chickens with their heads cut off," Gray said. "They had a plan and they followed through with it."

She said she still thinks her children are safe on school buses.

"When I first heard about it I was horrified," Gray said. "I was relieved a little bit that it was a domestic situation and not a random attack against a bus driver."

She said she was frustrated with newspaper reports that emphasized problems with bus safety. Instead, she believes the Newark community should focus on protecting women like Ware, who have been abused and are at risk for future attacks.

"We did nothing as a society to protect her," Gray said. "These young girls think the best they can get is these drugged-up jerks who beat them and their children. Nobody protected her."

Paulina Gyan, spokeswoman for the Delaware Coalition Against Domestic Violence, stated in an e-mail message that Ware did everything in her power to protect her-

self.

"She reported the abuse to the police numerous times, she sought a 'no contact' order against her abuser and followed it up by moving out of the home they both shared," Gyan said. "I believe what happened here is an individual with a history of violence who could not live with the fact that the relationship had ended and was determined to wield his power over his partner."

"It also points to a weakness in society's response to domestic violence, where it is treated as a personal problem of minor consequence."

Ending an abusive relationship is not always an easy option, she said. Violence sometimes escalates when the victim leaves the relationship.

Gyan said this does not mean that victims should stay in abusive relationships.

"What it means is that victims need to be more aware and alert when they choose to leave and seek assistance with safety planning," she said.

It is estimated that only one-third of domestic violence cases are reported, Gyan said.

"Only a commitment involving our entire community to hold perpetrators accountable and enforce a zero tolerance will bring

us closer to ending domestic violence," she said.

Lapham said the schools are offering grief counseling to transportation employees who worked with Ware. The Christina transportation department is organizing a fund to benefit Ware's three children.

A Closer Look

Domestic Violence

■ In 2004, 2,800 Protection From Abuse orders were issued in Delaware.

■ Between 1998 and November of 2005, there were 47 domestic violence fatalities in Delaware.

■ In 2004, the statewide domestic violence hotline received 3,507 calls, and there were 500 domestic violence shelter stays.

— compiled from the Delaware Coalition Against Domestic Violence Web site.

University administrator announces retirement

BY KYLE ROUGEAU

Staff Reporter

After 20 years of dedicated work, David E. Hollowell, executive vice president and treasurer of the university, plans to step down after his final semester in December of 2007.

In 1988, Hollowell left his home in Massachusetts to join the university as senior vice president for the administration. Some of his duties included budget planning, administrative computing and managing personnel and facilities.

He was promoted to executive vice president in 1996 and became treasurer in 2002.

University President David P. Roselle stated in an e-mail message that for the last 20 years, Hollowell has been at the center of many highly successful projects.

"It is fair to say that he has been a major contributor to almost every improvement in budgeting, personnel issues, the administration and the physical plant that has occurred at the University of Delaware during his long tenure," Roselle said. "I think that his overall contributions are too many and too great to single out just one."

Over the years, Hollowell has tripled the budget from \$242 million in the Fall of 1988 to \$743 million in the Fall of 2008.

The endowment has grown from \$1 billion to \$1.5 billion, he said. Approximately \$900 million have gone toward the development of future and existing construction projects and renovations.

Hollowell has not only helped improve physical features on campus, but has also helped improve morale. Hollowell said when he began his work at the university, there was some unhappiness and frustration due to salaries and facilities not being satisfactory to the university staff as well as weak information technology systems.

The university has undergone major improvements since Hollowell was hired. One such transformation includes an integrated student information system in 1991 and one of the first one-stop student services buildings in the country.

"We've had well over a hundred institutions come and visit us and talk about that," Hollowell said. "We've gotten to be known as a place that does student services things better than other places."

Hollowell said every staff member plays a crucial role and his job is to make sure everything comes together and runs smoothly.

"I've been more of the role of the conductor in an orchestra," Hollowell said. "Every member of the orchestra is an expert at what they do and all you're really trying to do is make sure that they're all working together. That's more of what my job has been."

Margot Hsu Carroll, assistant to the executive vice president and university treasurer, stated in an e-mail message she began working as Hollowell's assistant seven years ago after working at Harvard

University for 13 years. She said Hollowell provides people with the necessary resources, points them in the right direction and encourages them to think critically.

"I will especially miss his personal thoughtfulness, such as the summer that I was pregnant with my twins," Carroll said. "He surprised me one morning by offering me a parking spot right next to the building. I know he will be missed by all."

Sharon L. Turner, administrative assistant in the office of the executive vice president and university treasurer, stated in an e-mail message she has been working as Hollowell's administrative assistant for six years. Turner said Hollowell is a genuine person with straightforward and honest qualities.

"He has accomplished extensive building, renovation and architectural dimension to our campus, not to mention his extensive knowledge in the finance sector," she said. "We will miss him greatly as he moves forward into the next phase of his life."

Hollowell also aided in the completion of The Green as it was originally envisioned 90 years ago. Hollowell was vital in resurrecting Georgian-style architecture in the construction of Gore Hall and in the expansion of DuPont Hall, as well as expanding the landscaping plans first designed in the 1920s.

"It's been a lot of fun doing different kinds of things and to be able to address a lot of different needs as opposed to having one grand edifice to point to,"

Hollowell said.

In addition to his extensive renovation and construction work, he said he has participated in the Society for College and University Planning and was awarded the society's Distinguished Service Award in 1997 for his service and dedication to SCUP's goals. The international organization is comprised of more than 4,000 members in all areas of academic planning.

In 2005, Hollowell became an honorary member of the American Institute of Architects for his role in campus expansion and renewal for the university and Boston University. Also during that year, he was named honorary member of the Delaware Chapter of American Institute of Architects.

"When I get involved in something, I get involved with it," Hollowell said. "If I'm not going to invest my time in it, I won't. I enjoy working with different people and making things happen."

He said he is a workaholic, often working from 8 a.m. to 6 or 7 p.m. and sometimes coming in on the weekends.

Before coming to the university, Hollowell earned his bachelor's and master's degrees in engineering and an M.B.A. at Boston University and served there as the vice president of administration.

Hollowell's future plans include moving back to New England with his wife Kathleen, who recently retired as director of the Mathematics and Science Education Resource Center at the university.



Courtesy of Office of Public Relations

University executive vice president and treasurer David E. Hollowell will retire in December after 20 years.



THE REVIEW/John Transue

Just push play

Video resumés offer students alternative application format

BY SEAN CONSIDINE

Staff Reporter

Graduating seniors now have a new career-planning tool when applying for jobs out of college. The traditional paper resumé, long relied on by potential candidates, could soon be replaced by modern motion-picture technology.

Video resumés give employers a visual companion to the list of accomplishments found on the traditional paper form. Employers implementing video resumés in their applicant search may be able to gain a greater understanding of their prospective employees than compared to a normal resumé alone.

Brenda Wood, assistant head of corporate relations of ING Direct in Wilmington, said the company has received one video resumé and was impressed by it.

"It's pretty edgy," Wood said. "It fits in with our branch — out-of-the-box type of thinking of doing things."

Marianne Green, assistant director of MBNA Career Services at the university, said video resumés are controversial.

"First of all, it's illegal to send a picture of yourself when applying for a job," Green said. "I find it shady because it shows race and gender. Companies can shy away from applicants if they know these things."

Job applicants could possibly be discriminated against because of the audio and video properties of video resumés, she said. The discrimination may be subconscious, but it may still happen.

Another problem with the new format is that applicants may not know how to complete the resumé or know what to include in the footage, Green said.

A video resumé could include someone talking about his or her accomplishments to the camera or it could be a collection of clips of the applicant's skills, but there is no set format, she said.

"One person could film something outgoing, and another could just tell something about their personality," Green said. "It's not a level playing field. You don't know if something's contrived and editing leaves more room for falsifying."

The footage could be anything

from a one-sided interview to "a day in the life of John Doe," she said. There are no specific restrictions to the content and a video resumé may not provide an edge for an applicant.

"I'm just not sure where you would use it," Green said. "It may be something for the future, but not for now."

Senior Chris Morton said he does not have a video resumé but would consider filming one if he were applying for a job in banking or visual communications.

Morton said he would need a set of guidelines to format the resumé if he were to ever consider filming one.

"It's more personal," he said. "It gives a good first impression. People can really see how you are in film."

Sophomore Allie Simon, a nursing major, said a video resumé could be beneficial when applying for a job in her line of work.

"A lot of nursing is on-the-job," Simon said. "If people could see what you could do, it could help you get a job."

She said she would film herself completing tasks on-the-job and at the hospital which would benefit her potential employers reviewed the footage.

Simon said employers may suspect a film is staged if something dramatic happened. However, drama is not uncommon in a medical setting.

"Severe things happen in a hospital every day," she said.

Sophomore Anthony Vajda said he has mixed feelings about video resumés.

It is a tool to show employers that you are well-spoken, without the pressure of an interview, Vajda said.

"When you're talking, they can see you in your comfort zone and see the way you actually speak," he said.

Video resumés leave applicants susceptible to an employer's bias, Vajda said. The viewer could form stereotypes based on an applicant's appearance or mannerisms.

"Even if they don't purposefully discriminate, it's not like you're the only one applying for the job," he said. "Even though people don't

who's who in Newark

Student's clothing line makes waves on campus

BY LAUREL ROCKWOOD

Staff Reporter

An array of brightly-colored sweatshirts, T-shirts, hats, shorts and sweatpants are scattered throughout the basement. All are hand-sewn and made-to-order, individually crafted and unique.

These eccentric pieces are part of East Coast Normal, the surfboard clothing company created by sophomore Lindsey Pollard in 2004.

Pollard said she conceived the idea for the company from a project for her design class at Newark High School. "I had to come up with a brand and make stationery for it," she said. "I just took it from there."

Pollard said she creates designs with fabric and paint for her shirts, and include the company logo, ECN. Prices for the surf-style clothes range from \$12 for a produced T-shirt to \$65 for a patchwork sweatshirt. Customers pick out a design they like best, the color of the garment's base and colors of the fabric or paint.

"So far, everything is different from the other because every person is different," she said. "Some designs are made for certain people and some are picked out from stuff we've already designed."

Pollard began making the clothes approximately one-and-a-half years ago and works on them for several hours per day. Even though she oversees all the designs and makes all the company decisions, a few friends come over to her basement several nights per week to sew and design with her, she said.

"It's my own mini-sweatshop," Pollard said. "Everything is hand-sewn — I've never used a sewing machine in my life. I do have a friend who uses a sewing machine to install zippers and do shorts."

She said she finds inspiration for ECN from observing her friends' styles and blending them with her own per-

sonal taste. She also loves to draw and paint, adding to the artistry of her designs.

The beach is another source of inspiration for ECN designs, Pollard said. She lived in Rehoboth Beach, Del. for the past two summers and has enjoyed surfing there for the

past four years.

Pollard said she tries to incorporate the beauty of the waves in her designs.

"The colors are so tight, that's probably why I like the colors on the clothes too," she said.

Sophomore Natalina Rager said everyone, not just surfers, can appreciate the clothing style.

"It's versatile, anyone can wear it because it's custom," Rager said.

She said she knows Pollard through mutual friends and recently purchased a custom sweatshirt from her.

"I just hung out with her one night and she was showing me some of her stuff at her house, and I was really impressed," Rager said.

Pollard said she considered majoring in apparel design, however her parents did not approve because they were unsure of potential jobs in that field. She is an agribusiness major, part of the food and resource economics department. She is combining her apparel design skills with business skills from her major.

"She works so hard at what she does," Rager said. "She makes it a business for herself."

This summer, ECN will be sold at Odysea, the store at Rehoboth Beach where Pollard has worked the past two summers. She is also hosting a free fashion show and barbecue at the end of July. Pollard said she hopes both of these ventures will get more people interested and involved with the board company.

She hopes to acquire a sponsor and mass-produce her clothes in the future.

"I want it to get big but still stick to how we started as being something different and unique," Pollard said.



THE REVIEW/Laurel Rockwood

Sophomore Lindsey Pollard makes made-to-order, surf-inspired clothing like sweatshirts and hats.

What to expect in Newark next fall

BY LEE PROCIDA

Contributing Editor

The Review looked back this semester at the past 17 years of President David P. Roselle's tenure and was shocked to see how much has changed. The university in 1990 was a different place by practically every measure one can imagine, but nothing is as visually striking as the physical changes.

As a new era begins at the university, The Review took some compelling pictures of the biggest projects that future students will take for granted. It only takes four or five years for a student body to forget about what came before it, and this year's seniors will graduate with memories of places the university's next generation will never know — Liquid A at The Stone Balloon, bid parties at The Ground Floor, living in Pencader, etc. These images will serve as a time capsule, documenting the beginnings of places the university's next generation will include in their memories and as evidence The Review can draw from in the future of an ever-changing university.

THE REVIEW/Lee Procida



Three littles waiting for a big: Three Pi Kappa Alpha houses sit overlook a flattened plot and parking lot that will be the future Pike Row and home to a massive new fraternity house.



THE REVIEW/Lee Procida

From kegs to cafés: The former Alpha Tau Omega is undergoing extensive renovations for a new international student apartment complex. Here workers are building the foundation for a café and an elevator that will reach the new fourth floor.



THE REVIEW/Lee Procida

New dorm on Laird: The third phase of the Laird campus project, which includes George Read and Thomas McKean residence halls, is currently in progress, with a new residence hall which will house 600 students.



THE REVIEW/Lee Procida

Caffé Gelato expansion: The university's best date place is expanding to include a full bar, more tables and a private meeting room, as it waits to knock out the wall between the current restaurant and the former Bert's Music building.



THE REVIEW/Lee Procida

North Street Commons: New townhouses will be finished this summer on North Street and will be open for Fall students.

Toddler inspires cancer awareness bracelets

BY RYAN JORNLIN

Staff Reporter

Students, teachers and preschoolers have come together in recent months to create "Bracelets For Elizabeth," a charity to raise money for childhood cancer research. This effort is in honor of Elizabeth Buell, a Laboratory Preschool student and daughter of two university professors.

Three-year-old Elizabeth started at the Laboratory School in the fall and became ill over winter break. Two days after Christmas, she was diagnosed with Neuroblastoma, a cancer that attacks the nervous system and affects 600 to 700 children per year in the United States.



THE REVIEW/File Photo

Elizabeth Buell's classmates sold bracelets at recess for her charity.

Martha Buell, Elizabeth's mother and professor of individual and family studies, said after she was diagnosed with the disease, Elizabeth had a tumor removed from her abdomen.

"It's kind of complicated to understand, but essentially she's got the cancer that grows very quickly," Buell said.

After Elizabeth's diagnosis, members of the Laboratory School and of the university's Student Association for the Education of Young Children organized various bracelet-making stations in classrooms and across campus.

The entire campus community is invited to participate in making a bracelet.

Donations are accepted from those who make the bracelets for themselves. Other bracelets are sold at various locations on campus, including the Trabant University Center.

Senior Sarah Bergan, treasurer of SAEYC, worked with students and teachers to help make the bracelets.

Bergan said the idea

to sell bracelets grew from the idea that they would be easy to sell.

"They're just something that everyone can wear," she said.

Bergan said the bracelets also contain a small note about Buell's cancer and information about The Conquer Childhood Cancer Act of 2007, which recently increased funds for research in childhood cancer.

Buell said her family was offered money from the fund-raiser, but they instead had it directed toward pediatric cancer research.

Gifts for Elizabeth could be taken care of in other ways, she said.

"She would like to go to Disney World," Buell said. "But we'll contact Make-A-Wish Foundation for that."

She said people have a misconception about childhood cancer and associate it too closely with adult forms of cancer, which can be more easily treated.

"There's a lot of really good, cutting-edge treatment for cancer so people are beginning to think you can sort of live with cancer, but that's not true for children," Buell said.

Lance Armstrong's Livestrong bracelets also raise money for cancer research, but Buell said Elizabeth's bracelets are more attractive to students because they are handmade.

She said the group is trying to get a sizable donation by summer and donate the money to a program that supports research for cures, such as the National Childhood Cancer Foundation.

"You can't just give them \$500," Buell said. "That's not enough. We want to raise \$2,000 to \$5,000."

She said she and her husband maintain

a blog which keeps friends, teachers and family up-to-date on Elizabeth's daily health and her recent birthday celebration.

Tara Sutton, Elizabeth's former teacher, said Elizabeth's classmates took time out of their recess to sell lemonade and bracelets to students walking back from class.

Sutton said she and the students have also kept in touch with Elizabeth at the hospital by using Skype, an Internet video-communication service.

The Laboratory School set up a bracelet-making station in one of its classes which is open all day to parents and others who want to visit and make bracelets.

"All of the younger siblings of the children in the classes are allowed to come and hang out in the classes and make the bracelets," Sutton said.

She said Elizabeth is unable to have physical contact with her classmates because of her low white blood cell count, which leaves her prone to sickness.

Elizabeth would like to be around her classmates more than she is currently able to be, Sutton said.

"She would love to be at school," she said. "I think that's the hardest thing."

Sutton said students in her class have also been writing letters and sending cards to Elizabeth.

"It's more of an emotional support for her than anything," she said.

Beyond the short-term goal of \$5,000, Sutton said the organizers of the project are trying to turn it into a foundation comparable to others that have started based on the plight of one child. They need to raise \$50,000 first.

"Alex's Lemonade Stand became nationwide," she said. "We want Elizabeth's Bracelets to be like that, too."

Proposed wind farms garner local support

BY MOLLY KERESZTURY

Staff Reporter

The East Coast is one of the most densely populated strips of land in the country. With its sprawling suburbs and jammed roads, it is a national leader in carbon emissions, making low-lying coastal areas, including Delaware, targets of global warming hype and computer simulation catastrophes.

In Delaware, just three percent of available coastal wind could supply 17 percent of the state's energy needs; energy currently provided by fossil fuels. This substitution would help provide a feasible solution to ever-growing energy concerns.

No offshore turbines currently exist in the United States. On May 8, the Delaware Public Service Commission unanimously voted to negotiate with Bluewater Wind LLC, and one of two companies currently vying to provide a natural gas or coal-fired back-up plant, to build the nation's first offshore wind farm along the Delaware coast.

After months of deliberation, the decision came one week after the PSC issued a report recommending Delmarva Power, the largest energy provider in the state, contract Bluewater to build a trimmed-down version of the wind park.

Pending final approval from the Department of Natural

Resources and Environmental Control, the Office of Management and Budget and the Controller General's Office, Bluewater Wind representative Jim Lanard said the turbines, which emit no greenhouse gases, will be up and spinning by 2011.

"I come to this project with a great deal of confidence that we're doing the right thing for the environment," Lanard said of the wind park, which would power 130,000 households annually with an energy that is 98.5 percent cleaner than energy extracted from coal.

In a collaborative study conducted by professor Willett Kempton and a team of researchers, it was estimated East Coast wind farms could provide the Mid-Atlantic region with enough alternative offshore wind power to reduce carbon dioxide emissions by 68 percent and greenhouse gases by 57 percent, Kempton said.

