

LAX HEADS TO PLAYOFFS

Poor weather conditions did not stop the Hens, who beat St. John's 13-6.

Sports / B6



One alumnus' story

A former Review editor and current library employee recalls the university's dramatic social changes during the 1960s.

Mosaic / B1

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TUESDAYS & FRIDAYS

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Sophomore murdered at Towne Court

BY ANDREW AMSLER & BROOK PATTERSON

Managing News Editors

A 20 year-old university student was found dead in her bathtub Sunday morning during an investigation of an early morning fire in Towne Court Apartments.

Sophomore Lindsey Bonistall, an English major from White Plains, N.Y., was found dead in her apartment at approximately 11:30 a.m. Sunday when fire department officials were inspecting the residence following a fire that had occurred earlier that morning, police said.

Newark Police Chief Gerald Conway said the investigation is being treated as a homicide and the fire has been determined to be arson by the Newark city fire marshal.

"We know the fire was intentionally started in the bathroom [near] the bathtub," he said.

Bonistall was found beneath a large amount of debris, Conway said. The fiberglass bathtub was melted and several fixtures in the bathroom had been removed.

Her body was not immediately found when the fire was first extinguished, and was discovered upon further inspection by the fire marshal several hours later.

An autopsy report is expected to be released



Courtesy of Public Relations

Police said sophomore Lindsey Bonistall was murdered early Sunday morning.

today.

President David P. Roselle issued a statement on behalf of the university:

"The entire University of Delaware community is shocked and saddened by this terrible tragedy," he said. "We extend our deepest sympathies to the members of the Bonistall family as well as to her

family of friends here on the university campus.

"Miss Bonistall was a popular student, and our Center for Counseling and Student Development will be available to provide assistance desired by any of her many friends."

Bonistall was reportedly at a friend's apartment Saturday night watching TV and drove herself home early Sunday morning. Approximately an hour later, the fire was reported.

Police said there was no indication that Bonistall had been drinking.

According to a police department press release, the fire at Towne Court was reported at approximately 2:49 a.m.

Aetna Hose, Hook and Ladder Co. responded to the call and extinguished the fire, the release stated.

According to the release, once the fire was extinguished, the Newark city fire marshal began the initial investigation. At approximately 4:13 a.m. there was another fire reported in the 200 block of Murray Road and the marshal responded to this call.

The fire at Murray Road was declared an arson and after finishing the investigation there the fire marshal returned to Bonistall's apartment.

During this second investigation, the fire marshal determined that the fire at Bonistall's apartment was also suspicious and contacted the Newark Police

Department.

Cpt. William Nefosky of the Newark Police Department said Bonistall's body was discovered in the bathtub at approximately 11:30 a.m., nearly nine hours after the initial 9-1-1 call was made.

There are no named suspects at this time, he said, but police are following some leads.

There is no evidence at this point to indicate the incident involved drugs or a drug transaction, Nefosky said. Bonistall's vehicle is now in police custody.

Although she was found in the bathtub, he said, it is obvious Bonistall was not taking a bath, and he added sexual assault has not been ruled out.

"Obviously that is something we will be investigating," Nefosky said.

Towne Court Apartments are not equipped with video surveillance devices, he said. However, police have contacted establishments along Bonistall's

see INVESTIGATION page A3

If you have any information regarding this investigation, please contact Newark Police at (302) 366-7110.



THE REVIEW/Meaghan Jones

Phi Sigma Sigma sorority and Kappa Alpha Order fraternity won the Air Band competition Friday.

Air Band closes out Greek Week celebration

BY DARLEY TOM

Staff Reporter

Move over Ashlee Simpson, there are new lip-syncers in town — and they can dance, too.

Twenty fraternities and sororities participated in the annual Air Band competition, a Greek Week event, Friday night in the Carpenter Sports Building.

Approximately 1,600 people gathered to watch as each fraternity and sorority showed off its entertainment skills.

Each group's performance had a specific theme, ranging from "Candy Land" to "Napoleon Dynamite."

Sequin-covered clothes, glittery backdrops and well-choreographed dance numbers entertained the enthusiastic crowd.

A judge, who requested to remain anonymous, said the competition was close.

She said she felt it was hard for the judges to pick a winner, but in the end someone had to win based on the given criteria.

"The criteria is originality and appearance," she said. "For women, it is dance and precision. For men, it is enthusiasm and then lip-sync."

With regard to the same songs in many performances, she said it is not uncommon.

"That happens every year, especially songs that have a lot of radio play," she said. "That only takes away a little bit of the originality aspect.

Groups that use something totally different and out of the realm or use older music really stand out more."

The winners for Air Band and all of the Greek Week activities were announced at the end of the evening.

Kappa Alpha Order fraternity, whose theme was "Candy Land," won first place in Air Band and also for the entire Greek Week.

KA fraternity members performed shirtless toward the end of their routine, which caused a stir in the audience.

Phi Sigma Sigma sorority won first place in Air Band for its "Pretty Woman" theme and Alpha Sigma Alpha won first place for Greek Week.

The Kappa Sigma fraternity took second place with its "Grease" theme in which they sampled music from Bon Jovi and 50 Cent.

Third place went to Theta Chi fraternity's "Martha Stewart Living," and Sigma Alpha Epsilon fraternity's "Napoleon Dynamite," took fourth place.

Sigma Kappa sorority took second place for its theme of "Saved By the Bell," and third place went to sorority Alpha Sigma Alpha sorority's "Alpha League to the Rescue," in which sorority members posed as superheroes.

Second-time judge and university employee, Mike Fernbacher, said he enjoyed the show.

"It was a great opportunity to see sororities and fraternities get together and get along," he said.

The hard work put into the show was apparent, Fernbacher said. To gain more of an edge, groups should remember the first thing about Air Band is lip-synching.

"I think for me I looked at the dance moves and lip-synching, because it is Air Band, so I would expect people to try to sing along," he said.

Sophomore Rodman Haislip said he enjoyed the experience and will attend next year.

"I thought it was great," he said. "The fraternities were more humorous, and the sororities were artistic and definitely seemed to be more into it."

Sophomore Rebecca Jackson, public relations officer for Alpha Sigma Alpha, said her sorority started practicing a month in advance and everyday as the event neared.

"We are so proud that we placed strongly in each event and it showed the dedication of our chapter," she said. "We worked our butts off for it."

Air Band and Greek Week bring sororities and fraternities together, Jackson said.

"Everyone has such pride in Greek Life. This is the one week we can show the school what Greek Life is all about," she said. "And how fun and awesome it can be. The real reflection of Greek Week is the community spirit."

DRDC "Just Dances" at packed Mitchell Hall show

BY LAURA FORD

Staff Reporter

The Delaware Repertory Dance Company packed the seats of Mitchell Hall for their annual spring recital "Just Dance!" Friday and Saturday night.

The company, which began in 1990, had more than 70 dancers perform in Hip-hop, tap, jazz, lyrical and ballet genres, according to senior Lindsey Derr, treasurer of DRDC.

"We have all kinds of dance," she said backstage as she prepared her makeup for the event.

Students, family and community members crowded into the auditorium, some carrying flowers and talking excitedly about who they knew in the performance.

The stage was lit with an iridescent, multicolored glow of lights, which added to a vibrant vitality of the performers.

With songs ranging from Ben Harper's "Ground on Down" to Fatboy Slim's "Check It Out

Now" the dancers leapt, twirled and got funky on stage.

Senior Stephanie Cary, president of DRDC, said she had a great four years performing with the group.

"We have a huge range of styles and a lot of fun," she said.

Cary said she held a special appreciation for the evening's performance.

"I'm a little emotional because it is my last year," she said.

Audience members roared with applause for the "90s Mix," a flashback performance into the days of New Kids on the Block, Vanilla Ice and the "Hammer Dance."

Donned in white hightop Reeboks, leg warmers and fanny packs, the performers brought the crowd back to their middle school days.

Another crowd favorite was "The Production of 2005," a Hip-hop collaboration of Usher, Kanye West, Aaliyah and Timbaland.

With each song, the dancers shifted gear and clothing without missing a beat.

The Resident Student Association sponsored the event Friday night, Cary said. Proceeds from the show, which cost \$5 a person, will go to costs expended by the DRDC for costumes, staff and rental of Mitchell Hall. Donations were also accepted for Relay for Life, whose next event will feature the DRDC not only fundraising and walking, but also in a performance.

Cary said she enjoys the freedom DRDC gives the girls to be creative, inventive and modern with their choreography.

Members of DRDC begin to create all the costuming and dance choreography seen throughout the show in the fall, she said. They then present their pieces to the student executive board of DRDC, pick their dancers and it is rehearsal time from there.

Junior Justin Tomlinson said the "90s Mix" performance was one of his favorite dances of the

evening.

"I loved the Zack Morris phone they used," he said. "It took me to those 'Saved By the Bell' days."

Tomlinson said he thoroughly enjoyed the show and never realized how entertaining dancing could be.

"I learned some new moves," he said.

Freshman Laura Stefanik said she thought "The Production of 2005" was one of the most entertaining of the dances.

She gave positive reviews of the show as a whole.

"It was a great show and I could see a lot of hard work," Stefanik said. "I would definitely come to another one."

Junior Kristen Reese, member of the company, summed up her experience with the group and the show in two words.

"We rock!" she said.

Ag Day moved inside

BY KYLE DOLAN
Staff Reporter

Rain showers all day Saturday did not dampen the mood at the College of Agriculture and Natural Resources' 30th annual Ag Day festival.

Ag Day was held inside Townsend Hall this year due to poor weather conditions, but more than 2,000 people showed up to enjoy the food, music and animals that were all part of the day's festivities.

Senior Nicole Russo, one of eight students who helped plan and run Ag Day, said attendance numbers for past Ag Days averaged between 2,000 and 3,000 people. Despite the rain, Russo said this Ag Day was as well received as previous years.

"Unfortunately because of the rain we had to cancel some things," she said, "but we tried to fill in a lot more spaces and build on what we've had for the past 30 years."

Families enjoyed a plant sale for parents, animals were on display and students were treated to live music and all the barbecued chicken and pulled pork they could eat.

The tight halls of Townsend Hall were packed with people engaged in a smorgasbord of agricultural activities. Different organizations lined the hallways with booths offering various foods, arts and crafts and educational games that tested agricultural awareness on subjects from animals to soil.

"Our goal is to try to educate the public on the different aspects that happen here at the College of

Agricultural and Natural Resources," Russo said. "We want to show them that we're more than just farming and the typical stereotypes related to that."

Despite the move indoors, many festival favorites were still present. Alpha Zeta, a co-ed honors agricultural fraternity, hosted its famous pig roast and served pulled pork sandwiches from meat pulled straight from the roasted pig. Rodney the Brahma Bull, an Ag Day favorite, also made an appearance, but this year he had his own tent set up to stay dry.

Ag Day attendees found there was still a lot to do inside. Lydia Trumbull, an accountant in the College of Agriculture and Natural Resources, brought her grandchildren for ice cream. She said she was impressed by the effort student planners put into the event to make this year's Ag Day as fun as past years, even though it was mostly restricted to indoors.

"Weather-wise, it's not the best, but the students did a great job," she said. "There are a lot of different activities and it's a great learning experience."

Ag Day also attracted former students back to the university. Alumnus Eric Bloom, attended with his family and two friends who are also alumni.

"Ag Day is like homecoming for the Ag people," he said. "It's a good day to get down on the farm with your friends."



THE REVIEW/Adria Andersen
Despite the rain, Ag Day was held in Townsend Hall Saturday.

Battle for Life holds charity 5K and show

BY ROSE OVERBEY
Staff Reporter

Battle for Life concluded its weeklong South African Aids Awareness Week with a Battle of the Bands Friday night and a 5K race Saturday morning, raising more than \$3,000 and increasing awareness about the children and orphans with the AIDS virus in South Africa.

Moffa Attack, the winner of the bands, played after Matt Winn, the self-proclaimed "guitar hypnotist," and was followed by Amanda Kaletsky, The Ernest Goodlife Band and Common Rotation.

Chris D'Esposito, Brian Citino and Joey States, three members of Moffa Attack, drew a supportive crowd of friends and fans while they played.

States said they were excited about playing because the event was for a good cause and it is not overplayed.

"You always hear about Relay for Life, but you don't hear much about this, so it's good to get it out there," he said.

Senior Eva Koehler, co-chair of the Battle for Life committee, said the planning of the events for the South African Awareness week started directly after the events last spring, which was when Battle for Life became a week-long event, including patio concerts, the battle of the bands and the 5K race.

Battle for Life began with a group of students in the Alpha Lambda Delta honor society

who studied abroad in South Africa in 2002 and saw the need to raise money and awareness after visiting AIDS orphanages. Since then, the group's membership has increased to 200 people.

Junior Sarah Burrows said she came because she heard about the event through other people and saw advertising around campus.

"It's hard to miss a band playing in Trabant," she said.

The concert drew about 260 people who walked into the transformed multipurpose room in Trabant. A slideshow of pictures from the students' trips to South Africa provided the backdrop for the stage, where the various bands played. There were tables set up in the back of the room where students could vote for their favorite band.

Senior Kevin Kovaleski, a Battle for Life member, said each ticket counted for 5 points and the band got a point for every dollar put in its box.

Students purchased T-shirts, items from the art show and donated money in a jar to raise funds for Battle for Life.

Registration fee from the 5K also raised money and approximately 200 people came out despite the rain and other activities on campus Saturday morning.

Junior Jenn Seich said she bought a T-shirt and wrote messages online to promote the events.

"Even if you're not involved with Alpha



THE REVIEW/Mary Beth Wilde
Moffa Attack won the Battle of the Bands Saturday in Trabant.

Lambda Delta you can still advocate for the cause because you believe in it," she said.

Amanda Kaletsky, the champion of last year's bands, said she wanted to play again because, in her opinion, this is the best type of concert.

Mark DeRose, lead vocalist of The Ernest Goodlife band, which won second place, said the band played their most upbeat songs to encourage the crowd.

"The coolest reward is when people get up and start dancing," he said.

Junior Jenn Vannucci, a Battle for Life member, said the various events were an easy way to do something good.

Koehler said Battle for Life was excited with the turnout despite the rain on Saturday morning and the competition with other events on campus.

"I feel like we achieved our goals of getting people involved," Koehler said.

Agency suggests stem cell limits

BY JENNA ALIFANTE
Staff Writer

The National Academies of Science released guidelines for conducting privately funded human embryonic stem cell research to create standards of practice nationwide.

