FORUM BRIEFING

Optimizing Services for Delaware's Seniors: Applying Delaware's Funding Formula



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sponsored by the

Institute for Public Administration College of Human Services, Education & Public Policy University of Delaware



in cooperation with the
Joint Finance Committee
and the
Office of the Controller General

Introduction

This report presents information on the forum titled "Optimizing Services for Delaware's Seniors: Applying Delaware's Funding Formula" held on Wednesday, April 25, 2001. The forum was co-sponsored by the University of Delaware's Institute for Public Administration, the state's Joint Finance Committee, and the Office of the Controller General. The overall purpose of the forum was to educate Delaware's senior center directors on the changing demographics that the country and the state will face, as well as to educate directors on the anatomy of the Senior Center Grant-In-Aid funding formula. In addition, the forum provided networking opportunities among other center directors, the Institute's senior center project staff, legislators, and controller general staff.

Program Overview

The day began with three briefings on programs of interest to senior centers and the population that they serve. The programs were: the Delaware Prescription Assistance Program, the Automatic External Defibrillator Program, and the "Are You OK?" Program. Further information about each of these programs is available from the sponsoring organizations. See Appendix A for contact information for each program.

Following these presentations, Simon Condliffe, Economist, presented "The Aging of a Nation: The Changing Demographics of the United States and Delaware". This presentation can be viewed on the World Wide Web at http://www.cadsr.udel.edu/. From there, click on the title of the presentation.

The first breakout group occurred after the presentation on demographics. The information gathered from both breakout groups is presented in Appendix B.

After the first breakout group, "The Anatomy of Delaware's Senior Center Funding Formula" was presented by Eric Jacobson, Assistant Director, IPA; Director, MPA Program, and Stephanie Moody, Policy Specialist II. This presentation can also be viewed on the World Wide Web at www.ipa.udel.edu/healthcare/funding/.

In the afternoon, Rachelle Garten, Senior Center and Community Services Regional Manager, from the Baltimore County Department of Aging presented "Senior Centers in the 21st Century: Dynasty or Dinosaur?". Contact information for Ms. Garten can also be found in Appendix A. Ms Garten started her presentation by congratulating the State of Delaware for being one of the few – if not the only – state that provides funding to senior centers through a Grant-in-Aid, formula-determined allocation process. She also discussed redefining what a senior center is and how to develop a mission statement. Mission statements should clearly summarize a center's goals and objectives, and should answer the following questions.

- What are we (senior centers)?
- What do we do?

- What do we want to be?
- What can we be?
- When do we want to be it?

The presentation also included information on strategic planning and marketing. Ms. Garten believes that the key to successful marketing of programs is to focus on the 5 P's, which are outlined below.

- <u>Product:</u> Services should be continually evaluated and designed to meet the needs and wants of the target markets. Three things you can do about 'product': introduce new, modify old or drop them.
- <u>Place:</u> Place or location where the prospective consumer may obtain the product or service. How do you reach people?
- <u>Price:</u> What does it 'cost' people to be involved with you (time, energy, money)? Also consider competition from the private sector, social consequences of charging for public services, and the need to offer programming for client groups who may not be able to pay anything.
- <u>Promotion:</u> How do you get the message across? What image is conveyed through the promotion? Images are enhanced through appropriate titles; however, the product must be congruent with the image.
- <u>People:</u> Your employees are in continuous contact with the public and can create lasting impressions. A rude secretary answering the phone or an abrupt receptionist can create an "I don't care" image of your organization.

Next Steps

- o Beginning in the fall of 2001, half of Delaware's senior centers will be visited by the University of Delaware's Institute Staff to update participation and service information. You can also utilize these visits as a time to offer suggestions and to describe programs that are unique to your center, which should be accounted for in the service level information that is obtained by Institute staff.
- At the end of the day, attendees were poled to determine if more of these forums should be held in the future. A majority of the attendees that were present at the forum requested that more forums be held, both on a statewide level and on the countywide/jurisdiction level. This may be possible in the future and is dependent upon available funds
- Reports submitted by the breakout groups suggested that services to Delaware's seniors could be enhanced through improved coordination of services and information exchange with other nonprofit and government agencies, especially the Division of Aging. Again, this may be possible in the future and is dependent upon available funds.

For a complete list of attendees, see Appendix C.

Appendix A

Contact Information

Delaware Prescription Assistance Program

For more information, contact customer assistance representatives:

Monday through Friday From 8:00am to 4:30pm 1-800-996-9969 ext. 17

Automatic External Defibrillator Program

For more information, contact

"Are You OK?" Program

For more information, contact the Senior RollCall Lifeline:

302-239-5151

Senior Centers in the 21st Century: Dynasty or Dinosaur?

For more information, contact Rachelle Garten:

Baltimore County Department of Aging 611 Central Avenue Towson, MD 21204 410-887-3654 410-887-3656 (fax) rgarten@co.ba.md.us

Appendix B

2001 Senior Center Policy Forum Small Group A.M. (blue form)

The following information was based on ten completed forms.