Although some are skeptical about the reliability of wind power, he said wind power technology has already proven itself in other countries like Denmark, where combined wind parks meet 20 percent of the country's energy needs.

"It's hard to do politically," Kempton said. "But technically, we're starting to make a major dent in climate change."

The study also concluded that the Atlantic Ocean's gradual conti-

mental shelf would allow turbines to be placed approximately six to 12 miles from the crowded East Coast, making it the perfect location to develop wind farms. For Delaware, the high cost of energy coupled with ideal geography has made wind power an attractive alternative to fossil fuel.

Last year, after energy prices spiked 59 percent, Delaware legislators forced Delmarva Power to seek bids for an alternative source of in-state power that would protect the environment and provide stable prices.

In August 2006, House Bill 6 initiated a bidding process in which three companies — Conectiv, NRG Energy and Bluewater Wind — emerged as frontrunners. While NRG Energy's proposal for a plant using "clean coal" gasification technology had initial support, Bluewater Wind's 600-megawatt offshore wind park began to gain momentum, making clear that state agencies and the public were interested in renewable energy more than fossil fuel.

Jeremy Firestone, a marine and earth studies professor, extensively researched opinions in Delaware on wind power with Kempton and graduate student Andrew Krueger.

The high level of public support for wind power was astounding because an identical survey regarding an offshore park on Cape

Cod, Mass., had previously met fierce disapproval, Firestone said.

"We were really shocked at the differences between Delaware and Cape Cod," he said.

Delaware residents, with preference given to coastal areas and people owning beach-front property, were given the scenario of a 130-turbine offshore wind farm, Firestone said. The project received an overwhelming 78 percent approval rating with only four percent in complete opposition to the turbines. If constructed, the turbines would stand 400 feet tall to the tip of the thin, spinning blade.

Lanard said he partially attributes the popularity of Bluewater's proposal to a recent surge in global warming awareness, but also to the public support and the company's extensive community outreach efforts.

"We're really proud of the public support that stands behind the offshore wind project," he said. "We had hundreds of meetings for months and months previewing what the wind farms would be like."

Patrick McCullar, president and CEO of Delaware Municipal Electric Corporation, said he is eager to advance the idea of renewable energy in Delaware by purchasing part of its power from Bluewater.

"We had received a lot of input from our customers that said

they wanted renewable energy," McCullar said. "We think it's the right thing for Delaware."

According to a DEMEC press release, the agreement between DEMEC and Bluewater is estimated to be worth between \$200 and \$300 million.

These funds would provide nine municipally-owned distribution utilities with partial renewable energy and include Newark, McCullar said. Ten percent of the university's electric would then be generated by wind power.

"Overwhelmingly, people speak in favor of renewable energy," he said. "While it is not the single solution, we think it's an important part of the final solution."

Jack Markell, Delaware's state treasurer and an early advocate of wind power, said although a wind farm is expensive — costing up to \$2 billion to construct — he believes the extra money is a worthwhile investment.

"Most power plants, in order to create power, have to have a raw resource," Markell said. "You don't have to pay for wind."

In addition to the economic and environmental benefits the wind park would pose, he said he is delighted the public has been involved in the process.

"It's very gratifying to see the public taking such an interest in something that will have an impact

Senior citizens flock to Newark for youthful feel

BY ELENA CHIN

Student Affairs Editor

Wilson Farms on Casho Mill Road is being considered for a housing development marketed toward senior citizens.

Jeff Lang, developer of the community and president of Lang Development Group, said the project has been approved by Newark's planning commission. He said he hopes the development will be approved by the City Council on June 18, which would then allow construction to begin.

"We feel there is a great need for an older community, which Newark can provide," Lang said.

He said he chose Wilson Farms for the development because the location is not an ideal location for other uses, such as retail, industry, offices or student housing. The proposed residences would be part of a full-service community, featuring walking trails, swimming pools and recreational activities.

Mayor Vance A. Funk III said living in a university town has several advantages. Some people come to the Newark area to attend the different art, theater and sporting events. Many people who move back to the area, have attended the university.

"They're moving back knowing where they're moving back to," Funk said.

He said he is happy to see an older crowd moving into Newark. Homes that are geared towards seniors are popular in the area because real estate is slow and homes for senior citizens are in high demand.

There are many reasons why senior citizens may want to live in Newark, including the many cultural activities and athletic events, Lang said. Another attraction may be the Newark Senior Center, on White Chapel Drive, which has more than 6,000 members.

"A university town has a tremendous amount of opportunities

for every age range," Lang said.

He said he thinks the development will be attractive to Newark natives as well as to people from other areas, such as Hockessin and Pennsylvania.

"The older residents are attracted to the hustle and bustle here," Lang said. "They'd like to stay around, I think."

Sophomore Ryan Sullivan said he does not think senior citizens would want to live near the noise of a college campus.

"I can't really say why they would want to live here," Sullivan said.

Paul Anderson, assistant director for library administrative services, said he has lived in Newark for 22 years and in his current house for 11 years. There are a few rental properties behind his house which sometimes houses student tenants. He has not had serious problems with students.

"I would say the students are well-behaved," Anderson said.

"Sometimes a wiffle ball will land in the backyard, but I don't mind."

Newark is a very convenient place to live because businesses are so close, he said. When the weather is nice, he and his wife walk to Iron Hill Brewery for dinner.

Anderson, 58, said the noise from campus does not bother him, and normally dies down midway through the Fall Semester.

"I think the Town and Gown has a really nice relationship,"

Anderson said.

Marikka Beach, secretary for the department of civil and environmental engineering, said she has lived in Newark since 1975.

Beach, 63, said she loves living here. She often goes to Main Street to eat at the restaurants and shop.

"In general, it's very nice," she said. "You can walk everywhere and the campus is beautiful."

"The older residents are attracted to the hustle and bustle here. They'd like to stay around."

— Jeff Lang, president of Lang Development Group



THE REVIEW/File Photo

Wetlands in northern Delaware could be affected by the construction of a new reactor.

Possible nuclear plant causes controversy

BY KELLY DURKIN

Copy Editor

Public Service Enterprise Group Nuclear is considering the construction of a fourth nuclear reactor at its Salem Generating Station on the Delaware River. The project would address the negative effects of energy production on the environment and would provide more power to the region, a PSEG spokesman said last week.

Skip Sindoni, a spokesman for PSEG Nuclear, said the stations at Salem and Hope Creek were created in the 1970s. They power three million homes throughout New Jersey, Delaware, Pennsylvania and Maryland.

Nuclear power should be utilized more because it does not release greenhouse gases, Sindoni said.

"Ours is an environmentally-friendly operation," he said.

Jane Nogaki, a representative for the New Jersey Environmental Federation, said her organization is opposed to all nuclear facilities.

Nuclear power is not cleaner than fossil-fuel based energy, Nogaki said. The used fuel rods can remain radioactive for hundreds of years after their use and harm the environment.

Another concern is the uptake of water from the Delaware River used to cool the reactors, she said. Approximately 300 million fish are killed per year as a result of being sucked into the plant with the river water.

"The fish are cooked in the plant," Nogaki said.

In response, Sindoni said PSEG Nuclear participates in an estuary enhancement program that protects 32 square-miles of salt marsh to offset the effects of the plant on the environment and to ensure fish in the Delaware River have a safe habitat.

Norm Cohen, coordinator of

UNPLUG Salem, a watchdog group that monitors the Salem plant, said PSEG Nuclear should deal with their current operating problems before building new reactors. He said the nuclear site has been rated one of the worst in the country and has been shut down numerous times in the past. He said if the old plants were shut down, there might be more support for new plants.

"If PSEG built new reactors in order to shut down the aging ones, they might have more support," Cohen said. "PSEG has a spotty record of running plants."

Sindoni said there are adequate safety precautions in place. The facility at Salem works with the surrounding states to execute a plan of action in case of an emergency.

"We're confident we can maintain safe operations here," he said.

Cohen said he is also in favor of extending the federal emergency planning zone from 10 miles to 20 miles. He said he feels the plant administration underestimates the potential scale of a disaster.

Residents within the expanded zone would be provided with iodine pills to prevent thyroid cancer, which can result from exposure to radiation.

Newark and Wilmington would be included in the proposed 20-mile danger zone, he said.

Current evacuation plans are not practical, Cohen said.

"There weren't many people living around the plant when it was built, and now there are," he said. "During an evacuation, roads would be clogged in New Jersey and in Delaware."

Cohen said other forms of energy should be investigated.

"We have a long way to go," he said. "We should be using solar,

wind, hydrogen energy instead of nuclear."

Nogaki said nuclear plants are visible targets for possible terrorist attacks in populated areas including New Jersey and Wilmington.

"The hazard presents itself to the environment and to terrorism, and these are aspects of concern," she said.

Irshad Bajwa, a 17-year resident of Newark, said a new reactor would be acceptable if it was built away from the general population.

"It's a little scary living so close to a nuclear plant, but if the plant's safety is good, there should be no worry," Bajwa said.

A Closer Look

PSEG Nuclear Plants

■ Peach Bottom Atomic Energy Station in Delta, Pa entered commercial service in 1974.

■ Salem Generating Station Compound in Lower Alloways Creek, NJ entered commercial service in 1981.

■ Hope Creek Generating Station in Hallocks Bridge, NJ entered commercial service in 1986.

— compiled from the PSEG Web site



Profs. discuss creative writing and mental health

BY SAMMI CASSIN

Staff Reporter

The April 16 massacre at Virginia Polytechnic Institute and State University spotlighted gunman Cho Seung-Hui's troubled creative writing. This incident forced college administrators and professors to re-evaluate how to assess students who write alarming papers.

Cho was described by English professors and fellow students as reserved and introverted. The English department at Tech intervened when Cho submitted troubling writings. Now, more than one month after the shootings, the question of where to draw the line between what is disturbing and threatening, imaginative or a cry for help, still goes unanswered.

Bernard Kaplan, an English professor, said although it is important for professors to recognize the signs of mental illness, it is difficult to see the symptoms through students' writing.

"It is very hard to police mental health," Kaplan said. "It is also hard to detect problems in many cases. I had a student years ago who committed suicide, but his behaviors were normal and his writing showed no hint of that or of violence."

The message, he said, is that no one ever knows when tragedy will strike.

Not every piece of writing that contains a self-destructive character indicates the author's mental health. Teachers often encourage their students to write as creatively as possible. However, when the darkness of the writing matches the students' behavior, professors have reason to worry, Kaplan said.

"Young folks often write very violently," he said. "I get concerned when the violence of the prose is matched by odd behaviors. This is what folks noticed at Virginia Tech."

Kaplan said while he has had few problems at the university, the troubled cases he has seen have not been in his fiction writing classes but in literature classes.

"If one believes that writing about violent thoughts is cause for alarm, how do we reconcile that with what violent thoughts are acceptable or even entertaining?"

— John Bishop, vice president at the Center for Counseling and Student Development

"The few cases which most concerned me came in literature classes where students veered off the topic of papers or tests to display worrisome ideas," he said. "In a few of those cases I have had to help the student seek professional help, and those cases were matters of self-destruction, not the destruction of others."

Jennifer Mayer, a psychology professor and director of the psychological services training center, said although writing can be a factor in diagnosing a student's mental health, it is not the only one.

"When an individual is evaluated due to a concern about his or her mental health status, several areas are assessed," Mayer said. "These may include, but are not limited to, a clinical interview in order to understand the areas of concern, physical examination to rule out physical explanations of the problem, a behavioral assessment to understand the problem in particular contexts and psychological testing to gather data about the concerns."

Mayer said only after each aspect of a patient is assessed, including his or her writings, can a counselor fully evaluate him or her.

The Center for Counseling and Student Development works with professors to help them understand when it is appropriate to refer a student and how to approach him or her in a non-threatening way.

John Bishop, associate vice president for counseling and social development at the center, said it is not uncommon for professors to be worried about something a student has written, and the CCSD is available to provide advice.

"Every year the faculty receives a publication that describes how and when referrals might be made to the CCSD," Bishop said. "There is a network of help in place for faculty members to use when concerned about the mental status of a given student and to consider what interventions, if any, seem warranted."

It is difficult to separate entertainment from reality and it is hard to decipher a call for help and a cry for attention. There is no clear way to tell the difference, he said.

"There are some questions that deserve our attention," Bishop said. "Where is the line between writing creatively and 'I am revealing a dark side of my soul to you?' What is truth and what is fiction? If one believes that writing about violent thoughts is cause for alarm, how do we reconcile that with what violent thoughts are acceptable or even entertaining?"

Violence in our society is not easy to explain, Bishop said, but there are no simple answers to the complex issues that the Tech shooting has brought into the public eye.

"Simplistic answers to complex questions are almost always wrong," he said. "Therein is the danger in responding to the Virginia Tech tragedy in a way that suggests there is an easy fix."

Greenfest spreads environmental awareness

BY JILLIAN BOBOWICZ

Staff Reporter

In an effort to combat environmental and political apathy on campus, this past Saturday's Greenfest raised both student awareness and \$500.

The event, organized by Students for the Environment, was held on the North Green.

Sophomore Lauren Asprooth, co-president of the student-run group, said the organization's biggest goal is education at the university.

"We also want to give students an opportunity to share information, have fun and encourage environmental awareness and political activism," Asprooth said. "It's a chance for students to make a difference."

Sophomore Chastity Peterson said she came up with the idea of a petition banner as a way for students to show they care about environmental issues. The banner, made from recycled materials, will be displayed in Perkins Student Center for the next two weeks.

"UD is one of the top-three most apathetic schools in the nation," Peterson said. "This is a way to show some of us want to do something. I think people don't really realize how small things make a difference."

Students were also invited to purchase and tie-dye T-shirts which promoted the event and helped raise money for S4E.

Junior Karen Matthew said the shirts were a clever promotional tool.

"It's very interactive and a way to express creativity," Matthew said. "It is a more personal way to raise awareness."

Sophomore Katie Gibson said she is a member of Amnesty International, a human rights organization that was also present Saturday. She helped run a "Water Challenge" table where people tried to taste the difference between tap and bottled water.

She said the purpose was to show that tap water is just as good as bottled water.

"It is so easy to think it doesn't matter what you buy," Gibson said. "But it really makes a difference."

Freshman Laura Schmidt said students should also monitor their consumption of meat products. She said adopting a vegetarian lifestyle does not prevent someone from enjoying many kinds of food. It is also more eco-friendly.

Schmidt said in the United States, more than one-third of all fossil fuel and raw material consumption is used to raise livestock to feed Americans.

"Raising animals for food also produces more greenhouse gases than all cars and trucks combined," she said.

Senior Ellie Miller participated in a seed-planting activity, sponsored by New Castle, Cannon and Kent Residence Life.

Miller said she and her friend were taking a walk when they saw something going on and thought it would be fun to stop by.

"We poured dirt in a cup and watered it," she said. "Hopefully I won't kill it."

Sophomore Allie Franklin also stumbled upon Greenfest, drawn in by the music of Lefty Groove, Super Kirk and Three Legged Fox.

"I think it's really cool," Franklin said. "We just kind of followed the noise. I support the cause, I think it is a really good idea."

Alumnus Jason Begany promoted sustainability options for students in a joint effort with the Ministry of Caring at Greenfest.

Begany said he helped organize a student move-out day which will take place at Curtis Paper Mill in Newark. He said every day between May 21 and June 3, students can drop off couches, chairs, tables, televisions — things they do not need anymore and would otherwise throw out.

There will also be donation sites outside dining halls at the end of the semester for students to donate extra food. Begany said the goal is to reduce the burden of waste on the community and promote sustainability.

"It's something everyone asks, 'Why am I wasting?'" he said. "Everyone wants to do better. You feel good when you do good."

Steve Hegedus, scientist for the

Institute of Energy Conversion at the university and adviser of S4E, spoke about energy and reusable resources at the event. He said almost every other mid-Atlantic university is acquiring five to 10 percent of its energy from wind power, and the university is not one of them.

"The time for promoting and developing clean energy was five years ago," Hegedus said. "We absolutely have to do it now, and we can."



Students created a mural to commemorate this year's Greenfest this past Saturday.

THE REVIEW/Joshua Baumann

Univ. no longer 'nation's most-wired'

BY AMY PRAZNIAK

Staff Reporter

In 2000, the university was ranked No. 2 on Yahoo!'s list of the most-wired universities. However, when *PC Magazine* and The Princeton Review revealed the top 20 most-wired colleges of 2006, the university did not make the cut.

Villanova University and Temple University were among the top 15, causing university students to question the consistency of the university's technological development over the past few years.

According to Yahoo!'s article revealing the most wired universities of 2000, the colleges mentioned are judged and ranked based on many different aspects of technology found across campus, including "access and infrastructure, recent computer buys, wired classrooms, dorm equipment, wireless access, online registration/courses and tech support," among many others.

When ranking the most-wired campuses in 2006, The Princeton Review teamed up with *PC Magazine* and asked some of the country's top schools in the country to complete an online survey covering three major aspects of a university's technology. They received responses from about 220 out of the country's top 361 schools.

Susan Foster, vice president of information technologies, stated in an e-mail message that the university does not participate in such surveys because of questionable accuracy.

"UD is not supply information to these surveys as we are in agreement with many of our sister institutions that they are not sufficiently rigorous to give meaningful results," Foster said.

While the university's rank on the 2006

most-wired schools is not known, the survey that was filled out for the data collection team at The Princeton Review can be seen on PCmag.com. Foster said she does not know who submitted the survey online to *PC Magazine* and The Princeton Review.

The topics included in the online survey were academics, encompassing the university's access to online lectures and computer training, student resources, such as connections through a campus network and free online storage and infrastructure, including the availability of public-use computers and computer labs open 24 hours a day, seven days a week. Based on the information gathered from the survey, The Princeton Review was able to release the top 20 most "wired" schools.

Erik Rhey, the senior editor for *PC Magazine*, participated in profiling the top wired schools and found the top colleges shared common technological advantages over unranked schools, such as a strong online network across campus.

"Many of the top-20 schools shared systems like test-taking and submitting course-notes online, as well as having a lot of online storage," Rhey said. "Tech support is a big factor as well when gathering the top-20 schools."

The approximate age of university computers in campus labs is two to three years old while top ranked school Villanova revealed in its survey that tuition included "hardware technology such as iPods, laptops and handhelds."

According to the article, Villanova provides "new laptops for all students distributed at the start of freshman year and at the end of sophomore year."

"Providing new laptops was a mixed

bag," Rhey said of the schools which provided new hardware to their students. "Some schools like the University of Virginia will even help students find reliable laptops with possible discounts."

Another difference between Villanova and the university is the university's bandwidth restrictions of 1 GB. Villanova has "no individual restriction."