Dan Perry, president of the Coalition for the Advancement of Medical Research, said the guidelines dictate how stem cells should be derived, donated and stored in accordance with the community's standards of ethics.

"The guidelines are absolutely necessary for the unusual circumstances grown up around stem cell research," he said.

Bill Kearney, director of NAS media relations, said NAS officials felt stem cell research is being conducted in several places and the academy needed to take action.

The guidelines set forth by NAS are not enforceable by law because the academy only has a non-profit, private congressional charter to advise the government, Kearney said.

One suggestion in the guidelines calls for Embryonic Stem Cell Research Oversight committees to ensure research is both ethical and responsible.

"We hope and expect people doing research adhere and set up oversight committees," Kearney said.

Mary Farach-Carson, biological sciences professor, stated in an e-mail message this could be problematic because there will be more paperwork and service time for individuals who serve on oversight committees.

"Especially for smaller institutions, there may not be sufficient human power to have separate committees," she said.

Despite these constraints, Farach-Carson said the benefits outweigh the costs.

Richard Hynes, co-chairman of the committee that prepared the report, stated in an e-mail message the guidelines will go into effect as soon as institutions set up oversight committees.

In addition, the guidelines state that donors should no

longer receive monetary compensation.

Hynes said it would be inappropriate to offer financial incentives to people making donations they would not have made otherwise.

"That raises the prospect of exploitation, particularly of women donating [eggs] and the prospect of a commercial trade in human reproductive materials," he said.

Kearney said the response from the medical community has so far been positive.

Perry said foundations for Parkinson's Disease, Juvenile Diabetes, the Christopher Reeve Paralysis Foundation and various universities have applauded the finalization of these guidelines.

Disunity in the scientific community started when the administration of President George W. Bush restricted research thus causing the National Institutes of Health to be missing in action, he said.

"This created a quilt patchwork across the U.S.," Perry said.

Hynes said stem cell research is controversial because although some people believe it has great potential, others feel it is unethical.

"That disparity of views underlies the reasons that there are no federal guidelines," he said.

Perry said the process of stem cell research begins when an infertile couple seeks out in vitro fertilization. More eggs are produced than needed so a couple can opt to donate the excess eggs.

According to the new guidelines, he said, there would be a system of consent that is already active in California and New Jersey.

Perry said Rep. Michael N. Castle, R-Del., has introduced legislation to initiate federal guidelines allowing scientists to produce more stem cell lines.

This would create more government involvement and many of the same guidelines set forth by NAS would apply, he said.

Residents arrested in Newark drug bust

BY KATHRYN DRESHER
City News Editor

Eight men were arrested Friday night after a three-month investigation headed by Newark Police Special Investigation Unit, the United States Drug Enforcement Agency and New Castle County Police Department, Newark Police said.

At approximately 8 p.m. officers entered two apartments in the Colonial Gardens complex located on East Main Street and discovered 82 bags of crack cocaine, 10 individually wrapped packages of marijuana, \$1,000 cash and various drug paraphernalia, Lt. Susan Poley said.

"We believe the drugs were going back and forth between the two apartments," she said.

The following were arrested in the first apartment: Matthew Callahan of Newark, charged with maintaining a dwelling for keeping controlled substances, conspiracy and possession of drug paraphernalia.

Courtney Goode of Wilmington, charged with trafficking cocaine, possession with intent to deliver cocaine, maintaining a dwelling for keeping controlled substances and conspiracy.

A juvenile of Newark, charged with possession with intent to deliver marijuana, conspiracy and maintaining a dwelling for keeping controlled substances.

James Henry of Newark, charged with possession with intent to deliver cocaine, possession of cocaine, maintaining a dwelling for keeping controlled substances and possession of drug paraphernalia.

John Chandler of Wilmington, charged with possession of crack cocaine.

Ronald Miller of Newark, charged with possession of marijuana, Freddie Hampton of Avondale, Pa., charged with possession of a hypodermic needle.

Arrested in the second apartment was Michael Jagger of Newark, charged with possession of drugs not in an original container, maintaining a dwelling for keeping controlled substances and possession of drug paraphernalia.

"None of the individuals were university students," Poley said.

Walkers march for premature babies

BY CHRIS CECCHETTO
Staff Reporter

The March of Dimes charity walk to benefit the study of premature births and birth defects was held Sunday morning.

Approximately 1,100 people participated in the walk, which started at the Field House, crossed campus, continued along Main Street and finished back at the starting point.

Before the walk began, YouDee pumped up the crowd from a stage by leading walkers in stretches. Then, he headed to the front of the pack and counted down the last few seconds until the starting time.

Freshman Meg Lunny participated in the walk with her sorority, Alpha Xi Delta, and said she felt good about being involved in something that could help other people.

"It's definitely for a good cause," she said. "I think it's great that they do things like this."

Senior Jessica Chunka also walked and raised money with her sorority, Gamma Sigma Sigma.

"One of our sisters proposed the walk as an idea and we thought it would be a good way to raise money for a good cause," she said.

Senior Katie Henderson, another member of Gamma Sigma Sigma, said each member of her sorority made personal donations to the March of Dimes.

"It's important for students to have a strong showing because things like this are important," she said. "It's so accessible that you shouldn't have an excuse for missing events like this."

"If you can participate or help out any charity, you should."

Instead of walking, some students showed their support in other ways.

Sophomore Sarah Robinson and other members of her co-ed service fraternity, Alpha Phi Omega, volunteered at the children's crafts table.

She also said she raised money for the walk.

"It adds up really fast," Robinson said. "Wherever I went I would bring my donation box, and most people were willing to donate their spare change."

The walk was important because the March of Dimes affects everybody, she said.

"It tests us for diseases that were preventable when we were kids and if something is

found, then we can help us treat it," Robinson said. "People don't even realize how important the March of Dimes is."

The March of Dimes was founded in 1938 by President Franklin Roosevelt to combat polio.

People have been walking for the March of Dimes for 35 years, and in that time the organization has raised over \$1.5 billion.

Leslie Kosek, director of program services for the March of Dimes of Delaware, said she was satisfied with this year's turnout, but they still haven't reached their goal, she said.

"Our goal for the state of Delaware is \$332,000, but we still have one more walk on May 14 in Sussex County."

"The March of Dimes is important because it helps raise awareness," Kosek said. "This is just as important as the money we raise to continue research."

The march provides people with an opportunity to help out in their community, she said.

"We provide a lot of services to the community and this is their way of giving back."

Kosek said she expects an even bigger turnout next year.

Police Reports

MAN BREAKS INTO HOME

A man entered a woman's apartment located on West Park Place early Saturday morning and removed several items after he demanded money from her, Newark Police said.

At approximately 1:18 a.m. a man entered the woman's bedroom through a window, a police spokesperson said, and shined a light into the woman's eyes to wake her up.

When the woman woke up the man told her if she did not give him money he would kill her, the spokesperson said.

The resident then proceeded to get out of bed and remove \$45 and two credit cards from the top of her dresser to give to the man, the spokesperson said. While she was standing the man repeatedly reached for his side and implied he had a weapon.

After the woman gave him the money and cards he then told her to remove her clothes, the spokesperson said. The woman then grabbed her cell phone and proceeded to call 911 while she screamed

for her roommate, asleep in the next bedroom.

After a few minutes the intruder left the apartment through the back door, the spokesperson said.

When officers arrived at the scene the two roommates reported a cell phone, Jansport backpack and an iPod were missing from the living room, the spokesperson said.

The total price of the missing items is estimated at \$412 and the damage to the back door was estimated at \$50.

MAN PUNCHES CAR

A man punched the car door of a vehicle at the intersection of East Main Street and South College Avenue Saturday morning, the spokesperson said.

At approximately 2:20 a.m. a man stopped his 2001 Mazda 626 at the intersection when another man ran into the street from the sidewalk and punched the passenger door, the spokesperson said.

After he punched the car he yelled at the driver to "turn off that gay music," the spokesperson said.

After driving away, the man pulled over to tell a police officer about the situation, the spokesperson said. The officer and the driver then saw the man walking toward them, and he told police the same story.

After inspecting the car the individuals found a small dent in the door, the spokesperson said, and the two men agreed to settle the matter privately.

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HOLA elects new officers

BY NATALIE TORENTINOS

Feature Editor

More than 30 members of HOLA attended an election meeting Wednesday night for the 2005-2006 board members.

President Melody Casagrande passed on her position to junior Lani Bardaje, originally a vice presidential candidate, who is currently studying abroad this semester but will return in the fall. Casagrande said she plans to assist Bardaje next year.

"I stepped down from the presidency for personal reasons," Casagrande said, "but I will be working with Lani over the summer."

Results for vice president were delayed and will be announced today. Nominees for this position were junior Nadia Abdelkhalik and junior Christine Sieny.

According to Lalena Luna, HOLA's professional advisor, members who attended at least two-thirds of the semester's meetings were eligible to vote and run for one of 12 positions on the board.

Senior Vanessa Tineo, the former recruitment and development chair, said some candidates were nominated for more than one position at the meeting prior to elections, but each could run for only two positions.

Each position was considered individually, with candidates giving minute-long speeches before waiting outside the room for voting members to deliberate.

"It was difficult deciding between them," Tineo said. "We wanted everyone to speak so we could make an educated decision."

Casagrande said she hopes the new board members will strengthen the group as the core of the Latino community at the university.

"We're moving more toward a culturally-based foundation by recognizing the roots of Latino culture through social, cultural and educational programs," she said.

Casagrande said an HOLA event she is most proud of is Urban Innocence, a minority overnight group hosted in early April, which embraced urban culture and the Latino population with dance performance groups and other activities.

She said another important program is Gear-Up, which helps prepare middle school and high school Latino students for college.

A few HOLA members at the election meeting stressed the importance of electing young candidates for some positions as a way of giving them the chance to take leadership roles and offer fresh ideas.

Freshman Reginald Quarles, who won the historian chair along with junior Hana Fristensky, said he felt confident he gave good speeches. He explained why he ran for a board position.

"I'm a history major, and I'd like to document everything that happens at HOLA so everyone can see what a great organization we are," he said.

Junior Claudia Rodriguez was voted treasurer, freshman Sami Madarani is secretary, freshman Justin Melis is heading the programming chair, sophomore Elvin Perez is social chair, junior Josie Bowman won the community service chair, junior Craig Aleman won the Webmaster chair, freshman Gabriel Colon won the recruitment and development chair, junior Lovicia Newsome won the public relations chair and sophomore Jissell Martinez won the Youth Empowerment Program chairwoman.

Senate divided over filibusters

BY DANA SCHWARTZ

Entertainment Editor

As Republicans arrange to vote for President George W. Bush's judicial nominees, Democrats have made it clear they plan to filibuster the candidates before the Senate votes.

Kelly Landis, spokeswoman for Alliance for Justice, a national lobbying group, said filibustering is a tool more than 200 years-old that is a necessary component of the U.S. Senate's institutional checks and balances.

Steven Smith, professor at Washington State University, said the Senate lacks a general rule concerning debates.

According to Smith, a Senator can speak as long as he wants, thereby using a filibuster to stall debate.

"There is also lack of a rule about what Senators can debate when delaying a vote," he said. "They can read a cookbook, a phonebook or their speech over and over again."

Smith said Republicans are currently pursuing an option that would allow them to review President Bush's nominees and Democrats have responded with attempts to slow down the process.

"The Republicans are betting and hoping they won't follow through on that and the Democrats are saying 'Just test us,'" he said. "It's a test of wills in context of great uncertainty."

Christine Shott, press secretary to Sen. Rick Santorum, R-Pa., stated in an e-mail message that Democrats are engaged in an unprecedented power grab to control the President's judicial nominations.

"The process by which Senators opposed nominees has been the same for over 200 years — they voted no," Shott said. "They did not filibuster. They did not upset the Constitution's system of separation of powers and checks and balances. They did not seek to write the American people out of the democratic process."

Although filibustering is a legal procedure, Republicans are looking for ways to block the motions by Senate Democrats.

However, Smith said blocking filibusters is a very rare practice, and according to the law it would take a two-thirds vote to ban the filibuster.

"Those in favor of filibustering say the Senate should be able to speak as long as they choose," Smith said. "There is an emphasis on debate and extended debate saying that the process has desirable effects such as learning from each other and educating the public, which will effect the outcome."

However, the opposition says this is polyanais and naïve. Landis said filibustering is called the "nuclear option" for a reason: because it will have extended consequences for day-to-day business and bring the Senate to a halt.

"Democrats are backed into a corner and forced into an extreme position because the Republicans are unwilling to compromise," she said.

Controversy over license plates ensues

BY CHRISTINE PASKA

Staff Reporter

Delaware's license plates have been manufactured in Canada for the past three years, but that could change when the company's contract expires June 30.

Darrel Cole, spokesman for the Delaware Department of Transportation, said when the state put a new license plate contract up for bid three years ago, Valedale Manufacturing Ltd., a Nova Scotia-based company, placed a significantly lower bid than a company out of Milford, Del., which had previously held the contract.

The state saved \$200,000 a year with the new contract, he said.

"The responsibility we have is to do the best job for taxpayers we can," he said. "Saving \$200,000 a year is a pretty good job."

Eleanor Craig, economics professor and resident of Wilmington, said manufacturing the plates in Canada helps Delaware's economy.

The money saved from using the lowest bidder can go toward other projects.

"We are supporting the Delaware economy by getting the best buy for our plates, so we can either have more government services or tax reductions," she said. "In which case everyone is going to be better off."

Cole said although many officials would like to bring the plate manufacturing back, a Delaware company would have to place the lowest bid.

According to state law, the state has to give the contract to the lowest bidder, regardless of where they are located, he said.

In the bidding process, Cole said the state requests proposals and bids from manufacturers. All bids are then reviewed and the contract is awarded to the lowest bidder, providing they can meet all of the specifications.

Cole said the bidding process is scheduled to begin soon, but a deadline has not yet been set for the bids.

When the Milford company did not get the contract in 2002, the factory shut down after 45 years, he said. The company was looking to get out of the license plate manufacturing business and they bid high intentionally, he said.

"They knew what they were doing when we started the bid and right now they are not making plates anymore," he said. "So it was a business decision on their part."

Jane Haseldine, spokeswoman for the Delaware Economic Development Office, stated in an e-mail message she cannot speculate the economic effects of having production return to Delaware, but if a Delaware company wants to manufacture plates, they could potentially qualify for funding from DEDO.

The Canadian company manufactures the plates differently than the Milford company, but Cole said the change is minor and the main difference is in the font.

