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Harker's pay ranks 3rd for public univ.

BY JOSH SHANNON

Editor in Chief

Patrick Harker was the nation's third highest-paid public university president in 2007, drawing a total compensation of \$810,603, according to documents released Monday.

That figure, for Harker's first year as president, includes a base salary of \$640,124, employee benefits of \$70,479 and a merit bonus of \$100,000, said university spokesman David Brond. The bonus is set each year by the Board of Trustees and takes into account Harker's progress on goals, such as faculty recruitment, admissions targets and diversity initiatives.

Harker's salary was released as part of the university's 990 tax form, obtained by The Review through a records request. Tax-exempt organizations, such as universities, are required by law to list the salaries of their officers and five highest-paid employees on the form.

The documents also show that former university President David Roselle received a total compensation of \$819,411 during the 2007-2008 fiscal year, which began the day he left office. Neither the documents nor Brond gave details about the payment to Roselle.

"It's commitments that were made to the previous president that are still being fulfilled by the university," Brond said.

The money is likely severance pay or deferred compensation, said Paul Fain, a senior reporter at The Chronicle of Higher Education who specializes in covering presidential compensation. The amount is surprising, Fain said.

"Usually, that sort of residual payment is smaller than the incoming president's salary," Fain said.

Harker's salary is less than that of his predecessor. In 2006, Roselle's final year at the university, the former president

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Courtesy of the Bonistall family



THE REVIEW/ Stephanie Kraus

The tree (left) planted as a memorial to Lindsey Bonistall four years ago has been removed (right) and the permanent plaque never arrived.

After 4 years, Bonistalls still waiting for memorial

BY STEPHANIE KRAUS

Senior News Reporter

An empty plot of land now serves as the memorial site for Lindsey M. Bonistall, a student who was murdered in her off-campus apartment four years ago.

Kathleen Bonistall, Lindsey's mother, said she was shocked to find the tree that had been planted in her daughter's memory was completely removed from the land.

"When I saw the tree gone, I felt distraught," she said. "During the first two years after her death, emphasis was placed on the 'UD family.' What happened to the family? They just wanted Lindsey forgotten."

On May 6, 2006, a year after Lindsey's murder in her off-campus apartment, the university held a memorial ceremony on the path from Alison Hall to Perkins Student Center, the same path Lindsey would take from her classes at Memorial Hall to The Review, where she was a staff reporter.

Mark Bonistall, Lindsey's father, said family and friends gathered around the pink dogwood tree planted in honor of Lindsey that day.

"The university made a big deal of doing something special in Lindsey's honor," Mark said. "My family flew in from all over the country. We came and spoke about her death."

Kathleen said she thought it would be nice to have something at the university similar to the

weeping cherry tree planted for Lindsey in their front yard at home. In early 2007, Kathleen received a phone call from a friend who lives near the university, saying the tree was no longer planted at the memorial.

"The university did not call to tell us about it. I heard from my friend," she said.

At the dedication in May 2006, the university presented a temporary plaque but told the Bonistall family a permanent plaque would be made. As of yet, the Bonistalls said they have never seen the permanent plaque for their daughter.

"When we went to visit, there was no tree, no

see UNIVERSITY page 4

Univ. to offer amnesty for alcohol hospitalization

BY KAITLYN KILMETIS

Contributing Writer

One weekend night four years ago, a university freshman lay unresponsive at an off-campus party after vomiting due to alcohol consumption.

Friends of the student, who do not wish to be named, argued over whether or not to call 911. One partygoer eventually decided to contact emergency services out of fear

for the young woman's health.

Knowing that based on university policy, the student would receive two strikes for going to the hospital, her friends decided to hide her to elude emergency services and ensure the student would not be subject to judicial penalties.

"We knew there would be university consequences and didn't think it was worth her getting in trouble," the student's friend said.

"We didn't think she was as drunk as she was."

Two hours later, emergency services located the student, who was still unconscious, and transported her to Christiana Hospital. Upon arrival, her blood alcohol content was .35, which is equivalent to one's BAC level under surgical anesthesia.

In order to avoid occurrences like this and to ensure student

safety takes precedent over fear of judicial consequences, the university has adopted the medical amnesty policy.

Effective in the fall, individuals seeking medical attention due to their level of intoxication will not face sanctions by the Office of Judicial Affairs. Additionally, students who assist individuals

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Letter from the Editors

Dear Readers,

For many college students, this time of year is all about transitions—the transition from the independence of living at school to living with parents again, or perhaps the transition from college life to the real world. For us, it's the transition into our new positions as the executive staff of The Review.

But, our biggest transition is yet to come. This fall, The Review will expand into a seven-days-a-week, multimedia news organization. We've hired a multimedia editor who will focus on adding videos, audio and slideshows to our Web site, udreview.com. In addition, our editors and reporters will work to update the site with the latest campus news throughout the week.

Worry not, our focus will not shift away from the pages you hold in your hands now. The print edition is our primary means of reaching our readers and will remain so for the foreseeable future. That said, expanding our Web offerings allows us to distribute information faster and explore subjects more deeply and with different mediums.

The other exciting change will be more opportunities for us to converse with you, our readers. As you may have noticed, The Review recently joined Facebook. Soon, we will be expanding to Twitter as well. In the fall, we plan to hold an open forum where you can come to learn more about how The Review works and tell us how we can serve you better. We will also use this page and a blog to talk with you each week.

From the excitement and passion that swept campus during the election season last fall to the genuine fear that many felt when the swine flu was found at the university, we've shared those moments with you in these pages throughout the year. We look forward to being there with you next year and hope you stick with us as we transition into an exciting new time for The Review.

Faithfully yours,
Josh Shannon, Editor in Chief
Maddie Thomas, Executive Editor

P.S. We would be remiss if we didn't thank our predecessors, Laura Dattaro and Brian Anderson, along with the 17 other staffers who are graduating next week. We've both learned so much from you, and for that we will be forever grateful. As your names take their place alongside those of editors past on the archives shelf at The Review, know that you will always be welcome in our home-away-from-home at 250 Perkins.



THE REVIEW/Natalie Carillo
The Guerrilla Gorilla Shakespeare Troupe made it's first strike Monday in front of Kirkbride Hall.



THE REVIEW/Steven Gold
Comcast gave away free moving boxes on the Green.



THE REVIEW/Ayelet Daniel
University President Patrick Harker helped unveil the university's new research blimp on Tuesday.

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Griffin family sues fraternity over son's death

BY BRITTANY HARMON
delaware UNdressed columnist

The parents of Brett Griffin, a freshman Sigma Alpha Mu pledge who died at an off-campus, fraternity-organized party in November, have filed a wrongful death suit claiming fraternity members did not make an attempt to help Griffin after excessive alcohol consumption.

The wrongful death lawsuit has been filed against the national fraternity and the local chapter of Sigma Alpha Mu. Timothy and Julie Griffin, Brett's parents, claim in the lawsuit the fraternity, both national and local, had a duty to the freshman and other pledges to manage the provision and use of alcohol in connection with bid, recruitment and pledge events. The Griffins feel as though the fraternity did not enforce the rules or abide by any safeguards.

According to court documents, "failing to discipline such

events before the freshman's death, Griffin thus suffered conscious pain as he was compelled to drink with his brothers at the party, as a result."

The complaint also charges the national fraternity with failing to supervise the local chapter and neglecting to institute meaningful anti-hazing policies.

The Griffins said the fraternity neglected Griffin's well-being by forcing him to drink a large amount of alcohol on the night of Nov. 7.

Student defendants named in the suit include Jason Aaron, the fraternity chapter president; Daniel Troper, the chapter's vice president; Matthew Siracusa and Daniel Okin, who are both identified as the alleged "pledge masters"; and Michael Bassett, Griffin's "Big Brother."

The suit claims Griffin had to attend a mandatory function for the fraternity and was forced to take part in a "family drink" with

his brothers. According to the document, the dangerous amounts of alcohol consumed during this act are linked to successfully joining the fraternity family and creating a lifelong brotherhood.

The suit claims he was pressured into consuming an extreme amount of Southern Comfort during the social drinking.

Court papers say a number of pledges passed out as a result of hazing, while fraternity brothers watched over an incapacitated Griffin, examining him for hours.

"None of them [the fraternity brothers] made the slightest effort to dial 911 during this extended period of time to summon the emergency services Brett needed to survive," the suit read.

The suit was filed under seal in New Castle County Superior Court in early April, and opened to the public Thursday.

It does not name the university as a defendant.



THE REVIEW/Steven Gold

The family of Brett Griffin is suing the Sigma Alpha Mu fraternity.

Students have mixed reactions to planned Gilbert demolition

BY ERICA COHEN
Student Affairs Editor

The Gilbert Complex, a university residence hall for 44 years, will be torn down this summer in order to make room for more modern dorms, the university's Board of Trustees announced Tuesday. Harrington complex will eventually be replaced as well, according to university spokesman John Brennan.

More beds will be added to Independence Hall or Laird Campus to give the university sufficient space to house students while East Campus is being renovated.

Tearing down the Gilbert complex is just one of the many renovations the university is hoping to accomplish, along with renovations of the Russell complex that were done during the 2008-2009 school year.

Sophomore Kayla Gaines, who lives in Gilbert this semester, said the dorms need to be changed.

"I think it's just the condition isn't worth investing to fix," Gaines said. "It's gross here and it's falling apart and not worth fixing."

Junior Nick Hoyt agreed Gilbert can be difficult to live in, but he enjoyed it nonetheless.

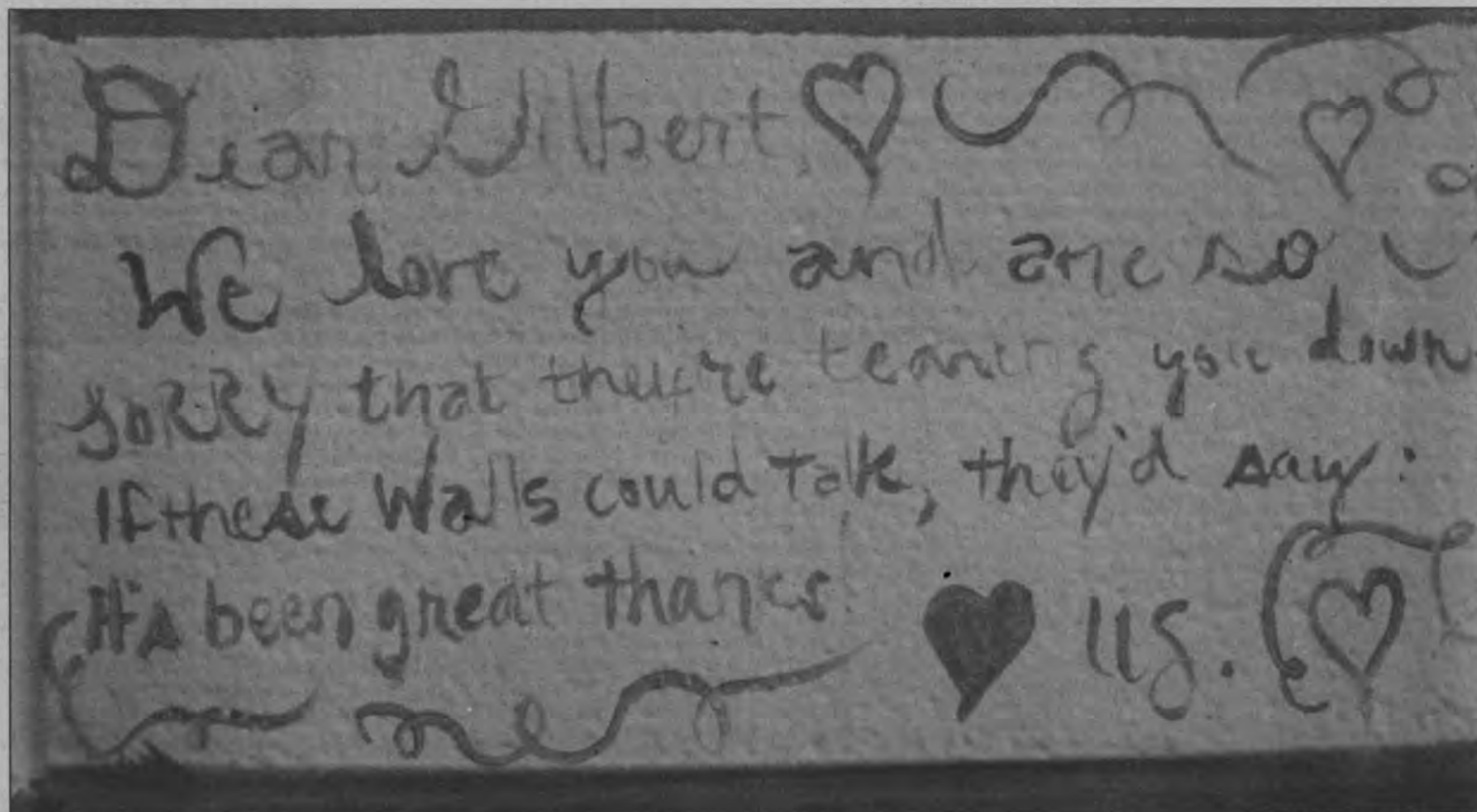
"The dorms were also always uncomfortably hot," Hoyt said. "The heat would stay on even during warm weather and with no air conditioning the summer months were too warm in the complex."

Lauren Hornyak, a 2006 graduate, agreed that the dorms could use an update but was sad to see them go. Hornyak was a resident assistant in Gilbert F her senior year and said on her move in day it was 105 degrees in her room because there is no circulation in the building's courtyard.

Despite these flaws, she said she would miss the building and was hoping to visit it at the Forum and Reunion weekend this summer.

"I'm sad because I'm sentimental for all of the memories and good times living here but, I think it's amazing what Delaware is doing to grow and attract better and brighter students and I think Gilbert was outdated," Hornyak said.

Linda Carey, director of housing assignment services, stated in an e-mail message that the Gilbert complex typically held 652 students, but since only three of the buildings



THE REVIEW/Erica Cohen

Students expressed their feelings with a sign after the university announced the demolition of Gilbert Hall.

were open this past semester there were only 324 spaces available.

This year three of the buildings in Russell complex were closed for renovation and next year Russell C, D and E will open, keeping the amount of spaces approximately the same, Carey said.

Next year there will also be changes in the placement and housing of students of different ages and interests.

Carey said for next year, East and West Campuses and George Reed North and South on Laird Campus will all house freshmen. Central complex, Independence Hall East and West, Thomas McKean, James Smith and the Christiana Towers will house upperclassmen.

Sophomore Lauren Lobo heard about the plan to make East Campus buildings completely freshmen housing and disagreed with the idea.

"I love living here, I'm an engineer so I love the location because it is close to all of my classes," she said.

She said both her and the members of her close-knit floor weren't thrilled about leaving this side of campus. She said although the heat and water temperatures in the dorm weren't reliable, she thought it was a decent place to live.

"I'm going to miss it because it is the only building I've ever lived in and I love this side of campus," she said. "They need some things done but I'm not a huge fan of tearing them down."

Hornyak echoed these feelings toward her senior year dorm.

"When I look back and think about my time at Delaware, the year I spent on the beach always seems the absolute best," she said.

University says new tree will be planted soon

Continued from page 1

plaque, no nothing," Mark said.

Kathleen said she asked Michael Gilbert, vice president of Student Life, at Awareness Day in 2007 about the tree missing from her daughter's memorial.

She said he told her the dogwood had died because it could not grow well in that spot due to excess moisture.

"I told him just put any tree there, it doesn't matter if it's a dogwood, just something," she said. "A plaque doesn't wilt, just put a plaque there."

Kathleen said the university proposed to move the location when the new tree was planted, so it would grow better.

"I didn't want to change the location," Kathleen said. "All of Lindsey's friends know the tree is there, that's the whole point of the memorial site."

Since 2007, Mark said he has tried to contact Gilbert many times about the tree. Both Kathleen and Mark said they had left voicemails for him inquiring about when a new tree would be planted.

Gilbert said last week that he did not know the Bonistall family had been trying to contact him.

"I've always been available to the Bonistall family," he said. "I don't remember exactly when I called them. I did call them sometime last year."

Gilbert said he was unaware a permanent plaque had not been made for Lindsey's memorial, but would look into it.

He said he is not sure exactly where the tree was located and the Landscape Engineer, Facilities Planner & Control Director, Tom Taylor, is in charge of ordering the new tree.

Since the tree was removed in 2007, the Bonistalls said no progress has been made for a new tree or plaque.

Gilbert said he does not know background information about the tree because he stepped into the vice president position on May 23, 2007. He said his predecessor, Cynthia Cummings, dealt with the matter before he became vice president.

Cummings has since transferred to the University of Massachusetts where she serves as Assistant Vice Chancellor for Student Affairs. Cummings said she informed Kathleen about the removal of the tree through e-mail.

"I don't exactly know why she did not receive the message, but I did send her an e-mail telling her the tree had died and it would be

replaced," Cummings said.

"Apparently she did not get the e-mail."

Kathleen said she was in contact with Cummings through e-mail, but was not originally notified by Cummings about the tree dying.

Cummings said she believed a replacement tree had been planted after she left.

"The tree had been replanted, so there is still a tree I believe," she said. "I have not been there for two years but I would hope there is still a tree there."

In an e-mail message sent from Cummings to Kathleen on April 24, 2007, Cummings said a new tree had been ordered.

"A new pink dogwood tree was delivered to campus last Thursday," the e-mail message stated. "I am not sure if it has been planted yet, but if not, it will be planted shortly."

Cummings said she left the university in April 2007, and at that time the university was waiting for warmer weather to plant the new tree. "I'm surprised to learn that a tree had not been planted and maybe that happened because I left rather suddenly," she said. "Perhaps once I left no one took it upon themselves to replace the tree."

Cummings said the Development Office was in charge of having the permanent plaque made. She said to her knowledge, the plaque was finished, but the university was waiting to place it.

"Once the tree was replaced, the plaque would be placed under the tree," she said. "I thoroughly believe that plaque was made."

Mark said there was a two-year period after Lindsey's death where the family could have sued the university. He said both President David Roselle and Cummings were supportive during those two years.

"We were going to sue the school for not taking care of Lindsey, but the university was great for those two years," he said. "As soon as those two years were up, no word, no nothing, we were ancient history."

Gilbert said he called Mark on Friday.

"I apologized to Mr. Bonistall," he said. "I do regret that he was surprised about the tree. I don't know what to attribute that to."

Gilbert said a new sweet bay magnolia tree will be ordered as soon as possible and planted back at the original site.

"I think the tree will be replaced very soon," he said. "With the information and support from the Bonistalls, we're going to replace it right away."

The Review Interview: Thomas L. Friedman

BY KAITLYN KILMETIS

Contributing Writer

On May 30, Thomas L. Friedman will serve as the keynote speaker at the university's 160th commencement celebration. This week, Friedman spoke to The Review in a phone interview.

Readers can find this three-time Pulitzer Prize winner's point of view in his twice-weekly column on the pages of the *New York Times* and in one of his five critically-acclaimed books.

Graduates are entering an unstable period in terms of the economy and foreign affairs. What advice would you give to students at such an uncertain time?

I will delve into that in my talk and I don't want to preempt that but just some general advice, but more specifically if I was talking to you and you called me up and said "Gosh, I have a journalism degree now and it's a really uncertain journalism market and an uncertain economy," I would say this is a good time to widen your skills. The market is going to be really small in whatever you're interested in doing. This is probably a good time to go to graduate school or try to intern somewhere or from a journalistic point of view, assigning yourself abroad. Do Teach for America, do the Peace Corps, do something that will broaden your skills, so when the economy does turn around you can kind of meld that with your academic background and be better prepared for the work force.

Do you have any general opinions about the character of our generation?

I happen to have a daughter that's a junior in college and one that graduated two years ago and did Teach for America. I've always said their generation is so much more idealistic than they should be in the world we've given you and I think that's really impressive. I think you're a quieter generation in some ways than the '60s generation, but no less idealistic it seems to me, and I've been really impressed by the willingness of young people today to go abroad, try new things even in this kind of crazy world post-9/11. So, I think this is a generation that really wants to be a part of the solution, but I think they're coming into a world where the problems are so big that they kind of don't know where to get a handle on things and what to grab onto first. I think that's why they look to Obama, and I think that's a really good thing. He's someone who I think they hope will clear a path for them to make their contribution as it were. He's been obviously burdened with this incredibly terrible economy and that's a tough thing for him too.

Where do you foresee America moving in terms of the economy?

I talk about that in my speech, but what I will tell you is that what my speech is about is why the crisis of 2009 was a double of crises. It was a moment where the market and Mother Nature both kind of hit a wall and we need to find a different way to grow. My speech will be about that and where your generation can fit in that process.

You are an advocate of alternate forms of energy. Here at the university, we recently opened an energy institute and were given a large grant to fund research about alternative forms of energy. Why do you think this is such an important topic for students to understand and incorporate into their futures?