No. 2-ranked Massachusetts Institute of Technology has expansive wireless capabilities. Theresa Regan, director of operations and infrastructure services at M.I.T., stated in an e-mail message that wireless implementation at M.I.T. contains more than 3,000 wireless access points throughout the campus.

"The distribution of access points is from the basement to the top floor of each building," Regan said. "Coverage is dense."

The No. 4 school, Swathmore College, is a small-yet-mighty school when it comes to its technological support and availability to students, according to associate director and humanities coordinator Eric Behrens.

"We have 24/7 help desks that we're able to offer you even though we have a small school and a small staff," Behrens said. "We have wireless in all academic areas and outdoor areas as well."

The university has 100 locations on campus that receive wireless Internet and IT services offers support online and by phone, yet students question its availability.

Sophomore Christine Blair said she often has problems with the Internet in her room at the Christiana Towers.

"It'll just stop connecting and when I call IT services, it's hard to get the help I need to fix it sometimes," Blair said. "Plus the computer labs aren't even open 24/7 at

the Christiana Commons."

Blair is not the only student who feels the IT network at the university is unreliable. Sophomore Julie Wigley said she has e-mailed IT before and never received a response.

Wigley also said the wireless connection on campus is not as accessible as it could be.

"My wireless doesn't work in Smith and I can't get it in my room in Harrington," she said. "I didn't get it last year in Rodney either."

According to the university Unplugged Web site, the list of buildings on campus that receive wireless Internet includes Rodney A through F and Harrington A through E, as well as Smith Hall.

However, IT services remains confident it is doing the best it can to maintain sufficient tech support for students despite numerous complaints.

"The help center monitors student, faculty and staff call volumes, problem types and problem responses and provides services accordingly," Foster said. "At present, the help center is handling reported problems in a timely fashion."

While the university's ranking among the most-wired campuses is no longer what it once was in 2000, the IT network still takes pride in the university's technological capabilities.

"UD is one of the most wired universities in the country," Foster said. "And it is also the case that more and more colleges and universities are achieving high standards of wired services as well."

Caffeinated soap jolts morning routine

BY KYLE ROUGEAU

Staff Reporter

Caffeine is often a main component in a college student's diet. As finals approach, coffee shops are packed with students craving a fix for the long night of studying ahead. Monster and other energy drinks fly off the shelves.

ThinkGeek Inc. has created a new product for those seeking a change from routine coffee consumption — Shower Shock Caffeinated Soap.

According to ThinkGeek Inc.'s Web site, Shower Shock Caffeinated Soap is infused with 2,400 milligrams of caffeine anhydrous, with each four-ounce bar containing approximately 12 servings of the stimulant. Each shower supplies the caffeine equivalent of two cups of coffee. Each bar costs \$6.99.

The Web site Energy Fiend is dedicated to caffeinated products and lists various amounts of caffeine in foods and beverages. According to the Web site, Coca-Cola Classic contains 34 milligrams of caffeine for 12 ounces of soda, Red Bull contains 80 milligrams for 8.3 ounces of juice and, on average, a Starbucks tall coffee contains 279 milligrams for 12 ounces of coffee. To compare, Shower Shock Caffeinated Soap contains 200 milligrams of caf-

feine per wash.

The soap is scented with peppermint oil and it has a vegetable-based glycerine composition which does not contain ethanol, diethanolamine, polyethylene glycol or cocoyl isethionate — ingredients commonly found in other soaps. The product has been on the market for five years and has been featured on NBC, "Good Morning America" and "Ripley's Believe It Or Not."

Cathy Davies, assistant professor for the department of animal and food sciences, stated in an e-mail message the product is generally safe. The soap would not necessarily be a healthier alternative to coffee, however, because the biggest health problem with many caffeinated drinks is with the sugars they contain and not with the amount of caffeine.

"Some compounds are absorbed through the skin, it isn't necessarily through pores, so I do not see why the product would be ineffective," Davies said. "But it is probably mostly a marketing gimmick."

Central Perk owner Nancy Salaitah said she thinks frequent coffee drinkers might be tolerant to the effects of the soap, while those who do not drink coffee often might be more susceptible to its effects.

Because the manufacturer offers no scientific proof the soap works, Salaitah would not consider buying it or selling it at Central Perk.

"It would be even funnier if they tell you that you need to take a shower on the colder side not on the warmer side because that even wakes you up more," she said. "Then you get shocked in the shower when it's cold."

Dallas Hoover, professor of food microbiology, said to get the effects of caffeine, it has to be ingested in order to be taken into the blood stream and stimulate the brain tissue, skeletal muscles and other organs.

Hoover said caffeine is water-soluble, and he doubts it would be absorbed by skin unless it was fat-soluble to a degree. According to the ingredients list, the soap contains caffeine anhydrous, a caffeine compound that does not include water in its composition.

"I'm skeptical that you'd get any type of stimulation from the caffeine from soap unless you tried eating it, which is probably unpleasant," he said. "I would stick with coffee or tea."

Senior Caitlin O'Neill, a Brew Ha Ha employee, said she thinks Shower Shock is an innovative idea, but would not use it.

"It's too hard to control

because people use different types and amounts of soap and a person isn't sure of exactly how much they'd be using," O'Neill said. "What would happen if someone used your soap by accident and they have a heart condition or have thinner skin, what would be the effect of it?"

David McCoy, another Brew Ha Ha employee, said he thinks

Shower Shock would work and he would consider trying it.

"I'm kind of worried about what you would smell like," McCoy said. "I always smell like coffee all the time so I don't know if it would worsen that."



THE REVIEW/Corwin Wickersham

Shower shock soap combines caffeine and cleanliness.

Seniors search for life after college

BY CAITLIN BIRCH

Features Editor

The job market has grown significantly since 2005 and presents more opportunities than ever for the Class of 2007, Lynn Jacobson, coordinator of the campus interview program at the MBNA Career Services Center, said.

"The economy, in general, is much improved compared to the last few years," Jacobson said. "The market's been growing."

In 2005, the university awarded 3,527 bachelor's degrees, according to the university's annual Employment and Educational Status of Baccalaureates by Curriculum Group report, published by the Office of Institutional Research and Planning.

The report surveys graduates each year about their career prospects after graduation. Of the 1,314 alumni who

returned the survey in 2005 — the most recent year for which data is available — approximately 77 percent reported obtaining full-time employment within one year of graduation. Approximately six percent of respondents were still seeking employment, while four percent were working part-time and approximately 12 percent were pursuing further education.

Jacobson said the job market experienced an increase in 2006 and is experiencing another increase this year. It is a particularly opportune time to graduate with a degree in accounting or engineering, as those fields are increasingly in demand.

The demand for graduates with accounting degrees is a response to the Sarbanes-Oxley Act of 2002, which essentially requires large corporations to meet stringent financial disclosure standards, she said.

The demand for engineers is also widespread, Jacobson said, but civil and mechanical engineers are particularly valuable.

"Part of it, especially for the civils, has been based on the housing boom in the last few years," she said.

The current, average starting salary for accountants is \$43,809 and \$43,462 for civil engineers, according to the National Association of Colleges and Employers.

Although Jacobson said she cannot think of any one field that has seen a decrease in demand, she said liberal arts majors have a more difficult time finding jobs.

"When you're a liberal arts major, what do you want to do with your degree?" Jacobson said. "A liberal arts major needs to have a focus of how they want to use their degree in a particular field."

For majors like English and history, she said graduates need to either focus themselves in their job searches or be aware that jobs are available to them with many large businesses,

banks, government agencies and marketing firms, which do not look for a specific degree but for college graduates in general. These employers see a college degree as a sign that an applicant is educated and trainable.

Senior Heather Caporaso, a music education major with plans to become a middle school chorus teacher, said she started handing out resumés at a Trabant University Center job fair in November. Although she interviewed with one school in Maryland, Caporaso said she has not received any offers and has since begun posting and sending out her resumé online.

Caporaso said the job search for a music education major is frustrating.

"It's just so difficult to get a job because a school needs what, seven math teachers, eight maybe?" she said. "They need one chorus teacher."

Although Caporaso has a long list of options to fall back on — everything from waiting tables to cutting hair to teaching private voice lessons — she said all she really wants to do is be a chorus teacher.

Senior Jenna Maple, an elementary education major, plans to stay in Newark for the summer and move south to become a teacher in the fall.

Maple said she started applying for jobs one month ago and has applied for 15 thus far. She has gotten several offers, all in southern states, and is considering some of them.

"You can think that you're going to stay in your hometown but it might not happen so you need to broaden your horizons and just be willing to look at everything that's out there and consider your options," Maple said.

As the May 26 Commencement ceremony draws near, so does a time of excitement and uncertainty for many seniors. Caporaso said the uncertainty of her future terrifies her.

"September, I could be in my own classroom, I could be in Maryland, I could be in New Jersey, I could be waiting tables, I could be cutting hair," she said.

"It's so unbelievably scary."



THE REVIEW/Corwin Wickersham

Seniors enjoy events like the annual Senior Day to take their minds off life after college.

Village Imports



**Don't forget Mom
Great Mother's Day gifts!**

World Fair Trade Day, May 12

FREE: door prizes, events, Fair Trade coffees

165 E. Main St.

www.villageimports.com

368-9923

Open Daily



FOR SALE

233 W. Main St.

- 6 Bedrooms, 3 1/2 baths
- Original hardwood floors
- Gas Fire place w/remote
- Updated master bath with heated floor, Walk-in closet.
- Large column lined front porch
- Anthony Sullivan Pool
- Deck & patio areas around pool
- 2nd floor laundry
- Walking distance to U of D

Carla Sexton
888-874-0774

Web: carlasexton.com



**TOO
MUCH
STUFF**
...NOT ENOUGH SPACE



LET REYBOLD SELF-STORAGE GIVE YOU SOME MUCH NEEDED BREATHING ROOM.

Reybold Self Storage at Newark,
Rte 273 & Ogletown Rd, 302-366-1588
www.reyboldselfstorage.com

\$25 Off First Months Rent*

*With this coupon. Cannot be combined w/ any other offer.

ONLINE POLL

Q: Should the university make a class on racism and tolerance mandatory?

Vote online at www.udreview.com

12



editorial

Theme party raises debate

Racial theme ignites flurry of discussion

On Cinco de Mayo, a "South of the Border" party was held by an assortment of members from the university student body, including members of the honors fraternity Phi Sigma Pi.

The guests of the party were encouraged to "bring their som-breros" in the event's Facebook invite. Outfits included shirts depicting derogatory words toward the Latino community and jokes toward the Latino culture.

Of those in attendance, some were members of the Phi Sigma Pi national Honors fraternity and others were Blue Hen Ambassadors.

It was only after pictures of the event were posted on Facebook that members of the Campus Alliance de La Raza stepped forward and posted the pictures on its Web site a few days later that action was taken toward the offending parties.

Those in attendance were clearly in the wrong for the way they chose to celebrate this theme.

Junior Lauren Boroski took a step in the right direction by being the only person to publically apologize for her part in the party.

It is impressive that Boroski stepped forward to apologize at a townhall meeting, in front of those she had offended.

There is a lot of courage involved in a public apology. By being able to admit one's mistakes, progress can be made.

With that said, the other participants who offended the Latino community failed to step forward in a courageous way, putting themselves in a light of skepticism.

Those other participants wrote an apology letter to the Hispanic community. The letters were then posted on the de La Raza Web site.

However, none of their faces or names remained public, as La Raza ultimately chose to remove the identities of the party's participants from their Web site.

Each person claimed ignorance in their apology as the reason for their actions; Boroski was one of them.

But, by hiding behind a letter, the others' defense of ignorance holds little ground because anyone can hide behind a pen. It takes a lot

for someone to stand in front of those who have been offended.

The real tragedy of this situation is that it should not have just been the Latino community that was offended.

Any person should have felt a sense of anger when reading these stories or seeing any one of the pictures that was released.

As human beings, we must realize words are just as hurtful as any action. We should all be offended by what took place on May 5.

We all have laughed at our fair share of distasteful and offensive jokes; everyone is in the wrong for this choice.

At some point we all need to act mature when it comes to the feelings of the people around us.

Remember, there is a joke out there about everyone. Sometimes it takes being the butt of one before you can realize just how heartless they really are.

For those who are ignorant to just how obnoxious these jokes and racial-themed parties are, it is time for the university to take the initiative toward change.

For a university which praises how diverse it is, or would like to be, why are there not more mandated multi-cultural classes?

Why does linguistics

count for this requirement?

Perhaps the university needs to look at what it means to be multicultural one more time.

It is time for other forms of interaction between all the groups on campus to be offered.

The LIFE program gives freshman students a chance to interact with one another. Why can't this effort go beyond LIFE programs and allow students to indulge in other cultures besides their own?

It is understood that on a campus that is so reactionary and not pro-active, that these are not things which will be fixed overnight. But with baby steps, we can hope to make our way toward a less-ignorant future.

Throw some Deebs on 'em...

THE REVIEW/ Domenic DiBerardinis



LETTERS TO THE EDITOR

Greek life: Not faltering

When I opened the May 1 issue of The Review, I was shocked when I read the title of the column, "The deteriorating situation of Greek Life." As I continued to read the column, I felt more compelled to clarify the opinions of a single member of the Greek system.

Questions were raised regarding the rules of the university. The rules are in place to safeguard those who participate in Greek life. Punishments are given when a chapter or individual clearly violates university policy.

The real issue with the article is the argument made toward joining a fraternity or sorority. I am taken back that someone would question others' reasons for joining. The reality is everyone joins for different reasons, but community service and philanthropy are certainly on the list.

This Greek system has come a long way since I came here in 2004. Our recruitment has increased every year, the amount given to philan-

thropic organizations has increased and the community service hours have improved.

It is easy to judge and make criticisms from the outside when you are not making decisions. However, the more you get involved, the greater understanding you will have for the policies in place.

Under the collective leadership of everyone involved, we have broken the bad stereotypes and are continuing to take aggressive actions to improve the quality of life on campus.

David Tully
President Pi Kappa Phi
dtully@udel.edu

Senior day: Huge disappointment

Senior Day. The idea sounds so nice. The university is actually throwing a celebration in honor of our class? Awesome!

In reality, it was a huge disappointment. I thought I would get there, hang out with some friends,

maybe win something and get some free stuff. The free stuff was apparently there, but if you had to attend class and show up late — forget it. Less than halfway through, all that was left was a Frisbee with a department store logo.

I am offended that all my tuition money is worth to the university is a free hot dog, a Coke and tables of vendors trying to sell stuff. The university could not have thrown together some inexpensive little memento of our time here?

Coupled with a disappointing Senior Day is a disappointing graduation speaker. Is anyone aware that Morehouse college just had Oprah Winfrey at their commencement? I am not asking for Oprah, but could we at least gotten someone who is not a parent of a fellow graduate? What about Jevon Kearse, I hear he is available. The university's send off to the Class of 2007? A big "fuck off!"

Katie Soja
Senior
Katesoj@udel.edu

WRITE TO THE REVIEW

250 Perkins Student Center

Newark, DE 19716

Fax: 302-831-1396

E-mail: revieweditorial@gmail.com

or visit us online at www.udreview.com

The Editorial section is an open forum for public debate and discussion. The Review welcomes responses from its readers. The editorial staff reserves the right to edit all letters to the editor. Letters and columns represent the ideas and beliefs of the authors and should not be taken as representative of The Review. Staff editorials represent the ideas and beliefs of The Review Editorial Board on behalf of the editors. All letters become property of The Review and may be published in print or electronic form.

Read Jeff and Maggie's
weekly social and
political columns.

Log on to udreview.com
every Friday

Last week's poll results

Q: Is it unprofessional for professors to use Facebook?

32% Yes
 28% No
 23% Only if they poke me
 18% Not if they have a hot tamale on Rate My Professor



opinion

13

Racist parties: the kids aren't alright, but why?



The talk of the town

Wesley Case

The problem at hand is larger than it seems

In the aftermath of the "South of the Border" party, there's a lot to digest.

The basics seem clear — students living off-campus hosted a "South of the Border" theme party for Cinco de Mayo. Those in attendance were encouraged by a Facebook invitation to wear stereotypical Latino attire. Pictures of the party were posted on the Internet. The dress was offensive — students wearing gardener outfits, nametags were written with names like "Pedro" and "Jose" and a degrading Latino slur was written on the back of shirts.

The students photographed were smiling.

Simple enough, but there's a twist. A couple of the photographed students were Blue Hen Ambassadors. Some of the students were also members of the Honors fraternity Phi Sigma Pi. It certainly adds a dramatic flare, which explains why the story was covered not just by obvious outlets like *The News Journal*, but by local television stations Fox, CBS and

ABC. With so much interest in a single incident, many may view this as nothing more than the media sensationalizing a story. Maybe so, but it does not change the fact there is a problem here.

Let's concede that the students involved were ignorant to the fact that their ill-conceived jokes were vile and hurtful. At first, this seemed hard to believe, as the students took the time to hand-write the derogatory slur on their outfits. However, after discussing the situation with one of the partygoers, her frank ignorance and dejected attitude made the argument seemingly genuine — which is truly the sad product of this fiasco. The real shocker is these students could have honestly just not realized what they were doing would offend anyone.

Yet there is some hope for optimism, judging by the campus reaction to the party. The Campus Alliance de La Raza, Phi Sigma Pi, President David P. Roselle, Lauren Boroski (the only student from the photographs to apologize in person) and the students who attended the town hall meeting last Wednesday should all be commended for their maturity in handling this difficult situation.

Although steps have been taken in the right direction (Phi Sigma Pi suspended the students in the pictures from the fraternity for a year), the race problem is not solved in the slightest, no matter how wonderful the university press releases sound. Students on this campus know better — parties like the "South of the Border" themed event happen here, and at other similar universities, all of the time.

At a university that is predominately Caucasian (according to the university Web site, the admitted Class of 2010 was 85 percent white), parties fueled by racial irony occur because those involved simply do not know any better. In an abundantly-white environment, the line between offensive and perceived humor is incredibly thin. The products of a middle class, suburban cul-de-sac community may not realize putting on blackface on Halloween to resemble rapper 50 Cent is overtly racist. They may not know the history of racist minstrel shows or that blackface symbolizes a caricature of black degradation and exploitation. For those students, the humor is in its absurdity and how could that hurt anyone?

But after this situation, it's clear racism hurts everyone, no matter how naive. Not only are the subjects of the jokes hurt, but the community's progression toward diversity is impeded as well. The "South of the Border" party is only an example of what occurs here, and now those involved are feeling the repercussions of unwanted martyrdom. But at least the kids throwing the "Bullets and Bubbly" party of pseudo-gang members wearing fake, gaudy chain necklaces can breathe easier. At least it wasn't them.

In the aftermath of the seemingly successful town hall meeting, both sides are calling for a healing process to begin. But for a college campus that was ranked in the top 5 in *The Princeton Review* for its apathy, it's conceivable to imagine this process taking place with

a sweep under the rug. Suspending fraternity members is admirable and holding a town hall meeting displays maturity, but temporary solutions are merely reactions to a problem.