Investigation of student's death continues

continued from A1

route home Saturday night and are viewing the video to determine whether she was followed.

This is the first homicide in Newark in 2005, Nefosky said, and incidents such as this are unusual for the city.

"This is something I haven't seen in my 27 years here," he said. "Newark, all-in-all, is a pretty safe community."

Because Bonistall was a student, Nefosky said Newark Police will reach out to the university community to make sure all residents are making their houses and apartments as safe as possible.

Investigators have not yet determined if the incident was a home invasion, and it has not been established whether there was any forced entry.

Nefosky said people do not need a key to enter any Towne Court buildings.

He also said officials do not believe Bonistall's death is related to a string of burglaries in the Newark area earlier this year. Police believe they already have a suspect in custody in those cases.

Senior Laurie Ellis, a resident of building 91 in Towne Court, said she and several of her friends were in her apartment when another friend came home at approximately 2:45 a.m., and told them there was smoke coming from the building across the street.

Ellis then called 9-1-1 at approximately 2:50 a.m., she said. Police and fire trucks arrived at the scene two minutes later.

Ellis said she and her roommate stayed outside until 4 a.m. and watched as firefighters climbed a ladder to the second floor and entered Bonistall's apartment through a window, she said.

The two returned to their apartment for the night, and at approximately 3 p.m. Sunday Ellis said she was walking from her apartment and noticed a stretcher with a black body bag beside an ambulance.

She said Doughten's parents saw the story on the news and called to make sure the two were OK.

Residents are concerned for their safety, Ellis said. "We're all kind of nervous," she said, "because we don't know if it was a random act of violence."

Ellis said security is a constant concern at the apartment complex because anyone can enter the buildings.

The Newark Police Department is urging residents to make sure their doors and windows are locked and also to be aware of their surroundings.

Nefosky said police officers will be conducting extra patrols in the vicinity of the fire and surrounding areas.

Fire department officials declined to comment about the incidents as well as Towne Court Apartments.

Bonistall's family has not released any details of funeral arrangements at this time.

—Additional reporting by Kathryn Drescher and Stephanie Anderson.



THE REVIEW/Jessica Doolittle

Two weeks after graduation, graduating seniors will lose their university e-mail accounts.

E-mail accounts expire for grads

BY BETH SILVESTRINI

Staff Reporter

As the Class of 2005 gets ready to graduate this month, they will take with them fond memories, friends and life experiences, but not their e-mail address.

For most students, e-mail is one of the most reliable ways in which they can communicate with people. Leaving this address behind may cause angst for some.

Senior Becca Bauer said she is not ready to give her account up yet.

"It's going to be a huge pain," she said. "Having an e-mail address with the university looks much better than having one with Hotmail or Yahoo!"

Lauren Murray, assistant director of alumni relations, said most e-mail accounts will expire two weeks after graduation.

Students should use that time to forward any e-mail and contacts they have to another account.

"The only way a student can keep their e-mail address is if they continue to take a class here, or go on to grad school," Murray said. "Other than that, they should have their messages forwarded to an account with a different e-mail provider."

The alumni relations department, along with IT-User Services, provides a forwarding system for alumni, Murray said. They can set up an e-mail address with the university, with the domain "@bluehen.udej.edu."

The mail that goes to this address will be forwarded to another e-mail account, such as Yahoo! or Hotmail.

Bauer said she would use this system for some time after graduation.

"Even though I am graduating I don't want to be totally cut off from my life and contacts here," she said. "Besides, I feel like Yahoo! and Hotmail accounts can be very unreliable. I also like the set up of Webmail better."

However, there are some students who will not be affected by the expiration of their accounts.

Senior Jason Snyder said he already uses AOL and does not plan on keeping his e-mail address at the university after it has expired.

"I already use an internet service provider," he said.

Other universities, such as University of Maryland and Rutgers University, allow their students to keep their e-mail address longer than two weeks after graduation.

A representative of the University of Maryland's information technologies department said students can keep their e-mail addresses for three to six months after graduation.

Maryland does not have a forwarding service.

Bill Cornwell, a user support specialist at Rutgers University's Office of Information Technology, said Rutgers students have access to university e-mail for one year after graduation.

During this time they may have their mail forwarded to a different account. After the year is over the alumni have a few months to close their accounts without losing information, Cornwell said.

Murray said there are no plans in the works to make e-mail available to students for longer than two weeks after graduation.

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Loan Consolidation Benefits College Graduates

Recent grads must act before July 1 to secure historically low interest rates

If you're like most students, chances are you'll be leaving school with thousands of dollars in student loan debt. Although making monthly student loan payments while starting out on your own can be difficult, consolidation can help.

Consolidation is one of the smartest ways for college graduates to manage student loan debt - but it is critical to act quickly. Time is running out to lock in one of the lowest interest rates in history. Rates are likely to rise on July 1 - only three months from now.

The Federal Consolidation Loan Program allows graduates (or parents with PLUS loans) to combine all eligible federal student loans into a single new loan. This new consolidated loan has a fixed interest rate and extended repayment terms that can significantly lower monthly payments. Congress established the Federal Loan Consolidation Program so graduates can take advantage of one low, fixed rate and take more time to pay back their loans. This means that cash-strapped graduates with comparably low entry-level salaries can take smaller chunks out of their paychecks for loan payments - and have more money left over to pay rent and other necessary bills.

Additionally, graduates who consolidate within the first six months after graduation - before their loans enter repayment - can reduce their interest rate by up to an additional 0.6 percent¹. Although a 0.6 percent decrease may seem small, it can potentially save thousands of dollars in interest over time.

This year, there's even more reason for graduates to act quickly. Over the past several years, rates have fallen to historic lows. That's about to change, however, as this year's rates are expected to rise by two percentage points or more. It is important to take immediate action before federal student loan interest rates are adjusted on July 1.

The Congressional Budget Office projects that student loan rates for the 2005-2006 school year rate will jump by at least two percentage points, to about 5.5 percent, and will continue to grow for the foreseeable future². This potential increase would be reflected in both Stafford and PLUS loan rates.

Graduates who consolidate before these new, higher rates take effect on July 1 can avoid the rate increase and save thousands by consolidating today and locking in unprecedented low interest rates for the life of their loan.

"According to the Congressional Budget Office, federal student loan interest rates are projected to rise this July and each July thereafter in the near future," Massachusetts Senator Edward Kennedy wrote in a Bentley College Vanguard editorial March 10. "According to the Congressional Research Service, the fixed interest rate benefit today is worth over \$5,000 for the typical, new student borrower over the life of his or her college debt."

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- One Convenient Payment. You'll have only one student loan payment to make each month to one lender.
- Borrower Benefits³. You may be able to lower your fixed interest rate by up to an additional 1.25 percent by making your payments electronically and on-time.
- Act Quickly - Two Reasons**
If you are about to graduate (or have recently graduated), you should consolidate before your loans enter repayment. If you do so, you can receive an additional 0.06 percent rate reduction. Also, loan interest rates are expected to rise on July 1. Apply early to ensure you lock in today's historically low rates before they increase in July.
- It's Free**
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- Are You About to Graduate?**
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¹ Stafford Loans, Consolidated Loans, and PLUS Loans. Consolidation must be completed prior to the first grace period date of the loan being consolidated.
² Lenders that currently receive the right to modify, extend or discontinue the program at any time without notice. Changes to this program, if any, will not affect loans that previously qualified for them or any other benefits it held by U.S. federal law. All loan rates, conditions and other information remain the same as when you first received your loan. Please call the lender or visit the lender's website for more information.
³ Borrower Benefits are available to borrowers who are not in default on any federal student loan.

Editorial

May 3, 2005 A5

University e-mails

After years of being students at the university, some become quite attached to their e-mail addresses, and as the Class of 2005 prepares for graduation, it will also have to prepare to lose their beloved "udel.edu."

Most students' e-mail accounts will expire two weeks after graduation, unless they continue to take classes or move on to graduate school at the university.

The alumni relations department and the IT department will provide a forwarding system for alumni. They will be able to set up an e-mail address with the university, using the domain "@bluehen.udel.edu." Mail going to that address can be forwarded to other e-mail accounts such as AOL or Yahoo!

While The Review believes the forwarding system is a good option for graduates to have, they should be given more than two weeks.

Absorbed by graduation, most students are not necessarily thinking about what is going to happen

to their e-mail accounts.

Aside from wanting to stay in touch with friends after graduation, it would be nice for those applying for jobs to have their e-mail accounts a little longer.

E-mail is an imperative form of communication for those searching for jobs and making contacts in the professional world.

The Review favors the University of Maryland's system.

Graduates there can keep their e-mail addresses for three to six months after graduation, although the university does not have a forwarding system for them.

Having ".edu" attached to someone's address may seem more professional than Yahoo! or AOL.

The Review recommends the university consider offering an "alumni.udel.edu," a feature offered by many other universities. For graduates without a professional e-mail address from their occupation right away, it would be a nice option for students to keep ties to the university.

Staff Editorial

Staff editorials represent the opinions of The Review Editorial Board.



THE REVIEW/Kristen Margiotta

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Letters to the Editor

Newark Country Club Builders should abide by law

I wanted to comment on The Review article from April 26 concerning Newark Country Club's planned move to the Elkton area. Developer Bill Stritzinger is quoted as dismissing local opposition to such development in that corner of Cecil County. He says "It's like anything else — People try and resist change."

This is a superficial and unrealistic description of the local opposition. Local residents are resigned to the development of the property in question. But Mr. Stritzinger wants to put four houses on each acre of land, instead of the one house per acre, which is currently permitted by the water and sewer plan.

The opposition is not to change or development but to rampant over-development that drains the regions much-needed resources to deal with more traffic, more emergency services, more kids in the schools and strain on the water supply, just to name a few. At every County Commissioners meeting, hundreds of local residents show up to voice their opposition to the proposals, and only four or five people, the ones making

money off the deal, are speaking in favor. I should emphasize that local citizens include geologists, hydrologists, chemists, engineers, city planners and others with advanced degrees or special expertise. Everyone feels that the land owners have a right to sell their land, and for the property to be developed as a residential area. These people have presented reams of technical data supporting the argument against over-development, warning that urban sprawl could come to an area of Cecil County which is loved and known for its rural charms. For Mr. Stritzinger to casually dismiss local opposition is insulting and reductive.

I wish he would instead abide by the law and build what he is allowed to build.

Alan Fox
Professor
afox@udel.edu

Send letters and columns to
stepha@udel.edu.
Please include a name with all submissions.

Correction

In the 4/29 issue of Mosaic, junior Megan Foley was incorrectly identified in the caption as Megan Galimore.

More men should take womens studies classes



Christopher Moore
God Save the Queen

When I started spring classes in February, one thing was fairly obvious — I was burned out.

Working non-stop at this paper and trying to maintain a level head through four classes I loathed from the start had taken its toll — I lost interest

in school and slowly, I assumed I was losing my mind.

In the final stretch of my senior year, finding classes to fill the spaces left became a chore, with a limited variety of non-English classes I could take to fill the university's breadth requirements. Making poor class choices was something I had become fairly good at doing.

Interestingly enough, I can count on two fingers the classes that have had a drastic effect on my life and both seem to book end my collegiate experience — the first, a Victorian poetry class was the joy of my first semester here. The second is easily the greatest impulse decision I have made thus far — taking a women's studies course.

What guy thinks of taking these classes? The label itself insinuates it might be a man-free zone — or so I assumed. Clearly, I was mistaken.

I remember meeting with my advisor before that very first semester, and that kind individual basically said there was no point in me taking a women's studies class — I probably would not have anything to



bring to the table and chances are I would not get anything out of it.

Wrong. I could have been an engineering and computer sciences double major and I would still consider my much-coveted women's studies course to be the highlight of these four years.

It made me think though, why are not these courses promoted more? They are more than just core classes for women's studies majors.

Three times a week, it is 50 minutes of possibly the most interesting discussions I have experienced in an academic setting.

Sure, other multi-cultural-concentrated courses give students a view into other cultures that they may otherwise not receive. A woman's studies course does exactly what the title implies, it takes an integral part of all cultures and examines it in ways other courses are unable to do.

I will not point my finger at anyone, but I would like to offer this recommendation to the university — promote the women's studies courses to seats of the student body that might not even know they exist, or even worse, are only for women.

Singer Joe Jackson once sang, "Time to admit what you call defeat / 'Cause there's women running past you now and you just drag your feet."

I would have to agree and offer this bit of advice to the male students planning their fall schedules: If you can parade around in your pink polos with collars popped, you should not have any qualms registering for a women's studies course.

Either way, my hat is off to the women's studies department. In one semester you have turned this tabloid-loving, boxed wine drinking, newspaper hound into something he never knew he could be — a feminist.

Christopher Moore is the Managing Mosaic Editor for The Review. Please send comments to cmoore@udel.edu.

No grade inflation, students are simply meeting the standards

Harland Westgate Guest Columnist

Provost Dan Rich — "What's happening is that grades are rising higher than the quality of students ..."

My first question is how, exactly, does one quantify the quality of students? One of the first lessons of research sociology or statistics is that to compare two things, they must be measurable on the same scale. Since grades are a quantitative interval/ratio measure on the 0 to 100 scale and an ordinal measure on the letter grade system, to compare the quality of students to grades we must be able to quantify student quality on either the interval/ratio or ordinal scale.

So what interval/ratio or ordinal scale do we use? Is it students' SAT scores? Stuart Rojstaczer, a professor at Duke University, contributed an op-ed piece on grade inflation to The Washington Post on Jan. 28, 2003 and extended his article on his Web site,

www.gradeinflation.com. Rojstaczer explores the feasibility of using SAT scores as a quantification of student quality at the university level.

He cites a study conducted at the University of California where SAT scores were found to account for only 14 percent of variation in undergraduate. Another study found that SAT scores account for less than 20 percent of variation in undergraduate class rank.

14 percent and 20 percent are hardly convincing numbers, especially when, as Rojstaczer points out, the College Board itself (the organization that administers the SAT) cannot demonstrate that SAT scores are a good predictor of performance at the undergraduate level. So again, how is it that the Faculty Committee quantified the quality of students?

Perhaps that is the wrong question to be asking. Maybe what I should be asking is whether someone forgot to consult with the philosophy department for a quick check on the coherence of the committee's argument. If grades are in any way, shape or form an accurate measure of the performance of students in a given class, how can the quality of students be rising slower than the grades in the class? If grades do not reflect student performance, why would we care whether they

are being inflated?