Unfortunately, that gets right to the heart of my speech and that would be stealing a little of my thunder. What the speech is really about is how the market kind of hit a wall in 2009 and why and how it's really important for your generation to develop a way to grow that will be sustainable for both the market and Mother Nature. That's about all I can say right now.

Why did you decide to come to our university to speak?

I get a lot of invitations to go to different places that just tickle my fancy, and so there's no rhyme or reason to it. I'm giving another commencement speech this weekend. I get many, many requests and I do a couple every year.

With the growth of a lot of Asian countries, many have predicted the demise of America. Do you think that's a legitimate threat that students should be fearful about?

I'm not so worried about that yet. I think we're a ways from that. I'm not there.

Do you have any predictions about the direction that the western world's interaction with the Muslim world is heading in?

I think that now that we have a president named Barack Hussein Obama, who has Muslims in his family, and I think has an intuitive feel and understanding for the Muslim world and wants to have America interact with it in an equal and kind of mutually dignified and mutually accountable way, I think we have a chance for a much better relationship.

As a journalist, how do you respond to the death of newspapers?

We're at such a transition point I just don't know. I think there will always be a *New York Times*. I think it will always come out in a newspaper form, but I don't know if it's going to be half online, only online, some on dead trees, I don't know.

Is there anything else you want students to know?

I've been really lucky as a journalist and was able to cover some really fascinating stories from the Arab-Israeli conflict to the end of the Cold War to the rise of the Dot Coms, and journalism has been a great vehicle for me to do that in. When I was your age and people said "You're going to be journalist, how are you going to make any money?" I kind of said "I don't know, but I think when you do what you love and you love what you do, you'll always be successful." And so that's the first thing to ask yourself as a young person today, "what do I really love to do?" If you figure that out and do it, then you'll bring passion to it. I'm a really big believer in that.

How much are you being paid to speak at our commencement?

You'll have to ask the university.



"Around the world" study abroad programs banned

BY JOSH SHANNON

Editor in Chief

Education professor Laura Eisenman thought she had a good idea for a study abroad program that would allow students in the disabilities studies minor to compare how the disabled are treated around the world. After a year of planning, she developed the five-stop 2010 Winter Session trip and began signing up interested students.

"We talked about doing a comparative study abroad program," Eisenman said. "Wouldn't it be interesting to go to several different sites where there would be different cultures and different situations that might help us understand the broader experience of disability?"

However three months after she submitted her proposal and received preliminary approval, university officials banned such "Around the World" study abroad programs as part of a new set of regulations, which took effect last month.

University officials later relented and allowed Eisenman's trip to continue, but this is the last year such a trip will be allowed.

In a March 3 memo sent to study abroad faculty directors, Vice Provost Havidan Rodriguez stressed the importance of keeping study abroad costs as low as possible in light of the weak economy.

"Given the short time frame of our study abroad program, the increased costs and liability issues that emerge with multi-site programs, these types of programs must be significantly reduced or eliminated," Rodriguez stated in the memo.

Eisenman's trip costs \$7,513 for in-state students and \$9,853 for out-of-state students. That puts it among the priciest of next winter's programs, but there are some single-stop programs that are more expensive, including a department of entomology and wildlife ecology trip to Australia that costs \$8,613 for in-state students and \$10,953 for out-of-state students.

Lesa Griffiths, director of the university's Center for International Studies, said the memo's directive means that "Around the World" programs that stop in several places will no longer be approved. Trips that visit two or three countries will be limited, but will be approved if the sponsoring professor can explain why visiting more than one country is academically beneficial.

Griffiths said the change was prompted by rising costs and the belief that multi-country trips do not allow for an in-depth study of a culture.

"When you're going to five countries in four weeks, you're spending a great deal of time on a bus or airplane with 24 other American students," Griffiths said. "You're not spending time in the local community."

She said it could also be a safety issue if a student were to get sick on a study abroad trip and require hospitalization. If the group moved on to another country, the student would be

left alone in a foreign hospital, she said.

Eisenman said she was disappointed by the new regulations and appealed to the provost's office for an exception to the regulation.

"I won't argue that an in-depth study is not a good thing, but we've been careful about selecting places where we can make good contacts and engage them in meaningful ways," she said. "What we're giving up is the opportunity for some of the more cultural and fun excursions."

Eisenman said after several conversations with university officials, she received approval to continue the trip this winter.

Griffiths said one other "Around the World" program, a leadership trip run by professor Audrey Helfman, also received an exemption.

"Because they had invested so much planning, both appealed to the provost's office with their academic justifications and he is allowing them to both go for this year, then they will stop," she said.

Eisenman said it is a shame that she won't be able to continue the trip and take advantage of the contacts she will make this year. She said spending less time in more places can still be a valuable experience for students.

"They're going to have the opportunity to explore the ideas in depth and have the advantage of thinking about those ideas as they relate to these different contexts," she said.

Political science professor, James Magee, who has led several study abroad trips to Italy, said he agrees students are best served by a study abroad program focused on one country. Magee said multi-site trips require students to waste time traveling, rather than exploring the area they are staying in.

"You want kids to experience as much of a culture as possible," Magee said.

Magee was one of several veteran study abroad faculty directors who were asked to review the proposed regulations when the plans were being considered earlier this year by the vice provost's office and the Center for International Studies.

Griffiths said her office decided to re-examine the policies after noticing minor problems with the program.

"The program has grown so big and so fast and there's so much interest among faculty and students, it was just time to stop and give everyone a reminder," she said.

The new policy also limits the number of students allowed on any study abroad trip to 30. Previously, faculty could take as many students as

they wanted to, sometimes more than 50, Magee said.

It also specifies that study abroad trips cannot begin before the official start of Winter Session. In past years, there has been an increase in the number of trips who leave early enough for students to spend New Year's Eve in their destination country.

Traveling between Christmas and New Year's Day, when the university is closed, could be an issue if there was a flight delay or other travel problems since the university's support services would be closed and not able to easily deal with the problems, Griffiths said.



THE REVIEW/File photo

Study abroad officials announced new regulations last week.

Summer study abroad trips face decline in student interest

BY ERICA COHEN

Student Affairs Editor

Seven out of the 17 study abroad programs this summer have been canceled, according to the Center for International Studies Web site.

Although it is typical for summer programs to be canceled due to under enrollment, this is still a slight increase in cancellations from last year, Lisa Griffiths, director International Studies said.

Last year, there were five trips out of the 15 planned canceled — a rise from 33 percent to 41 percent cancelled, Griffiths said.

Professor Alexander Selimov's trip to Spain for this summer is still running, but with only 11 of the 21 students who initially said they would be able to go on the trip.

Two of the students were unable to go after finding out they did not receive the scholarships they had applied for, and one student had to drop out because of financial changes in his family.

Despite 10 students dropping out, Selimov was still able to take his group on the trip. The study abroad policy is that one faculty member must attend per every 12 students.

Selimov believes this is because he cut

down his program fee so it would be more affordable. He did this by adding to his own work load. He will be teaching the information the trip would typically pay tour guides for, and in doing this, he cut out nearly \$1,000 of the program fees present in his similar trip last summer.

"This program will be discovery learning to present the information in a much more academic way and less touristic way," he said. "I am actually happy to have this opportunity."

Daniel Green, a political science professor, said he has also picked up some of the cost in the past in order to make his summer abroad trip possible.

Green's trip for summer 2009 was planned for Brussels, Attenborough and London, but was canceled because of low enrollment.

This year he had approximately 24 people attend interest meetings, but only two students made the deposit.

"For summer, it is almost guaranteed that you are not going to get enough students," Green said.

But even with the difficulty in recruiting students summer programs, Green noticed a decrease in applicants during Winter Session as well.

"I know there is an impact of the crisis because I also do a winter Spain and Rome program, and last year we had 72 applicants, and this year we had 42," he said.

Study abroad officials extended the deadline because of issues with the economy, he said.

Professor Louis Arena also noticed a difference in success between the two summers he ran his Italy program.

Arena cut back on some costs, tours and excursions because of the economy, but still was only able to get nine or 10 students to pay for the trip, which was not enough to run the program.

"We had many more people at interest meetings for the summer who said 'it was iffy', or 'I have to talk to my parents about the cost'," he said.

Business Professor Carter Broach believed the cancellation of his Europe program was just because of the season.

"About 10 years ago I tried to offer a summer study abroad program in Europe and got one applicant," Broach stated in an email message. "I hypothesized then, and suspect even today, that many business majors use the summer to earn money and build their resumes with summer jobs and internships."

Griffiths echoed these thoughts and said summer abroad programs are traditionally canceled between 25 to 50 percent of the time because of under enrollment.

"The problem is that we have a real culture of going abroad in winter session and the summer months evoke a greater opportunity to get jobs and internships," she said.

Arena plans on changing his program offerings for next year with this in mind. He wants to move the program departure date to May 31 so students will have July and August to work summer jobs if they would like to.

Selimov also believed changes needed to be made in order to make summer programs more successful in the future, but was optimistic about the study abroad program.

"I think study abroad is an important piece of academic education for students who seek to find a global perspective, and maybe study abroad programs have to adapt to the new world to make it more affordable by absorbing some expenses like I did with my own work to make sure that students can have that experience," he said.

Brick's Politics

A senior political science major presents his weekly views on politics and current events from a center-right perspective.

When Barack Obama's former campaign manager, David Plouffe, visited the university last month, he said the Republican candidate he fears most as Obama's 2012 opponent was Utah Gov. Jon Huntsman, Jr. Plouffe feels Huntsman's open-mindedness on issues such as civil unions and global warming would make him a serious threat.

The next presidential election is a long way off, but as of Saturday, Huntsman's name can be all but struck from the list of candidates Obama will have to worry about. Why? Obama will be sending the Mandarin-speaking governor to China to serve as America's next ambassador.

Political calculations were played strongly on both sides. Obama took a step toward a second term and scored some bipartisan points in the process, while Huntsman can further develop his foreign affairs credentials and can also demonstrate his ability to serve his country while not serving his party.

Perhaps most telling, however, is what Huntsman's acceptance of the post shows about his feelings in regards to his, own as well as his party's, chances for the White House in 2012. The loss of another important moderate voice raises questions about the future of the GOP, and conservatism in America more broadly.

Certainly there are principles that right-leaning politicians must hold on to if they are to maintain their political identity, however many still feel religious conservatives can not be won over unless politicians play to issues like opposing gays in the military, and even the idea of evolution.

Huntsman calculated that the Republican Party will unlikely be ready to accept his moderate views and the country is not ready to broadly embrace his party. Even though many in the party only begrudgingly accepted John McCain's moderate views, the country was not accepting of a Republican in 2008 and may still not be ready in 2012.

The conservative embrace of traditional social values will likely always be attractive to people of religious faith. However, until the party somewhat jokingly referred to as God's Own Party stop making the case for social policy in religious terms, the non-devout will represent a continually shrinking contingent of the party in number and in voice.

Morality should never be lost from government, and all Americans should be respectful of religious faith even if they have none. However, conservatives must consider the consequences of making political arguments that have little appeal to those outside of the religious community.

Meanwhile, lost in the argument over the role of government today is a viable conservative



Michael Brickman
Columnist

alternative. Conservatives are not fighting for today's kids who are seeing opportunities go down the drain because liberals are putting special interests before student interests.

Conservatives need to counter liberal populism that attacks success. However, rather than embracing their own brand of populism that attacks "elites," conservatives need to re-establish a respect for those successful people and institutions that in playing by the rules create wealth, prosperity, and innovations improving life for themselves and others. Respecting the successful is important not because we should be subservient to them, but because trying to tear them down simply for their success discourages people who take great risks in search of great achievements. We must encourage the best and brightest among us because doing so pays dividends for society as a whole.

Yet conservatives must always remind people that their embracing of those who obtain success and wealth through the free market is not a rejection of those who do not. Where Liberalism seeks to steal from the successful to give to the unsuccessful, conservatism seeks to encourage freedom so that anyone who works hard enough has a chance to become successful themselves. Conservatives know not everyone will succeed, and those who fail should be helped, but by private charity before public. Government is there to provide equality of opportunity, and attempts to force equality of outcome through bureaucracy result in corruption, less equality, and less prosperity.

Conservatives have a powerful argument to make and must make it in a new way to our generation, which will, like our parents' generation, soon tire of government intrusion into our lives. However, until conservatives reject arguments based on theocracy in favor of those based on liberty, they will not be given the privilege of leading this country.

Perhaps Jon Huntsman thinks his fellow conservatives will figure this out by 2016. If not, he can rest assured liberals know how to be just as irrational and he will still likely have his chance.

Legality of Chapelfest rests on students applying for permit

BY ADAM TZANIS

Copy Editor

The festival has become an annual tradition at the university, but Chapelfest as it is known today may be gone forever. The issue of legality has outweighed the desire of Chapel Street residents to host the event, and is a problem they must resolve in order to revive the celebration in the future.

Mayor Vance A. Funk III said Chapelfest cannot happen if Chapel Street residents do not obtain a permit for the event. Funk said residents have applied for a permit at least twice in the past five years but have been denied because the party usually spills out into the street.

He said Chapel Street is a state road and the city would not be able to block it off without permission from the state. Funk said the reason the city grants events like Skidfest a permit is because the party is often contained and there is not as much trash left in the street afterward.

"Generally, you can't have an alcohol-related event unless it's fenced in and you promise to have bouncers at the gates to make sure no one under 21 enters," he said. "That's why the permits have been turned down."

Lieutenant Brian Henry of the Newark Police Department said an event like Chapelfest is illegal if residents do not obtain a permit.

Henry said concerns at the festivity also include disorderly conduct, noise violations, traffic conditions and fear for the safety of residents and visitors.

"We didn't have any interest in stopping the event," Henry said. "We want to ensure any event that takes place, including Chapelfest, takes place legally."

He said police have gone door-to-door on Chapel Street in the past, contacting residents and making sure the event hosts were aware of their responsibilities and what they could do legally.

"When there was illegal activity, we knew who was responsible," Henry said.

Dana Johnston, community affairs officer, said Chapelfest tends to be a rowdy event and puts the city on alert at this time of the year.

"It's not a safe event, it costs the city money and there's a lot of debris left behind," she said. "It's something you want to try to control and educate the residents as to why it is important to have a permit."

Funk said from the five years of experience he has had dealing with Chapelfest, the event has become increasingly out of control each year. He said the first two years he has witnessed Chapelfest, the party was much smaller and relatively orderly.

Funk said it started to get out of hand the third year, when party-goers entered the Chapel Street Playhouse during a play and proceeded to do obscene things to members of the audience.

He said during the fourth year there were many police officers at Chapelfest, but they took no action to stop the event.

Funk said gang members from Wilmington had been spotted in the crowds, which called for a police response to maintain safety.

He said last year's Chapelfest was by far the worst he had ever seen. He said he recalls picking up trash from the street after the event had been broken up when a large male approached him, disgruntled by the official's presence.

Funk said the man cursed at him, saying he was aware of Funk's position as mayor but continued to use foul language to express his discontent with the breaking up of the party. A state trooper intervened, warning Funk to stay away from the man and pointed out gang tattoos on the man's body.

"I've been to some pretty wild parties back in the '60s; I've never been to something like Chapel Street last year; that was scary," Funk said. "There were actually gangs from California there trying to move into the drug trade."

He said a combination of the Chapel Street landlords upset with the damage their buildings incur, the university's discontent with the amount of people intoxicated and the disorderly nature of the event are the reasons why Chapelfest could not go on.

"All these different groups came together and said 'This cannot happen again,'" Funk said.

Johnston said the city acted upon what was learned from previous years and has actively worked to stop the illegal event.

"We're not out of the possibility of Chapelfest still happening, so we're still on alert," she said. "I don't know necessarily that you can prepare for something you don't know is actually going to happen."

Johnston said the city is proud of its apparent success in stopping Chapelfest.

"It's not something the city would like to see in the future unless the permit is applied for and granted," she said.

Henry said Chapel Street residents should be able to obtain a permit as long as they adhere to the conditions set forth by the city.

"If they abided by the conditions in the law, they would get the permit," he said.

Funk said he is pleased with the Chapel Street residents abiding by city law and he said he is not worried about the event taking place this year.

"This is the best behaved group of university students that I can remember in a long time," he said.

Funk said it is not likely Chapelfest will take place again.

"Not in the form that they've had it in the past," he said.



Police cracked down on Chapelfest this year, and the annual event did not occur.

THE REVIEW/Virginia Rollison

History of Chrysler examined in student documentary

Semester-long class project delves into company's past and site's future

BY HEATHER PLANK

Staff Reporter

This semester, 15 student journalists delved 60 years deep into Newark's past.

The students of Ralph Begleiter's Broadcast News Documentary class made a film exploring the history of the Chrysler plant, from its beginnings as a tank factory during the Korean War to its closing in December 2008.

The team of producers and reporters who made *Left Behind: Chrysler's Newark Assembly Plant Past, Present and Future*, decided on the plant as the subject for the film because the university is poised to buy the 270-acre property.

Although the university has not announced its plans for the site, among the possibilities are agricultural land, sports facilities, dorms or classrooms. Senior Julie Wigley, a co-producer of the film, said the most likely candidate is a technology park, which would provide jobs and promote education.

The class asked several Newark residents their opinions on what should happen to the land, and some said it should be used for the community instead of the university. Last week, however, university trustees announced their right to eminent domain, which means they can commandeer the land for educational purposes.

Wigley said, because of that, building a community center is unlikely.

"Mayor Funk gave us one of the best quotes, 'As mayor I should probably say they should clean it up and make a park, but Newark needs jobs,'" Wigley said.

The students gained unprecedented access to the plant thanks in part to efforts by Begleiter.

Begleiter said the challenges of the project, such as getting inside the plant, were a learning experience for the students.

"A news documentary is not the same thing as a documentary you might see on the Discovery Channel," Begleiter said. "They don't have a political edge to them, and a news documentary always has that."

The students were taken on a four-hour tour of the plant, accompanied by Chrysler representatives from Washington, D.C. and Detroit, as well as Frank B. Rhodes, Jr., great-grandson of the founder of the Chrysler corporation, Walter P. Chrysler.

Wigley and co-producer Rachel Alper, also a senior, said they were both moved by the eeriness of the closed plant.

"It looked like they dropped what they were doing on their shift and walked out," Alper said.

She noticed a deck of cards on the table and Christmas garland still decorating the walls.

Wigley said machines were sitting idle, still holding parts.

"It looked like all you had to do was turn it on and it would start popping cars out again," she said.

Senior Luciano LaPenta, the film's editor, said making this film taught him a lot about the importance of the Chrysler plant to Newark's economy.

"Growing up here, I never realized how much it affected everything in the area as much as it does, and how many people actually worked there and how, along with the university, it ran this town for so long," LaPenta said.

In addition to the 2,100 employees who lost their jobs in the last two years, others felt the effects of the plant's closing also.

LaPenta said several Chrysler employees used to go to Malin's Market on Route 896 every day for lunch. Now the market has lost a lot of business.

LaPenta became more objective during the course of making the film as he learned how much Chrysler benefitted Newark by providing jobs and breaking down racial barriers.

"I went into this thing like, 'Let's take down Chrysler! Let's be whistle blowers, and turn it into a Michael Moore movie,'" LaPenta said. "And, at the end, we realized how much we couldn't take a completely negative spin because it did do a lot of good."

Despite the upside of Chrysler's presence in Newark, the film does not ignore the downside. In its decades of producing tanks and cars, the plant has left an unknown amount of pollution and contamination in its wake.

Begleiter said the plant racked up numerous fines for environmental violations, including the largest for \$1.5 million, which was reduced to \$300,000 the following year.

In the 1980s, two drinking water wells had to be closed due to pollution, and Chrysler's paint shop caught fire, bringing 300 firefighters to the scene. That incident forced them to change to a less volatile paint, which is now the norm for car factories.

The remains of paints, solvents, sealants, motor oil, fuel and antifreeze in the soil is an expensive problem for the next land owners.

Wigley said she does not know who will pay for the necessary extensive cleanup—Chrysler or the site's next owner.

Students are welcome to attend the free public screening on Thursday, May 21 at 11 a.m. in Room 116 of Gore Hall. Wigley said representatives from Chrysler, union workers, Newark residents, and Gov. Markell are expected to attend.

Wigley said she thinks the film will appeal to people because what happened in Newark happens everywhere.

"We're not the only small town that has a huge plant that affected so many people, and I think that this is just a small story of a bigger picture," she said. "I think that our message could spread further than just Newark and I hope that it will."