- Regarding the information just shared about changing demographics in Delaware, how does this affect your senior center?
 - o The implication is that less funding will be available for smaller centers.
 - Confirms the need to change.
 - o There will be a new younger population of seniors moving into the area.
 - o May change a center's programs by targeting more "active" participants.
 - May affect funding allocations over the next 20 years.
 - May affect center staffing.
 - Potential loss of future funding as a result of population shifting.
 - Expect an increase in demand for services and programs.
- How do you think centers in your county might respond to the changing demographics?
 - Expand the center's services by changing operating hours in order to offer evening programs.
 - Look for innovative ways for attracting new members.
 - Provide more services and offer a wider variety of programs to meet the need of the younger seniors while still maintain services to the older senior population.
 - o Partnering with other local organizations, universities, and businesses.
 - o The need for possible consolidation of centers.
 - Staff might need to become multilingual to better serve population.
 - o Change the image of a center from "senior" to "adult" activity.
 - Provide more social services (i.e., outreach).
 - Use this information to support the center's strategic planning processes and program development.
- Besides increasing funding, what can the state do to help you respond to changing demographics?
 - Fund and support Leadership groups for each county in order to develop a plan, which will benefit senior citizens.
 - o Add a staff person with experience and "hands-on" years in gerontology.
 - o Coordinate transportation between & to other local centers.
 - Provide assistance to ensure year-round transportation.

- Help with construction for a larger facility and infrastructure improvements.
- o Assist senior centers in developing a marketing plan.
- Continue to sponsor research and workshops to educate senior center staff on planning issues.
- o Provide information on alternative sources of funding.
- Support a closer connection between senior centers and the Division of Aging.
- o Assist centers with recruiting and training new employees or volunteers.
- o More involvement with the county in which the center resides in.
- Develop a web site to publicize information about all Delaware senior centers.

^{**}Additional comments: Hesitant to respond because of lack of time to absorb demographic information. Would have liked more time to consider information before responding.

2001 Senior Center Policy Forum Small Group P.M (orange form)

The following information was based on six completed forms.

- What opportunities do you see for improving services to Delaware's seniors?
 - Begin brainstorming/networking sessions with other centers.
 - Utilize more volunteers.
 - o Establish a process for sharing successes and failures.
 - Share newsletters with other centers.
 - o Coordinate program opportunities with other centers (i.e., trips, activities).
 - o Partnering with other local agencies or groups (Delaware's business industry, police and radio).
 - There is a greater opportunity to service a wider variety of seniors.
 - o Extend centers' operating hours.
 - Define target market and use promo to reach more seniors.
 - Use more marketing tools (i.e., Internet).
 - Encourage more interaction between centers to provide greater program diversity.
 - o Equitable funding source
 - o Annual "senior fest"
- o What obstacles do you see for improving services to Delaware's seniors?
 - o Transportation establish to and from travel times (i.e., medical services).
 - o There is increased competition for funding and less funding available.
 - There is increased competition for clients from the non-senior center market.
 - Spend more time fundraising in order to maintain existing programs.
 - o There is no incentive to excel.
 - There is not enough accountability.
 - Centers are too territorial.
 - Overlapping of programs (Consolidate centers in order to more efficiently distribute funding.)
 - Centers need to overcome food program's bad history in order to maintain participants.
 - o There is inadequate staffing in community agencies.
 - Improving the senior center image.
- o How might your center use this information?
 - To increase partnerships.
 - Share ideas and programs.

- o Create a team of center personal to plan more inter-center collaboration.
- Re-examine your center and recharge.
- Demographic information will enable us to get better prepared for the future.
- Besides increasing funding, what can the state do to help improve services to Delaware's seniors?
 - Provide centers with information on "hiring practices" in order to better locate and retain part-time workers and volunteers.
 - o Provide more training.
 - o Provide public service announcements.
 - There needs to be more involvement from the Division of Aging besides just the nutrition program.
 - More specific regulations are needed.
 - Have a senior center representative involved in all the different levels of senior center planning and funding allocation.
 - o Involve the directors/seniors in a more adversarial capacity.
 - Reduce paperwork.
- 5. What questions do you have that we didn't cover today?
 - o What kinds of funding are in future for senior centers?
 - o What are new ways that centers can support exceptionally frail seniors?
 - o How can centers reduce paperwork?

Appendix C

PARTICIPATION LIST

ABRAMS, Carolyn J.

Kingswood/Jimmy Jenkins Senior Center

COLLINS, John P.

St. Patrick's Center

ANKENMAN, Mary CONDLIFFE, Simon

Frederica Adult Center CADSR/University of Delaware

BARTON, Maxine COOK, Nancy W.

M.O.T. Senior Center Senator, Joint Finance Committee

BELL, E. Kathlene DiPINTO, Joseph

West Center City Adult Center, Inc. Representative, Co-Chair of the Joint

Finance Committee

The Modern Maturity Center, Inc. DITOLVO, Diane

BONNIWELL, Robert A.