The real problem, though, is that there is no way to get out of having to answer one of those two questions. It may be that the entire point of the committee's recommendations is that grades no longer mean anything and do not reflect performance. If that is the case, we once again find ourselves having to show evidence that performances do not merit the grades given, and to show that we must be able to quantify performances using a measure other than grades — and the most obvious place to turn for that measure, the SAT, is no help at all.

Rojstaczer gives his opinion, based on his personal experience and anecdotal evidence, that "both intellectual rigor and grading standards have weakened." Yet, he also admits that, "It would be difficult, if not impossible, to prove." Now imagine trying to get a company to change policy based on something that is "difficult, if not impossible, to prove," and you will realize how ridiculous it is for the Faculty Committee to recommend changes prompted by "grade inflation."

So, absent a clearly supportable position on the causes, or even existence, of grade inflation, what is the motivation for Provost Rich and the Faculty

Committee? Why bring up the issue of "grade inflation" now? Is it that some professors are hearing time and again on course evaluations that they can't teach their subject? Maybe some departments are trying to justify why nearly half of the students in some classes are failed each semester by chiding other departments for "artificially inflating" the grades in their classes. Like Rojstaczer, I too must here admit that what I just said is based purely on anecdotal evidence and that I cannot prove it, but talk to 10 friends who have had upper-level chemistry courses, and I will bet at least half will tell you they have either failed a class or almost did.

Perhaps instead of deriding professors for daring to pass too many students we should be congratulating the Admissions Office for continually selecting more previously-successful, well-rounded students. Each course has well-defined objectives and goals — maybe university students are just getting better at meeting those objectives and achieving those goals.

Harland Westgate is a senior at the university. Please send comments to westgate@udel.edu.

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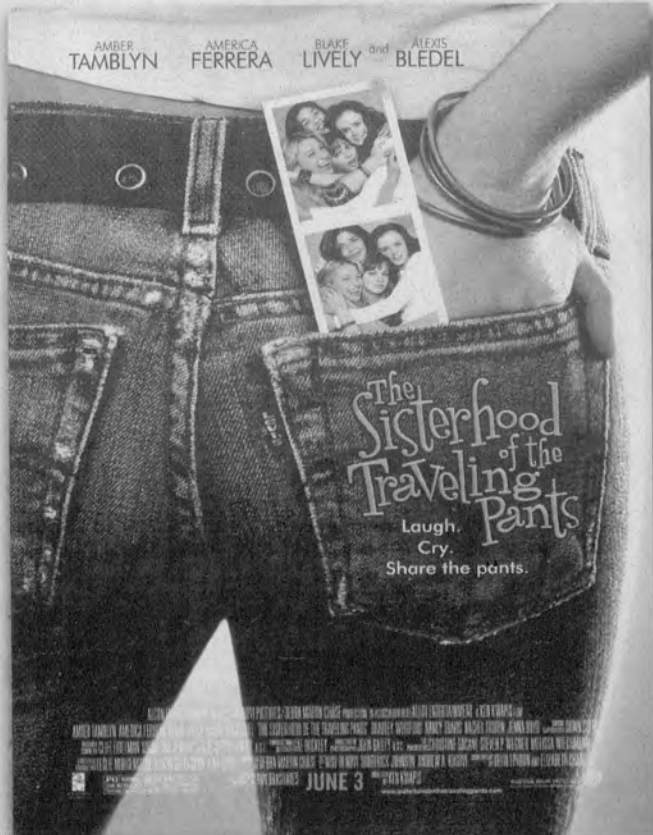
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Tuesday, May 3, 2005

From anti-war protests to co-ed dorms, a former Review editor has witnessed it all

BY ELIZABETH PURCELL

Staff Reporter

From anti-war protests to cell phones, Shaun Mullen now spends his retirement years at the university where his career as a journalist first began.

As Editor in Chief of The Review during the late '60s, Mullen dealt with the task of reporting the dramatic social changes that were taking place in the world.

"All the bread and butter stories of campus lectures or guest speakers were pushed aside for stories on civil rights, feminism, anti-war protests and free speech," Mullen says.

While sitting in an empty Memorial Hall classroom and enjoying a day off in his Hawaiian T-shirt, Mullen recalls campus life in the late '60s.

"This was a time of tension on campus where people perceived the administration as conservative, the student government radical and The Review as liberal.

"Professors were being fired and there was a point when the whole student government was expelled," he says.

As a journalist, Mullen had the opportunity to view history firsthand.

"It is very humbling after seeing the world, to see the small part that I play," he says.

During his time on campus, the university's pivotal location between major cities such as New York, Philadelphia and Washington, D.C. caused national events to be easily filtered down into campus



THE REVIEW/File Photo

Alumnus Shaun Mullen, shown above in 1969, and more recently on the right, says students hoping to be journalist should have patience and a certain level of courage.

news, Mullen explains that the two most important events that impacted life on campus were free speech and Vietnam.

Mullen recalls, "if a guy did not do well in school then he would be drafted. Everyone knew someone that didn't come back.

"We had to fight against censorship of The Review, they tried but we beat them. Meanwhile, students and faculty were also fighting for their right to speak their minds in and out of the classroom," he says.

Mullen currently works in the Morris Library's Special Collection section where there are photographs, maps and memorabilia from the 15th to the 20th century.

"I knew that the university library is world renowned for its collections of manuscripts and journals. The library is the center of any campus, which is what drew me back here," he says.

He had the opportunity in recent years to work specifically with the graphic collection. Mullen took on a tedious task involving San Francisco Rock posters from the late '60s and early '70s that were generously donated to the library. "I helped to catalog what concert it was, who the performers were and where it took place," Mullen says.

Even though he has entered retirement, Mullen's love and drive for journalism seems to always remain with him.

"I retired three months before 9/11, it was like the fire alarm going off and an old fireman grabbing for his boots and sliding down the pole," he says.

Being on campus daily once again, Mullen has the chance to view student life.

"Students today are better educated, better traveled and there is much more of them."

After a pause to look around the classroom and a few scratches to his braided chin, he continues on to describe students in the '60s as mostly local Delaware residents, and campus life as very inactive on and off campus. One big difference was that there were no co-ed dorms along with women's dormitories having very strict visitation regulations.

"I would go home on the weekends to do laundry, and for fun I would read and watch television in the basement of the dorm," Mullen says.

After graduating, Mullen was drafted and wrote war articles in the Far East for the military as well as U.S. papers and magazines. Upon returning to the states he went back and forth with many jobs with The News Journal and San Francisco Examiner. He also did part-time work for the New York Times and wrote for the Philadelphia Daily News for 21 years. With all of this experience Mullen had the chance to cover such captivating stories as the O.J. Simpson case, President Bill Clinton's Impeachment and Welfare Reform.

With years of being face to face with war combat, serious presidential elections and a bomb dropped on a row house in Philadelphia, Mullen began to feel burnt out.

"There was a point when I needed a break to refresh. So I became an apprentice to a carpenter."

With two kids in college and his job at the library, Mullen has also used his retirement time to write a book on a 1981 unsolved murder.

"This book is a lot more than murder. This man had a fascinating life with fascinating friends, it goes along with Americans appetite for true crime," he says.

The Morris Library has journals and resources ranging through all topic of literature but it also contains a piece of living history within its glass doors of the special collections. Mullen says that the university taught him who he is and how to interact with others.

For students that want to follow his path of journalism he advises they "need to be patient, curious and sometime courageous."



Photo courtesy of Deborah Olsen

Student balances modeling with school

BY JULIA PARMLEY

Staff Reporter

She struts down the runway and stops. Taking the white silk of the bridal dress in her hand, she twirls once, twice. She stops again and smiles, her blue eyes looking over the crowd. She turns around and walks back, shoulders high, steps long and in tune with the throbbing beat of the music and the flashing of cameras.

One dress down, 12 to go.

Everywhere she goes, university student Jackie Dobrznyn gets noticed. Isa, her mother, says people would always comment on her looks and tell her she should be a model.

"At first I was skeptical because modeling is a crazy world," Isa says. "She had a presence, but we didn't know how real it was."

In the fall of 2001, Dobrznyn walked into the Perry Anthony salon in Hockessin to get a haircut. Kimberly Bell, editor of Cashmere magazine, was there and saw Dobrznyn. A few months later, she was in Ocean City, Md., shooting the cover and a six-page spread for the magazine's Ralph Lauren spring collection feature.

"We were on the beach and it was so cold, I have goose bumps in the picture," Dobrznyn says. "We didn't feel the cold though, because it was so much fun."

Dobrznyn was hooked.

In November of 2002, she signed with ID Model Management in New York City. Unhappy with their business practices, Dobrznyn left the agency soon after to look for an agency closer to her Newark home, where she lives during the school year.

In February 2003, Dobrznyn signed with Reinhard Talent and Model Management in Philadelphia and began to work as a high fashion, editorial and runway model. Her first show was in the Saks Fifth Avenue store in Valleywood, Pa., modeling their fall collection — her first runway show.

"I was a little bit intimidated, but excited," Dobrznyn says. "Confidence is the key."

Next stop: Donald Trump's annual birthday celebration.

A huge crew of stylists transformed her and other models into living creations of the show's glamour theme with big curly hair and expensive gowns. In only one rehearsal, each model had to master standing on a rotating step, walking down the runway and posing by herself. The models were to perform in front of Trump and an audience of some of his wealthiest clients.

"Nobody seemed nervous because we were going at the end so there wasn't as much pressure," she says. "I was on a super high rush on the walkway. It was a really cool feeling to have my own time out there."

After hours of waiting through speeches, songs and magical acts, Dobrznyn and the models took the stage in front of the birthday man, himself.

"It was nerve-wracking to see Donald Trump in the front because you knew he was watching you," she says. "But I was so happy to have my chance to go out there."

In August 2003, Dobrznyn got one of her most exciting bookings — the Great Bridal Expo Tour. Every Sunday in the fall, Dobrznyn and four other models showcased wedding dresses and honeymoon attire for hundreds of people in cities across the country, including Miami, Los Angeles and Atlanta. Because they had different dressers for each show, the models had to remember what buttons went where and how their dresses should fit. With fresh flowers flying around and long, weighty veils, Dobrznyn says the 13 dress changes in the one-hour show were chaotic.

"Seeing the flowers and balloons for the first time backstage was a little surreal," she says. "But after the shows I get a rush and feel



Photo courtesy of Melissa Diemara

exhilarated, especially when I get feedback from the audience."

Dobrznyn had a lot to remember in between the flashing of bright lights, pulsing music and the shouts of prospective brides and grooms.

"When I'm on the runway, the main thing I'm thinking is, 'I feel good,' because you have to feel beautiful to portray beauty," she says. "People can sense how great the outfit is and chances are, someone will like the outfit."

The group would fly out Friday or Saturday and spend the night, hitting each city's hot spots before Sunday's expo. Sunday nights were anything but fun as Dobrznyn and the models often had to take late flights and get home at 5 or 6 a.m. She says the airport staff got

to know the models and would often give them extra snacks or upgrade their tickets to first class.

Unfortunately, a missed flight or layover is no excuse for late homework. Dobrznyn completes most of her schoolwork during the week to prepare for modeling weekends and the photographers work around her class schedule. She takes four classes, brings her books on the road and e-mails papers to teachers to stay on top of the load. Sometimes, though, the pressures still creep up on her.

"I spent a lot of Sunday nights [during the Expo] staying up to do work," she admits. "But I enjoyed the people, and the girls on the trip are now my best friends for life."

Lauren Rahman, fellow model from Rutgers, met Dobrznyn at a fitting for the Bridal Expo and they have become close with all the traveling and work for the show. Their similar body posture and pace often got them paired together, Rahman says, and she relies on Dobrznyn to tell her where to go.

"The runway was shaped like a 'T' and even after the whole season, I could never remember where we were going," Rahman says. "[Dobrznyn] could always remember where to go and would tell me and never get mad."

Locally, Dobrznyn has done Saks Fifth Avenue runway shows for Christian Dior and Gucci, Philadelphia's annual "Phashion Phest" and she recently completed another fall season for the Bridal Expo.

Not just restricted to the runway, Dobrznyn has done hair shows, jewelry photo shoots, live fashion segments for Glamour on CN8 in Wilmington and weekly clothing shoots for a fashion Web site, stylebug.com.

Dobrznyn's twin sister Nikki lives on campus and says it's hard when Dobrznyn goes away and misses parties and events.

"We are friends more than sisters and I wish she could hang more sometimes," she says. "But I think it's great she gets to travel a lot and I'm really proud of her."

In April, Dobrznyn signed with The Lyons Group, a modeling agency in New York City. Dobrznyn says she was excited to find an agency sharing her same view on the profession.

"New York is the highest fashion city in the country and they are known for their agencies," Dobrznyn says. "I view modeling strictly as a business and it was exciting to find an agency I was comfortable with."

Lyons now serves as Dobrznyn's main agency, sending out her pictures and scheduling meetings with clients. Her agent, Jason Konrad, says Dobrznyn's look has a uniqueness perfect for high-end fashion.

"[Dobrznyn] can put on a gown and look elegant," Konrad says. "Her look is runway and luxury items like fur, so that's what would attract a booker."

Konrad says stores like Macy's and Neiman Marcus will pay up to \$2,000 a day for models like Dobrznyn to work the runway and try on clothes in a showroom.

"I want her to have a life, so I'm going to make [modeling] worth her while and investment," Konrad says. "She's six feet tall and a size four which is perfect for high-end catalog and runway. This is where she will make money."

While Dobrznyn appreciates the bonus of money, she is careful to keep a level head about the financial benefits.

"The money is just an added bonus because, for me, it's extremely rewarding just to do it," she says. "I'm amazed at each job that I get and I feel really lucky to be able to pursue it."

Modeling jobs and money do not cure all problems. Dobrznyn

see THE WORLD B3

'Devils' a deep, acoustic affair

"Devils and Dust"
Bruce Springsteen
Columbia
Rating: ☆☆☆

stray tracks

Bruce Springsteen's career has been full of compromises of constant commercial and creative efforts. So it should come as no surprise that his most recent release, "Devils and Dust," falls in the latter category. "Devils and Dust" is an album that pulls back from the hard rock sound, themes of terrorism and uncertainty of life after the Sept. 11, 2001 terrorist attacks in 2002's "The Rising." Instead, the album features acoustic, country-tinged songs about war and aftermath (seen clearly in the opening title track). Springsteen does

what is necessary to maintain his career's longevity and keep his creative stream flowing. "Devils and Dust" is a perfect example of this.