A Closer Look

1938: Chrysler buys 65 acres in Newark for a parts depot

1951: Ground broken for a tank factory, by 1952 full-scale tank production has begun, employment reaches 3,000

1956: Construction of 1.5 million square-foot Plymouth plant begins

1957: First Newark-built Plymouth rolls off assembly line

1960: Chrysler begins production of new economy car, the Valiant

1962: Defense Secretary Robert McNamara shuts down Newark tank factory, along with 52 other defense plants

1965: The millionth Newark-built car rolls off assembly line

1980: Delaware becomes first state to approve loaning Chrysler money as part of billion-dollar bailout plan

1988: Chrysler spends more than \$300 million retooling Newark plant for new Dodge Spirit and Plymouth Acclaim

1990: Partial production begins on Chrysler LeBaron

1993: Chrysler announces plans to phase out Spirit and Acclaim, and begin production of Dodge Intrepid, previously built in Canada

1994: Chrysler announces layoffs due to phase out of Spirit and Acclaim

2004: Chrysler invests millions in upgrades to Newark plant to produce redesigned Dodge Durango

2005: Sales slump

Summer 2005: Popular employee discounts begin for all customers, but still lagging sales

January 2006: Chrysler Group to build all-new 2007 Chrysler Aspen at Newark Plant

Feb 2007: Chrysler announces closing of Newark plant in 2009

May 2007: DaimlerChrysler AG announces sale of American arm of Chrysler to Cerberus Capital Management, LLP, a US private equity firm for \$7.4 billion

August 2007: Chrysler acquired by Cerberus Capital Management

June 2008: Chrysler puts Newark plant up for sale

July 2008: Deadline for bids passes, University of Delaware and Pettinaro Enterprises of Newport said to be among finalists

October 2008: Chrysler announces closing of Newark plant, effective Dec. 31

— compiled by Cassie Kalinger

Lack of Internet is an asset to some students

BY DANIELLE LEAHEY

Staff Reporter

Internet access is something many students take for granted. It is free and available in residence halls and student buildings on campus. However, some students who live off campus choose not to have it installed in their homes.

"At first we didn't have Internet in our house for financial reasons," Junior Mike Ruppel said. "But then we grew to enjoy not having Internet. It forced us to do other things besides surf the Web."

Ruppel said he and his roommates feel their house has a more laid back feel and they are more active in their house.

With finals coming up, Ruppel and his roommates said they are not worried that the lack of Internet in their home will negatively affect them. They said they enjoy going

to the library or coffee shops on Main Street to use the Internet instead.

Junior Zack Liscio, Ruppel's roommate, said not having the Internet in his home actually improves his school work.

"I am more focused when I do have Internet access," Liscio said. "I get my work done quickly and enjoy myself when I get home."

With less of a distraction, Liscio frequents places like Brew Ha Ha or Brewed Awakenings on Main Street, which both have free Internet access.

Corbin Speir, a Brew Ha Ha employee, said Brew Ha Ha's free Internet draws in a lot of customers.

"Our Internet is completely free," Speir said. "It wouldn't be half as popular without the internet aspect. It kind of goes along with the whole vibe of the place."

Businesses like Brew Ha Ha have a following of regulars that come in on a usual basis, he said. With the help of free Internet, the coffee shop has become a busy spot where students and professors alike immerse themselves in their books and laptops for hours on end.

"Free Internet is absolutely good for business," Speir said. "I guess you could say there are regulars that come in and buy coffee, and using their laptops just comes along with that."

Other places on Main Street charge for Internet access. Starbucks, another coffee shop on Main Street, charges a fee for Internet usage. According to the Starbucks' Web site, Internet costs \$3.99 for every two hours. There are different pricing plans available for the amount of time someone wants to use the internet.

Liscio and Ruppel said without Internet access at home, they find their grades do not suffer at all. For the most part they have either stayed the same or have improved.

"My grades haven't been affected," Ruppel said. "I just have to make sure the stuff I need from the Internet, I can access offline."

Liscio said without Internet in his home he is managing his schedule. He does not have worries for the upcoming final week, as his study plan will be the same as it has been all semester.

Liscio said it does not look like much will change in the future.

"For my senior year, I don't think I'm planning on getting Internet in my home again," he said. "I've gotten used to the lifestyle."

September

Sept. 16: A slew of violent crimes including approximately five armed robberies of university students takes place in both on and off-campus areas surrounding the university. Incidents take place in locations including university parking lot 17 on the corner of Cleveland Avenue and North College Avenue, Haines Street, Winslow Road, the Newark Shopping Center and the Foxcroft Apartments.

October

Oct. 20: Political Awareness Week begins, capping off a month of political activity on campus in preparation for the November election. Senior Mike D'Armi leaves the university to become a field organizer for President Obama in Miami-Dade County in Southern Florida and Obama's campaign opens an office on Elkton Road.

Oct. 31: Vice presidential nominee Joe Biden addresses thousands of university students and residents in a rally on the North Green, primarily encouraging students and community members to campaign in Pennsylvania, a notorious battleground state. Members of the College Republicans also hold their own counter-rally in protest of Biden on Main Street and the North Green.

November

Nov. 4: Election Central is held in the Trabant Multipurpose Rooms giving students the opportunity to watch the results, participate in live polling and watch expert lectures. Members of the College Democrats go to Philadelphia to campaign for Barack Obama. After Obama's victory, dozens of students parade around campus. Jack Markell is elected governor.

Nov. 8: Freshman Brett Griffin is pronounced dead after an off-campus party at 28 Annabelle Street, a residence occupied by members of the Sigma Alpha Mu fraternity. Griffin, a pledge of Sigma Alpha Mu, was found in cardiac arrest and was not breathing when an ambulance arrived to the scene, according to the Newark Police Department. He was pronounced dead upon arrival at Christiana Hospital. An overdose of alcohol was investigated as a preliminary cause of death.

December

Dec. 9: Tax records reveal university President Patrick Harker received \$450,000 from the university the year before prior to taking office. According to Howard Cosgrove, chairman of the Board of Trustees, the money was received from a private foundation to reimburse expenses Harker may have incurred from leaving the University of Pennsylvania as dean.

Dec. 19: The Newark Chrysler plant shuts down after more than 50 years in Newark. The university expresses interest in buying the site.

January

Jan. 8: President Patrick Harker sends an e-mail message to members of the university community announcing a number of changes at the university based on the recession, including a 10 percent reduction in his salary.

Jan. 18: On their way to Washington, D.C., for the inauguration, President Obama and Vice President Joe Biden quickly address thousands of onlookers in Tubman-Garrett Riverfront Park, across from the Wilmington Train Station.

Jan. 20: President Patrick Harker serves as master of ceremonies as Gov. Jack Markell and Lt. Gov. Matt Denn are sworn into office at the university's Mitchell Hall at midnight. Later, dozens of university students join the crowds of people in Washington, D.C. to witness Obama's inauguration. The University of Delaware Marching Band marches in the inaugural parade.

Year in



Review



THE REVIEW/Ricky Berl



THE REVIEW/Maddie Thomas

February

Feb. 23: Public safety announces it will eliminate vehicle escorts effective March 15 and will provide only walking and biking escorts instead. Changes were made in the program in an attempt to better utilize the bus system and to decrease abuses of the vehicle escort service.

March

March 9: Provost Dan Rich announces he is stepping down, effective June 30. Tom Apple, dean of the College of Arts and Sciences, is announced as Rich's successor. Apple was previously a candidate for provost at three other universities.

March 24: An investigation by The Review finds many residents of Studio Green apartments unhappy with rent increases and pest problems. The apartment complex later takes steps to rectify the situation.

March 23: Athletic Director Edgar Johnson announced he is stepping down from the position and returning to teaching. The university later hired Bernard Muir, formerly of Georgetown University, to replace Johnson.

March 25: Five Lambda Chi Alpha members rescue 60-year-old June Griffith after she drives her car onto the train tracks near the Deer Park Tavern. The students later hold a fundraiser to fix a donated car for Griffith.

March 30: Harker announces that the Blue & Gold Club will close July 1 due to budget cuts. The club first opened in 1971.

April

April 8: James E. Cooke, Jr., the convicted murderer of then-sophomore Lindsey Bonistall, petitions the state supreme court for a new trial, citing problems with his defense counsel.

April 14: Junior David Tusio is elected president of the Student Government Association. Only 96 students vote in the election.

April 15: CNN anchor Anderson Cooper speaks at the Bob Carpenter Center about his career, the economy and the role of the media.

April 22: Harker announces the Climate Action Plan, which is intended to lower the university's carbon emissions 20 percent by 2020. The plan calls for the installing solar panels on the student centers, decreasing the number of cars on campus and making buildings more and more energy-efficient.

April 23: David Plouffe, Barack Obama's campaign manager, and Steve Schmidt, John McCain's senior adviser, speak at a forum in Clayton Hall. Both attended the university, but left a few credits short of their degree.

April 25: After a major crackdown by Newark Police, Chapelfest is canceled. Police mailed letters to residents of North Chapel Street and their parents warning of the consequences of participating in Chapelfest.

April 28: University officials announce that four students have been diagnosed with probable cases of swine flu. By the end of the week, 20 students are confirmed to have the virus. State health officials examine more than 400 students at a health clinic set up at the Carpenter Sports Building. The university cancels many events, but classes still meet.

May

May 1: Four years after Bonistall was murdered in her off-campus apartment, only three apartment complexes in Newark have been certified by PEACE OUTside Campus's safety program. PEACE OUTside Campus is a foundation set up in Bonistall's memory.

May 5: The Blue Hen Poll, conducted by students in professor David Wilson's Public Opinion, Politics and Society class (POSC318), finds that 90 percent of students are satisfied with the university.

May 12: The Board of Trustees announces that the Gilbert residence hall complex will be torn down this summer. The board also institutes for the first time a fee for Winter Session housing.

UD, city provide green option for move-out day trash

BY RACHEL GREENE

Staff Reporter

At the end of the semester, students will be moving out of their on- or off campus residences for the summer and disposing of all their used, broken or merely unwanted furnishings.

The UDon't Need It program, run by the university and city of Newark, is one way for students to get rid of their unneeded items which are donated to charities or to community members in need.

The program runs from May 22 through June 5, and allows students to drop off unwanted items at the former Curtis Paper Mill site on Paper Mill Road.

"In the past when students moved out, the streets and sidewalks of Newark were piled with loveseats, sofas and debris," Carol Houck, assistant to the city manager, said. "The streets were not in a very safe situation with all the items laying everywhere."

Houck said in the past, debris would blow everywhere on windy days and vandals would sometimes set fire to the furniture being disposed of outside. The UDon't Need It program helps keep the city clean and safe, she said.

The donations are tax deductible and important because quality items can be reused and are not discarded, Houck said. She also said useable items that are not donated are sold to the public at a surplus sale held on June 6.

"All profits from this sale are budgeted in our Town and Gown account and it goes directly back into next year's operating fees for the UDon't Need It program," Houck said. "The money helps pay for Green Delaware Recycle Trucks and transportation to the landfill."

She said the UDon't Need It program is beneficial because students feel better knowing they have a place to bring their unwanted items, and student stress is also reduced as they are about to graduate or move out.

Junior Bill Yanchulis said he lived in the University Courtyard Apartments in the past and when he moved out, he just left unneeded furnishings by the dumpsters. He said he was unfamiliar with the

UDon't Need It program but said he will take it into consideration now that he is aware of it.

"I'm not keeping my bed so I'll probably take that and I was going to just leave my desk in the house, so I might take that, too," Yanchulis said.

Junior Barbara McHale has three roommates who will be graduating and moving out on June 1. McHale said she will remain in the same residence next year with three new roommates.

She said she and her roommates did not know how to get rid of the old, broken and unusable furnishings currently in their house.

"We were worried about how to dispose of it all since I don't want it here and my roommates don't want to take them home," McHale said.

She also was unfamiliar with the UDon't Need It program.

Senior Cathy Gallagher said she is not graduating but she is moving to a different location on campus next year. She, too, was unfamiliar with the program.

"I know that when I moved into my house now, there was a room in the house with broken stuff that was just left behind," Gallagher said. "We never used that room because it was so cluttered so it would've been nice if the stuff was taken and dropped off last year."

Houck said advertisements will help familiarize students with the program. Channel 22, the city-run public information station, posters in local shops and word of mouth are all ways the UDon't Need It program is being advertised.

"We feel that more students have heard about it and that many more will take advantage of this wonderful program," she said.

In 2007 and 2008, 155 tons of household items were collected and went to the landfill, Houck said.

She said she expects the number of participants in the program to remain relatively the same this year because over the past two years the numbers have remained consistent.

"We are so successful because we have so many wonderful volunteers that help run the drop off site," she said. "We are always in need and are welcoming anyone who wants to volunteer."



THE REVIEW/Steven Gold

Some students have decided to take summer jobs rather than look for permanent jobs.

Graduating seniors express mixed feelings about job search

BY MICHELLE HECTOR

Staff Reporter

Senior Nicole Medina has worked as a marketing events intern for *Philadelphia Magazine*, spent the summer in Spain researching for a Spanish marketing firm and has worked in the public relations world. This summer, she's taking on a whole new career path and the most important question she'll be asking is, "Would you like that in a cup or on a cone?"

"I want to work in an ice cream place because I think it will have the least amount of responsibilities, the least amount of hours and it will be refreshing," Medina said.

Medina, who has managed to consistently hold a job or internship for the past four years, working anywhere from 15 to 40 hours per week, is graduating with no job offers.

Instead, she is getting a beach house on the New Jersey Shore and working at an ice cream store on the weekends.

"Right now, I'm just letting things happen," Medina said. "Since September, I've been trying to find a job. I've been so focused on it."

"I'm still looking obviously, but I'm taking a more laid back approach," she said. "I'm just going to try and enjoy my summer and let things happen."

Many students are graduating college without jobs. The Department of Labor's Bureau of Labor statistics reports in April the national unemployment rate rose to 8.9 percent with 13.7 million people declaring unemployment. It states that in the past year, the number of unemployed persons has risen by 6 million and the unemployment rate has grown by 3.9 percent. As of March, Delaware's unemployment rate stands at 7.7 percent.

Jack Townsend, director of the university's Bank of America Career Services Center, said students are anxious.

This year in particular, a lot more students are requesting individual career counseling. While business and engineering majors are usually the most visible, many more liberal arts and humanities students are seeking one-on-one attention from the center, he said.

"It's so frustrating," senior Kaitlin Craig said. Since Thanksgiving she has sent out nearly 100 resumes and while she has gone on a few interviews, she has not received any job offers.

"I'm coming up to the end of my education and I want it to end up right. If I don't get a job, I won't feel like it necessarily ended how I wanted," Craig said.

Some students have a different perspective about the economy.

"Yes, it's tougher, but I still think people graduating have some assets that are worth utilizing," Townsend said. "There are good jobs out there now and students ought to be taking advantage of that."

Townsend is optimistic about the future of prospective hopefuls in the job search.

"When we do follow-up surveys, students are still finding jobs. It may not be their ideal jobs," he said. "Having a college degree puts you in a stronger position."

Rather than stress, Townsend recommends utilizing the campus interviews and jobs fairs offered as practice.

"The same basic skills are used in any job market," he said.

One organization responsible for putting on events such as these is the Career Entrepreneurship Organization. CEO is comprised of approximately 20 students, is affiliated with Career Services and just recently held a networking event that attracted roughly 50 attendees.

Eric Lau, Web master for CEO said, "With the economy right now, you need to build a network."

CEO, which has affiliations with several companies in the Delaware area is geared towards preparing its members for job searches by strengthening basic skills.

However, for many students, hard work pays off.

"You really have to show [companies] that you're interested, otherwise you're just the same as anyone else," senior Cormack Glass said.

Even Glass, who recently accepted a job working for the public relations firm he has been interning at for the past eight months, found the job search to be difficult. He began in October and sent out at least 50 resumes before acquiring his position.

"Looking back on it all, I think one of the greatest quotes I didn't believe for so long is 'You only get out what you put in,'" Glass said. "I really made it a point to get on this and looking back, since it did take so much hard work, it really feels good knowing I got a job."

The best advice he said he has received throughout the job search has been given to him by his mother.

"I think there are tons of jobs to be had," Glass said. "If you use the economy as a scapegoat, you're not going to try as hard, but if you use the economy as a challenge and you rise to it, there are plenty of opportunities."



THE REVIEW/Ayelet Daniel

Students moving out of their apartments can bring unwanted items to the old Curtis Paper Mill site as part of UDon't Need It.

Graduates remain confused about commencement plans

BY SARAH MARX

Staff Reporter

Graduation marks a major milestone for students, but due to minimal communication from the university about commencement procedures, some graduates are puzzled about how to prepare and what to expect at the ceremony.

John Brennan, director of the Office of Communications and Marketing, said commencement information is generated from the office of the vice president and university secretary.

"They do a mailing that goes to students and parents and we are working on a link to go on the university homepage that will take people to the commencement website," Brennan said. "We're trying to get that kind of thing a little more up front."

Gwen Davis, assistant to the vice president and university secretary, stated in an e-mail message that the main outlet for information is the official commencement Web site.

"Commencement brochures can also be picked up at

the bookstore in the Perkins Student Center and the Student Services Building," Davis said. "There is a link to the entire brochure on the Web site as well."

The brochure has details like the commencement's date and time, information about the smaller departmental convocations that follow and instructions about how to purchase senior portraits.

In addition, some seniors, like Julie Calabrese, were contacted by the university's call center.

"I got the call two weeks ago from a senior and he gave me a rundown on when graduation robes are coming out and when commencement is," Calabrese said.

However, not all graduating seniors received information from the call center.

"My roommates and other friends didn't get a phone call," she said. "And he asked if I wanted to donate for a senior gift, so I felt like he was calling more to get money than to fill me in on graduation."

Information from the call center and the commencement Web site did not suffice for some students, like senior Julie Wigley.

"I'm graduating from two different majors and I don't know if I have to call the English department since I'm not going to that departmental convocation," Wigley said. "The guy at the call center said someone would contact me but no one has."

Even after gathering information on her own, Calabrese still had uncertainties.

"I got an e-mail saying that my degree is incomplete and I can't graduate, which is incorrect because my transcript is done and my major was completed as of the fall semester," she said. "I talked to my adviser but I haven't heard any confirmation that everything got sorted out for graduation and I'm shocked and appalled that they waited until May, three weeks before graduation, to contact me."

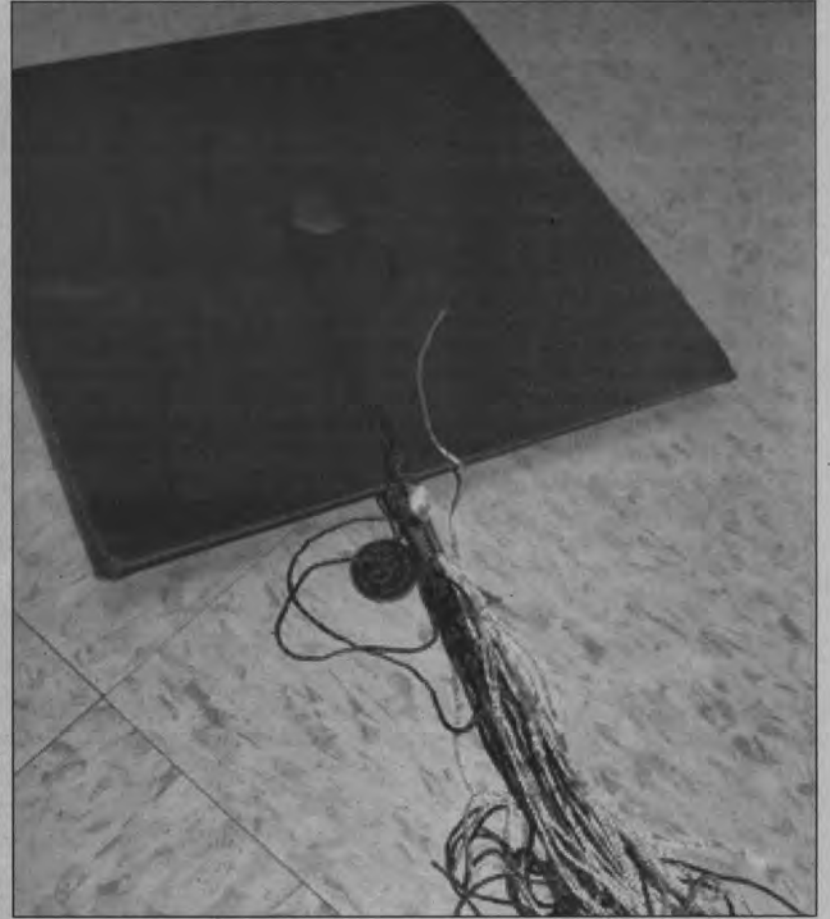
Many seniors believe the university should have done more to prepare them for the big day.

Senior Chelsea Gussaroff said using e-mail would have been a more effective method of communication.

"I think the school should send an e-mail saying 'You're Graduating!' with your specific time and what you have to do, almost like a confirmation e-mail," Gussaroff said.

There is an element of cohesiveness commencement plans seem to lack, Wigley said.

"Senior pictures, rings, and announce-



THE REVIEW/File photo

Some students were unaware of how to pick up their graduation supplies.

ments are all done by independent companies and I think if it was through the university then information would be more readily available," she said. "Also, they should have a giant sign outside of Trabant to get us excited about it. It's graduation!"