Indian River Senior Center

BONVILLE, Linda
Cape Henlopen Senior Center
DUNCAN, Penelope

Laurel Senior Center, Inc.

BRATHWAITE, Ann

Peoples Settlement Association ELLIOTT, Barbara
Senior Center Nanticoke Senior Center

BROWN, Debra FALLON, Tina

Mamie A. Warren Senior Center Representative, Joint Finance Committee

BROWN, Patsy Bennett FOLEY, Linda A.

Roxana CHEER Senior Center St. Thomas Senior Center

CAIN, Vester FRANCKOWIAK, Susan Kingswood/Jimmy Jenkins Senior Center Nanticoke Senior Center

CARTER, Patrick
Graham Senior Center
GALBRAITH, Birdie
Lewes Senior Center

CHRISTIANSEN, Lori GARTEN, Rachelle

Office of the Controller General Baltimore County Department of Aging

CICCARONE, Carolyn GERARDI, Angel

Sellers Senior Center Greenwood CHEER Center

GETMAN, Sue

Wilmington Senior Center

GLAND, Kathleen M. Oak Grove Senior Center

GREEN, Robin

Georgetown CHEER Senior Center

GROSS, Christie

IPA/University of Delaware

HAMPTON, Anne

New Castle County - Community Services

HANSEN, Frank

Mamie A. Warren Senior Center

HARMON, Beckett

Sussex County Senior Services, Inc.

HARPER, Rich

Sussex County Senior Services, Inc.

HOLDEN, Sylvia

The Salvation Army Senior Center

HOLLOWAY-DRYDEN, Marlene

South Wilmington Senior Center

Adult Program, Inc.

HOLTON, John T.

Claymont Community Center

IAVARONE, Candace

Huling Cove CHEER Senior Center

JACKSON, Marguerite

Peoples Settlement Association

Senior Center

JACOBSON. Eric

IPA/University of Delaware

JALIS, Judith

Claymont Community Center

JONES, Lillian

West Center City Adult Center, Inc.

JOYCE, Harriett

Laurel Senior Center, Inc.

KEEGAN, James

Graham Senior Center, Inc.

KOOSER, William J.

St. Patrick's Center

KRETT, Sandra S.

Howard Weston Community Senior Center

LARSON, Russell T.

Controller General

LATHAM, Eileen

New Castle County - Community Services

LITTLETON, Arlene S.

Sussex County Senior Services, Inc.

LUISE, Mary Ellen

Clarence Fraim Senior Center

MANSURE, Donna J.

Claymore Senior Center, Inc.

MASON, Florence

Sussex County Senior Services, Inc.

McBRIDE, David B.

Senator, Joint Finance Committee

McCOOL, Beverly

Claymore Senior Center, Inc.

MOODY, Stephanie

IPA/University of Delaware

MORCH, Juanita J.

Cape Henlopen Senior Center

MORRIS, Gerald

Mid-County, Center, Inc.

NELSON, Mary

Indian River Senior Center

NESTLERODE, Evelyn

Office of the Controller General

OEHLER, Fred

New Castle County Police Department

PERKINS, Lee

Newark Senior Center

PRICE, Gene

Harrington Senior Center

RIDGELY, Peter T.

Milford Senior Center, Inc.

SAWYER, Susan F.

Graham Senior Center. Inc.

SCHIEFFERT, Lisa

IPA/University of Delaware

SEIBERT, Shirley

Sellers Senior Center

SHAW, Gladys

Lewes Senior Center

SHOCKLEY, Francine

Slaughter Neck CHEER Senior Center

SOULE', Philip Sr.

Department of Health and Social Services

STEPHENS, Sheree

Ocean View Leisure CHEER Senior Center

STEWART, Gloria

South Wilmington Senior

Adult Program, Inc.

TRAVIS, John D.

Howard Weston Community Senior Center

ULBRICH, Stephanie

Representative, Joint Finance Committee

VAUGHN, James T.

Senator, Co-Chair of the Joint Finance

Committee

WALLACH, Orly

Jewish Community Center

WIAN, Kathy

IPA/University of Delaware

WILLIAMS, Jean

Newark Senior Center

WILLIAMS, Sally

Mid-County Center, Inc.

WIRT. Debra A.

St. Anthony's Community Center

WOODHOUSE, Jennifer

Centro Los Abuelos, Methodist Action

Program

The Institute for Public Administration (IPA) links the research and resources of the University of Delaware with the management, information, and leadership needs of schools and local, state, and regional governments in the Delaware Valley. IPA provides assistance to agencies and local governments through direct staff assistance and research projects as well as training programs and policy forums. IPA's wide range of program areas includes civic education, conflict resolution, health-care policy, land-use planning, local, state and international government, school leadership, water resources, and women's leadership. IPA's main office is on the University's Newark campus in 180 Graham Hall. Jerome Lewis is the director of the Institute and can be reached at 302-831-8971.



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