Springsteen tends to follow largely successful albums with more creative and often less successful efforts. For example, in 1982, the rough-cut demo "Nebraska" followed "The River," an epic double album featuring one of his biggest hits, "Hungry Heart." It then came as no shock when the E Street Band-less "Tunnel of Love" came out in 1987. Prior to that, Springsteen had his greatest commercial and creative smash with 1984's "Born in the USA" and 1986's "Live/1975-1985."

Since then, Springsteen has filled the early '90s with more challenging efforts without the E Street Band, including two albums in 1992 and 1995's politically conscious "The Ghost of Tom Joad."

Before the powerful and entertaining Springsteen could have been claimed dead, he reunited the E Street Band around the success of a greatest hits collection and new songs, "Streets of Philadelphia" and "Secret Garden" featured in the films "Philadelphia" and "Jerry Maguire," respectively.

Ten years after the commercial retraction and comeback, Bruce Springsteen cuts back, goes inward

and releases one of his strongest solo efforts since the early "Greetings From Asbury Park, N.J." and "Nebraska."

What makes this album superior to the rest is its gritty atmosphere. "Reno" is the prime example of Springsteen's edge on this album. Without going into explicit detail, the song contains lyrics of a man and a prostitute engaging in a sexual act for money. This comes as a shock, initially, to fans of Springsteen's earlier works; yet, it works in the end with the closing. He sings:

"She poured me another whiskey / Said, 'Here's to the best you ever had.' / We laughed and made a toast / It wasn't the best I ever had, not even close."

This illustration of the theme of no gratification in the guilest of pleasures in life, is a highlight of "Devils and Dust." Its artistic accomplishment of showing that through every indecent situation, there is always life theme.

On the album, the first four tracks seem to snag in the listener with hooks and his powerful conviction used as a primer at the heart of the record.

"Long Time Comin'" is the closest Springsteen comes to fully rocking out — E Street Band fans shall enjoy the track. In the vein of "Growin' Up"

or an acoustic "Adam Raised the Cain," the rocker strums away with passion and an anthem-like chorus.

However, be forewarned, the rest of the album consists of deep acoustic-based rock that trumps songs like "The River" and "Streets of Philadelphia." The listener should take no offense that Springsteen has opted the E Street Band out this time since the songs and the album benefit from such.

Indeed, the real heart of the record lies in the middle and end, where "Devils and Dust" is filled with vignettes of sorrow and the dirtiness of life.

"Black Cowboys" and "The Hitter" may be a boring rant to some, but in actuality, it's one of Springsteen's greatest epics and further establish the fact that he is indeed one of the greatest songwriters of the last 30 years.

Strategic or not, Bruce Springsteen's latest release "Devils and Dust," while excellently executed and well-written, comes from a long line of wise vocational decisions. If some listeners tend not to migrate toward this acoustic affair, they should wait for Bruce's next outing.

Keegan Maguigan is a staff reporter for The Review. Send comments to maguigan@udel.edu



New Releases to Check Out

"Cold Roses," Ryan Adams and the Cardinals
"Life of the Party," Joe Johnson
"The Forgotten Arm," Aimee Mann
"With Teeth," Nine Inch Nails
"Joe Perry," Joe Perry
"Pretty in Black," The Rayonettes

The Gist of It

☆☆☆☆ God
☆☆☆☆ Saint
☆☆ Pope
☆☆ Sinner
☆☆ Devil

"Touch"

Amerie
Sony
Rating: ☆☆☆

Amerie might as well be thought of as a new artist, as many probably don't recall her 2002 album "All I Have." This half-Korean, half-black singer's sophomore effort will most likely be more memorable.

One wonders what Amerie has to offer, what with vocal geniuses like Alicia Keys and Mariah Carey (yes, that was "genius" and "Mariah Carey" in the same sentence) and dance divas like Jennifer Lopez and Ciara, thriving on radio and MTV.

The 25-year-old singer, who gets credit for co-writing most of the tracks, mixes R&B, soul and dance on her latest album, "Touch."

Amerie, who's trying to break away from the goody-goody image established on her debut CD, combines the usual themes of love, heartache and sex in an album, which is nothing short of the standard.

The first single and first track off the album "I Thing" has already received plenty of airplay, and right-

ly so.

The track stands out as the most dynamic, danceable and cleverly-mixed song on the album. Pulsating drums and funky guitar hooks prove to be infectious and the track showcases Amerie's sometimes clear, sometimes raspy but fairly dynamic voice.

The title track produced by the infamously raunchy Lil' Jon, is not surprisingly the most openly sexual song on the album.

Despite a chorus that sounds a bit like something one would expect from Britney Spears, the song works as a fun, light-spirited dance song. Amerie seems to revel in her sexuality, one of her stated goals with this album.

She goes on to show a bit of attitude in "Not The Only One" where she declares he's "Not the only one creeping." Amerie's vocals start out low and smooth and becomes more forceful as she sings of infidelity and betrayal.

Modern beats and basslines drive many of the songs on the album. Tracks like "Can We Go," featuring singer Carl Thomas, and the ballad



"Falling" are mellow and slow-paced, showing off Amerie's versatile voice.

The album ends with a couple of bonus tracks: another version of "I Thing" where rapper Eve lends her skills, and a remixed version of her debut single, "Why Don't We Fall In Love," from her 2002 album.

The right production team (including Dre and Vidal, Rich Harrison and Lil' Jon), the right voice and the right amount of slow R&B mixed with faster-paced, more dramatic beats adds up to an album which is both lively and dynamic.

— Jia Din

"Songs for Silverman"

Ben Folds
Epic
Rating: ☆☆☆/2

Someone should alert Ben Folds that sentimentalism and innovative music are now mutually exclusive. While Folds once proclaimed his former band's brand of music "Punk Rock for Sissies," his second solo effort since parting with his band mates Darren Jessee and Robert Sledge in 2001 is more suitable for Nordstrom elevators than adolescent stereos.

Folds is no longer playing the role of a piano-banging, T-shirt demanding ex-boyfriend, but with the musical and personal maturity marked with "Songs," Folds alienates his fans.

Paranthood seems to have writ the last bit of sarcasm and wit from Folds, a quality that made 2001's "Rockin' the Suburbs" arresting. While Folds is no stranger to serious subject matter, molding his high school girlfriend's abortion into his group's one and only hit single, "Brick," Folds' whiny falsetto and uninspired lyrics detract from

his clear talent as a pianist.

The music is the star here, combining jazz, classical, country and pop elements often overshadowing Folds' mediocre songwriting. The chaotic piano crescendo closing out "You to Thank" compensates for the song's ambiguous subject matter, and the crashing percussion livens up "Prison Food."

If only the subject matter was as eclectic: Folds' lyrics are uneven, toning down his once refined wit and endearing angst.

"Late," Folds' tribute to the late Elliot Smith comes off cliché as he croons, "Elliot, man you played a fine guitar / And some dirty basketball / The songs you wrote / Got me through a lot." Combined with mundane instrumentals, this is hardly the memorial Smith deserves.

"Jesusland" is a pleasant departure, in which Folds' take a subtle jab at America's Red States by mapping out its hypocrisy. It is only here that Folds parts from the album's personal subject matter, speaking of "Beautiful Mansion on a hill / that overlook a highway / With riverboat



casinos and you still / Have yet to see a soul."

"Songs" succeeds in these rare moments, when Folds balances sentiment with satire. Rather than balancing stinging songwriting with melodic piano, Folds leaves his audience with a stale and inconsistent effort.

The album should, however, provide a touching glimpse into Folds' evolution as a person and artist for his fan base, if they can muddle through an uneven collection of songs.

— Monica Simmons

Price of Fame

After breaking up with Chris Klein in March, Katie Holmes took the next obvious step and started dating someone a little older and a little more famous. Who would have thought that Tom would have come cruisin' down her creek and into her open arms? Yes, reps for both Tom Cruise and Holmes have confirmed to various news outlets last week that the two have been dating for a few weeks. Cruise, 42, and Holmes, 26, just beat out the Demi Moore/Ashton Kutcher age gap.

Elton John has got the wedding bell blues. He recently announced that he and 11 year partner David Furnish will marry within the next year. On Dec. 5, new laws recognizing gay civil partnership will take effect in Britain.

Nicolete Sheridan is in fact desperate if she wants to become more like her onscreen character on ABC's "Desperate Housewives." Sheridan allegedly is planning to get into real estate, buying and selling

properties, similar to her character Edie. Hopefully, she won't become a serial divorcee and romantic conquistador in real life as well.

Ashlee Simpson's former BF, Ryan Cabrera signed a deal with MTV to host a new reality dating show, "Score." His band and celebrity guest stars will help out two struggling songwriters who will have to write a song in one day. Perhaps these celebrity guest stars will help Cabrera out and take a razor to his head. Cross your fingers.

Hop on board the baby wagon. The sexy Carmen Electra is ready to have children with her husband Dave Navarro. Although sources say she and Dave have been talking about starting a family and are both ready, a recent appearance on "The Tonight Show with Jay Leno" suggests that Navarro isn't as into the whole baby thing as Electra. Apparently he just doesn't like the things that babies do. Hey, spit happens.

— Megan Sullivan

horoscopes

Taurus

(April 21 – May 21)

When times get tough, you get tougher. Being resilient toward ignorant people this week will be your specialty. With everything taking place right now, the last thing you need are others chiming in at inappropriate moments.

Gemini

(May 22 – June 21)

Your mouth may get you into trouble, so bite your tongue as much as possible. Save your breath for times when you really want to be heard. That way you aren't a walking bag of hot air all week.

Cancer

(June 22 – July 22)

Finding the right balance may be hard to achieve this week. It's best to avoid taking on too much and stay away from conflicts brewing on the horizon.

Leo

(July 23 – Aug. 21)

Frustrating conversations are making you feel that you are coming across negatively. You are inclined to keep your thoughts to yourself, but don't forget bottling them up too long isn't healthy.

Virgo

(Aug. 22 – Sept. 23)

What is required of you now is fast thinking and slow moving. Things begin to come into focus for you if you don't force or push. In fact, you would have better luck if you didn't make moves at all.

Libra

(Sept. 24 – Oct. 23)

This week won't change too much as more unpredictability fills the air. Your solid relationships will expand now and the ones hanging by a thread will likely break away. Speak from your heart and everything will be fine.

Scorpio

(Oct. 24 – Nov. 22)

Elements of your life are shifting and settling, which lends itself to a feeling of greater security. This does not change the fact that everyone around you isn't still acting crazy. You will feel at home in time.

Sagittarius

(Nov. 23 – Dec. 22)

Some of your friends will amaze you and some will drop the ball this week. You also may be feeling very much alone in the company of others. Don't worry, it's just one of those weeks.

Capricorn

(Dec. 23 – Jan. 20)

It's time to stop and figure out what you need in life to feel good. Start with personal needs that can't be fulfilled by others. The stronger, healthier and happier you can make yourself, the better you can make others feel.

Aquarius

(Jan. 21 – Feb. 19)

There will be moments when you question whether the work is worth it. Only you can answer that one. Just put yourself in that picture of the future, it may be time to rethink things.

Pisces

(Feb. 20 – March 20)

Your creativity is boundless, but it is making you question whether you have just come up with the most outstanding idea or whether people will think you have completely lost your mind. Go with it anyway.

Aries

(March 21 – April 20)

Try something spontaneous and absurd this week. Things are far too serious and it is about time you had yourself one of those painfully good, bellyaching laughing frenzies. Just stay away from the milk, please.

feature forum

Laura Boyce
Managing Music Editor
lboyce@udel.edu

When tastefully done, cleavage can be flattering. It's a different story, however, when it hangs out the bottom of a skirt.

It happens every year, as our precious daylight hours increase, skirts seemingly begin to shrink. Yet, this year seems to have brought an all-new meaning to the classic mini skirt.

It's a bit startling to wake up, walk to class and see x-rated sights only a credit card could buy on the Internet, for free before my coffee has even had a chance to set in. Talk about a wake up call.

You might think I'm going for shock value here, but I will tell you, I have seen it all, literally.

Positioning yourself anywhere on campus for a minimum of 20 minutes on any day warmer than 50 degrees will illustrate my point.

Wind, rain, extreme swamp heat — it doesn't matter — girls are wearing skirts that, with the slightest body movement, will bear their buns to the sun and every unsuspecting passerby.

Allow me to elaborate. Relaxing at the

tables in front of Perkins Student Center last week, a girl sits down at the adjacent table. Her legs are propped up on the other seat. The wind blows. Everyone on Academy Street or within 30 feet got quite a peep show.

As she talked on her cell phone she tried, unsuccessfully, to hold her skirt down with her free hand.

My first instincts forced me to bite my tongue before brashly screaming, "Did you not realize the wind is blowing like a mof today and you chose to wear a skirt shorter than my bitten nails?"

Shortly after, her boyfriend arrived and they were off — only for specimen No. 2 to walk by five minutes later. She begins jumping, piggy back style, onto a boy's back wearing a micro-mini not even Tara Reid would wear as a belt, and leaving me in full view of two pale cheeks. Thanks a bunch, I could have done without.

An hour or so later I head to night class where a young lady clad in crotchless denim underwear, I mean a jean skirt, sat at the table in front of class to give a presentation. What she forgot is that when sitting facing a group of people, it is polite for a woman to cross her legs. To put it nicely, I don't think one person looked at her face or heard a word she said.

Mini skirts really aren't anything new.

I too own a few. Yet, these skirts I once felt so scandalous wearing now make me look like Mother Theresa, and I would still never consider wearing them to class.

First, who in Biology 103 is really going to be that impressed by the utter lack of clothing around a girl's bottom half? I personally see more mocking when these girls show up. Secondly, if a skirt isn't even long enough to bend with you when you sit down, don't wear it anywhere you are going to need to sit. Believe me, the people sitting behind you notice when your skirt stops short not curving the slightest bit under your bottom, and they will gawk. They will be disgusted at the lack of respect given to the now swampy seat and the person who has to sit there next.

I know when it's hot out, as it can get around April and May, there is no need to wear snow pants (talk about a severe case of swamp ass). All I am saying is there is no reason I should see anyone's bare cheeks hanging from the bottom of a 3-inch piece of fabric someone decided to call a skirt.

If it's an attempt to look sexy, I might gag. Isn't one of the initial appeals of being attracted to someone the chase? What is there to chase if it's already bared?

We know there's an ass under your clothing. Everyone has one. No need to



walk around with it for all to see. What would your mother say?

I, for one, take pride that I am 22 years old and look my age by dressing appropriately. I have never worn a Kleenex as an outfit because in the long run, or maybe I should say short run, I think they only make people look like ridiculous adoles-

cents running around trying to get the quarterback's attention in the least tactful way — with their body. Grow up.