Calabrese said she has had to take more initiative in finding graduation information at the university than she had to in high school, where information was clearly provided to all students.

"It's funny because you think back to high school when you had graduation practice in the auditorium and they go over the procedure," she said. "Even though they don't do that here, I still feel ready for the ceremony part at least."

Elizabeth Perse, chair of the communication department, said even if the students have anxiety they should relax and have faith in the university.

"They shouldn't be worried because the university has the commencement down to an art," Perse said. "We've got it organized so that they don't need to worry, but the big thing they have to do is make sure they have their academic gowns and any various awards they'll be wearing."

Brennan offered additional words of wisdom.

"I've been to several commencements and there's sort of an extra charge in the air because everyone is so happy," he said. "I would say be prepared to celebrate that day, arrive early because traffic congestion can be bad, and bring your sun block."



THE REVIEW/File Photo

Some students have opted to purchase a university class ring.



Congratulations class of 2009!

— The Review

Grad do's and don'ts

Seating is on a first come-first serve basis, so graduates and their families should arrive by 8 a.m.

If graduates want to sit next to their friends, they should stand in front or behind the person, not to the side of them.

Graduates should arrive no later than 8 a.m. and immediately go to their assigned areas. Procession into the stadium will begin promptly at 8:30 a.m.

rain, however, attendees cannot bring umbrellas into the venue because it blocks the view of other people.

Caps are to be worn squarely on top of the head, not tilted.

What not to bring:
Alcoholic beverages
Other distracting and unsafe objects such as balloons, umbrellas and inflatable items

Cell phones should be turned off

— compiled by Danielle Leahey

The event is rain or shine. If it does rain, however, attendees cannot bring umbrellas into the venue because it blocks the view of other people.

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Kal Penn

"Changing the Racial Landscape"

Tuesday May 19, 2009

Mitchell Hall Auditorium

7pm - Doors Open at 6:30

Limited Seating Available - Free Admission

Asian Heritage Month 2009

Kal Penn is a featured actor on TV's "House" and star of "Harold and Kumar go to White Castle." Penn graduated from UCLA and has taught a course on Asian Americans at the University of Pennsylvania. In his lecture "Changing the Racial Landscape" Penn will discuss Asian type casting and tokenism in the media. This lecture promises to be an enlightening event as it will offer progressive solutions to the problems of race in the media today.



Presented by Asian Student Association and Multicultural Programs

Asian Heritage Council, Indian Student Association, East Asian Studies Department, English Department, College of Arts and Sciences, Office of Residence Life, Counseling Center, Office of Affirmative Action, Student Centers Programming Advisory Board, Rox's Christian Fellowship, NiHongo Table and Korean Student Association.

For more information call 302-831-2991

R

Policy change proposed by SGA

Continued from page 1

seeking medical attention will also not be subject to judicial sanctions.

Previously, the university had a two strike policy for students who were taken to the hospital due to intoxication. Now, instead of judicial sanctions, individuals who seek medical attention, and possibly those who accompany them, will need to meet with a member of the Dean of Students Office, who may issue requirements such as alcohol education or an alcohol assessment and will likely contact the individual's parents or legal guardian.

The medical amnesty policy will not be considered in situations where students do not seek medical assistance.

Dean of Students George W. Brelsford III said the change is being put into place so students can seek treatment for alcohol related emergencies without fear of judicial repercussions in order to do what's most beneficial for the student body from a health standpoint.

"What were trying to do is encourage students to call," Brelsford said. "When they think that they should call rather than to be hesitant because they're worried about getting everybody in trouble — they don't want to get in trouble themselves, they don't want their friend to get in trouble, if somebody already has one violation of policy this might wind up in them getting suspended — we wanted to take that out of the equation entirely."

He said the change is occurring to ensure students feel no uncertainty or indecision about whether or not to seek medical attention for a friend in need.

"We don't want students being so afraid that someone they're going to get in trouble that someone dies or suffers some other kind of permanent injury," Brelsford said.

He also said this change was born out of a suggestion from the Student Government Association.

SGA President Teagan Gregory said in fall 2007, several students suggested a procedural change that would allow students to call for a friend in need without fear of judicial actions. He said he is very pleased with the change in procedure.

"This is exactly what we were looking for," Gregory said. "In fact, we came together for a meeting at the beginning of the semester to touch base with where the students were and where the administration was in terms of this policy. We sat there with the same facts in front of us and came to the same conclusions separately. We were really on the same page."

He said he does not believe students seek medical attention for alcohol related incidents as often as they should.

"I hope that anytime anyone gets overly drunk or drunk to the point that people feel the situation is dangerous, I hope that they call," Gregory said. "I hope that those call numbers go up because I don't think they're indicative of what's happening on campus."

He said he anticipates the policy change will result in a change in the behavior of students at the university.

"Hopefully, we're going to be able to encourage more people to call for a friend in need because right now, I feel that students are afraid to call to get their friend in trouble or afraid to have a friend call for them and get them in trouble," Gregory said. "People avoid that and hopefully this will encourage people to call and be responsible."

Many students were receptive to the change in procedure.

Sophomore Samantha Guerrero said she thinks this change will encourage a safer campus since people will feel more comfortable seeking medical attention.

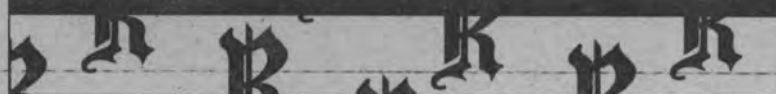
"I think that's great that they're doing that," Guerrero said. "There have actually been instances that I have been really sick. It was actually me and my roommate were really sick and throwing up and the only reason we didn't go to the health center was because we already had strikes...My mom even told me, 'Don't go the health center you can't get another strike.'"

Sophomore Jeremiah Cook, who said he has witnessed fellow students avoiding seeking medical attention to avoid judicial repercussions, said he thinks the change is for the best.

"I think that would definitely encourage people to go seek help for friends if they need it, since getting in trouble is what discourages people from seeking help in the first place," Cook said.



Check out our coverage of
Commencement online on
May 30



Wedding bells are ringing for some graduating seniors

Two couples discuss their future plans together

BY NICOLE BECKER

Staff Reporter

Senior Liz Paul, 21, grins down at the glistening diamond shining from her ring finger. It's been almost a week since her boyfriend proposed, and she's still grinning from ear to ear. Her eyes light up when she is able to slip the word "fiancé" into a sentence.

Paul's fiancé, Anthony Swierzbinski, 23, graduated last spring and now teaches social studies at Caesar Rodney High School.

Both Paul and Swierzbinski are from Camden, Del. and went to Caesar Rodney High School. They started dating in 2004, right after Anthony's senior prom, and have been together ever since.

"We had talked about getting engaged before," Paul said. "But I didn't really get the impression it was going to happen as soon as it did. But so what, it happened sooner than expected; I couldn't be happier about it."

Swierzbinski proposed to Paul on Saturday, May 2, at the last track and field meet of the semester. When Paul crossed the finish line, Swierzbinski was waiting with flowers. When Paul said 'yes', Coach James Fischer fired off the starter's gun six times in celebration.

"I played it off at first by asking how she felt about the race," he said. "Then I told her, 'Now I am going to embarrass you' and I got down on one knee and proposed."

Swierzbinski said it took him a long time to decide how he would propose. He knew he didn't want to do something that was cliché. He wanted to have a proposal that would be unique to their relationship, he said.

"We ran cross country and track again together in high school and I ran the first three years of college for UD," Swierzbinski said. "Running is one of our big passions and brought us together, so I wanted that to be part of the proposal."

Although Swierzbinski said he knew Paul would say yes, he admitted he was still extremely nervous about the proposal.

The meet was on a Saturday and he barely slept Thursday



Courtesy of Liz Paul and Anthony Swierzbinski

Anthony Swierzbinski proposed to Liz Paul at her track meet.

or Friday, he said.

"After the swine flu started spreading, I was afraid the meet would be canceled," Swierzbinski said. "My backup plan was to propose either on a run out at White Clay Creek, which we both enjoy, or at a road race in which we both would run. But, fortunately everything worked out the way I wanted."

Swierzbinski and Paul have not set a date for the wedding yet. Swierzbinski said most of the planning will depend on their job situations.

"I am a first-year teacher, which is a very shaky place to be in Delaware with our budget problems," he said. "If I can hold onto the position I have or get another more permanent, we could be married sooner rather than later."

cause the wedding plans to be put on hold for a few years. Next year she will be attending the university as a graduate student in the education department.

"We haven't set a date yet," Paul said. "I'm going to be doing a grad program so it'll probably be a few years before we're married. Right now I'm just enjoying being engaged and letting it all sink in."

For the time being, they will not be living together due to Swierzbinski's religious views, he said.

Swierzbinski said they are just trying to focus on taking advantage of this time to save money for their future.

"Everyone is definitely bugging me about plans, especially my students," he said. "When they want to get me off topic, they ask me about getting married."

Paul and Swierzbinski, however, are not the only senior couple to become engaged this semester. A number of graduates are looking to tie the knot with their college sweethearts.

Senior Matthew Stubbolo, 21, and his fiancée, Senior Danielle Lavoie, 21, of Landsdale, Penn. will be graduating this spring with a degree in biology.

Stubbolo said the two have been dating for a year and eight months. He proposed March 12, but said he has been planning the proposal since September.

"There was a candle-lit pathway with rose petals, a dozen heart-shaped balloons with a single rose at the bottom," Stubbolo said. "At each balloon there was a note, with each of these notes describing events throughout our relationship. The very last one said 'look at me' and I proposed to Danielle then."

Although they had discussed the idea of marriage beforehand, it still came as a surprise. Stubbolo said it took Lavoie a few seconds to answer, but she said 'yes' with a huge smile across her face.

"There was a mixture of emotions all at once," Lavoie said. "I was both so happy and surprised."

Stubbolo said the two will be married in July 2011 with all of their friends and family present. As for the immediate future, Stubbolo and Lavoie will be attending different graduate schools in the fall, with Stubbolo at the University of Maryland and Lavoie at the University of Pittsburgh.

"We know that the distance will be difficult," Stubbolo said. "But we are confident in our feelings for each other, so we don't expect the different schools to have an impact on how we feel for each other."

Paul's decision to pursue a master's degree will also

Salary of univ. officials released

Continued from page 1

earned \$2.45 million, although that amount included deferred compensation he received during his 17 years as president to be collected upon retirement. In 2005, Roselle earned \$874,687.

Monday's release of salary information for the fiscal year running from July 2007 to June 2008 provides the first public indication of Harker's yearly compensation. The year was Harker's first as president, and the University of Delaware is the only public university that does not release current-year salary information.

Last year, tax documents revealed that Harker received a \$450,000 transition payment before taking office as president, an amount not included in his yearly salary. Brond said Monday that the money was provided to the university by an anonymous donor to use to attract Harker to the university.

Harker also gets the use of a house on Kent Way and a university vehicle. That is included in his compensation, Brond said.

In a letter to the university community in January, Harker pledged to take a 10 percent pay cut. That amount will come from his base salary for the 2008-2009 fiscal year,

Brond said, but the amount of that base salary will not be released to the public until May 2010.

According to statistics compiled by the Chronicle of Higher Education, only two public university presidents earned more than Harker in the 2007-2008 fiscal year. E. Gordon Gee of Ohio State University earned \$1,346,225, and Mark Emmert of the University of Washington earned \$887,870.

Brond rejected comparisons of Harker's salary to the others.

"You need to look at that in terms of what he has achieved, not compared to others," Brond said.

The release of details about Harker's salary, including how much is base pay and how much is a merit bonus, marks a new openness by a university long hesitant to discuss salary matters.

"We're becoming more transparent, even from last year to this year, because the board and the senior leadership are becoming more transparent," Brond said.

He said he did not know if the university will eventually release current-year salaries.

Check out udreview.com for a database of university salaries.

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ONLINE POLL

Online polls will resume with the first issue of fall semester. Have a safe summer break.

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14



editorial

Bonistall memorial site forgotten

Univ. abandons Bonistall's memorial tree and family

The site of Lindsey Bonistall's memorial tree remains barren after two years of negligent upkeep by the university.

Murdered in her off-campus home over four years ago, Lindsey Bonistall, a university student, was honored with a memorial tree planted halfway between Memorial Hall and the Perkins Student Center in 2006.

While the university's initial act of remembrance for Lindsey and her family was appropriate, the administration's handling of the memorial site since then has been extremely questionable.

If there were ongoing problems with the memorial tree's health why had the university not immediately notified the Bonistall family?

All lines of communication between the family and the administration had ceased. The family was never told that the tree had been removed from the site nor were they aware that a permanent plaque was never erected.

Such acts of complete disre-

spect towards Lindsey's memory should not be tolerated by the university community.

The fact that the family felt the university was abandoning them once the statute of limitations expired is also unacceptable.

The land meant to act as a symbol in Lindsey's memory now serves as a constant reminder of the university's lack of caring in regards to this sensitive matter.

If the land chosen for Lindsey's memorial site is not suitable for certain types of specific wildlife then a permanent plaque should have been immediately erected in the tree's place.

The least the university can do to remember a student so tragically lost is have her memorial site well-kept and prominently displayed. There is no excuse for Lindsey's memorial to simply disappear from its original site with no explanation given to her friends and family.

Sports betting bill moves postseason

NCAA strips univ. of right to host postseason games

With the passing of a sports gambling bill by the state senate on May-12, sports and table gambling will soon become legal in the state of Delaware.

In reaction to this recent bill, the NCAA has banned all postseason games from being hosted within the state, forcing all future university playoff games to be held on the road.

While the NCAA's stance against sports betting may be understandable, using the only leverage it has in this matter against the university victimizes a community far removed from these types of political decisions.

This decision by the NCAA will affect student athletes, fans and the greater Delaware community who will no longer be able to root for their home teams at Delaware Stadium, not the state legislation who voted in the bill's favor.

Banning post season games from being held in Delaware also brings about a double standard. While four states, Delaware, Montana, Oregon and Nevada, are exempt from the 1992 federal law banning all sports betting, only Delaware and the university are currently facing such postseason limitations.

If a state's adoption of sports betting legislation must in turn affect the postseason of universities within that state, then institutions like the University of Montana should also be

penalized.

With a competitive disadvantage of monumental importance to postseason success, the university's athletics program is also facing a loss of fan spirit. With no home playoff games for all sports, including football, great monetary losses in the future are also possible.

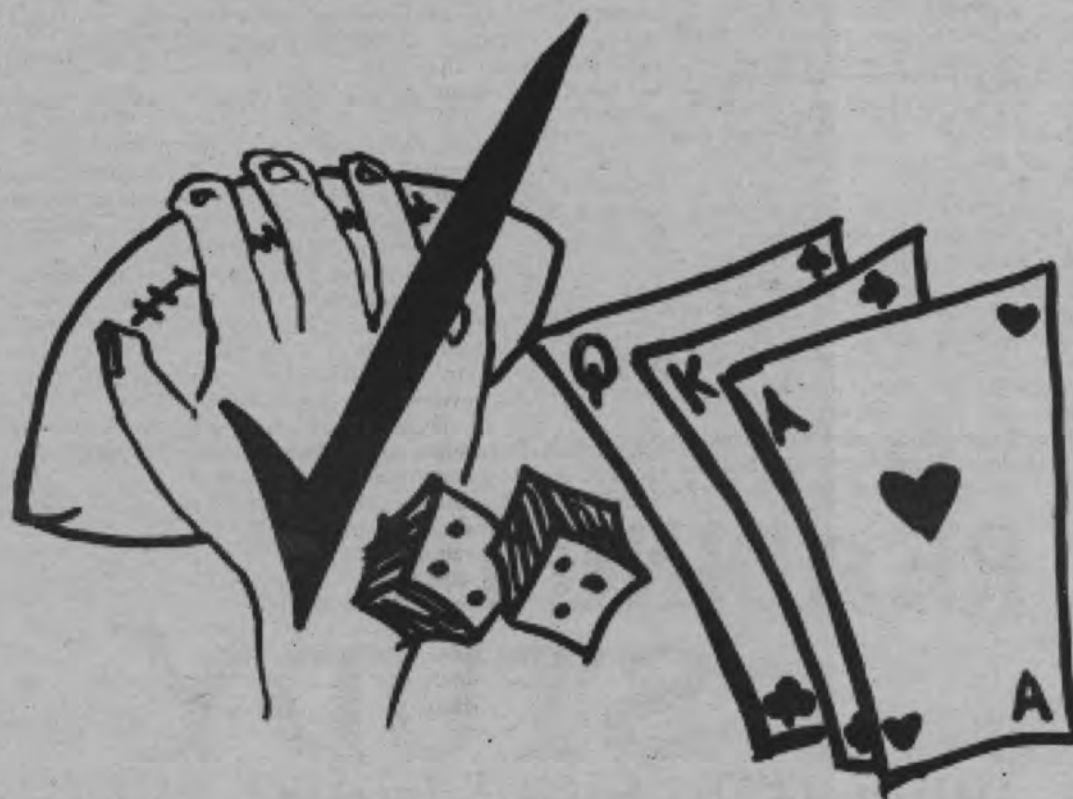
In addition, the new bill includes a clause that no sports betting may be made on university sports, even further removing the university's athletics program from the controversy clouding this national issue.

For the NCAA to punish the Blue Hen athletics program and fans for a completely removed political decision is both unfair and unethical. Delaware sports fans, who have no in-state professional teams to follow, must now travel out-of-state to watch one of the only sports programs in the state succeed in post-game play.

Why the NCAA feels that such a punishment fits the crime they claim has been committed by the state senate remains unseen. The NCAA should take into consideration who the real victims are in this situation— not the sanctity of college sports but rather the dedicated fans and athletes who must now look forward to a postseason far away from home.

Allimations

THE REVIEW/ Allison Schwartz



"Is sports betting THAT harmful?"



Thanks for reading this year. We'll be back in the fall.

WRITE TO THE REVIEW

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LAST WEEK'S RESULTS

Q: Do you think landlords should be required to go beyond city law and adhere to Bonistall Foundation safety requirements?

54% Yes
46% No



Opinion

15

Generation of democracy and Democrats flourishes

Guest Commentary

Paul Ruiz

It's a great time to be a college Democrat

Two weeks ago the Blue Hen Poll found that 66 percent of university students identify themselves as Democrats. More than 80 percent of this campus voted in the 2008 general election and 75 percent of us supported Barack Obama. Our generation elected the first African-American president, and we did so without hesitancy and with confidence.

The Democratic Party is our party, the party of young people. Our decision in 2008 reflects not only our strong desire for change in this moment, but also our demand for change in the future. On several fronts, Democrats have embraced our values and formed coalitions with moderate Republicans to advance our issues: marijuana legalization, equal marriage and support for women's rights, just to name a few. Our generation has said "no" to torture and enthusiastically said "yes" to universal healthcare, and with an overwhelmingly Democratic Congress, a Democratic president and moderate Supreme Court, we must act now. There has never been a better time to be a College Democrat.

Ours is a generation that asserts its liberties and believes in freedom. In California, Republican Governor Arnold Schwarzenegger has initiated a conversation about legalizing marijuana in the state. The political and economic dimensions of the issue are rapidly unraveling, as a recent California Field Poll shows that 56 percent of the state's residents support legalizing marijuana for recreational use. Marijuana decriminalization will earn the state \$1.3 billion in sales tax revenue and save millions by taking drug offenders off California's incarceration rolls. It is true that the Obama Administration has shown hesitancy toward addressing the issue of marijuana decriminalization; however, Attorney General Eric Holder halted the Drug Enforcement Agency's immoral crackdown on suffering medical marijuana patients in California just two weeks into the Obama presidency. Nationwide, a Zogby Poll released last week reported that just over half of Americans—52 percent—support legalization, and since California's Proposition 215 passed in 1996, 14 US states have enacted varying state statutes decriminalizing marijuana under specified circumstances.

We are a generation of tolerance and liberty, and we support equality. A recent CNN poll shows that 58 percent of us support same-sex marriage. Five states—most recently, Maine—have legalized same-sex marriage, and numerous other states, including New York, New Jersey and New Hampshire, are moving at

rapid pace to push marriage equality bills through state legislatures. At this pace, within 10 years, we will be able to challenge the 1996 Defense of Marriage Act with a federal 14th Amendment equal protection claim before the U.S. Supreme Court, and reapply the full faith and credit clause of the U.S. Constitution to marriage.

Our generation is surfing on the tidal wave of change—and the battle ahead is not with those among us, but with those older than us.

We are a compassionate, idealistic generation that believes in equal access. According to a June 2007 New York Times/CBS News poll, 62 percent of us support a universal healthcare system, compared with 47 percent of the general public.

The Republicans assert that America is a center-right nation. They believe that Americans still embrace the dogmatic traditions of the past. Inevitably, their refusal to accept more moderate positions will be their downfall. Their standard bearer in 2008, Sen. John McCain, echoed former Vice President Dick Cheney's refusal to moderate the party's positions just last Sunday saying, "I don't want to moderate, either." Certainly, they have lost

touch with mainstream America, and it's my hope they rediscover who they are.