In order to start the healing, the university must take a more proactive stance in promoting diversity. A possible first step could include making another multicultural course mandatory — this one centralizing its subject on racism's history and effects.

Whether the university does this or not, this situation has made it apparent that more needs to be done, more eyes need to be opened and more understanding needs to be reached. And, sometimes, it takes the guidance of an institution to make it happen.

If not, then what we fear may come true — this experience could have been for nothing. Consider this: late last week, *The Review* received a flyer with the word "Hypocrites" across the top, and a picture from a La Raza Internet photo album was in the center. Two young women wearing sunglasses had their arms folded. The propaganda read "La Raza event mocks Black gangstas" — an obvious and futile attempt to spin the negativity to the Latino community. The flyer's author was anonymous, but the effect was clear — we all have an uphill climb ahead of us.

So let's start walking.

Wesley Case is the Editor in Chief for The Review. His viewpoints do not necessarily represent those of The Review staff. Please send comments to wescase@udel.edu.

Even near the end, Bush still desires more



The moderate moderator

Joe Zimmermann

With the end coming soon, the president still tries for more power

In the face of already heavy criticism for its hard-line position championing an Iraqi troop surge — a White House-driven solution to the insurgency which General David Petraeus deemed "not possible" — and the recent investigation uncovering the decrepit conditions at the Walter Reed Army Medical Center, the president has continued to see his personal stock plunge.

Recently President George W. Bush and his top aides and advisers have come under fire again, not for their bungling of foreign affairs, but rather their perceived mishandling of domestic issues and apparent disregard for Constitutional law.

This has best been documented by the recent executive branch scandals which stemmed from the Scooter Libby trial and the ongoing investigation into the firing of eight U.S. federal attorneys in 2006.

Time magazine editor Joe Klein wrote on April 5 that, "Compared with Iraq and Walter Reed, the firing of the U.S. Attorneys is a relatively minor matter."

As the administration begrudgingly allows details of the attorneys' firing to be made public, the facts indicate that the attorneys were relieved of their duties not because they had performed in an unsatisfactory way, but instead because they were not following the unwritten objectives of the Republican party.

That the president, and moreover, his administration, can hand-pick and later decommission the country's most visible prosecutors over egotistical partisan motives is the most disturbing facet of this case. It also indicates a larger and possibly more dangerous scenario snowballing as we speak: through the veil

of "executive privilege," the president is on a rampage to amass as much executive power as possible.

Bush, most likely spurred on by top political puppeteers Karl Rove and Vice President

Dick Cheney, have used the country's post-9/11 anti-terrorism sentiments to his advantage. He has implemented invasive initiatives that are disguised as anti-terrorism measures — which can, coincidentally, also target ordinary citizens. The 2005 National Security Agency wiretapping scandal is perhaps the most memorable example of Bush's brazen gusto to both legally and illegally monitor as many citizens as possible.

As MSNBC.com reported, the Bush administration asked Congress to loosen rules to allow

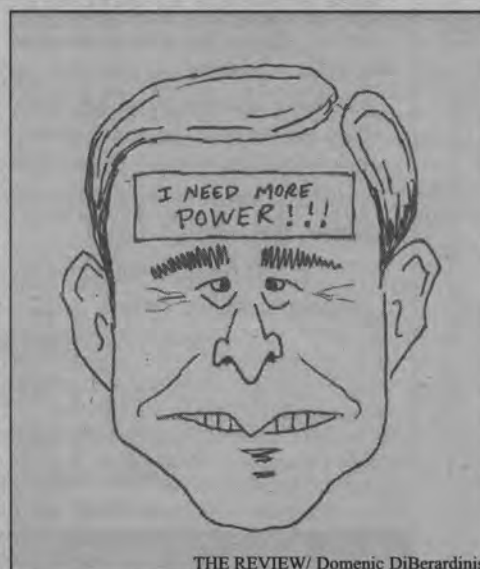
United States during intelligence investigations.

Executive power expansions like this one have already led to countless breaches in civil rights, including the recent victimization of Princeton University professor Walter Murphy. According to the blog *Balkanization*, Murphy was added to the Transportation Security Administrations "terrorist watch list" after he made televised comments in a September 2006 lecture that slammed Bush's executive overreach policies. After the lecture, he was not allowed entry onto a flight from Albuquerque, NM to Newark, NJ and his luggage was ransacked.

It is apparent that Congress is standing up to the president when he attempts to pass new laws which expand his power. However, instead of stepping back, he has ramped up his efforts to capture political strength from the other branches of government.

The current manifestation of the Bush administration has less than two years. I can only hope Bush does not take up a personal crusade to change his position from "president" to "Dictator-for-Life" in his time left in office.

Joe Zimmermann is a Managing News Editor for The Review. His viewpoints do not necessarily represent those of The Review staff. Please send comments to joszim@udel.edu.



THE REVIEW/ Domenic DiBerardinis

increased surveillance of more foreigners in the

MANY SAY IT'S "THE BEST LITTLE STOREHOUSE" IN TOWN



**Jonathan's
STOAWAY
MINI-STORAGE**

Affordable Mini Storage
302-368-9111
 607 N. Old Harmony Road
 Newark, DE

4'x4'	\$29/month	8'x12'	\$90/month
4'x8'	\$39/month	10'x12'	\$95/month
4'x10'	\$54/month	8'x16'	\$110/month
8'x8'	\$69/month	8'x24'	\$135/month
8'x10'	\$80/month		

**50% Off
Storage Rental**

for the first, second and tenth month of storage with minimum of 3 months rental


New customers only, please.
3 month rental minimum. Offer does not apply when renting 1-800-Pack-Rat Units. Offer expires 10/31/07.



- Surveillance Cameras
- Insulated Rubber Roofs
- Raised Wood Floors over Tubular Steel
- No Chance of Water Absorption as is Often the Case with Concrete Floors
- Coded Access System
- Lighted and Fenced

FREE INTRO SEMINAR – ART OF LIVING

Stressed out by Exams? The solution may be in your breath. Discover the deep secret within yourself!



- Learn to relax
- Deal with doubts
- Increase focus & concentration
- Fitness and health
- Break monotony

Details: 1. Newark Free Library – May 18th at 6:45 p.m.
 2. Unitarian Universalist Society of Newark (420 Willa Rd) – May 14th & 21st at 6:45 p.m.

Contact: 302-562-7382 or artoflivingde@yahoo.com
Website: www.artoflivingyouth.org



So much more than a part-time job.

Part-Time Package Handlers

- Earn \$8.50-\$9.50 per hour, with increases of 50¢ after 90 days and 50¢ after one year
- Consistent Work Schedule • Paid Vacations
- Weekly Paychecks
- Weekends & Holidays Off
- Excellent Benefits (Medical/Life & 401K)
- Located 4 miles from University of Delaware

Newark UPS
 325 Ruthar Drive
 Preload Shift • 4am to 8am
 Twilight Shift • 5:30pm to 9:30pm
 Shift times are approximate.

For more information about these year-round positions, visit:
www.upsjobs.com

UPS is an equal opportunity employer.
 *Program guidelines apply.




chili's

ROCK WITH US!

If you're ready to earn great money and have a totally decent time, then bring your stuff into Chili's today!

Now hiring SERVERS & HOSTS. Apply today to learn about the most fun you'll ever have at work.

**425 Stanton-Christian Rd.
 Newark, DE**




**THE
Deer Park Tavern**

ESTABLISHED 1851 NEWARK, DE
 108 W. Main St., Newark, DE
 302-369-9414
www.deerparktavern.com

**Wednesday May 16
 LAST DAY OF CLASSES**

Burnt Sienna

½ price nachos & quesadillas



**Tonight Tues May 15
 Jefe** (no cover)
 ½ price burgers

24 oz Miller Lite Cans \$2.50

Thurs May 17 3 Legged Fox (no cover)

Fri May 18 Tom Travers "Awesome 80's"
 DJ Dance Party (no cover)

Sat May 19 IKE

Sun May 20 Chorduroy (no cover)

24 oz Coors Light Cans \$2.50

THE THINGS A CRIMINAL RECORD CAN DO TO YOUR FUTURE OUGHT TO BE A CRIME

What's the value of a clean record? Employers, graduate schools, the military services, professional licensing boards, immigration authorities-- the gate keepers to a lot of the good stuff in life-- look carefully at your record. Exactly how much a criminal record will affect your life, no one knows. What is known is that many students— because of stepped up efforts to control alcohol, occupancy of private residences, or noise— will be arrested this year.

Most things for which you receive citations from the University or Newark police are reported as criminal arrests in national and State crime reporting. Convictions of City ordinances are reported as criminal convictions. They are not like "parking tickets". And an arrest record will turn up in the future. On background searches for employment. In FAFSA applications. When you request a passport. Or want to do military service. Or apply to graduate school. And an arrest can result in University discipline, up to and including expulsion. **Even if you complete PBJ successfully after an arrest, the arrest will still show on your record unless it is expunged. Scrutiny of criminal records for all these purposes has increased dramatically since September 11, 2001, as reported in the Wall Street Journal.**

If you have been arrested in the past— or are arrested this year— don't panic. Maybe you were arrested in the past, and would like to talk about expunging your arrest record. Maybe you have charges pending now. You have the right to legal representation. I served as Newark City Prosecutor for many years, and have for the last several years represented many students in the Delaware courts. If you have been arrested and have questions about your pending case, or your past arrest record— contact us. You, or your parents, or both, can consult with me by phone at no charge.

The things a criminal record can do to your future ought to be a crime. If you have questions, call or e-mail.

MARK D. SISK, ATTORNEY
 (302)368-1200 x 15
 299 East Main Street, Newark
 Email your questions to: SiskMD@marksisklaw.com
 Visit us on the web at www.marksisklaw.com

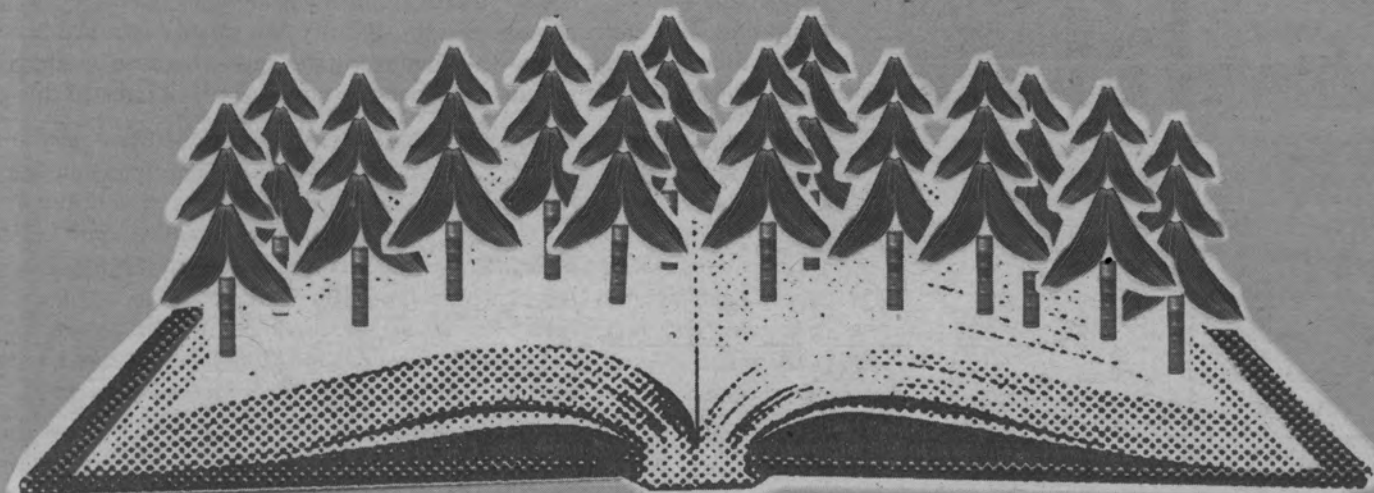
DUI•Alcohol•Noise Violations•Overcrowding•Expungement•University Administrative procedures¹
¹Listing of areas of practice does not represent official certification as a specialist in those areas



SELL YOUR BOOKS



RECEIVE UP TO 50% CASH BACK
PLAY OUR IN-STORE GAME & WIN PRIZES
WE BUY BACK EVERY BOOK



THANK YOU FOR HELPING US BUILD A FOREST



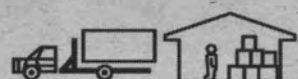
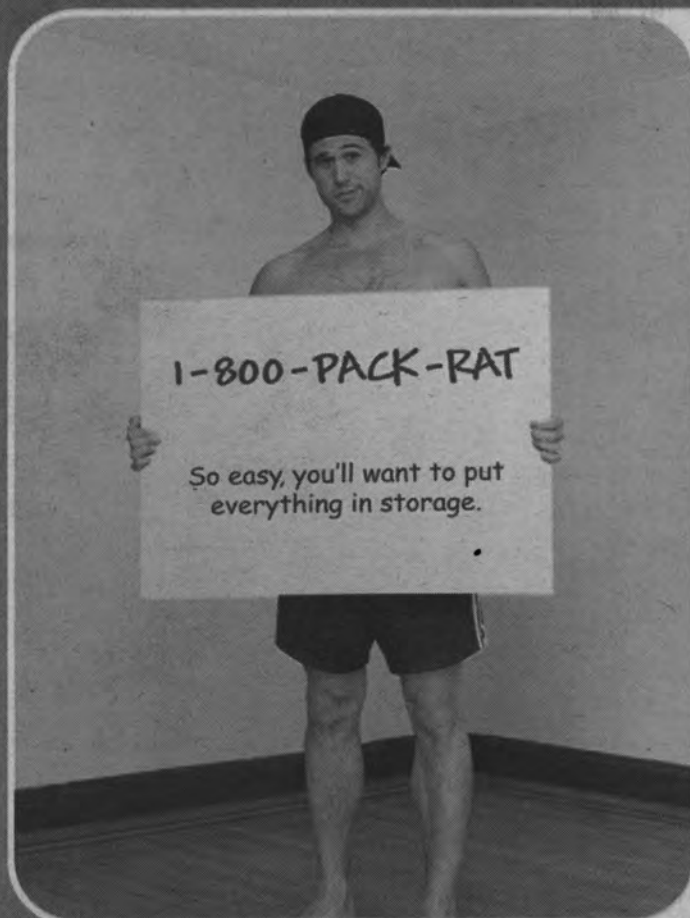
58 EAST MAIN STREET • 302-737-6150 • DELAWAREBOOKEXCHANGE.COM

BUYBACK DATES AND TIMES

MAY 21 - 25

MON - FRI: 9AM - 8PM

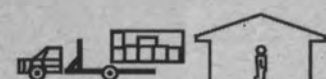
The simplest way to store or move your stuff.



1. We deliver the unit.



2. You fill it.



3. We store it or move it.



1-800-722-5728

www.1800packrat.com

\$20 OFF Delivery Fee & \$10 OFF Monthly Rental !

© 1-800-PACK-RAT 2006. Restrictions apply. Promo Code NWS9-UDR
Cannot be combined with any other offers. Exp. 9/31/07

SADLY, THIS WON'T
LAST FOREVER.

Getting a job doesn't have to mean giving up your individuality. Especially when the company you join believes in giving you the opportunity to stand out from the crowd.

If you're looking for a company that's ready to invest in you, look at United Electric Supply. We have a solid record of success and an impressive history of promoting from within. Just ask our president: he started out in the warehouse.

As we expand throughout the tri-state area, our future is brighter than ever. And you can be a part of it.

unitedelectricjobs.com

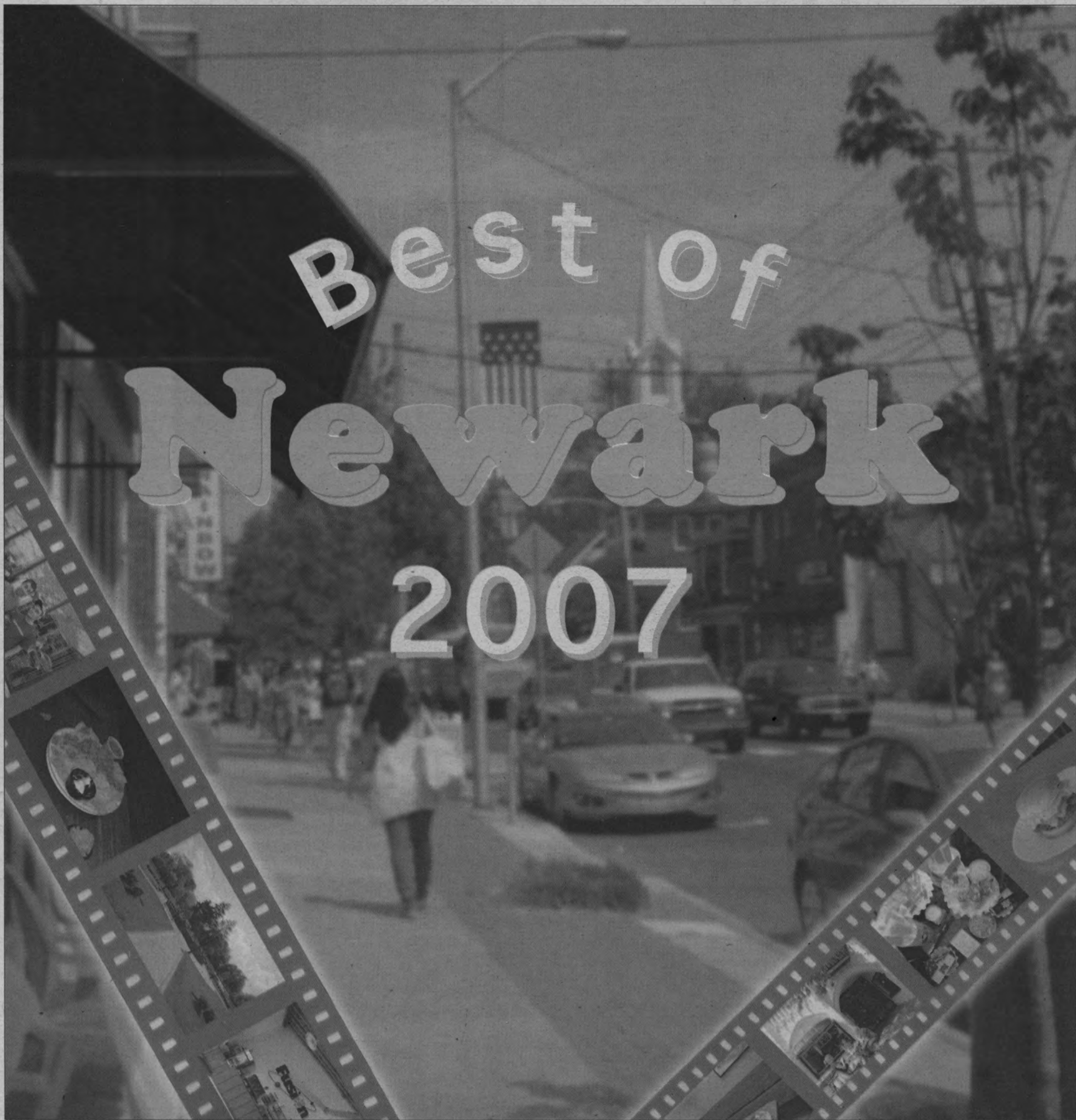
Accounting | Business | Engineering | Liberal Arts
Logistics | Marketing/Sales



mosaic



Best of Newark 2007



Best boutique: Bloom

BY LIZ SEASHOLTZ

Features Editor

Visitors stepping into Bloom should prepare for a better-than-average shopping experience.