Call me crazy, but I'd rather give up having a date on Saturday night than give up the goods under my clothing.

A whole new you: The good student

BY KIM DIXON
Entertainment Editor

Two weeks ago, I sluggishly walked into my place of employment, dizzy, grumpy and 10 minutes late. I had spent the better part of the afternoon trying to find someone to cover my shift, but since no one wanted to give up a Friday night off, I dragged my behind to work.

When I got there they fired me.

Devastated and hyperventilating, I asked them why. Their response for kicking me to the curb was simple — I am always late. Apparently they had been keeping track of the number of times I had been tardy, which ended up being the whole month of February, and a couple times in March and April. So, I guess it was understandable.

I sat alone in my apartment that night feeling like a failure. I had never been fired or really failed at anything before, which is naïve to think, but nevertheless it's the truth. I began evaluating my life and came

to a halting conclusion: I am a slacker.

I am always late, forgetful and unorganized. School is kind of a joke because I do as little as possible to get by. Also, I never workout or do anything healthy for that matter, besides grubbing on Subway once a week. Basically, I suck at life, or so I thought that night as I was basking in my own self-loathing.

Inspired by thoughts of my future bartending at a local dive for rent (which is a respectable vocation, but not my style), I thought about this column and decided to challenge myself to the path less taken. For one week, I would go to every class, on time, and make an attempt to be healthy and organized.

For some people, these tasks are elementary. For me, going to every class means skipping reruns of "Ed" and nixing afternoon naps, which is just completely unacceptable.

But I knew what I had to do. I would kick up the coffee intake, and make twice as many to-do lists. I would employ my roommates to make sure I was up on time every morning, and force myself to go to class, every class — even the über-boring science elective I am required to sleep through.

Monday should have been easy. I had a test and a paper to hand in, which means a reason to go to class. But, in my weathered slacker style, I waited until Sunday night to write my paper and study for my test.

Stupid.

Surprisingly, I still got everything done that day and even managed to re-apply for a staff position at The Review.

A surprise visit from my boyfriend (who lives three hours away) Monday night made Tuesday harder than expected. I made it to my first class early, but when we didn't get our tests back in my second class, bad judgment kicked in, I left and spent the rest of the afternoon with my boo — I'm so weak.

Feeling guilty about skipping and already pretty stressed out by Wednesday, I decided to do something healthy and relaxing — yoga.

Only, it was my roommate's copy of Yoga Journal's "Yoga for Intermediates," and I am definitely a beginner. An hour of backbends and inverted poses left me sore and begging for the conscious meditation at the end of the tape, but I did feel better about myself. So much in fact, that I bought a "Pilates for Beginners" DVD for myself later in the week. Finally, I could have tighter buns and a slimmer waistline in less than 20 minutes a day.

By the end of the week I was thoroughly exhausted. Class and work at the paper had me daydreaming of catnaps and sweatpants. Immediately after class on Friday I sped to the movie store, picked up "Sideways" (which ended up being a slight disappointment) and chilled out, thankful my week as a good student was over.

I must include a disclaimer that may be coming a bit late: I am not an idiot. I have somehow managed to make dean's list every semester of my college career and I get done what I need to get done, it's just a little late sometimes. I may not be the most organized person, but I try to be and I care about my performance in all aspects of my life, for the most



part. Going to my classes actually made me appreciate them more, as weird as that sounds. I found myself speaking up in English class and that science class does have potential to be interesting. After all, the point of higher education is to go beyond the piece of paper.

So maybe losing my job is a blessing in disguise. So what if I don't have a source of income? Spending the week focusing on school has made me realize where my priorities should be in the first place: family, friends, The Review and school.

OK, so school is still last, although it probably shouldn't be, but I do fully intend on going to class every day and making an effort in my education — if not for the priceless education I'm receiving, for fear that after school I still won't be able to get a handle on effective time management and I'll need that piece of paper to back me up.



THE REVIEW / Jessica Sirkoff



Marathon training: A full-time commitment

THE REVIEW / Dana Schwartz

BY WESLEY CASE
Staff Reporter

It's just a normal day for junior Pam Darmofalski.

As always, she is awake at 7 a.m. Unlike many college students, though, Darmofalski doesn't need a cup of coffee or a quick shower to jump start her day. She is already lacing up her burgundy Puma running shoes and stretching her quad muscles. Darmofalski is a marathon runner and one of many female runners leading the growing trend of women participating in marathons.

Marathons, or foot races consisting of 26.2 miles, have seen a significant rise in popularity. Bart Yasso, writer for Runner's World Magazine, says the rise can be attributed to women running for charity and specific causes.

"The largest growth in marathon running has been driven single-handedly by women," Yasso says. "There has been a 26 percent increase in women running marathons in the past five years and it's because women are running on teams for charity — they are running to benefit others."

Team in Training is an organization that helps train athletes, such as marathon runners, with the help of world-class athletes. In return, the trainees raise money to help fight leukemia and other diseases. Many women are coming together in groups like Team in Training, not only to stay active, but also to benefit worthy organizations.

Delaware is also contributing to charities through marathon running. The 2nd Annual Coventry Health Care Delaware Marathon will take place on May 15. Proceeds from the marathon will go to the YMCA of Delaware. Many women and newcomers will be partici-

pating. The race director, Wayne Kursh, is greatly anticipating the race.

"Twenty-six percent of new registered runners have never run a marathon before," Kursh says. "Also, out of 400 registered runners, 135 are women. The age range of women runners in this marathon is 19 to 66."

The Delaware Marathon is one of the many marathons open to the public. Darmofalski flew to California last June to run in her first marathon, the San Diego Rock 'n' Roll Marathon. Her preparation began many months beforehand.

"I first ran a half marathon and afterwards realized I could do a full," Darmofalski says.

"I was always into running," she says. "I ran track in high school for two years but the most I had ever run before training was five miles. As I got older, I became much more interested in doing marathons."

Like others, Darmofalski took her love of running to another level once she committed to marathon running. Yet with this new level of intensity comes consequences.

After her first marathon, Darmofalski became injured with a partially torn Achilles heel and stress fractures in her legs. Marathon runners are subject to injuries even when partaking in arduous events. Running Times Magazine's Managing Editor, Marc Chalfour, says it's imperative for runners to train correctly.

"The only way to run a marathon to the best of your ability is to have an extended base in the sport," Chalfour says. "I'd suggest a couple years of running experience."

"Runners can certainly run without the background, but it may be not as rewarding. It may be more of a struggle."

To ensure the marathon was a rewarding

experience, Darmofalski took many steps to get in the shape needed for a marathon.

"I strength trained three to four days at the gym," she says. "My long runs consisted of 12 to 20 miles. I also tried to eat healthier, including brown rice and a lot of salads."

"A week before the marathon, I lowered my mileage by 20 percent and spent my time on the elliptical when I was at the gym."

Another issue in the world of marathon running is age. Yasso recommends runners should not begin considering marathons until after their teenage years.

"Runners should not run in a marathon until you're over 18 because your body is still growing," he says. "Marathons are just too far to run. It is too risky."

It is no wonder the age group most represented at marathons is between 30 and 45.

No matter the experience or training, runners are coming out in record numbers. This year's Boston Marathon, one of the most popular in the world, had 20,000 participants. In 2003, 400,000 runners registered for marathons — a 7 percent increase from the previous year.

This increase is due to runners currently in the middle of a "second running boom," Chalfour says. The boom can be linked to women, just like Darmofalski. Like other athletes, she has set clear goals for the future.

"I hope to bring my marathon time down to the 3:45 range," she says. "I also want to run injury-free, because running can truly be a lifelong hobby."

She then shoots a smile and is back doing what she loves. She has a marathon to train for.

Theater for the restless



THE REVIEW/Dan Egert

E-52 Student Theatre presented "The Short Attention Span Theater," a series of short plays for the second year in a row.

BY MIKE HAZELTINE
Staff Reporter

It's old news that most college students, if not people in general, suffer from a short attention span. This factor has determined whether one would bother with topics such as reading a Shakespearean play or attending class on Friday.

Speaking of losing focus, the E-52 Student Theatre performed a series of plays Friday and Saturday night which were collectively titled "The Short Attention Span Theater," and rightfully so.

The single act plays are intended for those who have trouble sitting through five acts of a Shakespearean play or who simply can't concentrate for longer than 10 minutes.

Unlike some plays, there is no tedious dialogue and it doesn't take a million words to describe one event.

Friday night, theatergoers are fed two 30-minute plays filled with less plot twists than a normal Wednesday night at the university.

The plays use a small cast, many of whom are new to the group, and a minimal amount of props, emphasizing the interaction between characters.

The dialogue and character interaction developed the images of the scene, requiring the use of imagination on the audience's part.

Senior Steven Haack, a cast member in "Sorry, Wrong Number," says the show was originally written for radio but the author re-wrote it for the stage.

Suspense and dark undertones abound in both the plays and the atmosphere, complementing the carpeting and bringing out the shades of black used in the Bacchus Theater.

Even with their unsettling moments, the plays do have several scenes the audience finds humorous.

In one part of "A Game," three female test subjects involved in an experiment are overcome with confusion when they get their nametags mixed up.

"The show is supposed to be sort of suspenseful and we didn't expect to get as many chuckles as we did," Haack says.

But the laughs do not last long as the climaxes creep up and fill the plays' conclusions with a few chilling images of murder and the aggression of human nature.

"Sorry, Wrong Number" reminds the audience of what it's like being left alone and anxious at home, especially if you're a woman from the earlier 20th century.

Overhearing a foreboding phone conversation about a planned murder, a woman spends the night in fear that she is the intended victim.

But have no fear, a stereotypical Irish cop and miscommunication troubles with the phone operator lighten the mood.

The series attracts an audience mixed with families and university students who either come to support friends in the cast or forget what they're doing and wander in.

Sophomore Jesse Abrahams, director of "Sorry, Wrong Number," says all of the shows in the series were student-produced, a few were even written by the students.

After more than a month of preparation, the cast had only one chance to perform each play, but Abrahams says he was happy with how it turned out.

"There were some little problems, but no really big deals," he says.

Freshman Stephanie Martin says she likes the play's use of suspense and mystery, which aided in its success and kept the audience intrigued.

The connection the cast made, Abrahams says, makes the play a great experience, especially since they had just gotten to know one another.

The E-52 Student Theatre put on a similar series last year but are still unsure as to whether it will be an annual event, Abrahams says.

As long as Adderall use doesn't take over the entire college population, "The Short Attention Span Theater" will always have an audience.

'The world of modeling can be so chaotic'

continued from B1

says she always struggles with self-confidence and body image is always a problem at runway shows.

"Sometimes I look at the other girls and think, 'They look like another species. Why am I here?'" she says. "There are striking people doing this business and sometimes I don't feel like I belong. There are more bad days than good days, but you have to stay positive."

Dobryzn's mother worries about the competitiveness of the profession but believes her daughter's faith and determination will help her succeed.

"The world of modeling can be so chaotic but [Dobryzn] is faithful and doesn't believe she has to take a risqué route," she says. "She is determined to get somewhere and stay in the business but

she wants to do it her way, not the sleazy way, because it gets crazy out there."

Isa remembers a black, low-cut blazer Dobryzn wore in the Cashmere shoot that made Dobryzn's uncles mad.

"It was a little risqué for us, but it was in good taste," she says. "The competition is so tough, you have to be in good shape and she brings it out."

"Sometimes I feel that the industry is too harsh on looks," Dobryzn says. "Everyone has a kind of beauty that can't meet the standards all the time, and I think they should be more open."

Dobryzn is currently saving up to move to New York City to focus on modeling, but is keeping her options open.

"Every experience is a lot of fun and I'm grateful," she says. "I feel really lucky to be able to do each job and I want to see how far I can go."

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Baseball wins two of three from W&M

BY MATT JANUS
Staff Reporter

The baseball team used four home runs on Sunday to take the rubber match of a critical three-game weekend series with William & Mary 12-6. Delaware (22-22, 9-6 Colonial Athletic Association) have relied on the long ball of late, hitting 12 home runs in its last five games.

"We are really starting to buy into what the coaches are telling us in terms of looking for the ball up," said freshman third baseman Adam Tsakonas. "If we do that and then also make good swings, it's pretty simple. Good things are going to happen."

Now winners of six of their last seven conference games, the Hens, currently in third place, have placed themselves in solid position to qualify for the CAA tournament later this month.

"We can't relax or anything, because there is still lots of baseball left to be played," said sophomore outfielder Bryan Hagerich. "But taking two of three here definitely is what we needed to do. William & Mary is a good team, so this was big for us."

The top six teams will compete in the tournament, which will be in Wilmington, North Carolina May 25-28.

With the Hens taking two of three from William & Mary, they now have a five-game lead in the loss column over seventh place James

Madison.

The Hens started their offensive onslaught on Sunday with a two-out rally in the third inning. A Brian Valichka single, sandwiched between two walks led to a Hagerich grand slam over the left-centerfield fence to give Delaware a 5-1 lead.

"We've done a nice job for the most part of getting out to early leads," Tsakonas said. "It gives our pitchers an opportunity to relax and just concentrate on throwing strikes, instead of trying to be perfect."

After the Tribe pulled to within three in the top of the fifth, Delaware blew the game open with back-to-back homers from Valichka and Tsakonas. Two batters later, freshman outfielder Brandon Menchaca sapped the four-run inning with another homer to left, extending the Hens' lead to 9-2.

"Stepping on a team when they're down is the way good teams do it," Tsakonas said. "If you let teams hang around bad things can happen."

The first two games of the series were a simple case of each team running out to a huge lead and then holding on to the finish.

On Friday, Delaware scored the first six runs en route to a 7-1 victory, while Saturday saw the Tribe score the first nine runs on their way to a 10-6 win.

Delaware is gathering momentum at the right time, as they enter a three-game set with fourth place George Mason this weekend at Bob Hannah Stadium in Newark.

"It feels like everything is starting to come together," Hagerich said. "We are peaking a little bit as a team. As we go down the stretch we just have to remember to take it one game at a time and not look ahead."

BASEBALL

Tribe	1	Gm. 1
Hens	7	
Tribe	10	
Hens	6	Gm. 2
Tribe	6	Gm. 3
Hens	12	



Senior pitcher Scott Rambo delivers a pitch during Sunday's victory over William & Mary. He pitched six innings to earn the win and raise his record to 6-3 on the season.



Sophomore running back Omar Cuff dives for a few extra yards during Saturday's Blue-White game. The game finished with the teams tied at 50.