In various other arenas, the Obama Administration is making progress. Two weeks after taking office, the President upheld the equal pay for equal work standard for women when he signed the Lilly Ledbetter Fair Pay Restoration Act of 2009. The bill overturned the Supreme Court's 2007 decision in *Goodyear v. Ledbetter* which made it more difficult for women to collect on workplace pay discrimination. The president ordered the closure of Guantanamo Bay within 12 months, told the world that the United States maintains a firm commitment to human rights by not torturing detainees, and passed a \$789 billion stimulus package. Progress is being made.

Yet progress is not solely the province of the president. We have a duty, as Democrats, as young people, as American citizens to speak up and make change a reality. The issues addressed in this column may not be representative of all the Democratic Party platform, but they are representative of the collective positions of the College Democrats. We are young Democrats—the new generation of the party. And with 75 percent of this campus at our back, maybe it's time to flex our muscles and show a little backbone.

Paul Ruiz is the president of the UD College Democrats. His viewpoints do not necessarily represent those of the Review staff. Please send comments to pruiz@Udel.Edu.

We must remember fallen heroes of forgotten Iraq war



Pat Maguire

Irish insights

Soldiers continue to fight overseas while Americans forget about their sacrifices

I'm used to making long drives. At the end of every summer and winter I load up my 2002 Ford Escort, buckle up and make the drive from Massachusetts to Delaware. Occasionally I'll drive home for a weekend or two throughout the semester. Come next week, I'll be packing up again and hauling back to the Bay State. The drive sometimes seems far, but I'm used to it. The Jersey Turnpike seems endless, and it's unusual to see a Connecticut highway not filled with traffic. I daze off, listen to my music, and know that I'll be back with my family or friends before I know it.

While the long ride doesn't faze me anymore, it must have been unbearable for Jean and Maureen Trahan, Freetown, Mass. natives from my neck of the woods. They made the trek on May 1 from Massachusetts to Delaware—just as I have been doing for the past three years. Except, instead of stopping in Newark, the Trahans made their way to Dover to pick up the body of their son, U.S. Navy Chief Petty Officer 2nd Class Tyler Trahan, from Dover Air Force Base. Whether they

drove or flew, the Trahan's trip was undoubtedly the longest of their lives.

Trahan was killed by a roadside bomb in Iraq on April 30—the day before his 23rd birthday. He was providing requested support for Iraqi military forces in Al Anbar Province at the time of his death.

While I didn't know Tyler well, I knew who he was. I would occasionally see him out at parties or around town while I was home. I knew he was the quarterback for the local vocational high school in my town back in the glory days. And I know his friends. I didn't receive word of Tyler's death from a newspaper, but rather from the dozens of expressions of sympathy or grief that flooded my Facebook newsfeed the morning after his death.

I may not have been a friend of Tyler's, but the news still hit me hard.

It was a different experience to hear of a death in Iraq and not mark it up as a tally or number. Suddenly, I could put a face to the name and the war seemed much closer to home.

I had known friends of friends, brothers of friends and acquaintances who shipped out to Iraq or Afghanistan. I also have friends who have enlisted but have yet to be deployed. However, nobody I had ever known had been killed at war.

It made me disregard logistics and politics and consider the magnitude of the war. It wasn't completely about numbers, strategy, surges or exit strategies. People are dying. Regardless of one's thoughts or views, these men should be honored and respected. They put their lives on the line to do what they felt was right, and they did it for us.

News of Tyler's death probably didn't span past the borders of the south coast of Massachusetts. His name wasn't printed in the News Journal and there wasn't a memorial service on the Green. For those who didn't know who he was, he is another number. Everyone across the country has his or her own problems to worry about, mortgages to pay, jobs to go to, or work to get done, and it would be unheard of to stop and honor every serviceman that dies overseas.

Recently, the wars haven't been getting a lot of attention. There are other domestic issues to be concerned with, especially in a time when the economy is horrendous and people are lobbying for gay marriage and health care reform. With the wars fading into the back pages of newspapers and to the end of the broadcasts on news shows, it is sometimes easy to forget that there are still men and women fighting and dying. It's unfortunate that it may take a death to put things into perspective.

This is not to mention our occasional self-indulgence into tabloids, sports or entertainment. We are certainly entitled to be enthralled with Britney Spears or Brad Pitt and Angelina

Jolie, but such desires sometimes cause us to lose sight of what is truly important.

Our lives are filled with luxuries that other people can only dream of. Our PlayStations and 73-inch plasmas fill our homes. Our expensive cars fill our roads, and our bodies fill the seats of state-of-the-art stadiums and arenas. Even with an economic downturn, our lifestyle is still far superior to just about any other place on earth. It takes someone extraordinary to sacrifice everything in order to protect the lives of others.

Perhaps if we took a few moments out of each day to dedicate our thoughts and wishes to the men and women serving in our armed services it would serve justly, regardless of one's views. I have never supported the politics of the war in Iraq and I likely never will, but I have nothing but respect and pride for the men and women fighting overseas or yet to be deployed.

When the death tally goes up, remember, they are not just numbers—they are people. They enlisted to defend our everyday lives. Ironically, we tend to get so wrapped up in what they are defending that their sacrifice often goes unnoticed.

Pat Maguire is a managing sports editor at The Review. His viewpoints do not necessarily represent those of the Review staff. Please send comments to pmaggs20@gmail.com.

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mosaic

BEST OF NEWARK



Best gym: the Little Bob

BY BRITTANY HARMON

delaware UNdressed Columnist

With summer vacation around the corner, students are feeling the pressure to perfect those beach-bods and tone certain areas. So as the local tanning salons and bathing suit dressing rooms are being excessively used, so is the Carpenter Sports Building.

The Carpenter Sports Building, also known as the CSB, is the ideal gym to attend, according to university students. The newly remodeled Hen House has brand new STRIVE selectorized machines that tends to every participant's work out needs, Fitness Coordinator Ben Schreiber says.

Along with being equipped with new machines and free weights, there are also numerous treadmills, steppers, ellipticals and stationary bikes for cardiovascular work outs. Junior Valerie Greene says she doesn't mind waiting in line to use the equipment at the CSB.

"Some people complain about lines of students waiting for one area of equipment," Greene says. "But time usually goes by really fast and if you plan your day accordingly, you can avoid the crowds."



THE REVIEW/Steven Gold

University students use the Carpenter Sports building for cardio, weight lifting and group fitness classes.

ing point as to if he would return or not. He says he feels as though all the university gyms and facilities exceed the expectations of a sanitary area.

The votes are in and students feel as though the best place to shred those excess dining hall pounds and get toned year-round for free is the Hen House located at the CSB.

She says the CSB is the best gym for working out because of the friendly environment and helpful staff.

For an additional fee, the facility offers fitness assessment programs and personal training packages, Fitness Supervisor Carmine Caruso says.

"We have about 15 to 20 specialists who give you the one-on-one attention you need," Caruso says.

For those who are not interested in pumping iron or breaking a sweat on a machine, there are also over 35 fitness group classes offered weekly at \$3 per class to help students stay in shape. Fitness classes range from yoga to Zumba.

Cleanliness and sanitation are also big concerns of students who attend gyms. Sophomore Dan LaCombe says cleanliness in any gym is a huge determin-



THE REVIEW/File Photo

Mimi Sullivan-Sparks, owner of bloom, spends months planning the store's window displays.

Best gift shop: bloom

BY JORDAN ALLEN

Senior Mosaic Reporter

The display window features ceramics, woodwork and glass shaped like flowers and animals in all different colors. Big, red block letters spell the word "love." An ever-enticing and unique display is just one way the owner of bloom draws customers into her one-of-a-kind boutique.

Mimi Sullivan-Sparks opened bloom in 2004. She worked as a fashion designer for 13 years, the last of which she spent brainstorming and preparing to open her own business. Her main focus was around the store's concept, the word "bloom."

"That means it's color-inspired, fragrance-inspired, texture-inspired," Sullivan-Sparks says. "It's pretty much all inspired by nature."

The displays encourage customers to look around and see the color. With the exception of select jewelry pieces, bloom's merchandise is laid out specifically so it can be touched and experienced, she says.

A key idea of the store, she says, is that just like nature, it's ever-changing. Even those who stop by as frequently as once a week will notice some extreme changes in the way the store is set

up.

"They walk in and they'll be like wow, this is completely different, you didn't have this last week," she says.

She will sometimes work on the display windows for many months before she actually puts them up, depending on how complicated the idea is.

"For instance, right now I already know what I'm doing for my Christmas window, but it won't go up until November," she says.

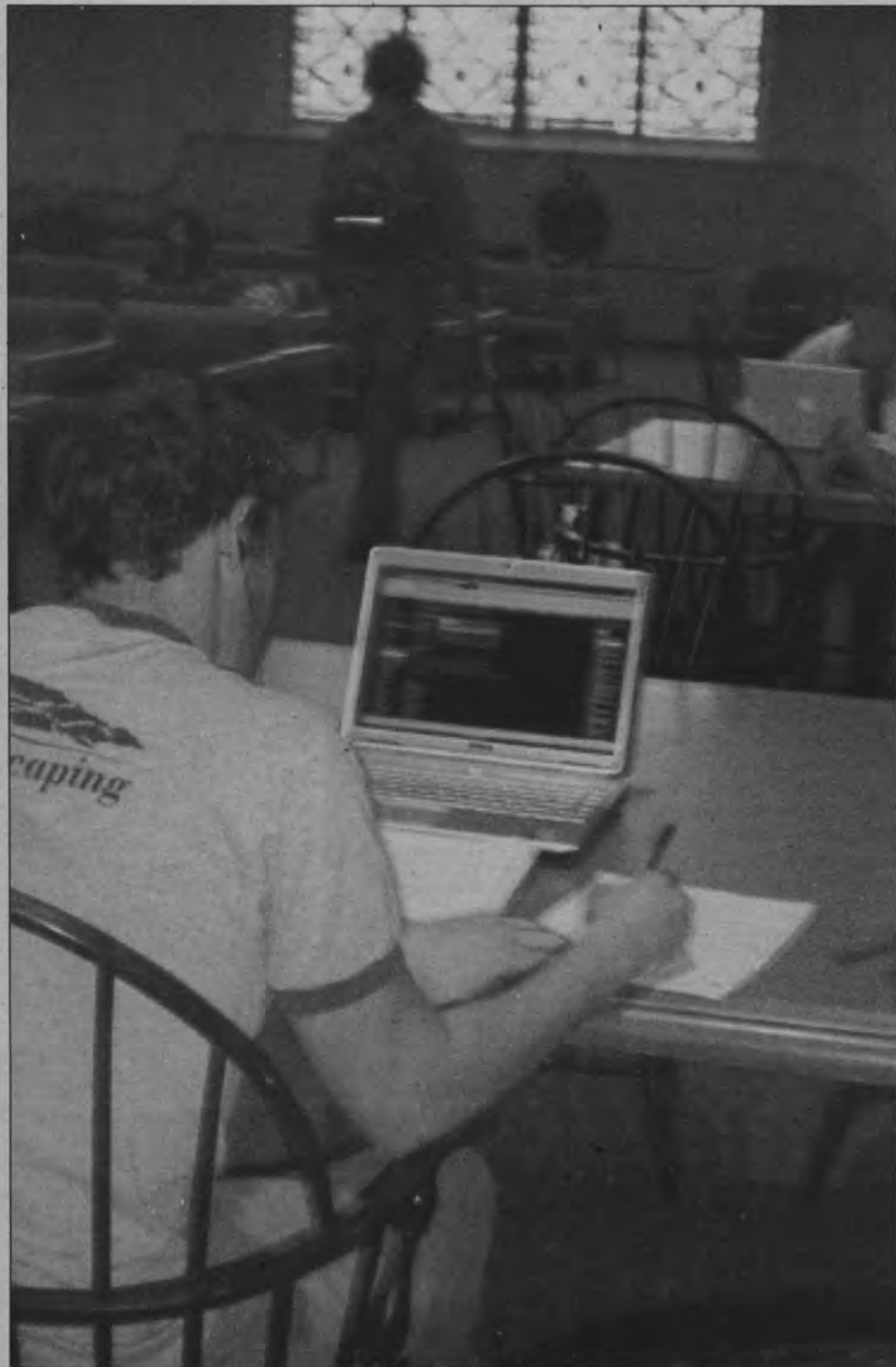
Other less complicated windows, like the Mother's Day/Spring one currently on display, take only a few months to devise. The Mother's Day/Spring window was inspired by a Renaissance botanist and illustrator.

Sullivan-Sparks says she is inspired by life in general, but she doesn't think it's necessarily important her customers know the ideas behind the displays.

"It doesn't need to be literal and obvious," she says. "It's just an inspiration."

The most appealing aspect of the store is the wide variety of products.

"We have a really eclectic mix, so just about everyone that comes in can find something they like, either for themselves or a friend," Sullivan-Sparks says.



THE REVIEW/Natalie Carillo

The location of Daugherty Hall makes it convenient for students to study during the day.

Best study spot: Daugherty Hall

BY ALEXANDRA DUSZAK

Managing Mosaic Editor

Tucked away in the back of the Trabant University Center, across from the Multipurpose Rooms and up the stairs, is Daugherty Hall. The building, formerly the First Presbyterian Church, was acquired by the university after the church relocated in 1967. In 1996 it was connected to the Trabant University Center and converted into a study lounge. Since then, the spacious hall has become a popular study spot among university students.

The room has approximately ten tables, each with enough space to spread out a few textbooks, notebooks and a laptop. There are also ten rows of couches, so students are guaranteed a place to study in Daugherty Hall — most of the time.

To ensure finding a place to study, it's best to go to Daugherty Hall later in the

evening. The space tends to be more crowded mid-day because students study there between classes.

Students come to Daugherty Hall because of its convenient location — it's close to classes and to Main Street — but they stay because of the atmosphere.

"It's closer to my dorm than the library," sophomore Kelly Benesh says. "It's always really quiet, but there's a decent amount of noise so it's not too intense. I like it."

Studying in Daugherty comes with amenities, particularly during final exam week. There's always wireless Internet, and during finals week Daugherty Hall is one of several study spots on campus that will be open from 7 a.m. to 2 a.m.

Free snacks will also be provided during finals week, proving that there are multiple benefits to pulling an all-nighter.

Best healthy food: The Pita Pit

BY LAURA DATTARO

Contributing Editor

With its wheat pitas, wide selection of vegetables and low-fat sauce options, The Pita Pit is this year's winner for best healthy food in Newark.

General Manager Dan Wohlgenuth, who started at The Pita Pit as a minimum-wage employee, says the shop is a good healthy option because of its concept. Every sandwich order is customized, he says, allowing customers to choose the healthiest toppings and sauces for no extra charge.

"Basically anything is healthy if you make it right," he says. "If you order a double Philly steak and get extra cheese, you can make our food just like regular food without the healthy option, but generally pretty much everything that comes out of here is good for you."

He recommends the Greek pita, a cre-

ation of his own that features spinach, chicken, grilled onions, green peppers, banana peppers, and feta cheese with balsamic dressing.

The Pita Pit's Web site includes a build-your-own-pita nutritional calculator, which allows customers to customize a sandwich or salad and count its carbohydrates, fat and calories, among other things. The Greek pita on wheat comes to 440 calories and 45 grams of carbohydrates, minus the banana peppers and balsamic dressing, which are not included on the site.

The store gets late-night business from students leaving the bar, which Wohlgenuth says is a better option than common choices like pizza.

"I run my shop with the motto, 'If I won't eat it, I won't serve it,'" he says, "so there's really nothing that comes out of here that's not fantastic in my book."



THE REVIEW/Natalie Carillo

Best ethnic food: La Tonalteca

BY CHRIS CASULA

Entertainment Editor

Those looking for a dining experience a notch above the standard college town junk food fare are in luck. La Tonalteca, located on North College Avenue, serves authentic Mexican cuisine in a relaxed and casual atmosphere. The Newark restaurant is one of twelve locations — eight of which are in Delaware.

La Tonalteca, known as La Tolteca before it moved from the Newark Shopping Center, has won *Delaware Today* magazine's coveted awards for "Best Mexican Restaurant" and "Best Margaritas" numerous times over the last 10 years. One basket of homemade chips and salsa, accompanied by any of La Tonalteca's

imported Mexican beers, is enough to see why.

Featuring an unusually diverse menu for a casual Mexican restaurant, La Tonalteca truly offers something for every taste, as the menu features nearly every combination of burritos, chimichangas, tacos, tamales and enchiladas imaginable. Those looking for something a bit different can enjoy sizable portions of unique dishes, ranging from the ever-popular Tropical Shrimp Salad to the adventurous Hawaiian-style fajitas.

Finally, in the tradition of great Mexican restaurants everywhere, La Tonalteca offers an array of exotically flavored margaritas and an atmosphere tailor-made for good times with amigos.



Courtesy of La Tonalteca

The Best Values in Newark



Courtesy of Jessica Webster

Clothes in the Past Lane offers stylish clothing at affordable prices.

Best value apparel: Clothes in the Past Lane

BY JACKIE ZAFFARANO

Features Editor

Entering Clothes in the Past Lane is comparable to stepping into a fancifully funky dream closet. Thankfully, customers don't need a dream budget to do so.

Whether it's studying, learning, working or partying that dominates the lives of students, they often welcome the opportunity to sport something other than sweats or a college T-shirt. When it comes to getting the best apparel for your dollar, Clothes in the Past Lane is Newark's best bet.

Clothes in the Past Lane retails merchandise encompassing the best of two worlds — new and vintage.

According to owner Sandi Patterson, variety and diversity are what attracts a sufficient clientele to her style-savvy store. The boutique carries an array of both new and vintage finds at affordable prices. Whether a customer's taste is shabby-chic or modern and stylish, the shop is well-equipped to satisfy fashion requests at adequate prices.

Patterson says her merchandise is priced at moderate, mid and low-high price points. Additional deals such as the "\$15 and under" table make quick gifting especially convenient. Frequent sellers in the store, including American Apparel t-shirts, sold at two for \$30, must be constantly re-ordered.

For university students and Newark residents, girls and guys alike, Clothes in the Past Lane is Newark's best choice for hip apparel at reasonable value.



Courtesy of Cucina de Napoli

Cucina De Napoli customers can enjoy large portions without large prices.

Best value restaurant: Cucina Di Napoli

BY BRIAN ANDERSON

Contributing Editor

When students are looking for a good meal without a heavy price tag, the answer lies on Main Street — at Cucina Di Napoli.

Danielle Buonocore, the manager of Cucina, says Cucina is probably the only authentic Italian restaurant on Main Street. Since everything is homemade and packed with flavor, she says the restaurant has a family-style appeal, which helps bring in customers again and again.

"We just like to have fun here," Buonocore says. "We like this to be a place, kind of like Cheers, where everyone knows your name. We're a family restaurant and that's what we believe in."

Cucina features a full menu and a list of specials, including a \$7 student menu; \$7 lunches and \$12 dinners almost every day of the week, she says.

Buonocore says the specials have been a success with regular customers and students who aren't looking to spend a lot of money on food. She says Cucina tries to cater to college students by giving them good food for an even better price.

"We don't feel the need for \$23 dinners or \$40 dinners, we just think that that kind of thing is ridiculous," she says. "We don't believe in making money on something because we racked up the price and we're making a \$20 profit."

This mentality is seen in low prices and good food, she says. She says Cucina looks to make money by giving people a good meal, not increasing prices.

"We're all about having a great time and eating and enjoying yourself," she says. "We're not about spending \$100 on dinner."

Best value housing: University Courtyards

BY SARAH HUBBS

Features Editor

It's not uncommon to overhear students talking about the party or pregame they went to at the University Courtyard apartments — there's always some kind of activity happening there. The Courtyards is yet again the best off-campus housing, only this year, it won best off-campus housing because of its value.

The Courtyards are a short walk to the Green for classes, and with its close proximity to Main Street for a bite to eat and location on South Chapel — where there's bound to be a weekend party — this complex is a popular spot for student living.

While its per-person rent prices aren't necessarily the cheapest, with monthly rent ranging from \$710 for a four bedroom apartment with two bathrooms to \$1,075 for a single apartment, The Courtyards also offer various floor plans, as well as other amenities and perks that keep students coming back.

Monthly rent includes utility costs such as cable TV, electricity, central heat and air, water, sewer and high-speed Internet, leaving students only with the responsibility to write one check per month for bills. In addition, rather than furnishing their own apartments and splitting costs with roommates, students can enter the Courtyards and enjoy a fully furnished unit.

The convenience of the Courtyards' location and its opportunities for students to both study and relax makes the Courtyards the best off-campus housing for the second time in three years.



THE REVIEW/Natalie Carillo

The University Courtyards' many amenities make its price tag worth it.

Best value coffee: Dunkin' Donuts

BY ALICIA GENTILE

Staff Reporter

"America Runs on Dunkin'," and so does Newark.