Soothing music, pleasant fragrances and a plethora of glimmering, textured items stimulate the senses and may be the reason why the store earned the title of Best Boutique three years in a row.

Owner Mimi Sullivan-Sparks says she intends to create a sensual experience for shoppers.

"The atmosphere is meant to have an eclectic, creative vibe," Sullivan-Sparks says. "I want it to be colorful, textured, layered and lush in here, and I keep those adjectives in mind when I order things."

The pint-sized Main Street boutique is packed with unique gifts, many of which are hand-made. Wall

space is at a minimum, and visitors must navigate through tables and shelves stacked with candles, clothing, frames, jewelry, lotions, mugs, notebooks and more.

"I envisioned the store to be like an artist's studio," she says. "Things are always changing. It's very tactile and I wanted things to be slightly askew."

Sullivan-Sparks says she didn't want the boutique to be like an orderly market, with items lined up and on display.

"It looks like my actual house in here, and I wanted that," she says.

Bloom carries several brand-name products, including Jaqua, Mistral, Pacifica, Dirty Girl and Roger la Borde cards.

The boutique recently celebrated its third anniversary in April. In those three years it has earned many dedicated shoppers.

Freshman Maddie Thomas says she considers herself a Bloom regular.

"I come here all the time, whenever I am on Main Street," Thomas says. "They always have cool stuff to look at and a fun front display."

Sullivan-Sparks, a fashion designer who worked in New York and California before landing in Delaware, used to eat lunch on Main Street and decided it would be the ideal place to open a store.

"I like the energy here," she says. "There's a lot of pedestrian traffic, and I really feel like part of the community on Main Street."

Clearly, Bloom has blossomed into a favorite boutique among students.

"I think people like our selection and service," Sullivan-Sparks says. "We also gift-wrap things, which is a big plus for guys who are buying gifts for their girlfriends."

For the future, Sullivan-Sparks says she'd love to expand or open another store, but wants to take everything in stride.

"For now, I'm happy with business here," she says. "Since we are fairly new, I want to take it in steps."



THE REVIEW/Jackie Gabler



THE REVIEW/Jackie Gabler

Best Pizza: Peace A Pizza

BY ANDREA RAMSAY

Managing Mosaic Editor

Main Street, busting with enough take-out, dine-in and delivery joints to satisfy any palate, provides stiff competition when it comes to anything related to the terms "best" and "food" — especially when that food is pizza.

This year, however, the winner is a little place sharing the block with a bagel deli and a coffee house — otherwise known as Peace A Pizza. Since it offers only the freshest ingredients and most innovative recipes, it's no wonder why its "peace" came out on top.

It all began in '96, when Aaron Nocks and his two partners, Joe Leggio and Peter Howey, decided to turn an old basement bagel shop in Ardmore, Pa. into the first ever Peace A Pizza.

"It was something very new back then with gourmet pizza by the slice," Nocks says.

Two short years later, the shop opened its doors in this small college town, making Newark the second-oldest location in a family of 12.

"We are definitely very dependent on the university," Nocks says. "When the kids are out for the summer or holiday, we lose about 40 percent of our business."

The "business" refers to the approximately 90 pies in 40 variations made daily in the Newark shop, all with decadent names ranging from Sexy Chicken to Avocado and Artichoke and Veggie Chipotle.

Nocks says the exotic concoctions are products of customer suggestions, and more importantly, the creativity of his employees.

Any staffer who comes up with a recipe people enjoy and which gets a spot on the menu is rewarded with a \$100 prize.

He says the most popular slice, however, is simply tomato sauce, sliced plum tomatoes, freshly sliced mozzarella and

basil leaves all baked atop their signature crust, which is perfectly seasoned with a hint of tarragon. Also popular in this particular location are the breadsticks served with marinara or alfredo sauce and the newly-introduced stromboli.

First-year graduate student Rebekah Gayley says she loves the selection and quirky ambiance of the shop.

"This is much better than your ordinary pizza," she says as she sits by the full-length window facing Main Street and finishes her Fresh Mozzarella slice. "They have more fun with the pizza with all the different kinds."

Peace A Pizza caters to their student clientele by offering OCMF and late-night specials and participating in fund-raisers with sororities and fraternities and promotions with the Delaware Book Exchange, to name a few.

The most loyal customers of Peace A Pizza are deemed "Customer of the Week" and are able to eat two free meals per day, Monday through Sunday.

After establishing such a strong presence in Newark for nearly 10 years, even against the fiercest of competitors, it's clear the franchise won't be going anywhere. After all, very few places can top a pizza with the combination of zesty honey-lime dressing, sweet mandarin oranges and tart cranberries and pull it off with such harmonious perfection.



THE REVIEW/Jackie Gabler

Best liquor store: Peddler's

BY SARAH KENNEY

Managing News Editor

I walked into Peddler's Liquor Mart with a notebook and a pencil. I walked out with a T-shirt, a Frisbee, a baseball cap and a new friend — store owner Amrish Patel.

Peddler's feels cozier than the typical liquor store, though it's hard to explain why. The same shelves of alcohol line the room, but the atmosphere is different. Behind the front counter are warm, friendly employees, who are part of the reason the business has been voted Newark's Best Liquor Store for the second year in a row.

Peddler's has been located in College Square Shopping Center, just east of campus, for 12 years. Patel says he has been the owner for more than two years.

He says students compose approximately 85 percent of his business and are his favorite customers. Though he sometimes takes vacation days in the summer, he always wants to work when the university is in session.

"When students are here, I never take off," Patel says, smiling. "They are friendly youngsters."

He is always kind to students, he says, even if they come in upset or drunk.

"If someone comes in and they've had a bad day, I ask them what is wrong," Patel says. "I say 'Just relax. Take it easy and have a

beer. It'll be all right.'"

Customers celebrating their 21st birthday can expect a surprise. When an employee scans their ID, the register plays a song, he says. The birthday boy or girl is then given free gifts, possibly including a T-shirt,

"Nobody touches my prices," he says, emphatically.

His store is the only liquor store he knows of in Newark that sells ping pong balls, Patel says.

His patience is infallible and he tries to avoid giving students a hard time.

"I never call the police on students. I always talk to them nicely," Patel says.

Though outgoing and friendly, he still makes sure all the purchases made in his store are legal.

"I have to do my job," Patel says, smiling broadly. "Always, I ask for ID — even if they come every day. I tell them I just want to see how pretty they look in their picture."

Students love the store, and apparently the police do, too. Peddler's received a Certificate of Appreciation from the state police in March 2006 and in January 2007 for diligence in refusing sales to minors.

Patel has the certificates, as well as laminated copies of news articles published

about the store, at the front counter for customers to see. He has two more copies of the news articles in the back office, which is piled high with boxes of free gifts.

Patel says he just wants to make the students happy.

"This is the good life," he says, grinning. "Live it."



THE REVIEW/Corwin Wickham

key chain, baseball cap or flip-flops.

His prices are very competitive, Patel says, and if a student finds a product he sells at a lower price somewhere else, he is more than willing to make the student a deal. If someone wants a product he doesn't have, he will discount the items the customer chooses to buy.

Best drink special: Grotto Pizza

Low prices and outside seating create a laid-back atmosphere for students

BY MARIA MICCHELLI

Contributing Editor

While walking down Main Street on any given sunny afternoon, passersby can't help but be jealous of the hordes of people sitting outside Grotto Pizza. Between the \$2 Tuesday "you-call-its," Friday Long Island Iced Teas and 25-ounce Bud Lights every day, Grotto Pizza is the obvious choice for the best drink specials in Newark.

Grotto Pizza manager Brad Harned says the wide variety of drink specials started at the Main Street location, but because of its success, other locations are using the specials as well.

"We always have \$2 25-ounce Bud products and our Wednesday night '\$4 bomb night' — that includes Jäger and all other bomb drinks — is really picking up," Harned says. "Our Tuesday '\$2 you-call-its' special is always popular because that includes any domestic beer and any liquor except top shelf. Most other places will only give you rail drinks with house liquors in them for that price."

Grotto's happy hour, which is 4 p.m. to 9 p.m. Monday through Friday, also features free cheese or pepperoni pizza.

Senior Melissa Catan says the \$2 Bud Lights are a staple and Grotto is always a good place to start the night. Catan says she enjoys the Tuesday "you-call-it" special, especially \$2 vodka drinks.

"Grotto's is a very laid-back bar," Catan says. "It's a nice change from the overdressed, overly made-up girls at the other bars. It's always a good option no matter what day



THE REVIEW/File Photo

of the week."

She says she prefers Grotto's outdoor seating to other restaurants like Klondike Kate's, where older customers and children are looking for a quiet dining experience.

"Kate's deck has families and older people sitting there really trying to enjoy a meal," Catan says. "Grotto's outdoor

area is only young kids drinking beers and looking to have a good time."

Senior Porter Rice says he enjoys happy hour at Grotto.

"People feel they should be doing something active when it's nice out," Rice says. "Grotto's allows people to use drinking as that activity."

Senior Matt Fermon says he goes to Grotto for the \$2 25-ounce Bud Lights, but he also frequents the bar to watch sports.

"There are a lot of people there all the time, and their bartenders are really good," Fermon says. "Sometimes if there is an early baseball game that might not be on normal television, it will be on at Grotto's so my friends and I will go there to watch."

Senior Chris Casilli agrees Grotto is a good place to watch sports.

"Since I'm from New York, most of the time I get to see my teams play on TV at Grotto's because they have satellite," Casilli says. "It's also a great place to relax outside when it's sunny or nice out."

He says despite the fact Grotto doesn't have the dancing other Newark bars offer, he takes advantage of the arcades, pool tables and free happy-hour pizza Grotto provides.

Harned says Grotto's main goal is to keep the customers happy.

"The big theme is we try to keep it upbeat, keep people feeling the vibe and keep the prices low because we know college kids don't have the money to spend," Harned says. "We just want everyone to come here to have a good time without worrying about spending too much."

Best annual block party: Chapelfest

JOE ZIMMERMANN

Managing News Editor

It's not often a troop of fun-seeking National Football League players makes a pit stop in Newark to sample the local entertainment scene. Grotto Pizza and Klondike Kate's are all favorite watering holes for students, but when Philadelphia Eagles' players Jevon Kearse, Lito Sheppard and A.J. Feeley came to the university April 28, their destination was farther east on North Chapel Street. On that hazy Saturday, the "Freak" and the Eagles' world-class shutdown cornerback and back-up quarterback were in Newark to take in Chapelfest.

Perhaps the presence of local gridiron heroes speaks to the lofty status Chapelfest

has attained on campus. With the absence of Pi Kappa Alpha fraternity's annual luau and the increasing complaints about Skidfest's cramped atmosphere, Chapelfest was expected to take the helm as Newark's premier off-campus block party in 2007. Luckily, it did not disappoint, making it Newark's best "fest" this year.

After being rained out in the fall, the spring version of the festival consumed the length of North Chapel from Santa Fe Mexican Grill on Main Street all the way to Cleveland Avenue. The street's expansive gravel driveways were converted into dance floors and social hubs and row houses served as the hosts of day-long drunkenness, debauchery and all-around good times.

Several live bands and R a c h i d Stoury, or his stage name, DJ Sheed, attended the event to blast jams throughout the day.

North Chapel resident and university student Bill Sutherland says a y s Chapelfest's a m b i e n c e rivaled that of a rock show.

"It was just crazy all day long," Sutherland says. "People

were all over the place having a great time."

J u n i o r Margaret Cahill says she has been to several "fests" on campus in the last few years but this spring's Chapelfest topped them all. The event was put together to raise awareness for cystic fibrosis and Cahill says she applauded the community's work in helping to promote a good cause. What appeals most to Cahill, however, is the sense of community the day provides for the campus.

"You see everyone you know at Chapelfest and that's what makes it so fun," she says. "Kids come from all different areas of campus. It's nice for everyone to come together and spend a whole day in the same place."

Cahill says she also enjoys the fest's frenzied atmosphere.

"The place looked like a zoo," she says. "People were hanging out of windows, porches, over roofs, everywhere. I just said 'hakuna matata' and went with it."

Junior Kevin Miller, another North Chapel resident, says the amount of people made Chapelfest fun but also attracted a sizeable police force. The police, though, didn't interfere with the majority of the day's events.

"The cops were there just to make sure



Courtesy of Rachid Stoury

Jevon Kearse partied with university students at Chapelfest.

no one gets hurt and nothing gets out of hand," Miller says. "I think there are too many kids and not enough policemen for them to really crack down on people. What are they going to do, check everyone's IDs?"

The police presence didn't spoil the day for Miller and he says he is proud of the efforts of his fellow Chapel residents.

"Chapelfest goes to show how close the Chapel community is," he says. "My favorite moment was sitting on my roof, looking at the mobs of people below. It's a big day where you just enjoy life and forget about college."



Courtesy of Bill Sutherland



THE REVIEW Corwin Wickersham

Best burger: Jake's Hamburgers

Restaurant creates simply perfect product

BY LAURA DATTARO

Managing Mosaic Editor

In a small, unremarkable white shack on Route 273 hides a grill, a blender and a few tables adorned with ketchup bottles and containers of Old Bay seasoning. It is here that Newark residents can purchase homemade milkshakes, freshly-prepared fries and the best burgers in Newark.

The walls of Jake's Hamburgers are decorated with framed awards declaring the quality of the products served there. The atmosphere is quiet and unassuming, as the food speaks for itself.

"It's simple," sophomore Brion Abel says. "It's like, get your burger and eat it."

Sean Smedley, vice president of Jake's and co-founder of the chain, says the store in Newark was opened in 1991 and is the original Jake's Hamburgers. Smedley and his friend and business partner John Carter, president of Jake's, started the business after tiring of work in the corporate world.

"We decided to start a food business

and we found that place on 273 which was just a major little bump," he says. "Nothing was in there, just a guy selling baseball cards. We had a vision that we would put out a great product and people would come."

They did.

Smedley credits the university with a majority of Jake's success. When the store first opened, he says, most of the business was lunch traffic from nearby factories and people driving by.

"The university has been huge for us," Smedley says. "Sixteen years ago, The Review did a restaurant review on us. We were the first place in two years to get an 'A,' and all of a sudden at like 10 a.m. on a Friday there were 200 college kids outside. We had no idea what The Review even was, but it just exploded."

Although Smedley says he can't reveal any secrets to the burgers' popularity, he does attribute much of their success to the freshness of the food. The beef is delivered fresh each day, he says, and the burgers are made only after the customer orders them.

"Your food is never going to be under heat lamps," Smedley says. "Even french fries, if they're six minutes old, we throw them out. No one's going to get cold fries. Milkshakes are made the old fashioned way. The syrup has real fruit and [the milkshakes have] real milk, and we're still making them with blenders."

Junior David McCoy and sophomore Cristina Valcarcel both agree Jake's burgers are better than those found on Main Street.

"I love burgers in general," McCoy says. "They should have a Jake's in Trabant. That would bring up the 'Freshman 15.'"

"Yeah, by another 15," Valcarcel says as she enjoys her first Jake's burger experience.

Smedley says he is proud of the award and is excited to be acknowledged by the university students who provide his restaurant with so much business.

"We've been voted best burger from The News Journal," he says, "but it's great to get it from the town where it all started."



THE REVIEW/Corwin Wickersham

Best date place: Caffé Gelato

BY LARISSA CRUZ

Fashion Forward Columnist

The night is clear and full of romantic possibility. Violinists are playing exclusively for two lovers as candlelight gently illuminates their faces. Wine glasses and white tablecloths frame peppercorn-encrusted salmon served over plum tomato, arugula and asiago risotto.

It's hard to imagine that such an upscale date place exists in the same vicinity as casual favorites Cluck-U and D.P. Dough, but Caffé Gelato has earned its title as the best date place in Newark due to its guaranteed romantic dining experience.

Beverage manager Jason Justison says Caffé Gelato has a unique romantic allure.

"You should choose Caffé Gelato if you want to impress your significant other with elegant dining," Justison says.

And elegant dining it is. The moment guests enter, they are overcome by a soothing candlelit atmosphere, burgundy walls adorned with original art, the aroma of northern Italian and Mediterranean-inspired cuisine and a quaint sidewalk café, all of which give the restaurant just the right amount of flourish and ambiance.

Freshman Danielle Allen agrees, saying, "The booths are romantic and there is always pretty music playing."

The setting is not the only impressive factor of Caffé Gelato. Justison describes their dishes as "inventive, creative and sophisticated." Featured entrées include

lychee honey-grilled pork rib chop and pancetta-roasted filet.

However, even the fanciest of dinners are imperfect without the right wine. With a Wine Spectator Award of Excellence and a selection of over 120 wines, Caffé Gelato is certain to have the perfect choice to complement any meal.

Dinner is best finished with Caffé Gelato's namesake, their homemade gelato. The creamy Italian favorite comes in 24 flavors, offering the perfect sweet ending to any dinner date. Flavors include banana, coconut, pistachio, tiramisu, wild berry and white-chocolate macadamia nut.

"For dessert, gelato is fun to share with your boyfriend or girlfriend," Allen says.

Couples can get two spoons with their gelato order, or take it to go and stroll down Main Street hand-in-hand.

Justison suggests planning ahead for a successful date by reserving a table in advance.

Reservations won't be as in-demand after their future expansion into Bert's Compact Discs is complete, creating extra seating to accommodate diners.

For all of the romantic idealists who love long walks on the beach, Caffé Gelato is as dreamy as a date gets in Newark. An intimate setting and enchanting cuisine work together to create a flawless night.

A Caffé Gelato date is a surefire way to impress and assure your date stays long after the candles extinguish and the violins stop playing.

"You should choose Caffé Gelato if you want to impress your significant other with elegant dining."

— Jason Justison,

Beverage manager of
Caffé Gelato



THE REVIEW Jackie Gabler

Best...