New players shine in Blue-White scrimmage

continued from page B6

"I feel good about them because [the new freshman] have worked hard," Keeler said. "They have put themselves in a position to compete."

"They know that we can't go a whole season with just three guys," said Bleymaier about the young receiving group. "I think they just really stepped up in the spring."

The defense has also had a new influx of players with the

losses of key players such as Sidney Haugabrook, Chris Mooney and Mondoe Davis.

"Overall, I was real happy [with the defense]," said senior defensive lineman Tom Parks. "The hitting and the competition is just fierce."

Senior linebacker John Mulhern and junior defensive back Zach Thomas led the White (Defense) team in tackles with eight and redshirt freshman defensive back Emanuel Beneby recorded the only interception of

the day off a deflected pass by Moyer.

"We have gotten a lot more athletic and our young talent is very impressive," Keeler said.

Keeler also announced the captains for the 2005 season. Riccio was voted the offensive captain and senior defensive back Roger Brown was voted defensive captain.

The Hens will open the 2005 season on Sept. 10 when they host Patriot League and fellow playoff contestant Lehigh.

2005 Delaware Football Tentative Schedule

Date	Opponent	Time
Sept. 10	Lehigh	7 p.m.
Sept. 17	West Chester	7 p.m.
Sept. 24	Holy Cross	7 p.m.
Oct. 1	@ Towson	6 p.m.
Oct. 8	Hofstra (Homecoming)	12 noon
Oct. 15	Richmond	1 p.m.
Oct. 22	James Madison	12 noon
Oct. 29	@ Maine	tba
Nov. 5	Massachusetts	1 p.m.
Nov. 12	@ William & Mary	tba
Nov. 19	@ Villanova	tba

Hall scores five goals

continued from page B6

goals and helped lead the Hens in their quest for victory.

"Give them goalie credit, I thought we had a lot of great quality scoring chances and he was there to stop a lot of them," Shillinglaw said.

Saccante was solved though, and the Hens move on to the playoffs next week with definite momentum.

The No. 1-seeded Hens play No. 4 Hofstra Wednesday night at Rullo stadium.

"Everyone should come watch us play Hofstra," Hall said. "It's going to be a close game — down to the end."

Shillinglaw said he wants as much student support as possible. The tickets are free he said and this Hens team really deserves recognition.

"We lost to Hofstra last time but we're going to make some adjustments," Shillinglaw said. "We're going to make the student body proud."



Sophomore midfielder Jordan Hall scored five goals in Saturday's victory.

"I live a normal life like everyone else"

Golfer Jaworski talks about life as the son of a Philly icon

BY KATE DIEFFENBACH

Staff Reporter
"So have you met lots of famous people?"
"Yeah, pretty many," B.J. Jaworski nonchalantly replies.

"How about Terrell Owens. You meet him?"
"Yeah, on the sideline a few times."

"Jon Bon Jovi?"
"Yeah, but he's a fairy."

"Donovan McNabb?"
"Yeah we hung out a few times at a small bar. He's pretty cool. I mean, he's just a normal guy."

"Ok so did you meet anyone that actually excited you?"

"It was cool to meet Joe Montana," Jaworski finally answers with some enthusiasm. "I idolized him when I was a kid."

Jaworski's attention reverts back to the Philadelphia 76ers first round playoff game he's intently watching on his big screen TV. The NFL Draft is on too, but his interest is in the basketball game.

"So you're watching the game even though your dad is on ESPN covering the Draft?"

"I'm flipping back and forth," he chuckles.

But he's not. The channel hasn't left the basketball game except for the minute his friend John grabs the remote and changes the channel to which Jaworski quickly insists that the game be put back on.

Just because his dad is a former NFL quarterback and a current ESPN analyst doesn't change Jaworski from his modest ways. It's all become normal to him by now.

Jaworski is no typical 21-year-old university junior. He is the only son of Ron "Jaws" Jaworski, the infamous field general who led Philadelphia's beloved and championship-deprived Eagles to its first Super Bowl appearance in 1980.

"I'd rather talk to the person who makes fun of how my dad choked in the Super Bowl than the person who kisses my ass," Jaworski jokes during commercial break.

Jaworski's amicable and warm personality may come as a shock to some who would anticipate a cocky or boastful disposition. If the last name weren't a dead giveaway, few would see Jaworski's six foot, 185-pound average build as one that should belong to the son of a professional football player.

Perhaps that's why Jaworski never pursued football past his elementary school years. As a puny 80-pound fifth grader he found himself getting pummeled as he quarterbacked a squad of 140-pound eighth graders. But his recognizable last name automatically branded him as the team's finest signal caller despite his young age and lack of talent.

Football became a lost cause, as did all other sports Jaworski attempted, that is until his dad introduced him to golf at an early age.

"It was the one sport that just stuck," he says, laughing. "My dad's a pretty good golfer and we still play together as much as we can."

Golf has landed Jaworski a partial scholarship to play at the university. He ranks about fifth or sixth on the team with a 0.8 handicap which qualifies him to travel to half of the team's away matches. Despite pressures Jaws placed on Jaworski to attend his alma mater Youngstown State University, Jaworski claims that their golf team just wasn't up to par.

"I think my dad knew deep down that neither me or my sisters were going to go to Youngstown State," Jaworski says. "Delaware was just a perfect fit for me, not too far and not too close to home. My dad understands."

Although Jaworski is able to live a life of some ambiguity among the masses in college, his high school years weren't as easy. Although Jaws stopped playing football when Jaworski was about six years old, his famous last name set him apart from his peers at Eastern High School in Voorhees, N.J.

"I live a normal life, just like everyone else," Jaworski insists. "In high school everyone always assumed that I could have my dad buy me anything I wanted. I mean we have money, but we're not filthy rich."

Although Jaworski grew up with a sports hero for a dad, he appreciates his father's efforts to be the best family man possible. He admires and is thankful that his dad chose not to take the path that so often rears its ugly head in professional sports; the path of drugs, adultery and greediness.

"Me, my mom and my sisters really appreciate that our dad was there for us as much as possible when we were growing up," Jaworski says. "I love that we are a close family and that I have a tight relationship with my dad."

Considering Jaworski's close relationship to his father, it might be normal to assume that Jaworski's Haines Street apartment would be covered with Eagles artifacts, especially memorabilia to indicate who his dad is. However, nothing about Jaworski's living quarters in Delaware or his bedroom in New Jersey would reveal the slightest indication of his father's NFL achievements. The only gear he has of his father's is his vintage No. 7 Eagles jersey, which he still wears to games.

Even though Jaworski's pleasant modesty is overwhelming, he still enjoys the perks of his father's success. He has met Peyton Manning, 2005 NFL first overall draft pick Alex Smith, Michael Jordan and others thanks to his dad's position as president of the Maxwell Football Club. Celebrity golf tournaments and charity dinners have enabled Jaworski to meet plenty of other celebrities. He sits front row at every Philadelphia Soul arena football game because his dad is the President of the Bon Jovi-owned team.

Regardless of meeting members of the sports world's elite, Jaworski still considers his dad to be the perfect level of celebrity.

"He's famous enough that people know him, but not too famous that it's impossible to live a normal life."

The Road Report

Hens defeated in playoffs

After a strong regular season, the No. 16 women's lacrosse team (8-7, 4-3 Colonial Athletic Association) ended its run Saturday when it lost to No. 12 ranked Hofstra 9-4 in the CAA quarterfinals.

The Pride scored five straight goals after the Hens' freshmen attacker Casey McCrudden knotted the score at 4-4 with an assist by senior midfielder Erin Edell at 26:23 left in the second period.

The goal was McCrudden's second of the day.

Hofstra's senior midfielder Tara Buecker answered with a goal of her own 18 seconds later and stared the Hens' disappointing loss.

The Hens committed 27 fouls on the day and gave up two goals on free-position shots.

The Hens 2005 campaign had a far stronger year than the 2004 squad that finished with an overall record of 6-10 and a 2-5 CAA finish.

Delaware's final regular season game is Saturday at noon against Penn State.

Compiled by Greg Price

inside

• **Player Profile:** Golfer B.J. Jaworski
• **Baseball wins two**
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REVIEW SPORTS

Who popped out this day?

1920 - Sugar Ray Robinson
1948 - Garfield Heard
1953 - Rod Langway
1963 - Jeff Hornacek
1964 - Ron Hextall

Commentary

DAN MESURE



Hockey = excitement

It's a great time of year for sports. Baseball is in full swing, the NBA playoffs are heating up, the Kentucky Derby is coming up this weekend and last but definitely not least, the NHL playoffs are getting very exciting.

Wait a second, what's that you say? There is no NHL? How could this be? Playoff hockey is the most exciting, edge-of-your-seat action in all of sports. Keith Primeau and Jeremy Roenick wouldn't do this to me ... Would they?

As I flipped on ESPN the other day to find college baseball plaguing the screen, it hit me harder than a Tie Dye body-check, the NHL playoffs would have been going on this month.

Usually in May my hand is fixed to the remote control, intensely flipping between two hockey games and a baseball game.

If anyone else has ever tried mixing the two sports as I did, you soon realize it is a lethal combination. Hockey is non-stop action where you often need subtitles just to keep up with the play-by-play of Gary Thorne and John Davidson while baseball lulls you to sleep before Jon Miller and Joe Morgan can get through another one of their rousing Ricky Henderson stories.

The many who laugh at hockey and don't care that it is gone probably have never had the pleasure of experiencing a hockey playoff game. Let's face it — of all the sports hockey is truly a man's sport.

In what other sport does a guy get sliced in the forehead by a hockey stick, get 12 stitches and come right back in the game without missing a shift?

In baseball I've heard of pitchers getting a hangnail and going on the DL. I can't imagine what a teammate on a hockey team would say if one of their own didn't play because of a hangnail.

Also, in baseball it is rare to see a player lay out the catcher anymore during a play at the plate. Often times the players slide around the catcher, because God forbid they get a black and-blue mark.

In the NHL, if a player doesn't nail their opponent the only thing he will be hitting is the latch to open the door to the bench.

Don't worry baseball fans — your sport isn't the only sport that doesn't compare to hockey. Actually baseball isn't half as bad as other sports that I'm left with to fill my empty heart that yearns for hearing the words, "five minutes for fighting." Basketball and golf make baseball look like extreme cage fighting.

In basketball I swear there is a rule that simply states no touching. It is almost guaranteed anymore if Allen Iverson goes for a shot in the paint, he will be at the free-throw line. Anytime an opposing player nudges another player, they fall to the floor and squirm around as if they were shot.

The horrible acting that goes on in the NBA makes "Air Bud" look like an Oscar nominee.

Then there is golf ... In golf if a player makes a bad shot it isn't rare for that player to get their knickers in a twist, pouting and moaning because someone in the gallery coughed or sneezed.

I once watched a match where Tiger Woods, the best golfer in the world and arguably of all time, lost his mind because one of his fan's camera made a snapping sound while he went to shoot. Then Tiger's class act of a caddy proceeded to go into the crowd and tried to take the fan's camera.

Now give me a break. If you're up there making millions upon millions of dollars and claim to be the best golfer in the world, there is no reason why you shouldn't be able to make your shot even if a someone screamed obscenities about your mother in your ear as you went to tee-off, let alone the snapping of the camera.

During hockey games if fans don't yell and scream, they are considered bad fans. Also, not only does a player have to deal with the distractions of fans screaming while they are winding up to take a slap shot, they have to worry about getting blindsided by a hit.

So sorry MLB, NBA and PGA, you can keep your sports because they never have and never will be able to match the excitement of the NHL playoffs.

Dan Mesure is a Sports Editor for The Review. Send questions, comments and a Robert Esche bobblehead to Measures36@aol.com

Hens win, ready for playoffs

BY NICK CAPOZZI

Staff Reporter

Soggy turf and torrential rain looked to dampen the Hens last regular season game as St. John's University fought to drown out the Hens in Rullo Stadium. With a goal late in the first quarter The Red Storm went up 1-0 and the Hens looked frustrated.

The No. 16 ranked Hens (10-4, 4-1 Colonial Athletic Association) would not be silenced by St. John's (2-10) and with sticks flailing, exploded into the second quarter with seven goals.

Sophomore midfielder Jordan Hall led the team and rocketed a record-high five goals past the St. John's freshman goalkeeper Dave Seccente to help seal a victory.

"We seemed tentative at first but our guys kept at it," said head coach Bob Shillinglaw.

Shillinglaw said the game was very physical and aggressive. "They're a young team and as we went at it things began to open up for us," he said.

The Red Storm battled back in the third to within two goals, but the Hens buried them back down with three unanswered goals.

The 13-6 win catapulted the team into the CAA playoffs with high hopes for next week.

"Two years in a row with ten wins — not a lot of programs can say that," Shillinglaw said.

The game, sponsored by Delaware's Lacrosse Foundation, promoted Youth Day and honored

No. 1 Delaware will play host No. 4 Hofstra in the semifinals of the Colonial Athletic Association playoffs on Wed. May 4 at 7 p.m. at Rullo Stadium. If Delaware advances, they will host the winner of No. 2 Towson and No. 3 Villanova on Sat. May 7 in the CAA Championship game at Rullo Stadium.

the death of Milt Roberts, one of the leaders who started the lacrosse program at the university who lost his life in the Sept. 11, 2001 terrorist attacks.

Jordan Hall's five goals earned him the Milt Roberts' Player of the Game Award.

"He's a special player," Shillinglaw said. "He's got a lot of skill, he makes great cuts and he has great hands."

Hall said he wishes they could have spread the points around to more seniors.

He's proud of all the players he said, especially his senior defenders and senior goalkeeper Chris Collins.

"It's a credit to him to be able to make the play like that, but it's also a credit to our feeders to be able to find him and give him that pass," Shillinglaw said.

Senior midfielder Dave Powers and senior attacker Andy Hipple each knotted a couple

see HALL page B5



Senior goalie Chris Collins reaches up to make a save in a game earlier this season. The Hens will participate in the playoffs for the first time since 2000.

Softball's winning streak ends at five

BY COLLEEN MCCOY

Staff Reporter

Softball is a game that requires both its offense and defense to be in sync with one another, if one of these two aspects is missing it can be fatal to the team's efforts. Delaware's softball team learned that the hard way over the weekend when it ended its five-game win streak in a doubleheader against Towson on Sunday afternoon at Delaware Softball Diamond.

Towson pitcher Jessica Fisher earned a save in game one and pitched a no-hitter in the nightcap, leading to the Tiger's double victory.