Dunkin' Donuts was founded in 1950 by Bill Rosenberg when he opened the first Dunkin' Donuts shop in Quincy, Mass., according to Dunkin' Donuts' Web site. Since then, the chain has opened 6,395 stores in 34 states and 2,440 international shops in 31 countries, one of which is on Main Street.

Dunkin' Donuts supplies hundreds of university students with their daily dose of caffeine at an affordable price. Kiait Patel, the manager of the Dunkin' Donuts on Main Street, says on average his store feeds and hydrates approximately 1,200 students per day.

The university also operates a Dunkin'

Donuts in the Perkins Student Center.

Not a day goes by in which hoards of students don't make their way down the Green, carrying their Dunkin' Donuts coffee to class.

Dunkin' Donuts' coffee almost a permanent accessory to many students' lives, which is not surprising since it's hard to beat its perfectly roasted coffee and incredibly inexpensive prices.

"Same coffee, same quality, all the time," Patel says.

He says his best selling is "definitely the iced coffee." At the low price of \$1.89 for a small, it's something that no other coffee shop can really compete with.

This year the best of Newark cheap coffee award goes to our students' favorite — Dunkin' Donuts.



THE REVIEW/Alexandra Duszak

Value-priced coffee is a daily staple in many students' lives.



THE REVIEW/Larissa Cruz

Classic recipes make Margherita's pizza stand out from other pizzerias.

Best value pizza: Margherita's

BY JORDAN ALLEN

Senior Mosaic Reporter

To those walking down Main Street, it might seem every restaurant offers the same staple college food — pizza. These days, there seems to be only one way to decide where to spend those precious last dollars on a good slice. Just ask, "Where can I get the best out of my buck?" and you'll get the answer: Margherita's.

The small pizza parlor has been co-owned and operated by Enzo and Rico Della Monica for over 20 years. Enzo says part of the basis of the pizza's appeal is its old-fashioned Italian New York style.

"I use the same recipe over and over. I try not to change it," Enzo says.

"When the pizza's really good you don't want to change your recipe."

He says he has seen the same people, such as university employees, coming back to eat since he first started working there.

The pizza is even more enticing because of its prices. Enzo says you can get a medium pizza for about nine dollars, compared to other places he goes with his family, where one slice can cost as much as three or four dollars.

He only has one piece of advice for the university community, "Stop by and try the pizza."

Best value breakfast: The Post House

BY CHRIS CASULA

Entertainment Editor

On bustling Main Street, the unassuming Post House is easy to miss. However, students and locals "in the know" have been pouring in and snagging stools at the counter since the Post House opened its doors in 1957.

One of three locations in New Castle County, the Newark Post House features the classic counter and barstool seating that typified diners built in the first half of the twentieth century. Luckily for patrons, its prices are also a leftover from that bygone era. For \$4.50, or roughly the cost of a large espresso drink elsewhere, customers are treated to two eggs any style with a choice of breakfast meat, side of toast and a heaping serving of to-die-for home fries. In addition to the daily breakfast special, the Post House offers a complete breakfast and lunch menu, with nary an item breaking the ten-dollar mark.

In an age of energy drinks, Power Bars and breakfast on the go, the Post House offers as authentic a home-cooked meal experience as is to be had in Newark — at an incredibly reasonable price.

Stacey Garlic, a cook and resident ray of sunshine at the Post House, attributes the diner's success to its relaxed and comfortable vibe. "I just think it's the atmosphere. It's home cooking versus a restaurant," Garlic says. "We get mostly regulars — you see 'em once, you tend to see 'em again."



THE REVIEW/Maddie Thomas



THE REVIEW/File Photo

Best value date: Home Grown Café

BY ALEXANDRA DUSZAK

Managing Mosaic Editor

Home Grown might not be the first restaurant that comes to students' minds when they're looking for an inexpensive dinner date, but it's not hard to choose a combination of menu items that will guarantee a delicious and relatively inexpensive meal.

Many of the dishes at Home Grown — most notably the macaroni and cheese — are big enough to share, manager Leslie Felix says.

"There are very few people who can finish it. It's decadence in a bowl. It's macaroni and cheese elevated to the level it should be," Felix says.

If you're not full after splitting the mac and cheese with your dinner date, Home Grown offers a variety of desserts, many of which are designed to share as well.

Another way to keep a date at Home Grown cost-effective is to order a salad or a wrap, says Home Grown server Serene Hunter.

Home Grown is a popular date spot — even for Newark residents — so be sure to make reservations if you plan to eat there on a Saturday night. Felix believes it's because of the restaurant's atmosphere.

"It's not your typical college restaurant or bar," Felix says. "It's cozy enough. We try to provide an environment where you can sit and relax and talk and have a good meal. You don't have to feel rushed."

Best value late-night food: Freddy's - Wings To Go

BY JACKIE ZAFFARANO

Features Editor

To say students in Newark enjoy late-night snacking would be a huge understatement. Once dinnertime has come and gone, students come from every corner of Newark for some serious late-night food. When they do, they turn to Freddy's - Wings To Go.

With its extensive menu and fair prices, Freddy's is a popular choice for late-night dining.

Not only is the food at Freddy's satisfying, it's also moderately priced, fast and easily obtained. According to Ben MacKinnon, a Freddy's employee, the restaurant does the most business at late-night hours on the weekends. This is also the most popular time for delivery calls.

When the bars let out, particularly Thursday through Saturday, business booms at Freddy's. Customers have the option of ordering until 3 a.m. on Friday and Saturday, until 2 a.m. Monday through Thursday and until 12 a.m. on Sunday.

With a menu including wraps, quesadillas, sandwiches, burgers, soups, nachos and more, there is no excuse for late-night appetites to be left unsatisfied.

With the wide array of options offered by Freddy's, a favorite choice still prevails. Freddy's hottest menu choices are the Wings To Go Style wraps and cheesesteaks. Whether customers prefer meat, grease and oil or more healthy vegetarian selections, Freddy's - Wings to Go is guaranteed to offer an appealing option.



THE REVIEW/Ayelet Daniel

Best scandal: swine flu

BY ALLYSON HEISLER

Entertainment Editor

Cameras flooded the university campus when the scandalous swine flu hit Delaware last month. According to a May 8 count, 44 cases of swine flu have been confirmed in the state of Delaware, while only 24 of them were university students.

All students and faculty members received e-mails and phone calls from the university letting them know what was going on. The Center for Disease Control also made information available so students would know how to better protect themselves from getting sick. Tips included washing hands, avoiding contact with sick individuals and seeking medical attention, if necessary.

"People definitely needed the emails that were sent from President Harker and Student Health," says freshman Devon Megginson. "It was an easy way to show that the university was keeping control of things."

The Carpenter Sports Building was opened as a temporary clinic staffed by individuals from the Delaware Division of Public Health for students who may have potential-

ly caught the swine flu.

Students had a slightly different feelings about swine flu. Some took it in stride — they continue to attend classes, go to the gym and visit their friends. Others skipped classes and chose to remain in their residence halls to avoid catching the disease.

"I didn't take it too seriously," Megginson says, "even though some people definitely overreacted. It's just like the regular flu."

New swine flu T-shirts have also become a popular trend on campus. Junior Marc Paulo Guzman and freshman Dan Schroeder sold T-shirts through a Facebook page and are donating the proceeds to the Boys & Girls Club of Newark. The shirts feature a pig on the front and read "Delaware Swine '09." The back says "I'm Feelin' Swine."

In the end, less than 25 of the 16,000 students who attend the university were affected by the swine flu. Yet events were canceled, phone calls were made and e-mails were sent to students, faculty and parents, and the university was featured on the news.



Courtesy of Marc Paulo Guzman

The swine flu craze caused widespread panic across the university.



THE REVIEW/Brian Anderson

Tucked away on Route 896, Malins Market makes delicious hot and cold sandwiches.

Best-kept secret: Malins Market

BY BRIAN ANDERSON

Contributing Editor

Malins Market has a full menu, but most university students pass the shop on the way to I-95 without giving it a second thought. The unassuming brick building sits quietly off Route 896, neighboring busy gas stations and fast food joints.

Ken Malin, one of the owners of Malins Market, says his father bought the store in 1974 and brought his nine children with him. All of the boys, six in total, moved into the apartment above Malins Market.

The store was built in 1953 but has only seen two owners, including the Malins, since the early 1970s, Malin says.

"We took over in '74, and have been here ever since," he says.

Malin admits he doesn't do much advertising, mostly because he has a good clientele that come in early and often. He makes deliveries to large businesses daily, and he says he makes a good living from selling sandwiches.

When he took over the store in 1988, he began making cold sandwiches, but eventually obtained a grill and began making hot sandwiches as well. He says the cheese steaks

are his most popular hot item, bringing in about half of his business.

Since his customers come in so often, he's able to keep only the freshest products on the shelves. Malin says his deli meats and steaks are fresh because he sells them so fast.

His most popular cold item is a turkey sandwich, which features fresh turkey, cooked almost daily. The sandwich, named the Jim Bob, keeps with the store's family tradition.

"I got five brothers, but I got a Jim and a Bob," Malin says. "So I figured I'd call it the Jim Bob."

Malin says he doesn't advertise or send out mailers because his business does fine without them. Most people who come in hear about it from family or friends.

"I really don't advertise and the outside doesn't look like much," he says. "But we've been here for so long, we're in pretty good shape."

Still, he's OK with his store not being on most people's radar.

"Through the grapevine, the word has gotten out," he says. "Word of mouth is the best advertising."



THE REVIEW/Natalie Carillo

Best place to avoid cars: Main St./N. College Avenue

BY ALLYSON HEISLER

Entertainment Editor

Cars, trucks and buses whiz past as university students make their way to class each day. For many students, crossing Delaware Avenue can prove to be a challenge. Yet, the crosswalks, signs and light signals prove helpful in avoiding accidents.

However, the best intersection to avoid is one that Laird Campus residents must cross every day — North College Avenue and Main Street next to the Trabant University Center.

Just a few weeks ago, a university bus hit a bicyclist on the corner of North College Avenue and Main Street. The student was taken to Christiana Hospital with injuries to her pelvis.

Not only are bikers in danger at this intersection, but pedestrians are as well. Buses often run their back tires over the curb when making the right turn from Main St. to North College Ave. Even though students may think they're standing safely on the sidewalk, pedestrians are

in danger of being hit by buses.

Another major issue at this intersection is cars turning right from North College Avenue onto Main Street — often while the light is red with a red arrow which signals pedestrians to cross. Many cars go to turn right on red while pedestrians are crossing — then get annoyed that students are in their way.

"I have to cross this intersection about three times a day since I live on Laird Campus," sophomore Sabrina Amon says. "Cars always try to turn there and you have a short amount of time as it is to get across the street."

This business of this intersection makes it easy to see how foot traffic and cars traffic come to a head. The quick right turn onto North College Ave is difficult for busses to make, regardless of what time of day it is, or how many students are out.

"I didn't realize that a biker was run over by a bus there," Amon says. "That is definitely a bad spot for buses to turn — it's too tight."

Best on-campus housing: North Green campus

BY ALEXANDRA DUSZAK

Managing Mosaic Editor

Situated right in the middle of the university's campus, the North Green is prime real estate for upperclassmen looking to make their home on campus. The residence halls are aesthetically appealing both inside and out (and in a few cases, spacious and air conditioned), but the real appeal of the North Green lies in its location.

The North Green affords its residents the opportunity to be five minutes from just about anywhere on campus. Living on the North Green means that waking up at 10 a.m. and being on time for a 10:10 class is a realistic possibility and not the far-off dream it is for students who dwell in the Christiana Towers. A North Greener wouldn't even consider taking the university shuttle buses, except maybe to a football game or a concert at the Bob Carpenter Center.

Although some students may complain that the North Green is quite a hike from any of the dining halls, the Trabant University Center and Main Street offer plenty of delicious options.

Main Street features a wide array of coffee

shops to help crank out that ten-page paper or cram during finals week — and it's so close you'll be back at your residence hall before your roommate even notices you left.

Likewise, the Bob Carpenter Center is just a hundred yards away from the front doors of Sharp, Sypherd, Harter and Brown Halls, making trips to the gym quick and convenient.

The Georgian-style residence halls surround a large tree-lined lawn — the actual "green" of the North Green.

Freshman Ashley Bolt says the green lawns make the North Green the ideal location.

"It's prettier here. There are more trees and it's more scenic," Bolt says.

On warm, sunny days, the Green is crowded with students playing Frisbee, sunbathing and catching up on homework.

Sophomore Michele Pedicone says the Green itself provides an ideal spot for relaxing between classes.

"It's social because everyone walks around here on warm days," Pedicone says. "It's so nice and everyone's just laying out here. I would love to live here."



THE REVIEW/Natalie Carillo

Students on the North Green enjoy a convenient location and beautiful surroundings.

Best place to people watch: Cleveland Avenue

BRITTANY HARMON

delaware UNdressed columnist

Now that the weather is getting warm and clear, more and more students are engaging in a favorite pastime — people watching. Some even designate time out of their week in order to people watch. According to the urbandictionary.com, people watching is defined as a hobby in which you go out and watch the way people act, dress and talk. This year, the most enjoyable location on campus to people watch is Cleveland Avenue.

Cleveland Avenue is known for a row of homes that are considered, to some, the epitome of where on-campus college antics take place. What better way to illustrate this point than to spend some time throughout the day observing?

On Wednesday at 10 a.m. two girls who appear to be walking to class are whaling their arms around. There's a mixture of conversation consisting of so-and-so cheated, followed by how she can't wait for Grey's Anatomy tomorrow night and the Chemistry final next week. The conversation is, like most, pointless and random.

The afternoon soon rolls around, revealing girls in shorts and bathing suit tops, strategically placed on the front lawn, right next to the neighbors playing an assortment of

drinking games. Then the beverages "accidentally" fall on the girls attempting to sunbathe, a chase begins, followed by laughter and smacking with a magazine.

On Friday at 9 a.m., many morning commuters are applying eyeliner in their rear-view mirrors while serenading themselves with Bon Jovi. This would make a great first-round audition cut for American Idol.

Friday at 11 p.m. is where the true benefits of people watching show themselves. A street sign is being stolen from a post and a Keystone Light case is being stolen from someone's front porch. Loud music leads to a young girl dancing on front steps, falling and spraining her ankle. This is what all people watchers look forward to in their outings — embarrassing and funny moments.

Conclusion: Make sure you are on the bottom step before putting forth effort in violent dance moves and run like the wind when your house needs a 30-pack.

As for my personal conclusion on people watching: Tis' the season to grab that ice-cold margarita (and a seat on your porch), kick back and enjoy the show on none other than Cleveland Avenue.



Courtesy of Justin Maurer

Best sports bar: Grotto Pizza

BY BRITTANY HARMON
delaware UNdressed Columnist

Fans from the Newark area can enjoy cheering their favorite teams to victory while downing Grotto's famous \$2.25 25-ounce Bud Light and demolishing a large cheese pizza for \$11.99, all while surrounded by 25 flat screen televisions. Grotto Pizza gives all the necessities a sports fan requires in order to enjoy any event.

When tickets to see your favorite team in the playoffs escape you, worry not, for every Grotto bar patron can count on catching the big game there. The popular sports bar and restaurant carries various cable packages, so all types of fans are attracted to the establishment. Their packages include the NFL Network, MLB Network and NBA Network, manager Russ Wiedenmann says.

"We make a big deal out of the games," Wiedenmann

says. "But I also think our staff is what keeps people coming back too."

Wiedenmann says customers return because their staff gets to know each patron. Some bartenders already have beers poured by the time certain customers walk through the door.

Grotto Pizza also shows many sporting events that most other bars in the area would not even turn on, Wiedenmann says.

"A student came in here the other day asking for a college lacrosse game, which isn't a highly watched event in our restaurant," Wiedenmann says. "But we turned it on in perfect view from where he was sitting. We enjoy accommodating our customers with television selections versus their seating."

Another attraction is the half-priced appetizers and pizza during happy hour. Grotto also offers 16-ounce Coors Lights and Miller Lites between 4 p.m. and 9 p.m. These are deals that would bring in customers of all lifestyles — from the typical college student on a budget to those who are ready to kick back and watch Lebron dunk on yet another victim.

Senior Matt Lopez says his Grotto sports bar experiences are always satisfying.

"Airing multiple games at once is always a plus for any bar," Lopez says. "But the mixture of cheap beer and fun environment is all you need."

So once your team has claimed victory (or perhaps to drown your sorrows if they haven't), make sure you do it at Grotto Pizza on Main. You'll laugh, you'll cry — good times will be had by all.



THE REVIEW/File Photo

Fans congregate at Grotto's Pizza to catch their favorite games — even for obscure sports.

Best cheesesteak: Pat's Pizza

BY TED SIMMONS
Managing Mosaic Editor

Newark isn't quite Philadelphia, but the proximity allows for some imitations. The campus erupted when the Phillies won the World Series, and students still search far and wide for the perfect substitute to the classic Philly cheese steak.

Pat's Pizza offers all the essentials on their "Award-Winning Steaks." Every Philly cheesesteak is served with American cheese, fried onions, sweet pep-

pers and mushrooms.

Although employees don't know exactly what award their menu says their steak sandwiches have earned, they say they see cheesesteaks ordered more than any other item on the menu.

The Review has given at least some substance to their claim of an award-winning cheesesteak, declaring Pat's the best cheese steaks in Newark. Any students looking for a little taste of Philly without an hour drive can find satisfaction at Pat's.



Photo Courtesy of Pat's Pizza

Pat's Pizza serves "Award-Winning" cheesesteaks.

Best dessert: Coldstone

BY JACKIE ZAFFARANO
Features Editor

Newark provides quite a variety of dining options. So, the urge to finish a great meal with an even sweeter taste isn't hard to fulfill. Whether you're a university student or a community member, a senior in high school or a senior citizen, Cold Stone Creamery ice cream rarely fails to satisfy.

The distinct smell of walking into a Cold Stone Creamery makes refusing to purchase a Cold Stone dessert nearly impossible.

Aside from the inviting aroma, Cold Stone customers are given a great amount of creative freedom.

Customers can choose from any of Cold Stone's signature creations, or they may choose to customize one of their own. Newark's own Cold Stone features "Birthday Cake Remix," the chain's signature creation. It's also common to see customers ordering more "love it," or medium sized ice creams than "like its," the store's version of size small. As for the most popular flavor, two pans of cake batter flavored ice cream are sold to every other flavor choice.

What seems like an endless amount of flavor and topping combinations can be customized to satisfy personal taste with the many choices

es Cold Stone has to offer.

Cold Stone offers smoothies, shakes and cakes, but is most popular for its rich and delectable ice cream desserts, uniquely prepared with its signature frozen granite stone process.



THE REVIEW/File Photo

Cold Stone makes its desserts on a frozen granite counter.



THE REVIEW/Natalie Carillo

Since arriving on campus, Buffalo Wild Wings has become a popular place to watch sports.

Best new business: Buffalo Wild Wings

BY SARAH HUBBS

Features Editor

Several new businesses have popped up in Newark this year, but one appears to be drawing in more students than the others — Buffalo Wild Wings on Elkton Road. Since the restaurants opening this past winter, students have been flocking there for wings and a cold beer.

The weekly beer specials and nightly wing specials like Wing Tuesdays and Boneless Thursdays bring in students who aren't looking to spend a hefty amount of cash for their meal. Whether customers seated at the bar or a booth, there's always the option of playing one of the well-placed Megatron games.

Buffalo Wild Wings is becoming an alternative to Grotto's Pizza for those students who don't want to be packed in a bar to watch the big game. With various sized TVs, projection screens and university sports memorabilia placed on every wall, there's never a bad seat.

Buffalo Wild Wings sees the most customers during weekends and weekday evenings, most especially when there's a

sporting event. In an attempt to accommodate the customer's diverse sports preferences, the TVs are equally divided among the various games of the night.

The staff makes for a pleasant meal experience as well, with the hosts and wait staff constantly greeting customers and saying farewell with a smile on their face. No matter what time of day, the establishment has a relaxing aura amidst the typical sports bar atmosphere.

Buffalo Wild Wings has fourteen different sauces to choose from. So, whether diners are looking for a wing sauce to light their tongue on fire, a mild and sweet sauce or something in between, Buffalo Wild Wings can adequately satiate any taste. Despite being primarily a wing and beer business, Buffalo Wild Wings menu is diverse. It's also inexpensive — a table of two can typically pay approximately \$30 for an appetizer, six wings and entrees.

Rather than being yet another Newark business that offers pizza or coffee, Buffalo Wild Wings brings in the crowds and earns itself the best new business award.

Best restaurant porch: Klondike Kate's

BY TED SIMMONS

Managing Mosaic Editor

If it's a bright and sunny May day, there's nothing better than satisfying your hunger while basking in the summer sun with friends. With a front porch that spans the length of the restaurant, Klondike Kate's offers the perfect venue to do that.