Ice cream:
Coldstone

Coffee:
Dunkin'
Donuts



THE REVIEW/Jackie Gabler



Wings:
Wings to
Go

Nachos:
Klondike
Kate's



THE REVIEW/Corwin Wickersham



THE REVIEW/Corwin Wickersham

Margarita:
Santa Fe
Mexican
Grill

Best off-campus housing: University Courtyards

Apartments conducive to student lifestyle

BY SARAH NILES

delaware UNdressed Columnist

It's hard to attend a party or go to class without hearing someone mention the University Courtyards. With 880 residents, there's always a buzz surrounding the complex, making it an ideal place to live.

Located off Delaware Avenue and South Chapel Street, it practically touches Main Street, making it convenient whether residents are geared up for '80s night at Klondike Kate's or just grabbing a slice at Margherita's Pizza. The Courtyards is also less than a 10-minute walk to The Green.

Christina Concilio, property manager for the Courtyards, says the complex has been designed to make life as easy as possible for students and aims to create an environment conducive to academic success.

"We really try to stay in tune with what's going on around campus and keep up with what's happening in students' lives," Concilio says.

Since she earned both her undergraduate and graduate degrees at the university,

Concilio says she remembers what it was like as a student and wishes she could have lived somewhere similar to the Courtyards when she was attending the university.

"The staff also really cares here and I think that makes a huge difference," she says.

Whether students plan on flying solo, bunking up with last year's roommate or sharing with three others, the Courtyards offers plenty of options. Rent ranges from \$670 to \$1050 per person per month and there are a variety of floor plans to meet specific needs.



THE REVIEW/Corwin Wickersham

Another attraction to the complex is the fully furnished apartments it offers its residents.

Sophomore Kyle Mason says moving into an apartment already equipped with everything he needed was the primary reason he chose to live in the Courtyards.

"I wanted to live here because it comes with furniture," Mason says. "It's nice also because you don't have to worry about paying a lot of bills."

The process of paying rent at the Courtyards is much simpler than other apart-

ments because residents only have to worry about writing one check per month. Cable TV, electricity, central heat and air, water, sewer and high-speed Internet prices are all included in each month's rent.

In addition, each resident pays his or her own rent, so students will never find themselves nagging roommates to mail their utilities checks.

Comfortable, convenient and conducive to one's studying needs, the University Courtyards is once again the best off-campus housing in Newark.

Best breakfast: Newark Bagel

BY VICTORIA
BALQUE-BURNS

Entertainment Editor

Breakfast is the most important meal of the day, so Newark Deli and Bagels, located on Main Street for the past six years, has the right idea by serving it all day.

The popularity of Newark Deli and Bagels is obvious. One can usually see a packed house while walking by and the constant crowd has inspired a Facebook group, "The Line at Newark Deli and Bagels is way too long."

The lines, however, can be avoided, as customers can place their order in advance on campusfood.com. Sophomore Paige Woolley says she considers the crowd to be one of many good things about the deli.

"Everyone comes and gathers here," Woolley says. "I think

that you see all your friends and it's fast and it's easy and it's close."

Owner Eduardo Cardenas says dealing with long lines and getting each order perfect is a challenge, but he feels he has done his best.

"I'm very happy because every day that we have that line, we have 40 persons waiting and we try to make each one [happy]," Cardenas says. "Most of the time we are successful. Each one is a small project, that's why it breeds a lot of tension, a lot of pressure, but it seems that we are doing [well]."

He says the freshness and taste of the food is what makes Newark Deli and Bagels' breakfast stand out from others.

Cardenas says the most popular breakfast item with students is the toasted whole-wheat bagel scooped out with

egg whites, cheese and tomato. His breakfast choice, however, differs from the students'.

"Sausage, egg and cheese with provolone cheese on croissant," he says. "That's my personal favorite."

Woolley, who says she eats breakfast at the deli once per week, says her favorite thing to order is the whole-wheat everything bagel toasted with low-fat vegetable cream cheese.

In addition to a wide variety of bagels, the deli offers muffins, omelettes and hash browns for breakfast and burgers, cheesesteaks and salads for lunch and dinner.

Cardenas says 99

percent of his customers during fall and spring semesters are students. Newark residents, for the most part, come in during the winter and summer. He says the relationship between his staff and his customers seems to be part of the reason people keep coming back to Newark Deli and Bagels.

"I'm very thankful for the customers I have," he says. "I try to collaborate in any kind of activity that they have. I'm willing to help if they have fundraisers of any kind to give back what they give to me over here."



THE REVIEW/Jackie Gabler

Best-kept secret: Daugherty Hall

BY ADAM ASHER
Entertainment Editor

It may not look like much more than just another door to just another room in just another campus building, but the door to this converted church opens to a quiet study sanctuary unknown to most students. With its bright stained-glass windows, high ceilings and climate-controlled temperature, Daugherty Hall is arguably the most peaceful place on campus, and Newark's best kept

secret.

Originally built in 1868, Daugherty Hall has served different purposes on campus. It's not hard to tell by its appearance that when it was first built, its halls were filled with worshipers. In 1967, when the congregation moved, the university purchased the building and used it for various functions until it was restored, in conjunction with the construction of Trabant University Center, in 1996.

Today, the churchgoers of the 1800s have been replaced by sleeping and studying students. However, it's apparent by walking through its doors that only a privileged few know about this safe haven from university life.

Unlike other study spots on campus, chairs, tables and couches in Daugherty Hall often remain empty.

Gil Johnson, associate director of Student Centers, says this offshoot of Trabant is surprisingly empty, despite its prominent location on Main Street.

"Only the diligent individuals that look

for a quiet study place would know it's there," Johnson says.

Sophomore Bridget Dwyer is one of those diligent individuals. She says she comes to the former church two or three times per week.

"The option of sitting at a couch or a table is nice," Dwyer says. "In the library, there's just desks. Plus, it's nice to take naps in between classes."

In addition to its peaceful atmosphere, Daugherty Hall is home to a collection of

six million-year-old artifacts. The amber collection is displayed in glass cases throughout the front of the room and consists of necklaces, carvings and snuff bottles.

Johnson says the items on display are only a portion of the collection. When the collection was originally placed in Daugherty Hall, it was meant to be rotated with other pieces being stored elsewhere, but as of today, it has not been changed.

Hanging high above the amber artifacts is a portrait by Edward Loper titled "My

THE REVIEW/Corwin Wickersham



Father the Bishop." The painting portrays a man passionately preaching from his pulpit, pointing directly outward as if the students in Daugherty Hall were his congregation and he was commanding them to study.

The art and atmosphere of Daugherty Hall make it an ideal place for students in need of sanctuary during finals week. The former place of worship offers a quiet atmosphere without the competition for a spot usually found at coffee shops or the library.



THE REVIEW/Corwin Wickersham

Best off-campus gym: Fusion Fitness Center

BY CORINNE CLEMETSEN
Contributing Editor

Soft carpets, granite countertops, high ceilings, the smell of fresh flowers and a friendly "Hey, how are you doing?" greet visitors, not at the local four-star hotel, but the local gym — Fitness Fusion Center.

Nic DeCaire, founder and owner of the nearly 15-month-old establishment, and two friends built the gym with their own hands, only calling in subcontractors to do tasks such as plumbing and electricity.

DeCaire renovated the "mess," as he refers to it, that he purchased to create a fitness establishment

geared toward modern style, breathable workout space and a friendly atmosphere. He says, for example, the glass store-front windows used to be ragged garage doors and the carpets make the gym feel more "homey."

"It doesn't feel like a rough gym," DeCaire says. "I wanted a warehouse look with all the modern updates — high ceilings, our ventilation is showing and there are high ceiling fans. It's the warehouse look, but it's still nice. Everything feels modern. It's the best of both worlds."

The sparkling, spotless bathrooms feature tasteful paintings on

a few tips.

Freshman Ian Booz, a six-month member of the gym, names Fusion's lack of crowds and cleanliness as its best attributes, calling the gym "his style."

"I feel like I'm not going to contract an illness when I come to Fusion," Booz says.

DeCaire chuckles on the machine next to him and says, "Nope. You won't find dirt here."

Beyond the gym's cleanliness, DeCaire says one of his main goals is to give back to the community whenever possible. He does so with events such as this month's cancer T-shirt fund-raiser in which the gym redesigned its logo, changing the red dot "o" to a pink cancer ribbon. For every benefit T-shirt sold, Fusion donates \$5 to the Wellness Community.

"If you can't give back to the community then there's no point in being here," DeCaire says.

Although Fusion Fitness Center may be young, uncrowded and rather unknown — located off the beaten track at the top of Main Street and behind East End Café — its popularity is obviously growing. The feat can be attributed to consistent press coverage and the center's top trainer, Jud Dean, who became the Delaware representative to *Cosmopolitan's* "50 Hottest Bachelors" competition. Students and Newark residents are attracted to the professionalism and relaxed friendliness Fusion has to offer its clients.

"We may not be the most popular gym in Delaware, but we are the most-talked-about gym in Delaware," DeCaire says.



Adjacent 40x120 lot for sale. House buyer has 1st option!



Linnie Krug: lkrug@psre.com
Direct: (302) 234-3615
Main Office: (302) 239-3000
Toll Free: (800) 438-2968
www.pattersonschwartz.com



Offered For Sale

Across from Clayton Hall
Private, cul de sac
4BRS, 3 1/2 Baths
Main Level Master BR
Upper Level Family Room
Unfinished, Walk-Out
Lower Level/possible
Game Room or In-Law
Suite



THE REVIEW/Corwin Wickersham



Courtesy of Burnt Sienna

Best cover band: Burnt Sienna

BY VICTORIA BALQUE-BURNS
Entertainment Editor

Some people may think of Burnt Sienna as nothing more than a crayon color. Jefe Ebbert, who refers to himself simply as Jefe, is the lead singer for a cover band of the same name and says the similarity is not a coincidence.

"There's not really a good, fun story," Jefe says, laughing. "I kind of picked a couple of names out of a crayon box and that was one of them. That was the one that stuck. There you have it."

The band is known for covering a wide variety of genres, such as modern and classic rock, '80s, country and Hip-hop, he says. The song that gets the biggest response in Newark is Billy Joel's "Piano Man," the band's usual closer.

Burnt Sienna, which is comprised of Jefe, Rod DeGeorge (lead guitar), Billy Gale (bass, vocals, guitar), Marty Mitchell (drums) and Jimmy Towles (keyboards, bass, vocals), has been playing together for 10 years.

The members of the band are from Pennsylvania and New Jersey, but all have local ties. They started at the university, which Jefe and the band's original drummer attended.

When Burnt Sienna performs in Newark, its venue of choice is the Deer Park Tavern. The band often plays at Deer Park on Thursdays, known as mug night to the seasoned

bar-goer, while Jefe plays solo shows every Tuesday.

Jefe says the band loves playing in Newark because the crowd actively participates in the shows.

"The crowd reception has always pretty much topped anywhere we ever play," he says. "People really dig live music and they get really into it, sing along and are always right on the dance floor from the start."

Jefe says the worst thing about being in a cover band is trying to find members who are on the same

page and keep the band together. He says all bands, both cover and original, face that problem. For Jefe, however, the benefits far outweigh the negatives.

"What I like doing is just making people have fun onstage every night," he says. "That's kind of like what my goal is. I think that's what the whole band's goal is. To me personally, that's always been the drive. To be able to do that for a living is a pretty rewarding thing and also to be able to get up when I want and not have to go to a real job."

Jefe says he thinks Burnt Sienna stands out from other cover bands because of its fun-loving attitude.

"I guess our thing has always been fun first," he says. "If we're going to take chances, that's after we have everybody drinking, partying, having a good time and getting people on the dance floor. Make them sing along first and then worry about everything else."



Courtesy of Burnt Sienna

Best photo opportunity: Magnolia Circle Fountain

New landscape provides a picture-perfect setting

BY CORINNE CLEMETSEN

Contributing Editor

In a peaceful corner of The Green, which follows the unique landscape design technique of Marian Coffin, the university's former landscape engineer, lies an overlooked yet ideal photo opportunity.

Tom Taylor, the university's current landscape engineer, says the quaint area features Coffin's color themes of white and yellow and circular walkways.

Taylor is the one to compliment for the Green's newest addition, the Magnolia Circle fountain, which is this year's winner of Best Photo Opportunity.

"I am happy to hear that the Magnolia Circle fountain won," Taylor says. "It was designed by Rodney Robinson and Chad Nelson, who's on staff in the Agriculture College, both of whom are of Rodney Robinson Landscape Architects. I consider them the composers and myself the conductor of the orchestra in putting this project together."

The bull's-eye design features the fountain as the center target, with a circular brick walkway surrounding the waters and benches outlining the walkway. An area of green grass speckled with miniature bushes and petite trees lies behind

the benches, lined by antique-style lamp-posts. The outer-most ring features scattered gardens of pinks, whites, yellows and greens, all flourishing beneath magnolia trees.

Taylor says he strictly followed the tastes of Coffin, holding to the yellow and white theme, circular walkways and open-air feel of the old Women's campus, which was located on the southside of Memorial Hall.

"I think it's attractive and well-done and that once the magnolia trees mature, the whole area will be more in scale with itself," he says. "For the moment it's a stark contrast to what was there before."

Although neither junior Lena Kang nor senior James Weaver recall the wooded area that stood between Memorial and Laurel Hall three years ago, the university students regularly eat lunch beside the fountain on Tuesdays and Thursdays.

"The difference here is that you don't have the noise from Main Street," Weaver says, pausing to listen to nothing but the trickling water of the low-rise fountain, a few passing pedestrian feet and the churning chains of a nearby biker.

"This is more tranquil,

as opposed to the Purnell/Smith fountain," Kang says. "This one is green. You don't get the same feeling there."

Student Services staff member Brenda Carboni says she regularly brings paperwork to complete in the tranquil environment, admiring the water falling into the pristine, aqua-blue pool.

"The main focus is the fountain and just the sound of it," she says. "It helps you study. The second point after that is it's just so pretty — the flowers, the trees. It's a quiet atmosphere — everyone walking by seems to be soothed by it."



THE REVIEW/Corwin Wickersham

Best study spot: Morris Library

BY CAITLIN BIRCH

Features Editor

On any given Sunday night, a passerby may wonder why the entire university population has been wiped off the face of The Green. The students and the whizzing Frisbees are gone, along with the frolicking puppies, skimpy bikinis and occasional book that come with them. The Sunday silence has settled and campus is dead.

Or so one may think.

On that Sunday night, the same passerby would find a thriving, vibrant study scene should they wander over to Morris Library, where students who enjoyed a weekend outdoors have returned to the books.

Morris Library, located on the South Green, was founded in 1958 and, according to the library's Web site, contains more than 2,700,000 books and periodicals.

Sandra K. Millard, assistant director for Library Public Services, says the library can seat approximately 3,000 students and has 200 wired work stations, 40,000 electronic journals and wireless Internet throughout the building. Additionally, it is fully staffed to provide students with unsurpassed study aid.

"Especially this time of year there's projects,"

Millard says. "You need to find that last article or you're not sure how to create a multimedia item or you need to read that last reserve article so we have service staff there to help," Millard says.

She says the library is open 100 hours per week, but hours are extended during peak study times like final exams.

The Library Commons, which was just remodeled this year into a Panera Bread-style café called Bleecker Street, is open 24 hours per day during finals. Students can count on soups, sandwiches, muffins and a relaxing place to eat and study.

Just a short trip down Morris' flight of stairs and one will find the Student Multimedia Design Center, sprawling over a vast open floor plan and bordered by brightly lit, glass-wall studios and classrooms. The SMDC, which is located in the basement of the library, opened at the beginning of Spring Semester, Millard says.

The carpet jumps out like a Bill Cosby sweater with its '80s-colored geometric patterns, and the feel of the place is young and fresh with its neon blue tube lights and new, crisp white iMacs.

Shelly McCoy, associate librarian and head of the SMDC, says at the new center, students can do everything from edit video footage to dub and record sound in the studios. Many students also take advantage of the opportunity to practice Microsoft PowerPoint presentations.

Although the SMDC is equipped with in-house technology and plenty of technology for check-out, McCoy says many students use it for regular studying, too.

"I hear people come down here at night and just sit and meet their friends and study and talk about things," she says. "It's a new place, it's a bright place and it's a meeting place. It's kind of central on campus."

Millard says 769,796 visitors walked through the Morris Library doors last year.

"It's a really busy place and we really like it that way," she says.



THE REVIEW/Corwin Wickersham



Get
FREE
counseling, nicotine
patches and gum!

It's hard to quit smoking on your own. You need help. Now we can offer you the most successful method for quitting. Free expert counseling by phone or in person and—for a limited time only—free nicotine patches, gum or other medications. If you're a Delaware resident 18 or older—and even if you're a college student or a member of the military living in Delaware—you must enroll in the Delaware Quitline program to take advantage of this free offer. Just call us to get started.

Delaware Quitline
A Free Service



DELAWARE HEALTH AND SOCIAL SERVICES
Division of Public Health
Tobacco Prevention and Control Program

1-866-409-1858
Toll-free

Due to certain medical conditions, some people
may not be eligible to receive medications.

classifieds

To place an ad call: 302-831-2771
or e-mail: reviewclassy@yahoo.com
or for display advertising call: 302-831-1398

ANNOUNCEMENTS

STUDENT HEALTH SERVICES TELEPHONE COMMENT LINE

Call the "comment line" with questions, comments, and/or suggestions about our services.
831-4898. www.udel.edu/shs.

PREGNANT? LATE AND WORRIED? Pregnancy testing, options counseling and contraception available through the Student Health Service Women's Health Clinic. For information or an appointment, call 831-8035 Monday through Friday 8:30 - 12:00 and 1:00 - 4:00. Confidential services.
www.udel.edu/shs.

FOR RENT

New 4BR, 2 Bath Units, all amenities, W/D, convenient, beautiful deck, partially furnished, can accommodate 4 to 16. 10 month lease avail starting Aug 1. Call 302-598-2479

Wanted! Clubs, Teams & Sophomores wanted! Live together with your club members, teammates, or with a bunch of your floor mates from freshman year. Our house on Elkton Rd is huge and will legally house 8-12 people! 3 kitchens, 3 bathrms, 7 bdrms. 2W/2D, DW, large yard w/grass cut included, lots of parking and UD bus comes every 20 min. Cheap rent. Avail 6/1. E-mail livinlargerentals@gmail.com for more info.

Walking distance from UD, New London Rd. 4br, 2 full bathrooms. Available June 1 for 2007-2008. W/D, central AC, off-street parking 4 cars, no pets. Call 302-836-4929

4 bedroom house, 1 block to campus. \$1500 per month
Call 302-494-5859

CAMPUSRENTALS@webtv.net
email or call 369-1288 for list.

AT FOXCROFT TOWNHOUSES
Now renting for 2007-2008 School Year. One & Two bdrm, w/d, Walk to class!
Call today. 456-9267.