The opener, however, started off on a high note. After honoring four of the graduating seniors, the Hens seemed to build off that excitement and started the game well.

The team pulled together in the first inning both defensively and offensively, retiring the first three Towson batters and scoring a run after a single by freshman first baseman Barbara Traynor brought in sophomore third baseman Michelle Plant.

The lead did not last long. Towson dominated in the third inning, when steady hitting brought in three runners. In the bottom of the inning, the Tigers fielding kept all but one Delaware batter from getting on base.

The Hens fought for a comeback in the fourth inning. It came down to two outs and bases loaded, after freshmen designated hitter Natalie Savona hit a single and freshmen short stop Kimberly Williams and centerfielder Katie Lee walked.

As Plant stepped up to bat, head coach B.J. Ferguson gave her a quick pep talk, as Towson head coach Lisa Costello spoke with her fielders.

The pressure was on and the runners were crouched and ready to run. After a ball and two strikes, Plant drove the ball down the third base line. Towson's Kelly Mumbauer fumbled with the ball, allowing Savona and Williams to score and tying up the game, 3-3.

The score did not stay tied for long though, after a triple by Towson's Jeanne

Bosch allowed teammate Megan Zwayer to score the go-ahead run. A single followed, bringing in another runner, to make the score 5-3 in favor of the Tigers.

The Hens continued to play hard on both offense and defense: A double by Lee followed by a double from Plant, allowed Delaware another run, bringing the game to a 5-4 score. In the seventh inning, the Hens chances of gaining any more runs were shattered by the entrance of Towson's Jessica Fisher, ending the game with 5-4 win for Towson.

It also gave Fisher her first save of the season. Hens' sophomore pitcher Carolyn Sloat took the loss, giving up five runs on seven hits, while striking out four in seven innings.

Despite the loss of the first game, Ferguson felt the team played its heart out.

However, in the nightcap, the Hens did not fare any better. Again, defense was on top of the game and junior Lindsay Jones, only gave up one run on five hits. This was overlooked however, as Fisher, Towson's pitcher, pitched her second no-hitter of the season.

"Defense was amazing," Jones said. "There haven't been many games where we've had no errors. I'm extremely proud of them, they definitely played solid."

Ferguson, who was visibly upset after the outcome of the two games, echoed those same sentiments. "Defensively we could have won, but not on the offensive side," she said. "We shut down offensively."

Although the Hens' fielding was impressive, hitting was not up to par.

"It was a one-run game. We didn't hit the cover off the ball," Ferguson said. "Defense played hard, but we can't win if we don't hit."

The losses dropped Delaware to a 26-22 record overall, and 5-9 in the Colonial Athletic Association, keeping them in fifth place in the conference standings.

The pressure will be on as the Hens play in a doubleheader against Maryland on Wednesday. After these two losses, the team really needs both wins, Ferguson said.



Senior quarterback Sonny Riccio (left) and sophomore running back Omar Cuff wait for a snap in Saturday's annual Blue-White scrimmage.

Football ends spring with annual game

BY TIM PARSONS

Managing Sports Editor

A successful set of 15 spring practices culminated on a rainy Saturday afternoon with the annual Blue-White Spring Game at Tubby Raymond Field.

Approximately 750 spectators were treated to an exciting game between the Blue (Offense) and the White (Defense) teams that ended with the score tied at 50 through a modified scoring system.

Redshirt freshman quarterback Jarred Moyer hit redshirt freshman wideout Jon Heydt for a seven-yard touchdown and completed the two-point conversion to redshirt freshman wide receiver Armand Cauthen on the very last play of the day to tie the score.

"It was a great spring," said head coach K.C. Keeler who is heading into his fourth season at Delaware. "The whole purpose of this spring was to get better and our kids got a lot better."

The new scoring system was implemented which rewarded the defense for stopping the offense or gave points to the offense for moving the ball down the field.

Senior quarterback Sonny Riccio had a strong performance completing 13 of 20 passes for 114 yards. He also completed a 44-yard touchdown pass to senior

wide receiver Joe Bleymaier who caught four passes for 71 yards.

"[Riccio] has made a great stride so far," Keeler said. "So much more comfortable than last spring."

Riccio took over as the starting quarterback last season after former Hen standout Andy Hall graduated in 2003.

"I feel 100 percent [more comfortable]," Riccio said. "I lost a couple of pounds in the off-season and tried to work on my agility in the pocket. I feel a little lighter on my feet and a little quicker."

Keeler said the spring practices have allowed Riccio and the entire team to become much more familiar with offensive scheme.

Sophomore and leading rusher Omar Cuff gained only 21 yards on nine carries, but he still impressed Keeler and the coaching staff.

"He is so much smoother and so much more comfortable," Keeler said. "He has put himself in a position to be the best back in the league next year."

Delaware lost four starting offensive linemen and leading wide receiver Justin Long during the off-season and will need younger players to fill the vacancy on offense.

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The Softball team remained in fifth place in the CAA standings despite being swept by Towson in two games on Sunday.

THE REVIEW/File Photo



A publication of the Student Health Advisory Council and the Student Health Service

UD STUDENT HEALTH SERVICE

• LAUREL HALL •

Campus Emergencies	911
Appointments/Information	831-2226
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Bumps & bruises

Spring brings us the opportunity to cure our cabin fever. Friendly pick-up games of football and Frisbee across the commons, as well as intramural competitions, all contribute to someone inevitably suffering a strain or sprain.

An easy to remember self-care approach to treatment of these injuries is the acronym "prices."

- Protection from further injury
- Relative rest
- Ice approximately 20 minutes/hour up to 3 times daily
- Compression with an ACE wrap to prevent swelling
- Elevate the injury above your heart when possible to prevent swelling
- Safe return to activity/play

Keep in mind that these are just a few basic guidelines to consider for minor injuries. In the event that your injury appears more serious, a trip to the Student Health Service in Laurel Hall is appropriate. The Student Health Service is organized with the ability to provide students with various levels of care for any injury. Student Health Service practitioners can also facilitate, when appropriate, consultation to sports medicine or orthopedic specialists and physical therapy for rehabilitation.

The final word on stress

Finals' Wellness... must be an oxymoron. There's no time to focus on one's wellness during finals week, right? Not necessarily. There are some ways to increase the odds that you will maintain your physical and mental health throughout finals. Studies indicate that you might just perform better academically during that time if you follow some of the tips below.

Of course, remaining well during finals week has one heck of a lot to do with the fact that you have been taking decent care of yourself all along. This means eating for health, vitality and energy; exercising for health and stress relief; taking time for true relaxation and solitude; and avoiding pitfalls like alcohol, nicotine and drugs.

(Having trouble understanding any of those concepts? If so, give Wellspring a visit. We can help you strategize to make wellness a daily focus for the remainder of your life. You can find us on the Web at www.udel.edu/Wellspring.) Fear not if you have been remiss in any of the above but delay no longer. Start now to get those things into the mix. Attention to nutrition, moderate exercise, and relaxation will accentuate the following survival strategies:

Take time out from studying to engage in anxiety-reducing behaviors and practices, such as meditation, prayer, deep or diaphragmatic breathing, yoga or other mind-body exercise, walking, observing nature, journaling, aroma therapy, creating art, cooking, getting or giving a massage, laughing, stretching, or simply playing. Avoid the negative feelings procrastination can bring by doing something that you will feel positive about while at the same time taking that much needed break from the books.

Avoid anxiety producing substances. That means avoid alcohol, stimulants such as caffeine, and other prescription drugs.

Yes, alcohol is a central nervous system depressant, but did you know that the withdrawal (in this case, we mean the normal removal of the substance from the body fluids and tissues) from alcohol causes an equal and opposite physical response? This means that the next day you will feel agitated and unable to relax, and you will be more easily distracted. So you may think a night off from studying to do some partying is deserved time away from the books, but, in actuality, you may not be as successful in making-up for that well-deserved time off if the evening consists of too much drinking. Drinking in excess also lowers your body's immune functioning, meaning your already tired body will be even more



"WHY CAN'T I TAKE STRESSIN' OVER THIS FINAL?"
"HE'S GOT THAT ELEPHANT MEMORY. HE STUDIES ONCE AND HE'S GOOD FOR THE EXAMETER."

susceptible to illness during this crucial time of preparing for finals.

Yes, it's a given that you are tired and fatigued. But caffeine supplements may not be the wise answer. Too much stimulant increases stress on the body's systems, and it may lead to anxiety-related responses such as a racing mind or heart; inability to concentrate and/or relax; muscle cramping, tightening, or twitching; inability to sleep; irritable bowel; and moodiness or irritability. Rather than taking caffeine, take NAPS, or do some LAPS! Studies indicate that sleeping anytime, day or night, even for short spurts is beneficial to the body and can help to make-up for lost time in the sack. A brisk walk,

Continues on back

Hydration FOR SUMMERTIME ACTIVITIES & SPORTS

Seasons change and as outside temperatures warm, our activities move outdoors. While we all enjoy the warm weather and activity in the sunshine, there is a very important activity- and sports-related medical concern to keep in mind.

Heat illness is one of the most serious health concerns related to warm weather activity. The actual month or season of year is not as important as the outdoor temperature and humidity. As with most sports medicine concerns, prevention prior to engaging in activity is the best medicine. Appropriate hydration is crucial to maintain adequate circulatory volume in our blood vessels which carry nutrients and energy sources throughout our bodies and, also, allow our bodies to maintain a proper cooling mechanism through sweating.

One common misconception when exercising is to drink only when you feel thirsty. While this makes common sense, this is a myth. Your body's thirst mechanism is not activated in your brain until you have already become 2% dehydrated. Hence, if you wait to drink until you feel thirsty, you are already dehydrated. While this may not seem dramatic, this degree of dehydration places an individual at risk for developing central nervous system (CNS) symptoms which, if not corrected, may become evident at 3%-4% dehydration. During warm weather activity, practice regularly scheduled water breaks throughout the day. If your activity or exercise is planned for late in the day, it is appropriate to "pre-hydrate" yourself before the activity to prevent excessive fluid loss. Provided below is a simple and reliable strategy for pre-hydration prior to exercise/activity in the warm weather.

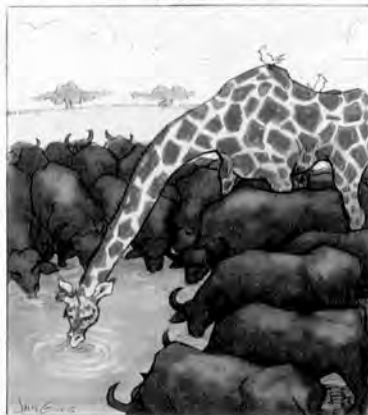
1. Drink cool and non-carbonated water.
2. Drink 20 ounces of water 2 hours prior to

activity/exercise.

3. Drink 8-16 ounces of water 30 minutes prior to activity/exercise.
4. Drink 4-6 ounces of water every 15 minutes throughout your activity/exercise.
5. If your activity is very strenuous or will last more than 40 minutes, you should consume an additional 32-48 ounces of water in the first 1-2 hours post activity/exercise.

It is essential to note that water is the best solution for maintaining appropriate hydration status. Sports drinks (Gatorade, Powerade, etc.) may be used for carbohydrate replacement during more endurance-oriented events. Caffeinated and carbonated beverages are never appropriate for hydration during activity or exercise and may actually contribute to additional fluid losses from your body.

Have a safe & enjoyable summer!



"BESS ALONE IS MANAGED TO STAY WELL HYDRATED."

Finals (cont'd)

some light stretching, or a brief scalp massage can help you to re-energize and focus better than even the strongest cup of coffee can.

No, it is NOT OK to take others' prescribed medications. Essentially, if you do not have ADD or ADHD, then taking Adderall or other medicines prescribed for this condition is taking SPEED. If you learn under the influence of a substance, you are more likely to only recall that same information under the influence of the substance. This is termed "state-dependent learning." Furthermore, be aware that prescription drugs, even some over-the-counter meds, can and may interfere with other substances in your system causing unexpected reactions such as irregular heart beat, and other discomforting effects.

Remain positive. Rather than berating yourself, try sending yourself gentle, comforting messages. Reward yourself for every task accomplished not just the ones at which you

excel. Try problem-solving strategies like prioritizing and getting advice rather than getting up-tight. Utilize all available resources: Don't try to go it alone and wind up discouraged. Focus on getting through it as best as possible and making the commitment to allow yourself the needed time and attention to make important adjustments which will improve your performance for the next time. Remember, intelligence is comprised of much more than what can be gleaned from class notes or a book. Apply your common sense, your logic skills, and your general knowledge of the world to every subject and every exam question. And, most of all, know that you are worthwhile despite your grades.

Finals' Analysis: Keep anxiety and stress levels low and care for yourself. Nothing is more beneficial to assuring your academic performance than maintaining a clear head and a positive outlook.

The skin you're in

The skin is the largest organ in the body and is the first line of defense against dirt, germs, and other foreign objects. Unfortunately, it is also the most affected by sun damage. Skin disorders number in the hundreds and can be caused by infection, sun exposure, allergies, and even genetics. Most skin disorders display easily visible changes that can cause physical discomfort and can also lead to depression and a lack of self-confidence. Some common skin conditions seen in the college-age population (ages 17-24) include:

Acne - With over 17 million sufferers in the United States, acne is the most common, recognizable skin condition. Contrary to popular hype, it is not caused by too much junk food or oily skin. Acne appears most commonly on the face, back, and shoulders and is not contagious. Acne, when left untreated, can permanently scar the skin. See a physician. There are many successful prescription treatments for acne, including topical and oral medications.

Eczema - Over 15 million people in the U.S. are diagnosed with eczema annually. Symptoms include inflammation, rashes, and itching which can occur anywhere on the body. Although the cause of eczema is not known and there is no cure, treatment helps prevent breakouts. Eczema is not contagious.

Psoriasis - Psoriasis is characterized by thick, red patches of skin covered by silvery flakes or scales typically appearing on the scalp, joints and lower back. Symptoms can range from mild to severe. Although the cause of psoriasis is unknown, good control of symptoms is achieved with treatment.

Folliculitis - Sometimes called "Barber's itch," folliculitis occurs when damaged hair follicles become infected with bacteria, causing skin rashes and pimples around the infected follicles. This infection can spread but responds quickly to treatment with prescription medication.

See a physician if you experience signs and symptoms of a persistent skin condition. The doctor can make an accurate diagnosis and prescribe effective treatments which will provide safe, effective relief.



"MAYBE WE SHOULD RECOMMEND AN EXFOLIATING CREAM."