Manager Lizette Torres says requests from students and locals to sit outside usually increase with the temperature. The problem is that Kate's only has 10 tables outside and the number of customers asking to be seated outside is far greater.

As a result, Kate's doesn't take reservation for porch dining, instead handing out those valuable tables on a first-come, first-serve basis.

Torres says the restaurant is considering ways to better accommodate everyone, but for now employees are doing the best they can with what they have.

"We're hoping to maybe extend the porch someday," Torres says. "Maybe opening up the back."

At night, the relaxed dining scene of Kate's Main Street porch transforms to a breezy getaway for bar patrons. On any

given Friday or Saturday night, the porch is packed with students enjoying a drink outside, getting some fresh air or taking a quick smoke break before returning back inside.

Torres says sometimes the crowd becomes too much and the staff at Kate's has to close off the porch and take down the tables and chairs.

"We do have some situations where it may get a little out of hand if we do have a line because it's right there on the other side of the railing," she says. "So, sometimes we have to break down some of the porch. But it really depends on how busy it is."

The porch's location alongside Main Street causes some problems when the bar gets near or over capacity. The line to get into the bar runs right by the porch and a few impatient attendees jump the line by hopping the rail.

"There's the brave ones who think they can jump over the fence and come in really quick and cut the line," Torres says. "But we have security on both ends of the porch and they constantly go back and forth and monitor the crowd."



THE REVIEW/Natalie Carillo

The patio at Klondike Kate's is a popular alternative to dining indoors.

UD Students:



Need a late-night place to study for final exams?

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- **Kent Dining Hall**
- **Morris Library**
- **Morris Library Commons** (The Library Commons contains tables, chairs, vending machines, and restrooms and is located directly inside the Morris Library entrance on the right. The Commons has wired and wireless Internet access.)

Before Exams

Location	Friday May 15	Saturday May 16	Sunday May 17	Monday May 18	Tuesday May 19	Wednesday May 20
Morris Library	8 a.m. to 10 p.m.	9 a.m. to 10 p.m.	11 a.m. to 2 a.m.	8 a.m. to 2 a.m.	8 a.m. to 2 a.m.	8 a.m. to 2 a.m.
Morris Library Commons	Open 24 hours	Open 24 hours	Open 24 hours	Open 24 hours	Open 24 hours	Open 24 hours

During Exams

Location	Thursday May 21 <i>Reading Day No Exams</i>	Friday May 22 <i>Final Exams Begin</i>	Saturday May 23 <i>Reading Day No Exams</i>	Sunday May 24 <i>Reading Day No Exams</i>
Daugherty Hall in the Trabant Center	7 a.m. to 2 a.m. Complimentary snacks**	7 a.m. to 2 a.m.	9 a.m. to 2 a.m.	9 a.m. to 2 a.m.
Kent Dining Hall	9 p.m. to 2 a.m. Complimentary snacks**	9 p.m. to 2 a.m.	9 p.m. to 2 a.m.	9 p.m. to 2 a.m.
Morris Library	8 a.m. to 2 a.m.	8 a.m. to 2 a.m.	9 a.m. to 2 a.m.	11 a.m. to 2 a.m.
Morris Library Commons	Open 24 hours Complimentary snacks**	Open 24 hours	Open 24 hours	Open 24 hours

Beginning Sunday, May 17, the Morris Library is open every night until 2 a.m. until the last day of exams! The Library Commons is open 24 hours.

During Exams

Location	Monday May 25 <i>Exams</i>	Tuesday May 26 <i>Exams</i>	Wednesday May 27 <i>Exams</i>	Thursday May 28 <i>Exams</i>	Friday May 29 <i>Last Day of Exams</i>
Daugherty Hall in the Trabant Center	7 a.m. to 2 a.m. Complimentary snacks**	7 a.m. to 2 a.m.	7 a.m. to 2 a.m. Complimentary snacks**	7 a.m. to 2 a.m.	7 a.m. to 5 p.m.
Kent Dining Hall	Open 9 p.m. to 2 a.m. Complimentary snacks**	9 p.m. to 2 a.m.	9 p.m. to 2 a.m. Complimentary snacks**	9 p.m. to 2 a.m.	
Morris Library	8 a.m. to 2 a.m.	8 a.m. to 2 a.m.	8 a.m. to 2 a.m.	8 a.m. to 2 a.m.	8 a.m. to 7 p.m.
Morris Library Commons	Open 24 hours Complimentary snacks**	Open 24 hours	Open 24 hours Complimentary snacks**	Open 24 hours	Closes at 7 p.m.

** Complimentary snacks are available from 9 to 10:30 p.m.

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CAMPUS EVENTS

Tuesday, May 19

"Kal Penn 'Changing the Racial Landscape'"
Kal Penn is a featured actor on TV's "House" and Star of "Harold and Kumar go to White Castle." Penn graduated from UCLA and has taught a course on Asian Americans at the University of Pennsylvania. In his lecture, "Changing the Racial landscape" Penn will discuss Asian type casting and tokenism in the media. This lecture promises to be an enlightening event as it will offer progressive solutions to the problems of race in the media today.
Mitchell Hall Auditorium
7:00PM

Wedenesdy, May 20

Brian Stone, conducting Student stars Michael Righi, Kathryn Supina, Duo Shen, and Jessica Santiago take center stage in Sarmientos' Marimba Concerto, Arias from Die Fledermaus, The Ballad of Baby Doe, and Romeo et Juliette, the First Violin Concerto of Paganini, and Reinhold Gliere's Horn Concerto. The orchestra will open with the rip-roaring, jazzy, snazzy, Broadway-brassy, Overture to the show Gypsy and close with the orchestral show-piece España by Chabrier. \$12 adults; \$8 seniors and \$3 students.

Louise and David Roselle Center for the Arts, Puglisi Orchestra Hall
8:00PM

CAMPUS EVENTS

Wednesday, May 20

"Fueling the Flames:
The Politics of Oil"

Jon B. Alterman has served on the Policy Planning staff of the U.S. Department of State, and as a special adviser to the Iraq Study Group (Baker-Hamilton Commission). Currently, he directs the Middle East program of the Center for Strategic & International Studies, a Washington think-tank. He previously served as a foreign policy aide to former Senator Daniel P. Moynihan (D-NY). He is the author or coauthor of four books on the Middle East
Mitchell Hall 7:30PM

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126 Memorial Hall
8:00PM-10:30PM

CAMPUS EVENTS

Thursday, May 21

"French Club Conversation Hour"
All levels of French students are welcome to join us each Thursday for a casual, conversation hour. Grab a coffee, relax, and parlez francais! This a great way to improve your conversation skills in a comfortable environment. Please feel free to come for all or part of the hour. A bientot!
BrewHaHa Cafe on Main Street
5:00PM-6:00PM

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Brian Rorick pitched three consecutive complete games for the Blue Hens.

R sports

Check out the year in review on our blog, Chickenscratch

28

Athletic programs competing against economy

BY EVAN KORY

Staff Reporter

Men's track and field head coach Jim Fischer has his doubts about what the future holds for his team, but is currently trying to stay focused on the season at hand. With the possibility of up to a 10 percent financial cutback, Fischer said he and his staff might have to make some major adjustments.

In a recent address to the faculty, university President Patrick Harker said that the current economic downturn is inevitably affecting Delaware as well as schools across the country. Harker said that financial cutbacks have been submitted to the state, but the school must be ready for further cuts. However, Harker also said statistics and further details are not available until the Delaware Economic and Financial Advisory Council finish their meetings at the end of June.

Schools across the country have been looking to their athletic programs to find ways to reduce budget spending. The University of Vermont recently laid off two major head coaches in addition to cutting two varsity sports teams from its program. In an effort to conserve money, Delaware State University dropped their wrestling program. Even baseball is losing support from schools such as Northern Iowa, which recently cut its team. The University of Massachusetts, which sent 18 players to Major League Baseball in years past, is now entertaining the idea of cutting the program altogether.

Even before the release of next year's final financial statistics, coaches in all University of Delaware sports already started figuring out ways to cope with the economic predicament.

"Earlier this year, we were told there would be a 5 to 10 percent cutback across the board," Fischer said. "The athletic department told everyone to prepare for cuts whether they are sooner or later."

However, Fischer isn't worried about the consequences, saying the performance of his team should not and will not be affected by these financial reductions.

"I have confidence that regardless of money, our kids will be the best they can be," Fischer said. "These kids are out for a sport and they want to perform to the best of their ability and are working too hard to go only half way."

In December, the athletic department decided to demote the varsity indoor track team to a club sport. While indoor track has been a varsity sport for 43 years, it will no longer receive intercollegiate funds to compete at the varsity level, said Delaware's athletic director Edgar Johnson. Johnson also said the athletic department will be adding a women's golf team in the coming year, all in an effort to comply with Title IX.

However, Johnson said the budget for women's golf is less than that of indoor track. The women's golf roster will be relatively small, with about 10 people, compared to an indoor track team, which has upwards of 50. Costs will be fairly inexpensive for golf matches, only having to cover the charges for the golf course.

Still, most teams have already started finding ways to fill these financial gaps to keep the effects as minimal as possible. Fundraisers and alumni donations have always been a key part

of varsity sports, but they are becoming more important now than ever before, according to Scarlett Schmidt, director of athletic development.

"Last year the school took in nearly \$1.3 million in donations from season ticket holders and alumni," Schmidt said. "But we've implemented a new plan because we can't continue to fund athletics as we have in the past."

Schmidt said she is hopeful that Delaware will bring in nearly \$2 million from donations alone, which will help cover the costs of athletic scholarships, special projects, and to help offset some of the cost of the school's nearly \$17 million budget.

Although Delaware's tennis team has a small budget to begin with, it is still feeling the stress. Head coach Laura Travis said she couldn't comment on exact numbers, but said the tennis team has already found ways to help minimize financial repercussions.

"We have had the support of alumni and friends to help plug in the differences," Travis said. "What is uncertain is how the economy will affect all our teams and the entire university community in the upcoming days and months."

For a team like men's lacrosse, there is no luxury to cut back on equipment because all the players need adequate protection for such a contact sport. Nor can the roster be shortened due to the high contact and danger of the sport. Therefore, the team has had to find different ways to make up for financial problems.

"We are just going to have to do more fundraising to help raise more funds," men's lacrosse head coach Bob Shillinglaw said. "We'll have to run some more high school tournaments, do a few more fundraisers and do as much as we can with our alumni — the key is not to get deterred."

Other teams have also been notified there will be some changes in the coming athletic year that coaches will need to accept.

Men's soccer head coach Ian Hennessy has already been told there will be no overnight traveling for out-of-conference matches, but rather everything will be within a bus ride's distance. This will save money on hotels, food and extra transportation.

"We will definitely not be fully funded next year, but I'm not supposed to say much more than that," Hennessy said. "But we try and keep things in perspective. Individuals and families are losing jobs, so we just need to roll up our sleeves and get on with it."

One of the most difficult aspects of the cutbacks the soccer team will have is less scholarships available than in years past, Hennessy said.

Last year, the school allotted close to \$7 million to scholarship money, most of which is delegated to athletes' partial scholarships. However, Delaware handed out nearly 250 full scholarships this past year, as opposed to the next highest school in the Colonial Athletic Association which only distributed approximately 220, according to Johnson. Scholarship money is a key part of Delaware's athletics, but Johnson said the scholarship budget isn't going to grow.

A lot remains to be determined, but Harker stressed his confidence in the strategic plans to try and fill these financial cracks.

"Despite the current worldwide economic stress that is impacting the U.S., state and university community, we remain committed to our overall strategic plan as well as our plan for athletics," Harker said.



THE REVIEW/Justin Maurer

With teams cutting back, ticket prices are bound to increase.

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Commentary



PAT MAGUIRE

"A year for the lesser knowns"

The 2008-2009 year in sports had its fair share of disappointments. There were, however, some great moments, often arising from unlikely places. For instance, just look at the top high school basketball recruit in the United States, Elena DelleDonne, spiking volleyballs for the Hens on their way to their second straight CAA volleyball championship. Or Hans Gillan, breaking records left and right for the Delaware Swim Team. Also, the women's lacrosse team showed up their male counterparts en route to an appearance in the CAA title game, and the men's track program had a solid season despite losing their indoor program to logistics surrounding Title IX.

While the big programs suffered this year, they also provided optimism for next year. Pat Devlin transferred from Penn State in the

spring in hopes of doing what Joe Flacco did, and Robby Shoenhoft couldn't do, as the quarterback of the football team.

Elena Delle Donne finished out her season then quietly ended her volleyball career. Whether or not she returns to basketball is still in question, but her presence on the Hens' women's basketball squad may as well guarantee an appearance in the CAA title game next year.

Men's basketball head coach Monté Ross was given a five-year contract extension at the end of this year. His new contract could be just the fuel he needs to whip the men's program into shape and make a run in the CAA. The team is now made up almost entirely of his recruiting classes and we finally get the chance to see how Monté Ross fairs in building a basketball program.

Perhaps the most obvious reason to be hopeful, optimistic or anxious is the hiring of a new athletic director, Bernard Muir, from Georgetown. There is no doubt that Muir has come here with the intention of challenging himself, otherwise he would not have left a Big East school to come to a school not as well known for its athletics.

When Muir takes over in July, he will have his hands full. Players, coaches and fans alike are expecting the revenue-producing sports to step up in a big way in 2009-2010, and expectations have been raised for those little engines that could who didn't have high expectations before. This year took us through a roller-coaster ride. Let's see if 2009-2010 can be smooth sailing.

Baseball sweeps VCU, advances to playoffs

BY PAT GILLESPIE

Staff Reporter

The Hens baseball squad was triumphant Saturday as it earned a spot in the CAA playoffs with a win and series sweep of Virginia Commonwealth University. The team overcame obstacles to reach the playoffs in Wilmington, N.C., beginning on May 20.

"Well, we knew coming into the series we had to sweep," head coach Jim Sherman said. "We had the swine flu situation where we lost a whole weekend and that looked like it might hurt our chance of getting into the playoffs."

Northeastern University's baseball squad swept the Hens just a week before the VCU series, which put Delaware's playoff hopes in jeopardy. Before Northeastern, the Hens had not played a regular weekend series in two weeks because the UNC-Wilmington series was canceled due to swine flu.

"This weekend probably culminated into what was the best of our seasons," Sherman said. "I think it's wide open. I think we're as good as anybody."

The Delaware baseball squad faced highs and lows this season. They had eight games canceled on their schedule due to inclement weather and swine flu. Despite the lack of play, Delaware posted a 27-18 overall record, including an 11-10 CAA conference mark.

"Character-wise the team really stepped up and took it by the horns," senior catcher Ryan Reed said of the team's weekend performance. "We needed all three of these. It was a good win."

Reed has led the team in multiple facets. He helped guide a very young pitching staff and is stepping up at the plate as well.

"A lot of the [pitchers] are really smart, and they trust what I call," he said. "It helps that they have trust in me, and that they can throw their pitches for strikes and keep them down."

Reed ended the regular season with a .361 batting average, nine home runs, and 37 RBIs. Although he did not lead the team in any major offensive category, Reed was instrumental to the team's success offensively and defensively.

Freshman Rich O'Donald was the starting pitcher for the season finale and symbolized the team's season in his performance. He struggled in the first three innings, allowing three runs, but finished strong, throwing four hitless innings to end his seven hard-worked innings.

"I started the game a little shaky, but I bared down after that," O'Donald said. "I didn't have my best stuff today, but I tried to stay with it and battle."

O'Donald ended the season with a 5-3 record and a 4.18 ERA. He was drafted by the Seattle Mariners out of high school, but declined the draft to come to Delaware.

The baseball season did not go as scripted in any way.

"This was as zany of a season for me given how it played out," Sherman said. "We thought maybe we blew it up at Northeastern, we hadn't played much in three weeks because of the swine flu epidemic. It's probably one of the most satisfying seasons for me, but I'm really happy for the senior class."

The seniors contributed significantly to the team's success. Defensively, Reed and senior shortstop Kyle Davis were important in the field. At the plate, seniors Bill Merkler, Jared Olson, Scott Shockley, and Chris Nehl all made significant contributions to the team's offensive power. The team averaged a .324 batting average.

In the season finale, Reed, junior Ryan Cuneo, and sophomore Pat Dameron launched home runs, which helped give Delaware a strong lead. Cuneo and Dameron's home runs were both estimated at well over 400 feet. Josh Deen flashed some leather, making a spectacular diving catch in the eighth inning to silence any VCU rally. Cory Crispell closed out the game with a strong, two-inning pitching performance as well.

Sherman summed up the confidence of his team heading into the playoffs.

"I think when we are playing our best, we are as good as anyone in this conference," he said.



Photo courtesy of Sports Information

The Hens' sweep of VCU to make the playoffs was surprising given their season.

Athletes of the Issue

Brian Rorick — Baseball



Rorick set the tone on Thursday with a dominating performance in the opening game of the series vs. VCU. Rorick pitched a complete game in the Hens' 6-1 victory. He allowed only four hits while striking out a career-high 13 batters. The one run the Rams scored was unearned.

Cristine Marquez - Track and Field



Marquez earned two All-East honors in this week's ECAC Track and Field Championships. She placed sixth in the 200 meter with a time of 24:56. Her team then placed seventh in the 4.400 relay.

Markell legalizes sports betting

BY ELLIOT GROSSMAN

Sports Copy Editor

Sports betting and table games are now legal in Delaware after a bill passed by the state senate on Tuesday was signed into law by Gov. Jack Markell. The bill will supposedly increase the state revenue and generate money to help with the state's financial problems. The impact will be felt at the university as students, athletes and coaches will all face consequences in light of the legislation as the NCAA has stated they will no longer allow postseason games in the state of Delaware.

The state hopes to bring in an estimated \$55 million in revenue with the tax on sports betting, which in terms of state size would be the largest deficit of all states, according to Delaware Athletic Director Edgar Johnson.

"As a citizen of the state of Delaware, I salute the governor for doing everything possible to raise our revenue," Johnson said. "As Athletic Director, I don't agree when it penalizes our coaches and athletes."

Johnson said the legalization of sports betting will directly affect the university.

"There won't be any more home playoff games in the first round and we can no longer bid on opening round games for women's volleyball or men's lacrosse," he said. "A specific number of athletic events will now always be on the road."

Some students don't understand why the bill was passed because of the negative consequences it will bring. Christopher Fols, a sophomore finance major, believes that the controversial bill won't be able to fix everything so quickly and athletics will suffer severely.

"An economic recession can't be fixed that fast and it can cause students to get nervous about money, leading to gambling," Fols said. "Recruitment for sports will go down, as well as the morale of many UD teams."

Fols, 20, said that individually, academic performances will suffer and college kids will be blowing money.

Johnson said as an institution the university must be neutral because some of its money is provided by the state. However, he said penalizing its athletics is a mistake.

He said those punished would be innocent students, athletes and coaches, all people who have no say in government policies.

While the state senate is relying on sports betting to cure the state's deficit, freshman Joe Cruz doesn't think the plan was organized well.

Cruz, an exercise science major, said this approach is not the best way to deal with financial issues because it has the potential to create habitual gamblers.

"It's a quick way out," Cruz said. "They aren't looking down the line to the problems this could cause in the future."

In addition, Cruz said not having postseason play at the university will severely hurt school spirit.

"Now, if my football team goes to the playoffs, I have to go on the road to watch them play," Cruz said.

Encouraging people to bet is not something Johnson thinks a state should endorse. He added that bringing an unwholesome activity to the state is a major negative aspect of the bill.

R Sports in Review: 2008-2009

Best varsity teams Male

BY MATTHEW WATERS
Managing Sports Editor

1. Swimming

The swimming team had an impressive year, finishing third place overall in the CAA Championship after an 11-2 season. In addition to their third-place finish, eight members of the team earned CAA All-Conference honors, six of them serving on multiple teams.

Junior Hans Gillan, who transferred from the University of Georgia last year, was a huge addition to this year's squad. Gillan earned five CAA All-Conference honors, including two first team honors, two second team and one third team.

Newark native Grady Carter also contributed heavily in his sophomore season and earned five CAA All-Conference honors as well. Carter earned first team honors in three categories: the 200- and 400-freestyle relays and the 400-medley. He also earned second-team 50-freestyle and third-team 100-freestyle.

Senior John Ohlhaber capped his career by earning four all-CAA titles. He earned first team in 400- and 800-freestyle relays, while taking second-team in the 200-freestyle relay and third-team for the individual 200-freestyle.

The team's strongest outing this season was at the Loyola Invitational, where the Hens beat Loyola, Marist and Villanova by a combined 168 points.

2. Baseball

The Hens summoned all their strength and swept the Virginia Commonwealth Rams this weekend, boosting their record to 27-18 and 11-10 in the CAA, which was good enough to earn them the sixth seed in this year's CAA playoffs. The reward for their strong finish: George Mason University, regular season champions with a dominating record of 40-10 overall and 19-5 in the CAA.