HOUSE AVAILABLE
Additional roommate needed
House on E. Park Place
Call Peter at 302-528-1983

FOR RENT

Converted barn approx. 3 miles from campus. Private courtyard and parking. Living room, kitchen, family room, laundry room. All appliances, \$1000/month plus electric. Available immediately. Small, quiet complex prefer grad students or professor. Menaquale Prop. Mgt. 368-1334

RENOVATED HOUSES next to campus: call 369-1288

Spacious 2BR/2Bath apt. overlooking Main St. W/D, Dishwasher, Central AC. Call Shannon at 302-999-7553. Available for 07-08 school year.

South College Ave. house on campus - 4 students/4BD, 2 bath, parking. Avail. now or June 1. \$1580/mo. Call (302) 388-9724 or barryawallace@yahoo.com

House For Rent - Walk to Class
House on much sought after East Park Place. 4bdrm/4prsn permit - On and off str parking; W/D; A/C; Large backyard.
#221 East Park - \$1850/mo.
Act now and \$150 off first month!
Call Joe 302-293-7512 or 302-737-8259

Avail. 06/01 & 09/01: 3 renovated 1-2 person apts for mature grads. Near Lovett/S. Chapel.
Call 302-684-2956

HELP WANTED

Customer Contact Position
Innovative Consultants, L.L.C., a fast-growing customer contact center, is searching for friendly, energetic, and detail-oriented representatives.

The position requires strong communication skills. Part-time day and evening shifts available with flexible hours. Located on Main St., in Newark, DE, with excellent proximity to the University. Perfect for students. Rapid opportunities for promotions and pay increases.

Starting rate \$9-\$10/hr plus incentives and/or bonuses. Contact IC-LLC at 866-304-4642. Open house Tues. 6-8pm and Sat. 12-2pm.

SUMMER JOB
Work outside, get a tan, have fun
Powerwashing & deck staining
Earn \$4000-\$6000
Call Peter German at
302-528-1983

Dance, hip hop, music, piano, and fitness instructors wanted.
Fax resume 302-292-2404

HELP WANTED

!BARTENDING! \$300 a Day Potential. No Experience Necessary. Training Provided.
1-800-965-6520 XT 175.

Hooters Restaurants positions available at Rehoboth Beach. Now hiring Hooters Girls! Apply in person at Rehoboth Beach or New Castle Hooters.

Earn \$2500+ monthly and more to type simple ads online.
www.DataEntryClub.com

Hooters Restaurants Management positions available in New Castle and Rehoboth. Full benefits/Salary negotiable. Send resume to hr@attilawings.com or fax to 302-368-3072

Sales/Telemarketing Full-time, part-time. Valid drivers license required. Summer positions available. \$34K-\$55K draw vs. commission. We pay \$100 just for completing our interview. Will train, call today. 302-740-0533.

Part-time/full-time local delivery driver wanted. Some light lifting required, must be 18 or older w/ good driving record. Contact Larry at Hockessin Auto Parts 302-239-2301

Oxford Learning is currently searching for a full-time staff member. Bachelors Degree required.

If you are enthusiastic, outgoing, positive and want to work in a place with lots of energy and fun, then Oxford Learning is the place for you. Our staff goes to work everyday to make a difference in our student's lives. Background in psychology/counseling preferred. Call us at 302-235-7434 or email davedolc@comcast.net

Looking for certified lifeguards for upscale apartment complexes and community pools in New Castle, Gloucester, Salem, Burlington, and Chester Counties. Top pay. Lifeguard training classes available. Call 1-888-766-POOL or e-mail Progressivepool@aol.com

LIFEGUARDING JOBS
Newark and Bear DE Area
Top Pay, Flexible Schedules
Training Available
www.amspools.com
302-654-1818

HELP WANTED

Computer savvy website designers. \$20/hr full time and summer positions available. We pay \$100 for completed interviews. Must have valid driver's license. Call AMI today 302-740-0533

College Pro is now hiring Painters all across the state to work outdoors with other students. Earn \$3K-\$5K. Advancement opportunities! 1-888-277-9787 or www.collegepro.com

Oxford Learning is looking for teachers/tutors with dynamic personalities and a passion for learning. If you are interested in a job that allows you the opportunity to be a coach, mentor, and a positive influence for children, contact us today. *Strong knowledge and background in math a plus* Call 302-235-7434 or e-mail davedolc@comcast.net

Kaplan Test Prep and Admissions is seeking part-time teachers to prepare students for admission exams. If you scored well on your admission test and would like to help others do the same, apply today! Call (302) 454-8045 for more info or visit www.kaptest.com/teach

CAMPUS EVENTS

Wednesday, May 16

Last day of classes!

Thursday, May 17

Reading day. No classes.

Friday, May 18

Examinations begin.

"Xiang Gao and Friends III"
Master Players Chamber Concert
Series at 8:00 p.m.
Mitchell Hall, South College Ave

Kristol Hillel Farewell Shabbat

Sunday, May 20

5K Run
Athletic Complex
10:30 a.m.

Buddy Walk
Athletic Complex
Noon

CAMPUS EVENTS

Monday, May 21

Fee Payment deadline
for Summer 2007

Tuesday, May 22

Kristol Hillel Farewell
Shavout Study Session
8:00p.m. - Midnight
Kristol Center

University Religious Leaders
Association Midnight Breakfast

Saturday, May 26

Commencement, 9:00 a.m.

**CONGRATULATIONS TO
ALL GRADUATES!**

Have a nice summer!

ADVERTISING INFO

RATES

University Affiliated: \$1 per line
Outside: \$2 per line

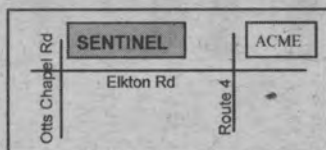
USE CAUTION WHEN RESPONDING TO ADS

The Review cannot research the reputability of advertisers or the validity of their claims. Because we care about our readership and we value our honest advertisers, we advise anyone responding to ads in our paper to be wary of those who would prey on the inexperienced and naive. Especially when repsonding to Help Wanted, Travel, and Research Subjects advertisements, please thoroughly investigate all claims, offers, expectations, risks, and costs. Please report any questionable business practices to our advertising department at 831-1398. No advertisers or the services or products offered are endorsed or promoted by The Review or the University of Delaware.

E-mail

reviewclassy@yahoo.com over the summer to place classified advertisements in the first issue of the Fall '07 semester!

SENTINEL SELF STORAGE



1100 Elkton Rd, Newark DE

- Boxes & moving supplies
- 2.5 miles from campus
- FREE TRUCK RENTAL with certain sizes
- Mention this ad & receive 10% off boxes/moving supplies

302-731-8108

WWW.STOREATSENTINEL.COM

Just Announced:

SPECIAL FINANCING FOR COLLEGE GRADUATES!

2007 Subaru
Impreza
WRX STi



You can
be driving a new
Subaru with no
money out of your pocket!



1717 PENNSYLVANIA AVENUE • WILMINGTON, DE
www.delawaresubaru.com

*To qual. buyers. New Subaru models only. To applicants who will be graduating within 3 months or who have graduated within the last 12 months from a 2 or 4 year college, graduate school, nursing school or trade school. Must provide proof of graduation.

CRIMINAL DEFENSE

LAW OFFICES OF FRANCIS E. FARREN, ESQ.

Former Deputy Attorney General
Former Probation/Parole Officer

- DUI (Drunk Driving) Offenses
- Drug Offenses
- Felonies
- Misdemeanors
- Underage Drinking
- Traffic Violations

• **FREE INITIAL CONSULTATION**

302-224-2053

24 Prestbury Square Newark, DE 19713-2609

fefarren@farren-law.com

Evening & Weekend Hours By Appointment

www.farren-law.com

ATTENTION WOMEN AGES 18-30



Earn \$3000+ per donation
in Delaware or across the
US helping couples create
their family.



www.EggDonorsNow.com



CALL 1-888-407-4687
FOR MORE INFORMATION
ABOUT EGG DONATION (24 hrs. toll-free)



YOUR FUTURE IS WITHIN REACH And so is the money to pay for it

College expenses should not be a roadblock for your future. Stay on track with an alternative loan from Campus Door. Get up to \$250,000 to pay for college and make no payments until 12 months after you graduate. Apply online today at campusdoor.com to receive an approval usually in less than a minute. Spend your time planning for your future, not worrying about how to pay for it.

You have the will. We have the way.
campusdoor.com

campusdoor®

All loans are subject to credit approval. Programs, rates, terms and conditions are subject to change without notice. Other restrictions apply. Trade/Service marks are the property of Campus Door Inc. and/or its affiliates. Lender is Lehman Brothers Bank, FSB. ©2007 Campus Door Inc. All Rights Reserved. Equal Opportunity Lender.

SUMMER WORK

Aerotek, Inc. is currently accepting applications for individuals looking for summer work.

Currently hiring for: Office/Admin/Accounting

Light Industrial

Engineering/Drafting/Designing

Environmental

If interested please contact a recruiter at 856-532-2820



Did you know?

The longest Delaware baseball winning streak is 21 games — set in 1982 and again in 1997.

R sports

Delaware's best and worst of 2006-07.
page 28

27

Men's lacrosse shocks Virginia

Hens advance to NCAA Tourney quarterfinals



THE REVIEW/Michael LoRé

The men's lacrosse team will play University of Maryland-Baltimore County Sunday, May 20 at the U.S. Naval Academy in the NCAA Tournament quarterfinals.

BY MICHEAL LORE
Managing Sports Editor

CHARLOTTESVILLE, Va. — The losing streak has come to an end. Delaware men's lacrosse put an end to its 20-game losing drought against top-10 opponents Sunday night with a NCAA Tournament first-round-victory 14-8 over No. 3 University of Virginia.

The No. 15 Hens (12-5, 4-2 Colonial Athletic Association) were on a five-game winning streak, including wins over top-20 Drexel University and Towson University heading into the tournament against the defending national champion Virginia Cavaliers (12-5, 2-2 Atlantic Coast Conference).

Sunday's win advances Delaware to the NCAA Tournament quarterfinals to play University of Maryland-Baltimore County May 20 at the U.S. Naval Academy in Annapolis, Md. UMBC (11-5) defeated No. 7 University of Maryland 13-9 Sunday evening.

Delaware head coach Bob Shillinglaw, in his 29th season, said there were a lot of sleepless nights among the coaching staff prior to Sunday's game against the Cavaliers.

Shillinglaw and his staff had to think of ways to contain UVA's highly-ranked offense and how to cover the nation's fifth-leading goal scorer, junior attackman Ben Rubeor. Rubeor was No. 4 in the nation with 68 points going into Sunday's game.

Hens' senior defenseman Rob Smith held Rubeor scoreless on the night.

Delaware's defense was the base for the team's success at Klockner Stadium Sunday, holding the Cavaliers to just eight goals. UVA averaged 11.6 goals per game leading up to the NCAA Tournament.

Shillinglaw said he was proud of the way his defense has been playing as of late.

"They initiated a lot of offense [Sunday]," he said. "We got aggressive on defense, got the ball on the ground and we created transition."

Virginia was also 0-6 in extra-man opportunities on the night.

Delaware junior goalkeeper Tommy Scherr had a career-high 18 saves and said his confidence continued to build as the game progressed.

"I kept telling the defense to make shots manageable," Scherr said.

Only 26 of Virginia's 40 shots were put on goal and just eight went by Scherr.

Though the defense played a major factor in the win, the Hens' offense is credited with boosting team morale and putting the game out of reach. Less than 30 seconds into the second half, the Cavaliers tied the game at seven, but did not see the net again until one minute, 28 seconds left in the fourth quarter.

Delaware's offense went on a 7-0 scoring run, spanning almost the entire second half. UVA fans began flooding out of the stadium after Delaware went up 13-7 with a little more than seven minutes left in the game.

Virginia's senior goalkeeper Kip Turner had only lost

twice at Klockner Stadium in his four years at UVA before the Hens came to town.

"I didn't think my career would be ending on this field," Turner said.

UVA head coach Dom Starsia said Delaware was "faster on ground level" than he expected since he had only seen the team from the stands or on film.

"We ran into a team as athletic or more than we were and that doesn't happen often," he said. "It felt like it was worse than a six-goal loss. Better like this than a one goal loss."

Delaware senior faceoff specialist Alex Smith, the nation's leader in faceoff winning percentage, dominated by winning 18 out of 26, including all six opportunities in the second period.

With Virginia keying in on senior attackman Adam Zuder-Havens, freshman attackman Curtis Dickson had the best game of his college career. In his first NCAA tournament game, Dickson led the Hens with four goals and one assist. Junior Vincent Giordano and senior Jordan Hall, who extended his point-scoring streak to 29 consecutive games, had two goals each.

Shillinglaw said the win against the Cavaliers is as big as the 12-11 overtime win against UMBC in the first round of the 1999 NCAA Tournament.

"This win is right up there with any of them we've had here and that means a lot," he said. "I think today's win says a lot about the growth of not only our program, but about the growth of the game."

Year of Delaware sports in review

The Review sports staff collaborated for this year's annual "best of" section recapping the 2006-07 season for Delaware athletics. The Hens' sports teams had some highlights that made for memorable moments. And while this section is created to reminisce about the positives of players, coaches and teams, we had to point out the poor play of certain teams.

Highlights ranged from Tyresa Smith and Ben Patrick being drafted to the WNBA and NFL to women's basketball and men's lacrosse playing in NCAA Tournaments. Lowlights included the football team's first losing season since 2001 and a 5-26 record by men's basketball.

So with the end of the year and the summer months approaching, Delaware athletics will have three months to be praised or criticized until the 2007-08 season comes around.

Best male athlete: TE Ben Patrick

When Ben Patrick transferred from Duke University, he gave Delaware fans at least one reason to cheer. After Patrick was selected in the seventh round of the 2007 National Football League Draft, he takes his game to the Arizona Cardinals.

NFL scouts saw talent in the Delaware tight end, who led the Hens in receiving with six touchdowns this past season. NFL analyst Mel Kiper Jr. had Patrick projected as the third-best tight end in the draft.

Patrick, at 6-feet-5-inches, 270 pounds, was not picked as high as experts first anticipated, but on April 29, he became the first Hen drafted to the NFL since 2004, when quarterback Andy Hall and defensive end Shawn Johnson were chosen.

In 11 games this season, Patrick remained among the leading receivers for Delaware with 639 yards and averaging 10 yards per catch.

Patrick showcased his athleticism to the NFL scouts throughout the season, averaging 58 yards per game, putting him fourth on the team in total yards per game.

Against the University of New Hampshire September 30, Patrick had a break-out game and



THE REVIEW/File Photo

Patrick's 64 receptions in 2006 set a Delaware record for most single-season catches by a tight end in school history.

mesmerized fans with his ability to catch anything thrown by junior quarterback Joe Flacco. Patrick did not make the game easy for defenders as he caught nine passes for 109 yards and one touchdown.

Patrick's efforts were recognized nationally when he earned first team All-American honors by the *Associated Press*, Walter Camp, The Sports Network and the American Football Coaches Association. He showed off his

talent in front of scouts at the East-West Shrine Game and the Senior Bowl all-star game.

Best Male athletes

2. Alex Smith
3. Joe McLister
4. Adam Zuder-Havens

Best female athlete: guard Tyresa Smith



THE REVIEW/File Photo

Smith ranks second all-time at Delaware with 1,635 career points.

Tyresa Smith was hands-down the best female athlete of the year. Smith's statistics helped propel her game to the next level — the Women's National Basketball Association. Smith became the first Delaware player ever to be selected to the WNBA when the Phoenix Mercury drafted her No. 18 on April 4.

Smith was selected as a Kodak/WBCA Regional All-American, a first-team All-Colonial Athletic Association member and the CAA's Defensive Player of the Year. She led the CAA, a conference that sent three teams to the NCAA Tournament, in scoring and ranked No. 18 in Division I averaging 19.8 points per game.

It does not end there. Smith led the Hens in scoring in all but six games during the 2006-07 season. She started all 32 games this year and recorded eight double-doubles along with 17 20-point games, including a

stretch of seven consecutive games. Smith shot 44.1 percent from the field, while averaging a team-high of 32.2 minutes per game.

On Feb. 22, in one of the more important games this year against then-ranked No. 22 James Madison University, Smith had a career-high 32 points and helped the Hens win 77-67, propelling them to the No. 3 seed in the CAA Tournament. As a team captain, Smith led Delaware (26-6, 16-2 CAA) to third place in the conference and to the NCAA Tournament Regionals against Michigan State University. We wish you the best of luck in Phoenix.

Best Female athletes

2. Colleen Walsh & Kelly Gibson
3. Chrissy Fisher

Best varsity team: men's lacrosse (12-5 overall, 5-4 CAA)

As the lack of school spirit continued to dwindle after mediocre fall and spring seasons by Delaware athletics, the men's lacrosse team picked up the depleting morale, posting a 12-5 overall record and a 4-2 Colonial Athletic Association record. The Hens benefited from 17 saves from junior goalkeeper

Tommy Scherr and three goals from senior Jordan Hall to capture the team's first-ever CAA championship.

Delaware dominated the All-CAA honors, with five players named to the first team, one on the second team and two on the rookie team. The most impressive honor was handed to senior Alex Smith, who was named CAA Player of the Year after leading the NCAA in faceoffs won for the third consecu-

tive season.

The Hens' offense ranks third nationally and first in the CAA in goals per game with 12.2. Delaware, led by senior leading-scorer Adam

Zuder-Havens (33 goals, 11 assists), senior midfielders Hall (23 goals, 10 assists) and Dan Deckelbaum (23 goals, 7 assists), and Smith (73.3 percent), featured a balanced attack much of the season.

Delaware opened its season in style with a five-game winning streak after impressive wins over Rutgers University and Lehigh University. After experiencing a mid-season slump, the Hens found the back of the net early and often, carrying another five-game winning streak into the NCAA Tournament. They outscored their opponents 192-131 during the season, and currently rank No. 14 in the Nike/Inside Lacrosse poll entering NCAA play.

Best Teams

2. Women's basketball
3. Women's volleyball
4. Men's baseball



THE REVIEW/Michael LoRé

The men's lacrosse team will play UMBC Sunday at the U.S. Naval Academy in the NCAA quarterfinals.

Male and female rookies of the year: Attackers Curtis Dickson and Nicole Flego



THE REVIEW/Michael LoRé
Dickson had four goals and an assist in Delaware's 14-8 win over UVA.

Freshman Curtis Dickson played in 13 of 17 men's lacrosse games this season, starting eight and helping the Hens capture a Colonial Athletic Association title. No other rookie earned a start all year on a team driven by upperclassmen.

In Dickson's 12 regular-season games, he racked up 14 goals and six assists, putting him No. 5 on the team with total points, scoring 20. Three of the four players who scored more goals than Dickson are seniors, while the other is a junior.

Dickson scored in each of the last five games of the regular season and 14 goals in the final six games, including the post-season. He was named to the CAA all-rookie team. His productivity continued throughout the playoffs, when he scored a goal in the CAA Tournament semifinal against Drexel University and scored the momentum-changing goal last Saturday against Towson University in the championship.

Dickinson's most impressive game of the season came in the first round of the NCAA Tournament against the University of Virginia this past Sunday. He helped Delaware earn their first NCAA tournament win since 1999, leading the Hens with four goals and one assist.

Best club team: men's lacrosse

Delaware men's club lacrosse won the National College Lacrosse League national championship 11-8 over Ohio State University this year. On their way to winning the title, the DLC defeated tough opponents like Georgetown University, Princeton University and Cornell University. These schools have varsity-level lacrosse teams ranked in the top-15 in Division I.

In the regular season, DLC's competition was fairly inferior to that of the national tournament and the DLC was sometimes up by seven or more goals by halftime.

With the score tied 10-10 in the semi-final game against Cornell University, the teams were headed into overtime. Sophomore goalkeeper Ben Wilson and the DLC defense stopped two Cornell extra-man opportunities. Junior

attackman Rowan Michael scored the game-winning goal, taking DLC to the finals.

Not only did DLC deal with a close score throughout the entire game, the team was forced to go the extra mile against Cornell in overtime.

Best Club Sports

2. Men's ice hockey
3. Men's rugby
4. Women's ultimate disk

Nicole Flego had an incredible season at attack for the women's lacrosse team. Starting every game this season, Flego, a freshman, was second on the team in goals (36), first in assists (22) and first in points (58).

On May 3, she became the first Delaware women's lacrosse player to receive Colonial Athletic Association Rookie of the Year since 1995. Flego's impressive play also earned her a spot on the All-CAA first team. Her 53 regular-season points puts her sixth in the CAA for total points scored.

Flego proved she had the ability to take over a game

right from the start. In her first game as a Hen, she scored three goals and added two assists to lead Delaware with five points in the loss to Penn State University.

When Delaware hosted St. Bonaventure University on March 31, Flego showed the home crowd her talent by contributing two goals in the Hens' 15-8 win.

Her most productive game came on April 8 against James Madison University when she scored five goals along with two assists in the losing effort. Flego proved to be a big-game player after scoring three goals in the CAA Tournament semifinal loss to JMU May 4.



Courtesy of Jim Muth

Flego is the first player in school history to be named to the CAA first team and the All-Rookie team in the same season.

Most disappointing team: football

Delaware football ended its season with a loss to Atlantic-10 rival Villanova University, a loss that resulted in Delaware's first losing season since 2001. The Hens could not get it together during an uncharacteristic year and ended with a dismal 5-6 overall record, finishing fifth in the A-10 South.

While Delaware's offense, led by junior quarterback Joe Flacco, was anything but poor, the defense never gave any help. When defensive coordinator Rob Neviaser resigned Sept. 4 after an alcohol-related incident, it was a sign of bad things to come.

Delaware's offense outscored opponents 289-285 during the season, but the offense never received any support from the defense. During the rough season for the Hens' defense, there were five games in which they gave up 374 total yards or more.

With star running back Omar

Cuff out of the game due to injuries, Delaware's biggest embarrassment came in a 44-22 loss on Nov. 4 at James Madison University. The Hens' uninspiring defense gave up 542 yards, allowing JMU quarterback Justin Rascati and running back Eugene Hollomon to take over the game. Hollomon ran all over the defense, rushing for 171 yards and scoring two touchdowns.

The Hens' season highlight came in a 52-49 loss to then-ranked No. 1 University of New Hampshire at Delaware Stadium. In a back-and-forth game that came down to the final quarter, the Hens' defense could not stop what the Wildcats and quarterback Ricky Santos had to offer.

Even with heroic efforts by Delaware's offense that gained 466 total yards, UNH had just a little more gas, earning 516 yards.

The theme of the Hens' season: just not enough in the tank.



THE REVIEW/File Photo

Head coach K.C. Keeler expresses his disappointment after losing 44-24 to James Madison.



THE REVIEW/File Photo

The Hens were dead last in the Atlantic-10 in total defense, giving up 397.7 yards per game.

Best male and female coaches

Women's head coach: Tina Martin

Women's basketball head coach Tina Martin's 2006-07 resumé reads 26 wins and six losses, third place in the Colonial Athletic Association and an NCAA Tournament berth. In her time at Delaware, Martin has led the Hens to 20 or more wins in seven of the last eight seasons and six post-season appearances in the last seven campaigns.

This year, Martin's squad was No. 3 in the CAA, averaging 68.8 points per game and were No. 4 in the nation in steals with 13.3 per game. Not only do the team's rankings showcase Martin's prowess as head coach, but the quality of wins Delaware had this year showcase it as well.

Under Martin's coaching, the Hens defeated then-ranked No. 20 University of Kentucky en-route to winning the Odwalla Classic Championship. Delaware played four nationally-ranked teams this year, going 2-2, with wins over Kentucky and James Madison University and losses against Bowling Green State University and Michigan State University.

During the season, the Hens had three winning streaks of five games or more, including a nine-game streak from Nov. 17 to Dec. 22, ending against Bowling Green.



THE REVIEW/File Photo

Martin's Hens received votes in the Associated Press Top 25 media poll for the first time in school history this past season.



THE REVIEW/Michael LoRé

Shillinglaw is the only full-time head coach in the team's history, taking over the position in 1979.

Men's head coach: Bob Shillinglaw

Coach of the Year can be added to Bob Shillinglaw's impressive resumé at Delaware.

After guiding the Hens to its first-ever Colonial Athletic Association championship on May 5, Shillinglaw and company traveled to University of Virginia Sunday and defeated the defending national champions 14-8, advancing to the NCAA Tournament quarterfinals against University of Maryland-Baltimore County.

This was Shillinglaw's fourth trip to the NCAA Tournament during 29 seasons at Delaware. Shillinglaw rallied the Hens after three consecutive mid-season losses against Duke University,

Drexel University and Towson University to earn a spot in the NCAA Tournament. He has a career-record of 262-231.

Shillinglaw secured his place in Delaware history last weekend after dethroning CAA-powerhouse Towson 10-7 and earning the Hens an automatic-bid to the NCAA Tournament.

After being named CAA Coach of the Year for the past five seasons, Shillinglaw's impressive mid-season turnaround and first CAA championship is a strong argument that he is a worthy candidate for a sixth.

Shillinglaw has had success in the past, including seven titles in the East Coast Conference,

three in the North Atlantic Conference, one in the America East Conference title, a 2005 Colonial Athletic Association regular-season title and NCAA Tournament appearances in 1984, 1999, 2005 and 2007.

Shillinglaw has guided six different teams to 10 or more game-winning seasons since 1999, even after raising the difficulty of the schedule, which has included playing nationally-ranked teams in the past few seasons.

This season, his Hens are No. 4 in the nation in scoring offense, averaging 12 goals per game.

Most surprising team: Men's soccer

When men's soccer head coach Marc Samonisky left after a career record of 56-160-22, fans expected the team to improve, but no one expected it to happen so quickly. In 2004, under Samonisky, the Hens went 4-13-1. The next year they compiled a record of 2-12-4 and averaged only half a goal per game to the 1.94 goals per game they gave up to opposing teams.

Ian Hennessy took over as head coach this past season, improving Delaware's record to 6-8-2. With Hennessy at the helm, games were closer than in previous years and the Hens were within at least two goals of their competition in all eight losses. Delaware increased its goals per game to 1.25 and its goals against

average dropped to 1.38.

Delaware's biggest win last season came Oct. 1 against then-ranked No. 21 James Madison University. Down 2-1, senior defender Anthony Talarico equalized with 13 seconds remaining, forcing overtime. In overtime, junior forward Sobhan Tadjalli scored his second goal of the day, giving the Hens a 3-2 win.

Junior forward Sobhan Tadjalli led the Hens with nine goals and four assists this season, earning a spot on the All-Colonial Athletic Association second team.

Delaware's improvement surprised everyone and with the impressive recruiting Hennessy has done this offseason, it will not be surprising to see an even bigger improvement next fall.



THE REVIEW/File Photo

Men's soccer (6-8-2, 4-7 CAA) lost five out of 16 regular-season games by just one goal.

www.townecourt.com • www.prkplace.com
302-368-7000

ITS NOT TOO LATE FOR OFF CAMPUS HOUSING

DORM DEPOSIT REFUND PROGRAM

Sign Your New Lease Before 05/31/2007 and Receive Your Dorm Deposit Back Plus an Extra \$100.00
Towards Your Rental Account. Call for Details!!

1/2 Off One Months Rent for May 2007 Move Ins

24 Hour Access

Free Tanning

New Fitness Center

New Stand Up 9 Minute Tanning Booths New Fitness Equipment Coming June 2007

- Olympic Size Swimming Pool
- Internet Café & Convenience Store
Coming September 2007

- Walking Distance To Campus
Three Curb Side UD Bus Stop's Running Every 15 Min
- 24 Hour Maintenance
- \$200.00 Resident Referral Program

Rents as Low as **\$475.00 Monthly***

* Based On Double Occupancy Pricing In a Two Bedroom Apartment

Fully Furnished Units With All Utilities Included From
\$600.00 Monthly**

** Per Bed Pricing on Double Occupancy Shared Apt

A PeaceOutSide Campus "Certified Off Campus Housing Facility"

HURRY BEFORE THEY ARE GONE!!!!!!

- Multi Family Apartments
- Student Apartments
- Semi Private Dorm Alternative
- Corporate Suite

Over 13 Different Floor Plans to Choose From

TOWNE COURT
APARTMENTS

PARK PLACE
APARTMENTS

SCHWAB
GROUP
Comfort. Culture. Community

rainbow

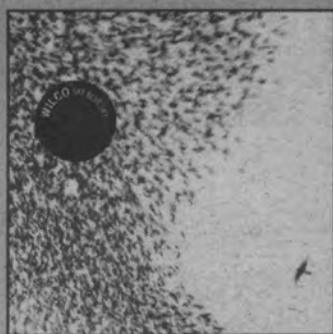
MUSIC & BOOKS

54 East Main St.
Phone: 368-7738
Mon-Sat 10AM-9PM
Sun 11AM-5PM



Guitar Strings Now In-Stock!

Music



Wilco
"Sky Blue Sky"
\$13.99 ON SALE!



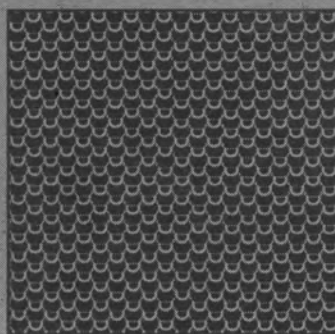
Linkin Park
"Minutes To Midnight"
\$13.99 ON SALE!



Megadeth
"United Abominations"
\$13.99 ON SALE!



Rufus Wainwright
"Release The Stars"
\$11.99 ON SALE!



Dungen
"Tio Bitar"
\$10.99 ON SALE!



Funeral For a Friend
"Tales Don't Tell Themselves"
\$10.99 ON SALE!



Pink Martini
"Hey Eugene"
\$13.99 ON SALE!



Job For A Cowboy
"Genesis"
\$10.99 ON SALE!



Mad-Sweet Pangs
"Stumbling Through Blydepoort Canyon"
\$8.99 ON SALE!

"Battle
of the
Bands"
Winner!

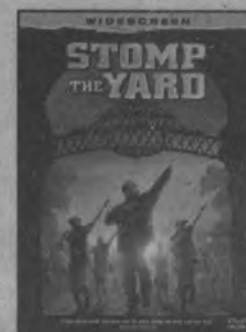
DVD



Pan's Labyrinth
\$23.99 ON SALE!
2-Disc Spec.Ed. \$25.99



The Fountain
\$22.99 ON SALE!



Stomp The Yard
\$23.99 ON SALE!



A publication of the Student Health Advisory Council and the Student Health Service

UD STUDENT HEALTH SERVICE

• LAUREL HALL •

Campus Emergencies.....	911
Appointments/Information.....	831-2226
Women's Health.....	831-8035
Sports Medicine.....	831-2482
Comment Line.....	831-4898

www.udel.edu/shs

Feeling the BURN

What is heartburn? Heartburn, or acid indigestion, is a burning feeling that starts low behind your breastbone. This feeling might move up into your throat or may give you a sour taste in your mouth. Doctors call it gastroesophageal reflux disease or GERD.

What other symptoms can heartburn cause? You might spit up stomach acid, have chest pain, nausea, hoarseness, a cough, or shortness of breath.

What causes heartburn? Heartburn is what happens when stomach acid moves from your stomach up into your esophagus, the tube that connects your mouth to your stomach. Sometimes this happens because the muscle between the esophagus and the stomach is weak and can't stop the stomach acid from backing up.

What can trigger heartburn? Many things can trigger heartburn, and triggers are different for different people. They can include:

- Eating fried, spicy, and fatty foods or chocolate.
- Drinking carbonated beverages, citrus juices, peppermint, or coffee.
- Smoking.
- Being overweight.
- Taking certain medicines that affect the muscle between the esophagus and the stomach such as antibiotics, heart, and blood pressure medications.
- Lying down right after eating.
- Wearing tight-fitting clothes.
- Having a disease that weakens the muscle of the esophagus, such as diabetes mellitus.

How can I avoid heartburn? A few simple steps can help you avoid heartburn:

- Stop smoking.
- Stop drinking alcohol.
- Try not to lie down for at least 3 to 4 hours after eating.
- Maintain a healthy weight.
- Avoid foods that trigger heartburn episodes.

How can I treat my heartburn? For immediate relief, you can take antacids like Mylanta, Maalox, Tums, and Rolaids. You can also take over-the-counter beta-blockers like Pepcid AC or Zantac 75. If you have frequent symptoms and are using antacids regularly to control heartburn, you should make a physician appointment at Student Health Services.

Endless Cycling

Keeping the Ride Safe and Comfortable Marc R. Silberman, M.D.

Proper bike fit is essential for comfort, injury prevention and performance. There are three contact areas a rider makes with the bicycle: the pedals, the saddle, and the handlebars. By addressing these sites with simple rules of thumb, a rider may be set up properly.

A proper frame size is the first step. Most respectable bike shops will be able to properly fit you. Remember that the shoe-pedal interface should be set up such that the balls of your feet contact directly over the spindle of the pedal.

The saddle should be approximately parallel to the ground. Stand and shift your weight periodically to prevent prolonged pressure in the pubic arch. Set the saddle height so your knee is flexed 25 to 30 degrees with the pedal in the 6 o'clock position. If your saddle is properly positioned, you should have no numbness, pain, or discomfort. The saddle fore-aft position should be set so your kneecap is positioned directly over the pedal spindle when the cranks are horizontal to the ground.

Neck, shoulder, or back pain, may indicate improper handlebar position. The height difference between the top of the saddle and handlebar should be about 1 to 4 inches, depending on your flexibility and upper torso length. The reach should be set so your torso is flexed 45 degrees and your elbows have a slight bend when holding the bars.

Most overuse injuries can be prevented with proper

positioning. Knee pain is the most common complaint. Anterior knee pain may be a result of a saddle set too low or too far forward. Posterior knee pain may be the result of a saddle set too high or too far back.

Always wear a proper fitting helmet and follow the rules of the road. Spills can occur in the parking lot and at low speeds. These spills can result in a serious injury, such as a concussion or a clavicle fracture. Always be wary of cars. Assume they do not see you. If riding at night, which is not recommended, wear reflective gear, turn on your rear flashing lights, and headlights.

Cycling should be safe, pain free, and comfortable. If you have any questions, consult a sports medicine physician skilled in fitting cyclists.

Suggested reading: Burke, Edmund R. and Andrew L. Pruitt, "Body Positioning for Cycling," in *High-Tech Cycling*, Edmund R. Burke, ed., Human Kinetics Publishers: Champaign, Ill., 2003, pp. 69-92.



JAMIE GUNNS

BREATH EASY: Understanding and managing your asthma

Asthma is a condition with narrowing of the airways. There are several reasons that airways become narrowed including from inflammation or in response to irritation. Narrowing of the airways can cause shortness of breath, tightness in the chest, and noisy breathing called "wheezing." Some people only have minor symptoms such as a cough during exercise or when it is cold outside.

Asthma is treated with medications that decrease the inflammation and tightness of the airways. Some people need to be on medications every day and some people only need medications when they exercise or go outside in the cold weather.

Asthma can be worsened by triggers in the college environment. It might be helpful and healthful to consider the following suggestions:

1. Reassess what exposures may be triggering your breathing problem. Keep in mind that secondhand smoke may be a new or heightened trigger for you. Other triggers may include dust, pollen, mold, perfumes, exercise, or cold weather. Once you know your triggers, you should avoid them to decrease exacerbations of your asthma.
2. Remember to use your peak flow meter regularly and notify your doctor if your peak flow is decreasing. A decreasing peak flow may mean that you are about to have an asthma exacerbation.
3. Understand what your asthma medications are, how to use them, and what medications to take if you suddenly develop breathing difficulty.

People with asthma must have an action plan to follow in case sudden breathing problems develop. The goal, however, is to recognize signs and symptoms early to avoid serious breathing problems. If you have questions about controlling your symptoms, developing an action plan, or how to use your medications properly, please contact student health for a consultation.

DOES IT FEEL LIKE
THERE IS AN
ELEPHANT
ON YOUR
CHEST?



May is Melanoma/Skin Cancer Detection and Prevention Month.

Heart condition? or a Panic attack?

Without warning, you suddenly feel...

- Your heart racing
- Chest pain or discomfort
- Sweaty
- Trembly or shaky
- Like you are smothering and are short of breath
- A sensation of choking
- Nauseous or have abdominal distress
- Dizzy, unsteady, lightheaded, or faint
- Detached from yourself and reality
- A fear of losing control or going crazy
- A fear of dying
- Numbness or tingling sensations
- Chills or hot flashes.

These symptoms reach their peak in about 10 minutes and all in all are not a pleasant experience.

WHAT TO DO

It's always best to check with a health professional and ask to be examined, possibly have an electrocardiogram (EKG) to rule out true heart problems. But if the result is normal, you may well be suffering from panic attacks.

HOW CAN A PANIC ATTACK DISORDER BE TREATED?

At that point, consult with a mental health therapist (available on campus at the Center for Counseling) and you may benefit from cognitive-behavioral therapy to help you cope with and even master these symptoms. You may also consider medication to control and possibly prevent attacks from occurring. A psychiatrist can prescribe effective medication if needed. Don't let panic attacks interfere with your life if you can help it!

Tdap VACCINE

A new booster vaccine recently became available called "Tdap," which adds protection for pertussis and, also, to tetanus and diphtheria. You were vaccinated against these diseases as an infant, but immunity wear off and can leave adolescents and young adults susceptible to disease. Pertussis is commonly known as "whooping cough" and is highly contagious. Its incidence has been on the rise in the US in recent years. The "Tdaps" vaccination is given one time in place of the tetanus booster shot. Your health care provider may recommend that you receive this vaccination for protection against contracting or transmitting the disease.