Female

1. Volleyball

Despite a seemingly average 19-16 overall record (9-5 CAA), the volleyball squad surprised everyone and repeated as CAA champs before losing in the first round of the NCAA tournament to Oregon. Delaware was the first repeat CAA champion since George Mason repeated in 2002 and 2003.

Elena DelleDonne only played one year of volleyball in high school and led Ursuline Academy to a championship during that season in 2007. Most fans assumed volleyball was over for her, but after an abrupt end to her basketball career at the University of Connecticut, she decided to return to volleyball after transferring to Delaware. She produced well for a rookie and earned CAA All-Rookie honors. She also led the team in blocks, averaging just under one block per game. She came in second with a .223 hitting percentage.

DelleDonne wasn't the biggest performer, however. Junior Stephanie Barry earned first-team All-East Region for the second year in a row, voted in by the American Volleyball Coaches Association. She was only the fifth out of 14 players to receive the honor for the second straight year, and she deserved it. She also surpassed 25 digs on eight different occasions.

2. Lacrosse

After a 10-8 season (5-2 CAA), the women's lacrosse team finished second in the CAA tournament, losing a hard-fought game to Towson 8-7.

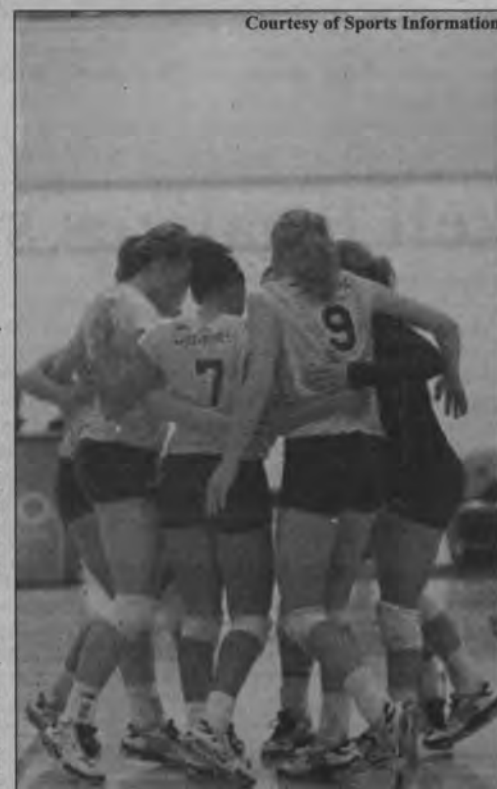
The leading members of the squad were honored by the CAA with five Hens earning All-CAA honors. Goalie Jessica Cerveney and Erin Zimmerman, both seniors, earned first-team



Courtesy of Sports Information

The contributions came from the entire team this year, with their everyday players batting in at least 27 runs each. Carlos Alonso made it on base every game this year and held team-highs in batting average (.387), hits (74) and runs (56). Ryan Cuneo accounted for the most run production this year with 16 home runs and 54 RBIs.

3. Basketball



Courtesy of Sports Information

honors. Senior captain Deb Sloan and junior Emily Schaknowski earned second-team, while freshman Stephanie Allen earned All-Rookie honors.

Cerveney played outstandingly for the Hens all year and earned first-team honors for the second straight year. She played every game and played the full length in all but one. She allowed an opponent-low three goals against Drexel and saved 14 on three different occasions.

3. Swimming

Best athletes Male

BY PAT MAGUIRE
Managing Sports Editor

1. Curtis Dickson - Lacrosse

When Hens attackman Curtis Dickson scored his 100th goal of the season in the season finale versus Drexel, he became one of the few bright spots in the men's lacrosse 2009 campaign. The goal made the British Columbia native the 13th player in Delaware history to reach 100 goals, and he still has another year of eligibility left.

Dickson ranked second in the CAA in goals per game, scoring 33 during the 15-game season. To add to that, he had 12 assists to increase his point total to 45 points in the season—the best in the conference.

In fact, Dickson scored at least one point in all 15 games, a streak which he has continued over the span of three seasons and 40 games. It is the longest point streak in NCAA Division I lacrosse this season.

His statistics were good enough to earn him first team All-CAA honors for the 2009 season. It is the third straight season Dickson has been recognized by the CAA, including earning a spot on the All-Rookie team in 2007, when Delaware made its way to the Final Four.

2. Hans Gillan - Swimming

Junior swimmer Hans Gillan led the Hens in an outstanding 2008-2009 swim campaign. Like Dickson, the swimmer is making news not just at Delaware, but throughout the CAA and the entire NCAA.

Gillan set new conference records in the 100 butterfly, posting a score of 47.35, and the

400 freestyle relay in which he contributed to a 2:57.73 score. The scores were good enough to earn him first team all-CAA honors.

Gillan also earned second team all-CAA honors for the 100-freestyle and the 200-freestyle relay. He earned third team honors for his contribution in the medley relay.

3. Austin Longacre - Tennis



Photos courtesy of Sports information

Female

1. Jess Cerveney - Lacrosse

The women's lacrosse team had a breakthrough year in their 2009 campaign, marching their way to a 10-8 record (5-2 CAA) and a trip to the CAA finals. Although they lost to Towson in the championship game, the trip would have been unlikely without the contribution of goalkeeper Jessica Cerveney.

The senior put up impressive numbers, starting for the Hens for four straight years. No year was more successful than this year, however, as she was atop the conference standings in almost every statistical category for goalkeepers.

Cerveney led the conference in goals against average allowing 8.54 goals per game. She ranked second in save percentage at .494 and fifth in ground balls per game at 2.7. Put together, she racked up 133 saves and allowed 136 goals while playing the entire 60 minutes in all but one game. On April 10, she allowed only three goals against Drexel—a



CAA season-low.

Her numbers were good enough to earn her first-team All-CAA honors for the second straight year and propel her status to among the top women's lacrosse goalkeepers in Delaware history.

2. Stephanie Barry - Volleyball

Hens' junior libero Stephanie Barry continued in her efforts to carry the women's volleyball team to a CAA championship in their 2008 campaign. Barry posted impressive numbers while earning first-team AVCA All-Region Honors as well as All-American honors for the second straight season and earning her team a bid to the NCAA tournament for the second year in a row.

Barry also made her mark in Delaware history. Her league-high 682 digs was the third-highest single-season total in the history of the volleyball program, and she posted a 5.33 digs-per-set average. She was also the first player in Delaware history to earn All-American honors when she did so in 2007. Her repeat in 2008 just added to her accomplishments.

3. Katie Dennehy - Volleyball



Photos courtesy of Sports Information

Cerveney (top) and Barry (bottom) were outstanding in the CAA this season.

Best coaches

Male: John Hayman — Swimming and Diving

BY ELLEN CRAVEN

Assistant Sports Editor

For Delaware men's and women's swimming and diving coach John Hayman, the Colonial Athletic Association meet on April 25-28 was a record-setting day. The men's team broke four school records and claimed three CAA championship titles. The women's team posted eight top-five CAA finishes.

The men's team finished third in the CAA champi-

onships this year and went 11-2 in dual meets. The women's team finished sixth at the conference championships and earned a 9-3 record in dual meets.

This year, Hayman received his seventh CAA Co-Coach of the Year award. Hayman, who is one of the longest-tenured CAA head coaches, continued his past success through his 20th season with the Hens this year.

Nine athletes from both teams received CAA All-Conference honors.

Hayman coached the Delaware men's team to four conference titles and the women's team to two since coming to the university in 1989.

With dual meet records of 156-76 on the women's side and 109-114 on the men's side, Hayman's combined dual-meet record at Delaware is 265-190 (.582).

Hayman coached the men's team to third-place conference finishes in 2007 and 2008 after coming off six years of bottom-half finishes since joining the CAA.

Female: Bonnie Kenny — Volleyball

Reigning champ Bonnie Kenny first earned her Delaware's Best Female Coach title after leading the No. 3-seeded Hens to a first-ever Colonial Athletic Association volleyball championship in 2007.

In 2008, her seventh year with the Hens, Kenny felt the sweet satisfaction of starting a winning streak in the CAA championships and returned the Hens to the NCAA Tournament for the second year in a row.

Kenny had seven returning players and six freshmen on

her 2008 squad.

This year, the Hens took on several NCAA 2007 tournament qualifiers, including Michigan State, New Hampshire and Syracuse from the 2007 Sweet Sixteen and proved themselves worthy opponents.

After a shaky start to the season, the Hens picked up momentum and, racking up wins, achieved the strongest finish of any Hens team for 2008.

Kenny has a record of 465-348 overall and 125-96 at

Delaware.

When she became volleyball head coach, she turned the team around from a streak of four losing seasons.

Kenny also received her second CAA Co-Coach of the Year honors.

Under Kenny, the Hens final record was 19-16 overall, including a 9-5 mark in the CAA. The volleyball team claimed Delaware's only CAA title for this year

Most disappointing: Men's Lacrosse

BY EMILY NASSI

Sports Editor

Coming off a 9-7 performance in 2008, including a third-place finish in the Colonial Athletic Association standings, the university, as well as the nation, expected a bright season from the men's lacrosse team.

Delaware lacrosse was picked to finish second in the CAA, along with Curtis Dickson as Preseason Player of the Year. Delaware also received several votes in the national polls. In top-25 preseason rankings, the Inside Lacrosse/Faceoff Yearbook listed them as 20th, while the Hens were picked as 23rd in the LAXNews.com preseason poll.

After their first game against St. Joseph's University, Delaware also showed great promise after winning the game, 13-2. They were also picked to play in the Big City Classic at Giants Stadium against Hofstra, along with perennial powers North Carolina, Virginia, Syracuse and Princeton.

Unfortunately for the Hens, Ranked #23 preseason, the Hens missed the playoffs they could not live up to the expectations after finishing 5-10 overall, and 2-4 in the CAA. The Hens suffered a number of close losses to Fairfield, Towson, Drexel and Hofstra, but fell hard to then-nationally ranked teams Georgetown, UMBC and Brown.

Delaware also missed a chance to secure a playoff berth in the CAA tournament after dropping their last (and perhaps the most crucial) game, to Drexel, 8-10.

Before 2009, the Hens advanced to the semi-finals of the tournament every year



Courtesy of Sports Information

since 2003.

At the end of the season, six members of the Blue Hen lacrosse team were named to the All-Colonial Athletic Association first, second and all-rookie teams.

Considering what many predicted the outcome of the season to be, the lacrosse team certainly did not live up to their potential this year. The Hens will return a number of key players, including Curtis Dickson, but expectations may not be what they were this year.

Most likely to succeed: Ronald Talley

BY ELLEN CRAVEN

Assistant Sports Editor

Senior Ronald Talley, the 6-foot-4 280-pound defensive lineman, signed with the Green Bay Packers as an undrafted free agent.

Talley will fit into defensive coordinator Dom Capers' 3-4 defense as a run-stopper. While he is not likely to start, he can provide solid depth for the Packers' rebuilding defense.

Talley's size, along with his high character and good work ethic will be his key to success. It's up to him whether he makes an impact immediately or not.

Despite playing in a 4-3 defense at Delaware, he should be able to adjust in Green Bay and we can expect he will compete to become a key role-player.

Talley garnered high-pressure, big-game experience after competing in 2007's FCS championship game.

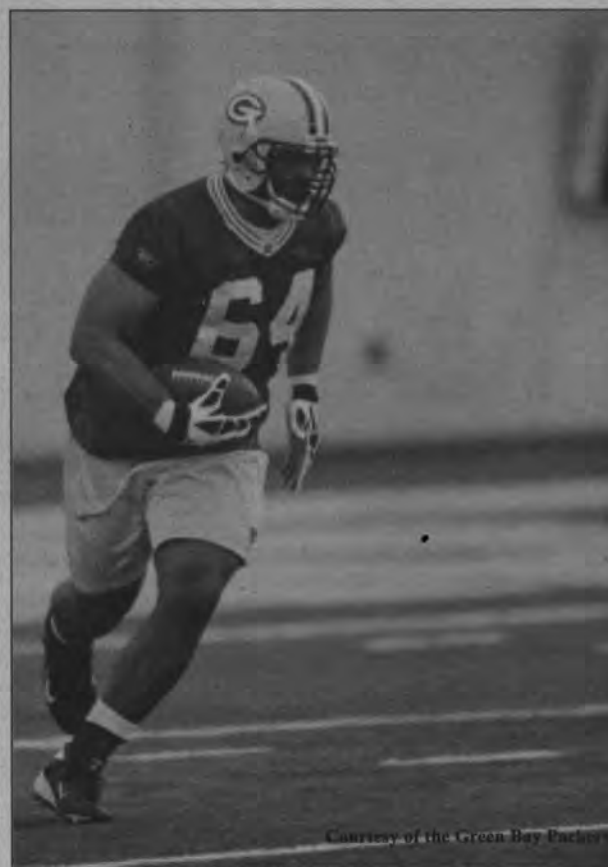
This year, Talley had 30 tackles and eight tackles for loss, as well as 3.5 sacks.

The 3-4 defense doesn't allow for many big plays by the defensive linemen, but this benefits Talley as he can get the first-season jitters out of the way without much pressure.

Talley will be competing for time against Jarius Wynn, a defensive end from Georgia who has similar attributes as the Delaware alumnus.

Wynn is 6-3, the same height as Talley and 277 lbs., just five pounds less than Talley.

Talley's size will be intricate if he is to compete against players similar to Wynn for playing time. As he proved as a Hen, he is likely up for the challenge.



Courtesy of the Green Bay Packers

Talley will fight for a position on the D-line for the Packers



For more go to our blog, Chicken Scratch: www.udreviewchickenscratch.blogspot.com



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Exercise good hydration

Summer will soon be upon us and a great deal of our activities will be outdoors. One of the most serious health concerns related to summer exercise is heat-related illness. Prevention is, of course, the best medicine. Most cases of heat-related illnesses are a direct consequence of dehydration. Proper hydration is extremely important when exercising in warm weather because our main cooling mechanism is sweating.

Many people think they should only drink when they are thirsty. This is not true because most people's thirst mechanism does not activate until they are 1-2% dehydrated. Waiting until you are this far dehydrated can be very dangerous since central nervous system changes begin at a 3-4% water deficit.

The best way to prevent dehydration is to drink water routinely throughout the day. When you are planning to exercise later in the day, you should superhydrate to prevent excessive water loss while exercising. A decrease of body weight greater than 1% with exercise is considered dehydrated. The following is an easy, reliable strategy to prehydrate by drinking cool, uncarbonated water:

- Two hours before exercising, drink 20 oz.
- A half-hour before exercising, drink 8-16 oz.
- Every fifteen minutes during exercise, drink 4-6 oz.
- In the first 1-2 hours after exercising if the activity was very strenuous or lasts longer than 40 minutes, you should drink another 32-48 oz.

Water is the best solution for hydration. Sports drinks can be used for some carbohydrate replacement during endurance events. Caffeinated or carbonated beverages should never be used for hydration. Have a safe and enjoyable summer.

The Perfect Sports Drink?

The question is often asked, "What is the best sports drink?" It is widely accepted that for activities lasting less than one hour, water is an adequate form of hydration. Activities that are of longer duration—or during extreme conditions—require electrolyte supplementation. It is important to remember that sports drinks are not a replacement for proper nutrition. One of the best ways to prevent dehydration and electrolyte loss is to eat a well-balanced diet and maintain adequate hydration at all times.

There are many different sports drinks available, but here are some important tips for choosing the right one for you. Drinks with higher than 6-8% carbohydrate content can cause abdominal bloating and indigestion. Drink a flavor that you like. Studies have shown that sports drinks served at 50-60° are much better tolerated than ice-cold fluids. Do not drink fluids with higher than 10% glucose content or caffeine because both can act as diuretics and cause you to lose fluid. The fluid you choose should contain some salt. This will help replace the salt you are losing but also will stimulate thirst so you continue to hydrate yourself. Having a salty snack the night before exercising is a good practice. If you have normal functioning kidneys, your body will maintain the salt you need and will excrete any excess.

A huge misconception is that sports drinks replace all the electrolytes that you lose while exercising. Although they do replace some of the electrolytes, they are still at a much lower concentration than your blood. It is important not to over-hydrate your body during long activities

such as marathons and triathlons. Over-hydration can cause hyponatremia (low sodium), a condition that can happen when people replace their electrolytes improperly and only replace the water they have lost. This is a potentially life-threatening condition where you replace the water and not the sodium in your blood stream. This can cause seizures and even death in severe cases. If you are planning to compete in any of these ultra-endurance events or multiple day events such as long hikes, consult a sports medicine or sports nutrition consultant to devise a proper hydration and electrolyte plan.

Remember the importance of proper hydration every time you workout, after all, 50-60% of your body is water.



Staying out of the woods with Lyme Disease

Spring has sprung! Along with the birds, flowers, and budding trees comes the arrival of the insect population. Although most insects are harmless, there are a few that can cause discomfort and possibly serious health concerns. Lyme disease is currently the most frequently reported vector-borne illness in the United States.

Lyme disease is transmitted by the deer and lone-star ticks. A tick can transmit a spirochete germ from an animal host to humans. Symptoms of Lyme disease usually begin 3 days to 4 weeks after a bite. A spreading ring-like rash appears at the site of the bite. The rash is typically about 4 inches in size and may feel warm, itchy, or painful. A rash may appear elsewhere after the spirochete moves through the body. In the early stages most people feel flu-like symptoms, joint pain and swelling, especially in the knees, wrists, and ankles. Cardiac and neurological symptoms occur less frequently. Although a blood test exists for Lyme disease, diagnosis is often made based on clinical signs and symptoms. Early treatment with antibiotics usually halts the progression of the disease.

Prevention, however, is the best way to avoid problems in the first place. Ticks exist worldwide in

wooded areas, high grasses, and brush. They are most prevalent during spring and summer. When outdoors, the use of an insect repellent containing DEET can be very effective in warding off ticks. Wear long pants and tuck them into your socks in areas where ticks are plentiful. Keep shirttails tucked in. Avoid sitting or lying on the ground or placing clothing on the ground. Light colored clothing allows easier visualization of the ticks. Check your body when you return from an infested area because you usually do not feel the tick bite.

If a tick becomes imbedded in your skin, prompt removal is important. Avoid handling it. Wear gloves if possible. To remove a tick, use tweezers to grasp the tick at the skin surface, below its head, and pull. Do not use nail polish, a hot match, or Vaseline to smother the tick—this may cause it to inject a spirochete into the victim's circulation. Once the tick has been removed, wash the site with antibacterial soap and apply an antibiotic ointment. If possible save the tick, recording the date and



time of the bite. The tick can be identified and treatment begun if necessary.

Despite your best efforts at prevention, ticks may pay you a visit. Be aware and seek medical attention when needed. Don't let these bugs bug you.

Getting sleep you can count on

Are you irritable and cranky? Having trouble paying attention in class? Are you experiencing frequent colds and/or headaches? If any of these symptoms sound familiar, you may be suffering from sleep deprivation. Too few ZZZZ's!

A National Sleep Foundation study in 2001 showed that only 26 percent of young adults (ages 18–29) allow themselves the recommended 8 to 9 hours of sleep per day. According to a survey done by Mary A. Carskadon, a professor of psychology at Brown University, college students are receiving inadequate amounts of sleep—an average of only six hours per night!

DOES THIS SOUND LIKE YOU?

Lack of sleep is detrimental to the immune system (frequent infections) and motor skills (athletes pay attention!). Sleep deprivation can also lead to anxiety, tension, depression, problems with concentration and memory, irritability, inability to tolerate stress, and behavioral, learning or social problems.

WHY ARE COLLEGE STUDENTS SO PRONE TO SLEEP DEPRIVATION?

The problem often begins during the teen years: college life only escalates the problem. College students find them-

selves staying up later, studying all night, adjusting to an active social life, and even "surfing" the net into the night. Alcohol may help you fall asleep, but alcohol consumption has detrimental effects on sleep. Alcohol disrupts sleep, causes nighttime awakenings, and a less restful sleep.

WHY YOUR BRAIN NEEDS A TIME-OUT

Understanding the role of sleep in the learning process is important to understanding why studying all night before an exam is counter-

productive. In the sleeping state, the brain consolidates and processes information acquired throughout the day. If a person doesn't receive enough quality sleep, memory and learning are hindered.

HOW CAN I GET ENOUGH SLEEP?

Make sleep a priority. Build eight hours of sleep into your schedule. Follow this routine as regularly as possible, even on weekends. A time management course might be helpful.

Here are a few tips many people have found to be useful.

1. Consume less or no caffeine and avoid alcohol.
2. Avoid heavy meals close to bedtime.
3. Avoid nicotine.
4. Exercise regularly, but no later than 3 hours before bedtime.
5. Try a relaxing bedtime routine, like a warm shower or bath, reading or listening to music.
6. Keep regular bed- and wake-time schedules, even on weekends.

To learn more and to test your Sleep IQ, go to www.sleepfoundation.org. Other helpful Web sites are www.bettersleep.org and www.sleepnet.com

